Continued from Page 2

causing the body to consume more energy, and thus more fat.

Usually these chemicals are ephedrine, a chemical with a structure similar to the drug, speed, and guarana, an unrefined type

"They speed up your system, and it works to get you to burn fat, but it can make you jittery," Rahn said. "And chances are that, when you stop, your metabolism will actually be lower than when you started because your body will get used to the stimulants and require them to function at a normal level. This can make it easy to put the weight back on after you stop taking the pills."

Exercise

"In order to lose weight, you need to use more energy than you take in," Rahn said. "This is a lot easier if you are exercising because, along with the calories you use while working out, you also naturally increase your metabolism and burn more calories even when you aren't in the gym."

Nizielski said the average pound of fat contains 3,500 calories of energy. To lose a pound of fat, a person must expend 3,500 more calories than he or she eats.

He said the average daily energy usage of a college-age male is 3,000 calories and 2,200 calories for a female.

"If you look at the studies done, the main contribution of exercise is to the maintenance of weight loss," he said. "The chances of keeping the weight off increase astronomically if the person uses an exercise regime."

THE BATTALION

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Room available August \$200 deposit, \$200/mo. +1/3bills. Cindy at 775-2196.

Room for rent, \$400/mo. +1/3bills. Close to campus.

Walk to TAMU. Great 2bdrm/1bth, \$425/mo +\$300/dep. Non-smoker. 764-1082:

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J&S Studies, Inc. 4309 Wellborn Road Bryan, TX 77801

Newsday Crossword

68 Ingest

69 Sign on an

entrance ramp 70 See 16 Across

71 "Keep it down!"
72 Prepares pies

73 All worked up

1 Nursery cry 2 Stratford's river

Ottawa's prov.

7 Verne captain

8 Chicken Little,

9 Home: Abbr.

3 Make cents

6 Like some

for one

10 Blow out

44

{uck's Pizza

\$3.50

"l agree!"

13 Fourth sequel

4 No-frills

DOWN

ACROSS

6 Pitfall, perhaps 11 Rock band

accessory,

for short

forerunne

16 With 70 Across

Halloween tune
19 Basketball

position: Abbr.
20 Contra- relative

21 Cupboard part 22 Underway

26 A "cocktail" was

28 "It's clear now!"

named for him

24 Hartford's home: Abbr

31 Droning

musician 33 Rodeo rope

35 WWII craft 36 Imperfection

40 Yellowish

vegetable 44 "Don't move,

45 1952 election

46 Togetherness 47 Infamous

WWI figure 51 Bob and

Mohawk

57 Disney mermaid 58 __ M for Murder 60 Totally absorbed 64 Opposite of

52 Aromatic evergreen 55 Patsy

max. 65 Popular

monogram

prehensile-tailed

14 Birdlike

15 E-mail

animal 17 Perennial

Rumba relative

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2/bedroom apartments. Some with w/d, some near impus. \$175-\$325/mo. 696-2038.

1bdrm/1bth apartment, efficiency kitchen, near Thomas Park, bicycling distance -TAMU, Partially furnished, \$340/mo. utilities paid. 693-4485 before 8pm.

2bdrm/1.5bth, 2bdrm/2bth, \$585+, fans, washer and dryer available, 8/1. 694-1581.

2bdrm/1bth 4-plex in CS with w/d, new carpet, new appliances, on shuttle route, \$525/mo. 695-9646. 2bdrm/1bth Studio apartment, walking distance to A&M. Ideal for graduate student. No pets, no HUD. Available August 1st. \$525/mo. +bills, 693-8534.

2bdrm/1bth studio style 4-plex, ceiling fans, shuttle bus, no pets. 2409 Bosque, CS, \$440/mo. 731-8951.

2bdrm/1bth, Aug.-End of Jan., close to campus. Call Lisa @680-9707.

3/2 duplex, w/d connection, shuttle route, \$795/mo. 1229 April Bloom, 1-800-858-9051. 3bdrm/1.5bth townhouse, 2-car carport, fenced yard, shuttle route, \$595/mo. 1605-Welsh. 229-4343.

3bdrm/2bth like new duplexes, spacious, ceiling fans, privacy fence, lawn maintenance. No pets. Mid August. 3bdrm/2bth sub-lease, \$775/mo. Contact 680-0994.

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Bryan 2bdrm/1bth, fireplace, fans, w/d connections, lawn care, some bills paid. No pets. Pecan Ridge, \$550/mo. Mid-July. 260-9129.

18 Journalist

27 Withdraws,

23 As a joke 25 Clarinet cousin

with "out"
28 Priests' robes

(high society)
30 The Thin Man

terrier

32 Like some

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37 Put down, as

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39 Reporters questions

43 Words from

41 Give a

11 Fancy neckwear 42 Time just before

CREATORS SYNDICATE © 2000 STANLEY NEWMAN

34 Throw for a loop

monde

TO A PULP by Nelson Hardy Edited by Stanley Newman

49 "Money isn't everything"

50 Run the realm

52 Actor Woods

53 Dickensian

54 Last inning,

usually

clerk

56 Miscue

59 Bus Stop

playwright 61 Star's

whisper 63 What "you"

used to be

Crying Game 67 Frat letter

66 Stephen of The

7/26/00

Answer to previous puzzle

mystique 62 Attention-getting

et al.

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coffee-table, 2-lamps, matching glass-top dining room table w/4-chairs, 1yr old, \$300/nego. Carrie 764-3026.

