# The 'Kylie Jenner Challenge' is dangerous

Women should be given better examples of how to respect their bodies



or generations, celebrity beauty fads have made women (and men) go to extremes to have the "ideal look." Everything from juice dieting, binge exercising or plastic surgery has been attempted to get what people consider the ideal body. And some of these trends have just become more and more ridiculous or downright dangerous.

A current trend that is beyond my understanding is the "Kylie Jenner challenge." The youngest sister of the Kardashian-Jenner family inspires the challenge; Jenner has recently appeared with enlarged lips she claims only look larger due to makeup - yeah, Kylie, because everyone knows your family is known for their natural, unenhanced beauty. The challenge has teens putting their lips within bottles and shot glasses and sucking as hard as they can so the suction effect makes their lips appear enlarged.

The results of the challenge are often horrifying. The teens come out with clown-looking lips or leave themselves a giant bruise from chin to nose. Some of the teens have even had the misfortune to completely split open their lips from the pressure, leaving the risk for permanent disfigurement.

While some teens decided to do the challenge as a joke, others were dead serious about trying to get "natural" Kylie Jenner lips. It is extremely sad that people would go to such

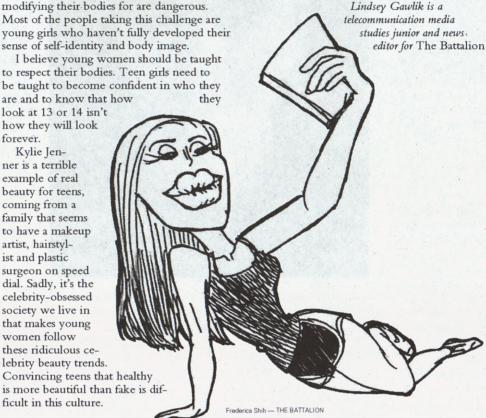
lengths as to brutalize or even risk permanently harming themselves for a look, especially for something that probably isn't even natural in the first place and especially in a such a public way (get off social media with this challenge, teens)

The celebrity beauty ideals people are modifying their bodies for are dangerous. Most of the people taking this challenge are young girls who haven't fully developed their sense of self-identity and body image.

are and to know that how look at 13 or 14 isn't how they will look Kylie Jen-

ner is a terrible example of real beauty for teens, coming from a family that seems to have a makeup artist, hairstylist and plastic surgeon on speed dial. Sadly, it's the celebrity-obsessed society we live in that makes young women follow these ridiculous celebrity beauty trends. Convincing teens that healthy

The only thing we can really take away from dangerous and ridiculous challenges like this is something needs to change. These stars need to convince girls to accept - rather than alter - themselves, and our society needs a wake-up call.



# **BARBECUE** CONTINUED

university, said Frank Cox, former Head Yell Leader for the Class of

"I don't get to come to this every year, but when I do it's always a great time," Cox said. "It's another time to get around with old friends and students, eat good food, have good fellowship and of course be back on campus.

Though not all are present at the barbecue, and some will have their names called at the Roll Call for the Absent, it remains a joyous time, Cox

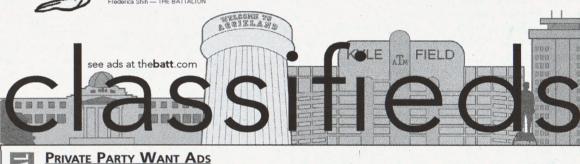
"It's really a celebration of life," Cox said. "It's a celebration of God's greatest gift — it's a celebration of the lives of those who have passed on."

Santiago Ceron, the second Camaraderie Barbecue coordinator, said the barbecue is always a huge success and always resonates with the reunion members.

"They are always excited to come back because things have changed dramatically and then they have the chance to tell students how life was and how life is now, and then share their perspective on what students will experience," Ceron said.

Though the barbecue is second to the Muster ceremony, it is always a crowd favorite, Ceron said.

"Though the ceremony happens tonight, this is still the highlight of any reunion class," said Ceron. "Out of any 50-year reunion class, I have been told that they are extremely thankful for this event, as it celebrates them still being together through anything and



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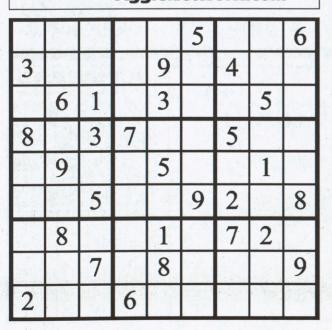
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