SCIENCE SGY

d, U. gfor Olym Pets are allergy sufferers, too

The truth about cats and dogs (and ticks and pollen and ragweed ...)

STUART HUTSON The Battalion

nesday, July 19, 2000

It is that sniffing, scratching, wang-eyes time of year. People are not e only ones affected by the onught of allergens waiting at the orstep. Midsummer is the worst ne of year for pets who suffer from epains of allergies.

Any animal can get allergies, not st humans, and especially dogs and ts," said Dr. Christine Rees, a prosor of veterinary medicine at Texas &M's small animal clinic. "I have a riend that just examined a polar bear Georgia for allergies."

Midsummer provides an overindance of fleas, ticks, grass and ed irritants

Rees said pet allergies can be diided into four categories: flea and tick allergies, inhaled allergies, food ndon Evans will compete rs at the U.S. Olympic Trial allergies, and contact allergies.

ients about having Nelso Rees said allergic reactions to the ites of fleas, ticks and other insects "It's always comforting re the most common complications oach there because you cant een by veterinarians.

> "The animals are allergic to a toxin ound in the saliva of the adult fleas and ticks," she said. "This basically auses a histamine reaction in the

> > A histamine is a chemical reeased by a cell when the cell comes in contact with a specific triggering chemical, such as a flea's toxin. Histamine reactions are meant to protect against specific poisons that animals encounter, but in the case of allergic reactions, histamines are over-released and cause severe inflammation and irritation.

have this toxin, so they don't cause the allergic reaction," Rees said. "So, when you buy a flea and tick killer, adults."

Texas A&M physicists are trying to

Since the 1930s, physicists have be-

ieved that the stars, planets and oth-

how that a big part of the universe may

e taken up by WIMPs.

She also suggested using preventive measures such as flea dips and indoor/outdoor pesticides to rid both the home and the yard of the pests. Rees said this year is worse than most because of the wet weather dur-

ing the early spring months. "Wet weather makes it easy for [insects] to propagate," she said. "It provides ample moisture for nesting places and egg laying and so on."

Inhaled allergies

While inhaled allergens account for most allergies among humans, they are the second most prevalent allergies for dogs and the third most prevalent allergies for cats.

These allergies may be caused by anything, including dust, pollen, grasses or weeds, that irritate nasal passages and skin.

"The important thing with these is that they are correctly diagnosed," Rees said. "To do this, we first perform a skin test for 65 different irritants, just like a doctor would on a human, and then we do a subdermal test for delaved reactions where we inject an amount under the skin and then wait about 20 minutes to see if it has any negative effects."

She said that a veterinarian would then prescribe an antihistamine pill or allergy shot depending on the strength and type of reaction to an allergen. Though the prescription is often very effective, Rees said pet owners can take other steps to help reduce inhaled allergies.

"Besides vacuuming and other- curs when an animal wise cleaning, you could use a hepifilter to help out the air quality," she said. "You can also wipe the animal's "Young or immature fleas don't feet every time it comes in from outdoors. It turns out that if a dog walks through something it is allergic to, it will keep getting exposure to whatevmake sure that it specifically kills er sticks to its feet and enhance the reaction.

Food allergies

second most common allergy among cats and the third most common among dogs.

"A food allergy is when an animal develops a bad reaction to a specific protein, carbohydrate or fatty acid within a food," Rees said. "Sometimes this happens when an animal has been eating the food for years. We are not really sure why it happens." The allergy usually manifests itself through a skin rash or irritation.

"The key here is also to diagnose as quickly as possible and then eliminate whatever is causing the allergy, but this can be tricky because I have seen animals become allergic to as many as five different food ingredients at the same time," Rees said. "Another difficulty is the timing. Sometimes an animal will have a reaction within six hours. Sometimes it takes two to three days."

These allergies, however, may sometimes have odd results.

"A guy once brought in a dog whose head was tremendously swollen like a balloon because the guy had fed the dog eggs," she said.

Contact allergies

A contact allergy ochas skin contact with a chemical that induces a rash or other negative reaction.

chemicals These may range from poison ivy to household cleaners. "People should always be careful when using cleaners

around animals," Rees said. "One of While not associated with sea- the most common irritants is the powsonal changes, food allergies are the dered carpet deodorizers that dogs and cats get all over themselves."

When to visit the veterinarian "You should pay a visit to the veterinarian any time you see your dog or cat licking, biting, or scratching themselves to the point of hair loss or irritation," Rees said. "It may be an allergy, or it may be something more serious. The only way to help out either one is for the animal to be seen by a trained

specialist.'





Here's the idea. You write in with questions about how, when or things why work or happen — and I find the an-

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swers. Questions can be anything from "How does a car battery work?" to "Why is the sky blue? (or around here, red).

To start things off, we will begin with a question asked by almost every freshman who has had the misfortune of crossing the wrong street.

Question: What is that weird steam coming from manholes like the one near the Northside parking garage? And why does it smell so bad?

- Stuart Hutson, senior journalism major

Answer: Well, I'm glad I asked that.

In the past, students have concocted a myriad of theories, ranging from a gaggle of underground pot smokers to sewer gas.

According to Chuck Sippial, vice president of administrations and former director of the physical plant, the steam is actually evaporating ground water.

The central physical plant pumps hot steam all the way over to another facility on West Campus via a system of underground pipes. Sippial said this steam is sometimes as hot as 650 degrees Fahrenheit when it first leaves the plant.

