av. October 2, 2000

UIRRE

Continued from ico's] Secretary of Defe n said. "[The cadets] were Asad. "The cadets were the military and also recognized the world-class universe the minimum also recognized the world-class universe the minimum their stay, the Me is participated in all (s., including formations). The formation of Midning formations of Midning formations of Midning formations of Midning formations. Corps run and Midnight ce. On game day, the Me

Monday, Octobe

Ish said one of the mosts parts of the experience an and American cade

tural awareness that the e saw a lot of similarit our governments and

STUART nything we a Hutson to involve Me

for A&M."

- Veronica lin tant director of the Office You have more than likely Latin American Progreten the lobster tanks at your

ffice of Latin America

INSTR

1) In a very large pot,

bring enough

the lobsters to

a boil (Do not put

water to cover

the lobsters in yet).

A&M, said Heroic M is an officer trainings r graduation, cadets eit into the military or go professional degrees. c Military College is Ma st military academy. ehalf of the Heroic Milt the visiting cadets prese "Ted" Hopgood, comm he Corps, with a saber ally wear on their unifor said programs like this elations between Texas a

hing we can do to invol nd Latin America, we honor for A&M," she sa do Migoni, a Mexic the enjoyed his experience because of the friendly

and the United States a

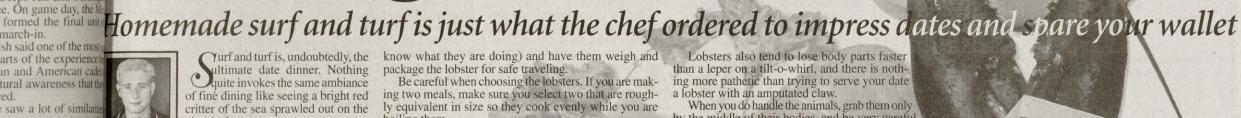
k this is one of the m universities in Amer aid. "The cadets and udents are very kind feel like one of them taught me of their cul

tober 5

art I

n Oct 2

m-9pm



Unfortunately, lobster is usually cost you more than \$20 to buy a sin-

ith your hands soaked in crustacean guts.

hers yourself at a fraction of the cost and messily enjoy he delicacy in the privacy of your own home.

Buying the critter

he said. "It's great to see these hard-shelled montween our country and testers. Simply ask a store nica Jijon, assistant dir sterk for assistance (they

plate before you.

boiling them. tank. Those that are sitting there waiting to die will probthe most expensive item on any ably not survive the trip home and most likely will have restaurant's menu (it will currently less flavorful meat.

co and Latin le lobster dinner). And then you have the problems of cually digging into the hard-shelled beast in public. nerica, we stifface it, there is no way to eat lobster that does not end

. It's an honor The solution is simple — prepare boiled lobster din-

note on the fridge door in case your roominate opens the lobster boxes expecting leftover Chinese take-out. The lobsters need to remain in the fridge until you are ready to cook them. They are designed by nature to be on

less tasty.

package the lobster for safe traveling.

Be careful when choosing the lobsters. If you are mak-

You also want to choose the most active lobsters in the

Always remember: Losing the will to live makes you

Don't play with your food

Make sure you get the animal home and into your re-

frigerator as soon as possible. You might want to leave a

ing two meals, make sure you select two that are rough-

ly equivalent in size so they cook evenly while you are

the ocean floor where it is cold. Room temperature will

Add 1/4 cup sea

gallon of water

and spices if wanted.

(This kills them faster).

salt for every

Put lobsters into boiling

water head first

cause their untimely demise, and you want them to be alive when you put them into the Jacuzzi of death. Do not unneces-

-AGGIElifo

sarily toy with or attempt to entertain the lobsters. Trust me, they are not in the mood to play, and lobsters' claws have been known to snap pencils in half.

Lobsters also tend to lose body parts faster than a leper on a tilt-o-whirl, and there is nothing more pathetic than trying to serve your date a lobster with an amputated claw. When you do handle the animals, grab them only

by the middle of their bodies, and be very careful when removing the rubber bands around their claws.

