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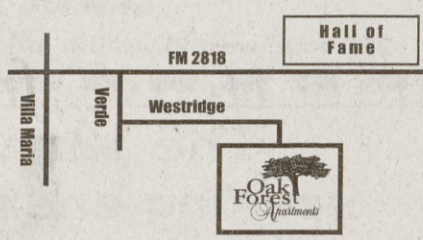
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Chad Luttrell, flight instructor for the Texas A&M Flying Club, goes through the preflight checklist on a Cessna 172 before giving aerial tours of campus.



Gig 'Em Week

Aggicland's Week of Welcome **2000**

Don't Miss Out On The Rest Of Gig 'Em Week!

Here are some upcoming events:

- * Rev's Info. Station
- * All University Night
- * Get Involved, Get Solutions
- * Flying With the Aggies
- * Yell Practice
- * NPHC Step Show and More!

You can still pick up your Gig 'Em Week passport and schedule of events at Gig 'Em Week Central located on the second floor of Rudder Tower to be eligible for great prizes.

Get the details at:
<http://studentlife.tamu.edu/slo/wow.htm>

Crime rate declines
Violent, property crime rates fall

WASHINGTON (AP) — The violent crime rate declined by 10.4 percent last year, the largest one-year drop in the 26-year history of the government's largest crime survey, the Justice Department reported Sunday.

The property crime rate fell 8.9 percent from 1998 to 1999, according to the Bureau of Justice Statistics' national crime victimization survey.

"While these numbers are heartening, there is a great deal more work to be done."

— Janet Reno
Attorney General

The survey estimated there were 28.8 million violent and property crimes in 1999, the lowest figure since the survey was begun in 1973, when it found an estimated 44 million crimes.

The violent crime rate decline began in 1994. The decline in the overall property crime rate extends back a quarter of a century — to 1974, the statistics bureau said.

The declines were no surprise — either in the short- or long-term. As with earlier, similar reports,

President Clinton called the figures "further proof that the Clinton-Gore administration's anti-crime strategy of more police on our streets and fewer guns in the wrong hands has helped to create the safest America in a generation."

At Republican presidential candidate George W. Bush's headquarters, spokesman Ray Sullivan said, "It's typical for the Clinton-Gore administration to take credit for good things in America but ... much of the credit for the decline in crime has to go to governors and local officials who have passed tougher laws, longer prison sentences and lowered parole rates."

As governor of Texas, Bush started toughening criminal and juvenile justice laws in 1994, Sullivan said.

Academics have cited a wider set of causes, including the aging of Baby Boomers past the crime-prone years, a subsiding of the crack cocaine epidemic of the late 1980s, antigun campaigns by local police and federal gun controls, crime prevention programs aimed at young people, and a healthy economy producing jobs.

"While these numbers are heartening, there is a great deal more work to be done," Attorney General Janet Reno said.

The 1999 survey figures confirmed preliminary FBI figures for 1999 released in May. The FBI data showed the total of seven major violent and property crimes reported to police dropped for an eighth consecutive year in 1999, down 7 percent from the year before.

Nixon allegedly beat wife

WASHINGTON (AP) — A new biography asserts that Richard Nixon over many years took a mood-altering drug with a prescription and that he beat his wife at times of personal crisis, a claim a Nixon intimate calls "conceivable."

The Arrogance of Power, by Anthony Summers, will be published Monday. It chiefly concerns the aspects of Nixon's life "that and his supporters have preferred to conceal," writes Summers.

BBC journalist and author of biographies of J. Edgar Hoover and Marilyn Monroe.

The author named his source for most of the book's assertions. But many of those he quotes in their information second-hand.

Some of the book's claims have been made in the past but in detail.

The book said that in 1954 Nixon was given 1,000 capsules of the drug Dilantin, an anti-convulsant used to counter epileptic seizures, by Jack Dreyfus, former of an investment firm and an enthusiastic promoter of the drug. Dreyfus later supplied another 1,000, it said.

White House physician Walter Tkach, "a compliant doctor who would do exactly as a patient asked," was also a user of the drug himself, the book said, citing Nixon aide John D. Ehrlichman as its source.

When asked later if Nixon was still taking the drug, Tkach replied, "I don't know, but the amount of pills in the bottle in his bathroom is reducing in size, so I suppose he is," said Summers.

The Physicians' Desk Reference lists a number of adverse actions to Dilantin, including slurred speech, decreased coordination and mental confusion.

Summers wrote that the relationship of Nixon and his wife was one of "prolonged marital difficulty, of physical abuse, of threatened divorce." But that view was contested by John Taylor, Nixon's chief aide in his retirement years, now director of the Richard Nixon Library and Birthplace in Yorba Linda, Calif.