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King-size motionless waterbed w/lighted, mirror head-board and 12 clothing drawers underneath. Great deal, good condition. \$300; Call 571-2134.

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Saturday 10-2pm. \$7/hr. Please send resume to 1100 Harvey Rd. C.S., TX 77840. Part-time minor auto mechanic. Call Larry Piper at 774-1337.

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m/4bth \$380/mo. +1/4bills. University Place. 680-Ag roommate wanted for nice 3bdrm/2bth house with w/d, backyard, garage. Non-smoker preferred.

w/d, backyard, garage. Non-smoke \$330/mo. +1/3bills. 303-499-3372, Kevin. Christian male non-smoker, non-drinker 1bd/1bth \$520/mo. +ult. call Michael 972-539-1308. Female needed for upcoming school-year. 3bdrm/2bth W/D, garage, \$350/mo. +1/3bills. Call 696-8952.

ale roommates to look for 2-bedroom &up. Call Female to share new 3bdrm/3bth townhouse, blocks from TAMU, covered parking, \$350/mo. +1/3bills. 512-859-2379, 512-836-6615. Sandy/Amy.

Female to share new townhome, own bed/bath \$350/mo. +1/3bills, blocks from campus. 979-542-4759 Males to share new 4-bedroom home. Deck, large yard, fireplace, 1-yr. lease, \$325/mo. 979-693-6731(JC), 254-698-7261, schoel@edoutfitters.com

Private bed/bath, nice condo, \$275/mo. Mario 255-

Room for rent. University Place Condos, private bedroom, bath, walk-in closet. \$345/mo. +bills. Female 695-6994.

\$300/mo. +1/2utilities. Non-smoking preferred. 693-6114, 777-3710. Want to live in a house as nice or nicer than your parents or rent a roach infested rental property? 2 rooms for liberal individuals in males 3bdrm/2bth new home Excellent location. Email for website ten21lincoln@hot-

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FYI

Continued from Page

Answer: A lot of people wo know what you are talking but as an avid walker I feel pain. Actually, I have hearing eral theories on the matter. ranging from a sensor trippel body heat, to a person's or tivity interfering with the elect cal circuits of the lamp.

But according to Marcusla FBI's hart, an official from the Col Station department of Utility: The Federal Power, it is nothing but that reau of In

The light just has a bad filame reau of Ingation (FE gation (FE streetlight bulbs contain a surface on Ingation (FE gation (FE gatio based gas that emits light whe Carnivore, an In is heated up by an electric filant eavesdropping of (a coiled wire that carries and Carnivore is a cotric current). However, when nation of hardw filament starts breaking down software, like a heats up the gas too much at al computer but ing a safety mechanism to shut large amounts o light off. When the bulb or directly to an In down, it turns back on.

So, it's not any devious p. (ISP) network an to blanket you in darkness and outgoing er you pass by, allowing amplem tem can also mo portunity for muggers and v stant message s even sidewalks to attack you sites. The FBI sais just coincidence. But the through the infe again, just because you are par noid — it doesn't mean that he FBI. aren't out to get you ...

It's that simple. Thanks to all of you wh American Civil

wrote in with excellent question have protested t If you have a question for it these groups, pr F.Y.I. just email me at scifyield users are violate mail.com and please include you Even though the name, classification and major.

PARTICLE

Continued from Page. "It is like trying to make a fan recording of a symphony right next the demolition of the symphonyhal Webb said. You bring the symphon hall down, and at the same time yo have someone playing a violin, and messages of you want to make a very press court order, but recording of this violin concerto." obeying citizen

Webb said that this observation possibility, legi of the tau neutrino shows that posed by the W behaves as expected, which is regulate Carniv "consistent with our understanding of the Standard Model."

The detection of tau neutrino will also allow physicists to make more accurate measurements oscillation, a property common to each of the three neutrinos.

"There are three types of neu trinos: the electron neutrino, th muon neutrino, the tau neutrino Webb said. "The neutrino oscilla tion means that you could have electron neutrino turn into a muo neutrino or a tau neutrino. Itislik a disguise. A neutrino can disgui its identity.

"The reason that neutrinos a do this oscillation is a fundament tal property of neutrinos, which take care of a not included in the Standard Mod received from el. Neutrinos, in order to do this must have a mass, and if this ist case, it is an indication that the Standard Model has to have at justments made to it."

Webb said that the DONUTe periment will serve as a design more precise experiments ba on the detection of neutrinos. such experiments, called baseline experiments, are un development in the United State and Europe.

"The issue of neutrino physic one of the hottest areas of physic search going on these days," We said. "Neutrinos are an important gredient in the overall universe we know very little about them. the more we study them, and more we understand about the the more progress we will make understanding the forces of natu and the universe that we live in

HEATON

Continued from Page Hays said that since more

dents are applying electronical the involvement of students in processing aspect of the appl tion process is minimal, there students should not really affected by the relocation. "We are hoping to do w

that doesn't involve students campus," Hays said. "Fiftypercent of freshmen and 70 p cent of transfer students app electronically.'

Don Carter, A&M registr said the Office of Admissi looked for available space on @ pus to keep the office convenie located, but no room could found.

reau of In

inesday, July 26

However, ma and possibilities FBI has created mbat the ever tivities condu rict regulation e a much-need ent capabilitie Many of Ca

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There are to the ticket l staff, and sec ministrator, space for hol fight this sec sented a plan

Reade on Al In response column.

First of a Johnson's u military priv am Al Khali States is n ior. Howeve not have ev sider this c viable option

everything / framers of pendence i mmigration power by K

Immigrat

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