

By Mandi Vest THE BATTALION

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-Eric Br

A&M researchers have completed research on the air dynamics of a parachute being tested for NASA's X-38 project. The X-38 is a safe Crew Return Vehicle (CRV) for astronauts at the International Space Station (ISS).

NASA contracted A&M's Department of Aerospace Engineering in 1997 to test a parachute called a parafoil to determine it's air dynamics. The parafoil is a rectangular shaped parachute made with ubular inlets that allow air to pass through. It has been used in sport parachuting and hang gliding because it can be steered horizontally as it falls. NASA is interested in the parafoil to be part of the X-38 project, designed to provide astronauts on the ISS an immediate return home in case of emergency, said NASA's Website. The parafoil will allow the X-38 to slow down from a very high speed after it enters the earth's atmosphere.

The European Space Agency is helping in the X-38 project as well. Europe presently has the capabilities to carry astronauts from earth to space, but not from space to earth, said the agency's Website.

David Lund, director of the Texas Engineering Experiment Station, said the X-38 is too heavy to land like an airplane, and that it will require a large parafoil. Lund and other A&M researchers were testing many parafoils of various sizes to compile a data base of air dynamics. NASA will use the database to design the X-38

A&M researchers said they used a subscale model to perform experiments. They used a large truck on runways at the Riverside Campus to test the parafoil's performance at high speeds. A remote controlled aircraft with a small-scale parafoil was also used by the research team. They learned to control the parafoil horizontally by pulling the trailing edges.

If the X-38 project is completed, seven crewmen will be permitted on the ISS. The CRV that was used on the space station is the Soviet Soyuz, which can only carry three people.

Refuges expect budget increase

FREMONT, Calif. (AP) - Interior Secretary Gale Norton announced a proposed \$56.5 million increase Monday for the National Wildlife Refuge System, an 18 percent hike needed to cover maintenance and renovation of aging facilities.

"It certainly looks like the refuge system needs a sustained effort to improve the resources," Norton said while touring the Don Edwards San Francisco Bay National Wildlife Refuge. "It's important to take care of the land entrusted to us."

The San Francisco refuge would receive \$1.1 million under the proposed budget that starts Oct. 1.

Standing outside a visitors center overlooking salt ponds and marshes, Norton said the increase would cover mainte-



Calories, sugar can kill

WASHINGTON S(AP) -The 60-year-old lung disease patient gasped for breath after certain meals. The culprit: Highcalorie meals loaded with sugar.

The world's largest p

Healthy people just breathe a little faster to excrete the carbon dioxide that is produced by eating sugar. Lungs damaged by chronic obstructive pulmonary disease cannot handle both the extra work and the new pounds.

It is one of numerous littleknown diet tips that can make a big difference in easing chronic diseases that plague older Americans. Too few docnutrition guide and some easyto-use consumer advice will ease seniors' suffering, maybe enough that some can cut back on prescription pills.

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It comes at a time of increased interest in nutrition therapy. This month, Medicare began paying for registered dietitians to help treat more than 7 million seniors with diabetes or kidney disease, illnesses considered among the most influenced by diet.

Some 85 percent of seniors have at least one chronic dis-



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Questions? Call: Kim Pinion (695-0778) or Tessa Church (693-9559).

January

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nance and renovation of building boardwalks, trails and levies at the 538 refuges across the nation.

The proposed increase would be the largest in the past seven years. The budget this year was \$319 million.

Some Republicans and Democrats in Congress last year urged hundreds of millions more for the refugees' budget.

Norton's announcement came less than a week after she concluded that oil exploration in the Arctic National Wildlife Refuge in Alaska would not compromise America's international treaty obligations to protect the refugee's polar bears. Since passage of the 1997 National Wildlife Refuge System

Improvement Act, the budget has increased steadily. The current refuges budget is 6.4 percent larger than the previous year's \$299.7 million.

But the nation's wildlife refuges still have a backlog of maintenance projects totaling \$600 million, said Pat Foulk, spokeswoman for the U.S. Fish and Wildlife Service.

tors have the time or training to deal with nutrition choices that are making their elderly patients sicker.

Now they are getting help: Dietitians have joined one of the largest primary-care physician groups to provide the first at-aglance doctors' nutrition guide for the most common killers of elderly Americans.

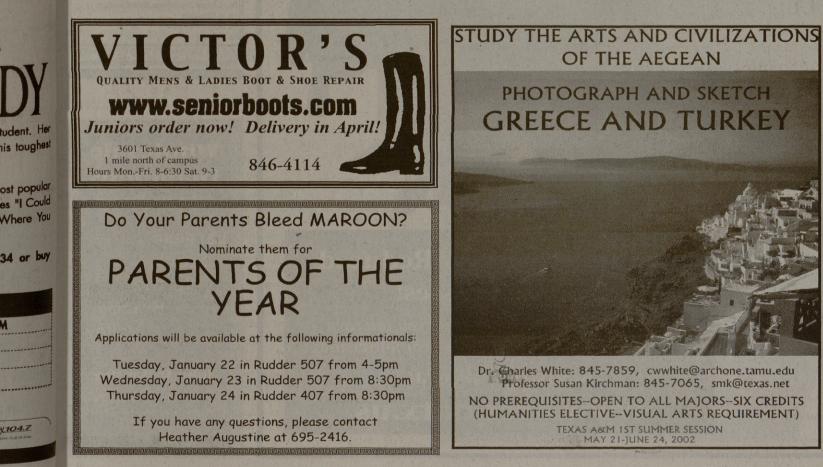
Better nutrition isn't a cure, cautions Dr. Albert Barrocas, a New Orleans surgeon and nutrition professor who offered the sugar-lung disease example. The hope is that the new

ease that can benefit from nutritional interventions. Yet the societal, economic and physical changes of aging leave them at particular risk of malnutrition. A spouse dies and the sur-

vivor lacks the will or knowhow to cook healthy meals. Arthritis, heart disease or other ailments makes cooking physical challenge.

Alzheimer's make patients forget to eat. And medications can sap

appetite or make eating unpleasant.



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