Summers' claims that Nixon abused his wife came from secondary sources. Among others cited journalist Seymour Hersh, who said he learned of three instances of Nixon wife Beulah did not identify his sources; Washington lawyer John S. Williams, who was a campaign consultant to Nixon; and the late Bill Vanden, a Los Angeles area reporter who years later told a friend, identified by Summers, that before or after his 1962 loss to former California Gov. Pat Brown, Nixon beat Mrs. Nixon "so she could not go out the next

Self-Hypnosis Training Seminar
Mondays 9:30 - 11:00 AM
Self-hypnosis is a potent tool for attaining greater self-mastery through relaxation and focused awareness. Students in this seminar will acquire skill in using self-hypnosis to enhance physical, academic, and social functioning.
Screening is required.
Facilitator: Ron Lutz

Empowering Yourself Group
Mondays 1:30 - 3:00 PM
A group for women and men with sexual molestation in their pasts. Identifying and exploring aftereffects of abuse will be the focus. Dealing with relationships, building self-esteem, and gaining power are emphasized.
Facilitators: Robert Carter & Nancy Welch

Biofeedback Workshop
Mondays 5:00 - 6:30 PM
One-session workshops that give an introduction to relaxation techniques, including how biofeedback aids in relaxation. Individual follow-up consultation is available.
Facilitator: Steve Wilson

Conflict & Loss in Relationships Group
Mondays 5:00 - 6:30 PM
This group is for students who are currently or have previously experienced conflict in interpersonal or romantic relationships, or who have recently experienced a loss of a meaningful relationship.
Facilitators: Brian Williams & Lynelle Ragland

Anxiety Group
Tuesdays 3:00 - 4:30 PM
An interpersonal group for students who suffer from general or social anxieties. Students will be able to work on the impact of anxieties in their lives, as well as explore the interpersonal meanings of anxiety symptoms. It is not a behaviorally oriented group, and thus, probably will not be as helpful for more restricted anxieties (i.e. single or simple phobias) or obsessive compulsive disorder.
Facilitators: Steve Wilson & Nancy Stebbins

FALL 2000 GROUPS

Women's Issues Group
Tuesdays 1:30 - 3:00 PM
Come together with other women and work on becoming the woman you've always wanted to be. Improve your self-confidence, assertiveness, and relationships by sharing and processing with other women with similar issues.
Facilitators: Nancy Welch & Sarah Haley

Gay/Lesbian/Bi/Transgender Support Group
Tuesdays 3:00 - 4:30 PM
This group focuses on issues related to the coming out process, relationships, religious concerns, family conflicts, and whatever topics the group finds important to discuss.
Facilitators: Mary Ann Moore & Cindy Peveto

Non-Traditional Women's Group
Tuesdays 5:00 - 6:30 PM
This therapy group for women 23+ allows each member to enter the group with her own unique issues and share, process and problem solve within a group context. This group can help individuals who are wanting to develop healthier ways of dealing with the stress of school and work, relationships, personal problems and family issues. When we begin to talk more honestly with others, we can often find new ways to deal with the problems we face.
Facilitators: Amanda Samson & Cindy Peveto

Interpersonal Growth & Exploration Group
Tuesdays (Group 1) 5:00 - 6:30 PM
Wednesdays (Group 2) 1:30 - 3:00 PM
This psychotherapy group is for students who desire to live more authentically with themselves and relate more genuinely with others. Group members will be helped to explore self-limiting life patterns and share themselves with others through honest self-disclosure in a safe, supportive atmosphere.
Facilitators: Ron Lutz & Theresa Sharpe (Group 1)
Ron Lutz & Sarah Haley (Group 2)

Academic SURVIVOR Series
Wednesdays 4:00 - 5:30 PM
Need some help managing your time, taking notes, preparing for a test? It's not too late to get prepared to meet the ULTIMATE CHALLENGE...ACADEMIC SURVIVAL! Before the "tribal counsel votes you off," attend this Wednesday series from 4:00-5:30 PM beginning October 25 and ending November 15.
Facilitators: Patti Collins & Lynelle Ragland

Dissertation/Thesis Support Group
Wednesdays 5:00 - 6:30 PM
This group is for graduate students who are struggling with the process of writing a thesis or dissertation. Group topics include issues of competence, procrastination, anxiety, goal-setting, and bureaucratic struggles.
Facilitators: Brian Williams & Debbie Rabinowitz

Multicultural Issues & Relationships Group
Wednesdays 5:00 - 6:30 PM
The purpose of this group is to increase awareness of multicultural issues and improve communication and self-confidence when dealing with multicultural relationships. Group topics may include, but are not limited to, cultural shock; cultural, religious, and social differences; and bi-cultural/multicultural relationship issues. This group is open to all students.
Facilitators: Gisela Lin & Amanda Samson

Eating Concerns & Body Image Issues Group
Thursdays 3:00 - 4:30 PM
The purpose of this group is to increase insight about eating problems and make progress toward recovery. Group topics may include daily eating and exercise behaviors, dealing with others about food issues, developing trusting relationships, expressing feelings, and managing stress. A PHYSICIAN'S RELEASE IS REQUIRED FOR GROUP PARTICIPATION.
Facilitators: Debbie Rabinowitz & Theresa Sharpe

Older Than Traditional Age Group
Fridays 1:30 - 3:00 PM
This group addresses concerns that differ from those of the traditional undergraduate student. Potential topics are marriage, divorce, office politics, committee chairpersons, dissertation projects, and dealing with children or partners.
Facilitators: Robert Carter & Debbie Rabinowitz

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By JASON LING
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