Take a deep breath

You have the salt water boiling, and your date will be arriving in less than an hour (lobster should be cooked and then served almost immediately). Now is the time to face the music and send the little critter to its doom.

No matter how disgusting, delicious or inanimate the lobster may seem, it was very difficult for me to serve as executioner to this animal that reminded me of a pet hermit crab I used to have.

I tried everything from rationalization ("it's just the circle of life...") to attempting to hate the lobster (I named it "Eddie" after a bully I knew in the fifth grade), but to no avail.

Scientifically speaking, the lobster has a less-developed nervous system — thus less ability to feel pain than a tish, and I love fishing. And, after you immerse the lobster into the boiling water, it only feels that pain for a second or two.

But there is something that makes you feel sorry for an aquatic critter that someone could easily keep as a pet. Then the lobster tried to take a nip at my finger, and l

threw the sucker in. Lobsters will flap their tails around for a few seconds after you put them in. Do not be alarmed ---- it is basical-ly the same thing as a chicken with its head cut off. Just

take a spatula and hold the critter down as best as you can. By the way, regardless of the rumors, I have never heard a lobster scream. Whistling may occur, but that is gas escaping from underneath the lobster's shell (lobsters do not have lips).

Cooking 'Eddie'

You can add any spices you wish to the boiling water, but I find that lobster does not seem to pick up flavors well, and anything it does absorb only tends to take away from the natural taste.

Shortly after the lobster stops wiggling around, you will notice it taking on the stereotypical red color that you usually picture a lobster being. The color does not indicate that it is done.

To tell whether a lobster is done, pull on the antennae or one of the smaller legs. If it comes off

Page 3

easily, your lobster is ready to eat. Well-prepared lobster meat is white, firm and opaque.

Serving

Layer a plate with lettuce and place the whole crustacean on top along with some lemon wedges. Melt some butter with a little garlic (about a quarter teaspoon of garlic powder to every two tablespoons of butter) and enjoy a lobster dinner with a salad and steamed vegetables

There is no way to make a whole lobster look bad on a plate, so do not worry.

Eating a lobster is always tricky business. My favorite tools are my hands, but I also suggest buying a couple of nutcracker sets (with the nutcracker and picks) just in case you do not want to crack the claws open with your teeth.

Proper etiquette dictates that you begin consumption of the lobster by twisting off the two claws and then turning the lobster over and splitting the tail and main body in half to reveal the body meat.

The majority of the meat is in the tail, but just about anything in the lobster is edible (except for the lobster's stomach, which is an easy-to-recognize, sack-like organ in the front of the body).

I suggest that you give the tomally (a green, sludgy material toward the tail) a try. Many people consider it a delicacy

No matter what you do, try not to remember that hermit crab you once had while you are chowing down on your dinner.

Return to a boil and allow the lobsters to cook for the time indicated on the chart.

RUBEN DELUNA/THE BATTALION

COOKING TIME CHART 1 lb. 12-15 minutes 1 1/2 lbs. 15-20 minutes 20-25 minutes 2-3lbs. 31/2-5 lbs. 25-30 minutes

RUBEN DELUNA/THE BATTALIO

Olympics — Australian for boring Competition has become heart-wrenching saga of self-important athletes Part II Mon Oct?

4)

JASON BENNYHOFF

can catapult them from the depths of depair into the spotlight of greatness. Idiots would not believe that. Every four years, television program-

The only time being

offered!*

TALION Beth Miller

1055-4726) is published daily, Monda g the fall and spring semesters an sday during the summer session (exce d exam periods) at Texas A&M Universit aid at College Station, TX 77840. POST ss changes to The Battalion, Texas A&M , College Station, TX 77843-1111. news department is managed by still University in the Division of Student epartment of Journalism. News offices onald Building. Newsroom phone: 845 7; E-mail: Thebattalion@hotmail.com lion.tamu.edu

on of advertising does not imply spornt by The Battalion. For campus, loca dvertising, call 845-2696. For dass-845-0569. Advertising offices are if Fax: 845-2678.

of the Student Services Fee entities ent to pick up a single copy of The ee, additional copies 25¢. Mail subschool year, \$30 for the fall or spring the summer and \$10 per month. To Card, Discover, or American Express.

