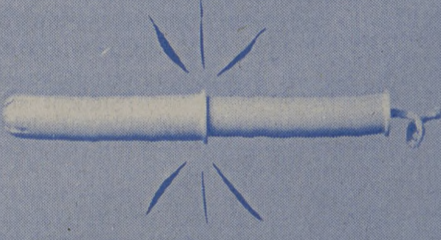
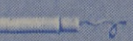



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CHICKS

Continued from Page 3

ratio has also been linked to fertility. Manning's ideas are controversial. One student wrote a paper arguing with his ideas. Manning returned the paper covered with marks arguing his retort. He received no reply.

However, not all students disagree with him.

"It's one of those [classes] you leave feeling like you've learned something worthwhile and useful," said Blake Edwards, a senior political science major.

Manning and Stewart give study results displaying the competitive nature of males for females. They explain how males win over females by being more extroverted than other males and displaying their own good qualities.

The lessons cause students to be more aware of the need to demonstrate qualities that would appeal to the opposite sex.

"I know a lot of guys from the class who would go out to bars, keeping in mind what a girl looks for in a guy just from the class's notes," said Seth Evans, an A&M graduate.

"All of the curriculum makes sense," Evans said. "He tells the f—ing truth."

The "truth" is about to be released on a wider scale. Manning and Stewart have published a book titled *Men and Women: The Ultimate Goal*. They plan for regional and major city release in the coming weeks.

"The book cross-disciplines data from so many fields," Manning said. Those disciplines include biology, psychology, medicine and anthropology.

Describing the nature of the course and the book, Stewart said, "They are effects across species, across cultures and across time."

The book explains an ultimate goal of males and females, but Manning said their own aim is to help people understand each other.

"We want to unify knowledge, not diversify," Manning said. "We want to explain the things [people] do."

Apparently, others are poised to listen and spread the word. At the end of each semester, students hand out fliers encouraging friends to take the class.

Evaluations from Manning's students reflect their interest in the course and his effectiveness as a teacher.

ELLIOT

Continued from Page 1

racism," Elliott said. "Youth equals power, and young people have the ability to take risks because they have nothing to lose. They don't have to worry about losing their job or getting beat out for a promotion because they stand up for what they believe in."

One black student said that she had never noticed the color of her skin more than when she came to A&M.

According to Elliott, one of society's problems is that many whites are unaware of their own racism.

"Racism exists everywhere and it is not always so obvious," Elliott said. "It is in the way a white woman unconsciously clutches her purse tightly and a white man stands up when a black man enters the room, or a store clerk watches a black man closely when he enters a convenience store."

Elliott suggested that putting an end to racism can begin with as

small a step as changing the commonly used Mercator map to the Peter's Projection map.

"The most commonly used classroom map, the Mercator map, is racist," Elliott said. "It distorts the size of the countries to make the white countries in the northern hemisphere appear larger than those countries in the southern hemisphere. On the Mercator map, the northern hemisphere takes up over 50 percent of the map, whereas on the Peter's projection map that is drawn to scale, the white countries take up only 25 percent of the map."


Elliott spent the second half of her lecture discussing ways to combat racism. She said people must admit that there is a problem and that they are a part of it. They must educate themselves about racism and realize that racism is a learned trait and that they were not born racist, she said. Finally, they must take a stand to stop racism, she said.

Elliott was hosted by Beta Chi multicultural fraternity at A&M.

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- Office of the Dean of each College
- Office of Graduate Studies
- Student Activities Office, Suite 125 Koldus Building
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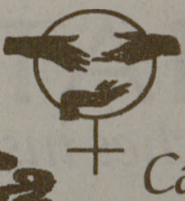
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Groups for Spring 2001

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Texas A&M University has a strong institutional commitment to the principle of diversity in all areas. In that spirit, admission to Texas A&M University and any of its sponsored programs is open to all qualified individuals without regard to any subgroup classification or stereotype.

Biofeedback Workshop

Mondays 5:00 - 6:30 PM
One-session workshops that give an introduction to relaxation techniques, including how biofeedback aids in relaxation. Individual follow-up consultation is available.
Facilitator: Steve Wilson

Conflict & Loss in Relationships Group

Mondays 5:00 - 6:30 PM
This group is for students who are currently or have previously experienced conflict in interpersonal or romantic relationships, or who have recently experienced a loss of a meaningful relationship.
Facilitators: Brian Williams & Lynelle Ragland

