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# SCI TECH THE BATTALION Page 5A • Thursday, September 18, 2003

# 'Smart tattoo' makes life easier Diabetics can measure glucose without pricking finger

By Kyle Ross THE BATTALION

Researchers at Texas A&M are developing technology that will give diabetics a new way to monitor their glucose levels. A smart tattoo" that changes color intensity ller is all too reali lepending on glucose levels is being developed by Gerard Cote, associate professor for the Department of Biomedical

preventing the progression of diabetic

complications such as eye, kidney, heart

It is recommended that glucose levels

be checked six or more times a day.

Currently, diabetics have to test their

blood sugar level using finger-prick instru-

ience of testing, many diabetics fall short

of correctly monitoring their glucose lev-

Nicole Parish, a 25-year-old Bryan

"I hate, I hate, I hate checking my

High School teacher and 20-year diabetic,

says she greatly dislikes the current glu-

blood sugar. I hate pricking my finger all

day long. For me it's the hardest thing to

deal with having this disease," Parish said.

the need for such invasive devices

cose monitoring methods.

kbuster and theatre Engineering at A&M. The National Institute of Health states m flesh-eating back us disease is apth that more than 100 million people worldwide are afflicted with diabetes, 17 million ck and destroy tiss of whom are from the United States. nove it. The disease About 19 percent of all deaths in the consists of spreading United States are diabetes-related, making it the sixth leading cause of death among group of fun-seeking people aged 25 years or older. Cote said he take a vacation from hopes his technology will help people he woods. Obvious manage their glucose levels, effectively

and nerve disease.

of the "Evil Deat" a creepy little cabi ely unknown actors

"It is actually fluorescent particles that y Meets World" a we hope to implant underneath the skin," ever" has its shared ly hindered by sub The particles are polyethylene glycol ly, the audience is beads that have a fluorescent coating. of eccentric country Glucose displaces the fluorescent molely racist old man and cules, therefore when the glucose level is

e kid. These charalow, the fluorescence is high. oup that has as much nto their cabin, their ick man with amysments. Because of the pain and inconvenheir car, and consees of the bacteria ds must find a way els. The "smart tattoo" would eliminate spreading contagion

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But the days of finger-pricking may soon be coming to an end. Once the fluorescent beads are implanted, according to Cote, the change in glucose levels would be detected noninvasively by an external device that may be as small as a watch.

A sensor examines the light emitted from the tattoo. The higher the intensity of the light, the higher the glucose level. Cote said he feels that the varying intensity of the displaced fluorescence will be just as accurate as current monitoring

The idea, Cote said, is that the particles, along with the external device after calibration, would replace the finger-sticking instrument for the day-to-day readings.

One of the features of this technology that allows it to work is its fundamental difference from common ink tattoos.

"A normal tattoo is made of ink particles that get taken up by the cells, and our particles are intended to be in the interstitial space, not in the cells," Cote said.

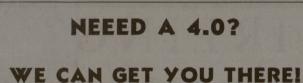
The ink in standard tattoos is small enough to be absorbed into the cells of the skin, but the fluorescent particles are much bigger. This allows the particles to occupy the interstitial fluid surrounding the cells, which is important because the glucose levels in the interstitial fluid are directly related to the levels in the blood.

Cote says the particles would last about one year before needing to be replaced and would need to be injected in a part of the body where continuous exposure to the sun could be avoided.

ogy when he was attending a conference where a doctor, who removes tattoos with lasers, joked that "it would be nice to have a tattoo that actually did something."

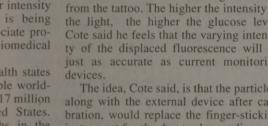
"I was working in the glucose monitoring area and so I thought why not a glucose monitor," Cote said. "We have since NSF-REU funding from Interdisciplinary Chemistry Research Program, Texas ARP (Advanced Research Program), and most recently NASA to further the idea.'

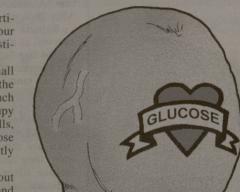
In the end, it is up to the individual to little tattoo would be a small price to pay.'

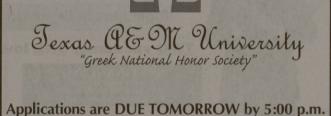


Cote acquired his idea for this technol-

decide what glucose monitoring method he or she prefers. But as Parish said, compared to endless finger-pricking, "getting a







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Chem 227	Part 1 of 3 Mon Sept 22 5pm-7pm	Part 2 of 3 Tue Sept 23 5pm-7pm	Part 3 of 3 Wed Sept 24 5pm-7pm	
Info 303	Part 1 of 4 Mon Sept 22 4pm-6pm	Part 2 of 4 Tue Sept 23 4pm-6pm	Part 3 of 4 Wed Sept 24 4pm-6pm	Part 4 Thu Sep 6pm-8
Info 305	Part 1 of 4 Sun Sept 21 10pm-1am	Part 2 of 4 Mon Sept 22 12pm-2pm	Part 3 of 4 Tue Sept 23 10pm-12am	Part 4 Wed Sep 6pm-8
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