Never has there been such a tribute to human achievement as the Olympics. The Olympics teach people that deep within all of them, there is a great reserve of physical and

spiritual energy that

ning in America is cluttered with countless hind KFC next to Lacks hours of people running in circles, jumping over things and throwing javelins at nothng. Through it all, the network broadcastng this glorified screensaver details the horrific struggle of each athlete. Never has the world seen such a group of downtrodlen, disease-ridden, world-beaten slobs.

Every gymnast had his or her leg cut off with a butter knife, but, through hard work and perseverance, rose to the top of the athletic world. Every swimmer had his or her appendix removed, every archer has two glass eyes and every runner struggled through high school after having his or her soul torn out by God in a dramatic gerbiling accident — this cycle is repeated 20 times a day, every day, for two weeks.

Dimitry Sautin was stabbed, Alexei Nemov missed his child's birth to train, Amy Van Dyken came back from crippling shoulder surgery to win gold and I made it and office hours are 8 a.m. to 5 p.m. to college though my mom smoked when she was pregnant. Who cares?

The Olympics derive half of their excitement from the prima donnas who populate the sports. Perhaps athletes have seen their own touching documentaries and are begin-

ning to believe the hype. Or perhaps they are just anal retentive.

3)

Who in the world did not see the tense moments between Michael Johnson and Maurice Green in their Olympic trials and qualifying heats? Everything was on the line, this would decide the fate of these two men's lives for the next four years, and these are some tough, lumberjack-like men. They were not about to back down, understandably.

Oh, wait, not understandably — these people run around in circles for money. How can one act serious about something like that? Boxers need to insult one another because it is an inherently violent sport, and a bit of animosity helps one deal with the idea of pummeling another man into a bloody pulp. However, there is not much testosterone involved in running circles.

It seems many of the athletes were infected by the trash-talking/overly-intense bug this year. The media made much of Svetlana Khorkina's mercurial personality during competition. The consensus was that she is a fierce competitor who should be admired for her fiery spirit. However, I beg to differ with this analysis. I believe she is a tight-ass. Khorkina was but one of the athletes experiencing delusions of grandeur.

For two weeks, these people are at the top of the world, and their every desire must be sated. The problem with most of them, and especially Khorkina, is that they seem to avoid the fact that, outside of these two weeks, they are nothing to the vast majority of the world. It must be torture to be led to believe one is the world's most famous person for a few days, only to be forgotten in less time. One can almost hear a tortured hammer thrower calling, "But I am the greatest hammer thrower of all time!" Not surprisingly, some voice will answer, "That is not a real sport." What a crushing

blow it must be. While these as-

pects of the Games are irritating, there are serious problems that should be addressed — drug use among them. Ever since Butch Reynolds stuck his first needle into a stinking, prurient vein, the International Olympic Committee (IOC) has been anti-drug. So much in fact, that medals are taken away for drug use. The IOC has gotten completely out of hand. Now, any drug use, even of drugs that are not performance-enhancing, is severely punished. Every four years, someone has his or her medal seized by the IOC stormtroopers for sipping some of Grandpa's cough medicine. There are always athletes who have their medals taken for ridiculous infractions.

Swimmers lose their medals for taking aspirin, javelin throwers are stripped of their medals for shooting a little heroin and weightlifters cannot do even one line of cocaine without fear of repercussions. Why? These drugs do nothing to enhance performance — they just enhance life. For someone who will be a nobody again in two weeks, cocaine must be a nice release from the pressure of shorttime stardom.

Come on, let the fiery competitors who have had their children taken from them while fighting lung cancer and unwanted pregnacy, while fighting government oppression and performing their own abortions, have a line.