Interpersonal Growth & Exploration Group

Mondays (Group 1) 9:00 - 10:30 AM
Tuesdays (Group 2) 5:00 - 6:30 PM
This psychotherapy group is for students who desire to live more authentically with themselves and relate more genuinely with others. Group members will be helped to explore self-limiting life patterns and share themselves with others through honest self-disclosure in a safe, supportive atmosphere.
Facilitators: Ron Lutz & Sarah Haley (Group 1)
Ron Lutz & Tom Burdinski (Group 2)

Anxiety Group

Tuesdays 3:15 - 4:45 PM*
An interpersonal group for students who suffer from general or social anxieties. Students will be able to work on the impact of anxieties in their lives, as well as explore the interpersonal meanings of anxiety symptoms. It is not a behaviorally oriented group, and thus, probably will not be as helpful for more restricted anxieties (i.e. single or simple phobias) or obsessive compulsive disorder.
Facilitators: Steve Wilson & Nancy Stebbins

Multicultural Issues & Relationships Group

Tuesdays 5:00 - 6:30 PM
The purpose of this group is to increase awareness of multicultural issues and improve communication and self-confidence when dealing with multicultural relationships. Group topics may include, but are not limited to, cultural shock; cultural, religious, and social differences; and bi-cultural/multicultural relationship issues. This group is open to all students.
Facilitators: Gisela Lin & Amanda Samson

SPRING 2001 GROUPS

Grief and Loss Group

Tuesdays 3:00 - 4:30 PM
This group, for 4-8 people, is for those who have experienced the loss of a significant person in their lives and will focus on issues related to the grief process.
Facilitators: Mary Ann Covey & Cindy Peveto

Women's Issues Group

Wednesdays 1:30 - 3:00 PM
Come together with other women and work on becoming the woman you've always wanted to be. Improve your self-confidence, assertiveness, and relationships by sharing and processing with other women with similar issues.
Facilitators: Nancy Welch & Sarah Haley

Older Than Traditional Age Group

Wednesdays 3:00 - 4:30 PM
This group addresses concerns that differ from those of the traditional undergraduate student. Potential topics are marriage, divorce, office politics, committee chairpersons, dissertation projects, and dealing with children or partners.
Facilitators: Robert Carter & Debbie Rabinowitz

Dissertation/Thesis Support Group

Wednesdays 5:00 - 6:30 PM
This group is for graduate students who are struggling with the process of writing a thesis or dissertation. Group topics include issues of competence, procrastination, anxiety, goal-setting, and bureaucratic struggles.
Facilitators: Brian Williams & Debbie Rabinowitz

Non-Traditional Women's Group

Wednesdays 5:00 - 6:30 PM
This therapy group for women 23+ allows each member to enter the group with her own unique issues and share, process and problem solve within a group context. This group can help individuals who are wanting to develop healthier ways of dealing with the stress of school and work, relationships, personal problems and family issues. When we begin to talk more honestly with others, we can often find new ways to deal with the problems we face.
Facilitators: Amanda Samson & Cindy Peveto

Career Exploration Group

Wednesdays 4:00 - 5:30 PM
This is a 4-week group beginning on April 4, 2001. It is designed to teach participants how to make decisions. Group participants will identify their interests, skills, work values and personality characteristics; research the job market and occupation. An initial appointment with a career counselor is required.
Facilitator: Michelle Amerson

Art of Socializing Group

Thursdays 3:00 - 4:30 PM
A group for men and women who would like to gain comfort in social situations, as well as learn additional communication skills. Students will be asked to identify their barriers to mastering either personal or professional socializing.
Facilitators: Amanda Samson & Lynelle Ragland

Academics Anonymous

Thursdays 3:45 - 5:15 PM
This is a 9-week group beginning on Feb. 22, 2001. It is designed to help students who are motivated to improve their grades, but lack consistency in their efforts. Participants will share helpful study tips with each other. Potential topics include overcoming procrastination, maintaining focus, balancing study and fun, improving academic confidence, studying smarter rather than harder, managing stress, and acing exams.
Facilitators: Betty Millburn & Patti Collins

Eating Concerns & Body Image Issues Group

Fridays 1:30 - 3:00 PM
The purpose of this group is to increase insight about eating problems and make progress toward recovery. Group topics may include daily eating and exercise behaviors, dealing with others about food issues, developing trusting relationships, expressing feelings, and managing stress. A PHYSICIAN'S RELEASE IS REQUIRED FOR GROUP PARTICIPATION.
Facilitators: Mary Ann Covey & Theresa Sharpe

Empowering Yourself Group

Fridays 1:30 - 3:00 PM
A group for women and men with sexual molestation in their pasts. Identifying and exploring aftereffects of abuse will be the focus. Dealing with relationships, building self-esteem, and gaining power are emphasized.
Facilitators: Robert Carter & Nancy Welch

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