Ground water that collects around these pipes gets heated up and evaporates out through the grates and manholes that we see all over campus.

This is why the steam is usually more prevalent after it rains.

A&M physicist search for invisible matter

Flea and tick allergies

bout some things that you'r rough while you're warmin vans said. "Any questions ght before the race, it's good im right there." kin.

on each other ve Cambell's Texas Football "Su

Evans echoed Ramzy

or advice.

e simple: one-touch tackles;e ble receiver except the center cking, and two continuous The field resembles and only 45 yards long. 0 or more players from A&M e safety Blake Robertson. A

olidated, Robertson has com ertson said. "It helps with ver and how to cover." ague also gives playersad ney normally would not get an advantage to see the rea 1," Robertson said. "It is fur allenges outside your distri ity Interscholastic League, chool football coaches from er miscellaneous items they see during the off-season in a taking up the night sky make up eague. Therefore the player only 10 percent of the unicoaches or coach themse verse's matter.

> The stars would not move See 7 ON 7 on P the way they do if the visible natter were the only matter in the universe. Something lse exerts a gravitational force on these stars: cosmologists call it "dark matter." For many years, cosmologists thought dark matter was simply objects not radiating light, such as planets, small stars and

black holes. However, the measured number of these objects is not large enough to account for all dark matter.

Cosmologists have therefore theorized that previously undiscovered particles compose the remaining amount of matter. Such particles would be very heavy, but would still interact

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very weakly with surrounding matter. These particles are dubbed Weak Inter-The Battalion

University of California-Berkeley.

James White, a Texas A&M physicist, said that in the Milky Way — or any spiral-shaped galaxy — WIMPs are expected to surround the galaxy in a sphere

"The galaxy was initially spherical," White said. "Particles making ordinary matter, as well as

WIMPs, were all distributed randomly in this sphere. Then ordinary matter started to condense by swirling to the center of the sphere, making a spiral-shaped disk — the visible part of our galaxy. WIMPs instead are clumps of matter that could not condense and stayed in the initial sphere.'

White is setting up an experiment to detect WIMPs passing through the Earth. The core of his experiment is a tank of liquid argon. If a WIMP goes through the tank, it creates an electrical signal.

During the 1990s, many experi-"WIMPs are something you know must exist but it is so hard to get hold of ments were set up to detect these mysterious WIMPs, but only two experithem," said Maria Isaac, a physicist at the

ments have showed results.

The first experiment, called the Dark Matter experiment (DAMA), claimed to have detected WIMPs. The second, the Cryogenic Dark Matter Search (CDMS), did not see a single WIMP.

The big issue of these experiments is that the rate [of WIMPs] is so low that you are worried about the background (interference)," said Dan Akerib, a professor of physics at Case Western Reserve University in Cleveland, Ohio, and a researcher with CDMS.

The background is interference that can create false positives caused by cosmic rays from space or natural radioactivity from radioactive materials surrounding the experiment.

In an attempt to reduce background, most of the experiments take place deep underground where cosmic rays cannot reach.

The CDMS has been working 30 feet underground. However, starting fall of 2001, the experiment will move to a deeper site 2,000 feet underground.

White will perform extensive studies of the different sources of background affecting the planned site of his experiment in a salt mine in Carlsbad, N. M.

"This fall, I am going to put a prototype down there and measure the background rate. I think our background will be much lower than in the DAMA experiment, but only when I measure the background rate with the prototype can I tell how sensitive it will be," White said.

He said his detector will try to measure the change in the number of WIMPs passing through the earth during different times of the year.

'The least we can do is what the DAMA experiment already achieved," White said. "If they are seeing something, we should see the same thing with a different apparatus. And if nothing else, we can verify the results."

White hopes to run his experiment soon in order to get new results on this very hot topic.

"This detector has the potential to compete with the most sensitive experiments in the world. So I would like to make a large version of this [experiment] running in time before new discoveries are made, in particular by the new version of the CDMS detector," he said.

Hong Bin Zhan, an A&M professor of hydrogeology, said the unusual smell is most probably due to a small amount of sulfur in the ground water.

"The water here has about 8.8 milligrams of sulfate in every liter of water," Zhan said. "It is not a dangerous amount, but it is probably enough to cause the smell."

Sulfur is most commonly associated with the smell of rotten eggs, which I hope you will agree is more like the smell of the steam than that of pot smoke, not that you would know what that smelled like anyway.

Got the idea? Good.

Question: So, how do I ask a question?

Answer: Just email your question to scifyi@hotmail.com along with your name, classification (senior, junior, sophomore or freshman) and major.

It 's that simple.

Scientists find sleeping improves brain functioning

(AP) — Getting a good night's sleep after rying to master a tough new task might just renforce what you have learned.

European researchers say dreaming might be the brain's way of replaying experiences and lessons so that they are fixed in the memory for use later on.

The scientists used advanced imaging technology and found that the same regions of the brain that are buzzing while we learn a new task are also active while we dream. This heightened activity was observed during the brief but active stage known as rapid-eye movement, or REM, sleep.

The study was published in the August issue of Nature Neuroscience and was led by Pierre Maquet of the University of Liege in Belgium.

acting Massive Particles, or WIMPs.

Animal studies had shown similar results. Rats that ran new routes through mazes showed increased activity in the same portions of their brains when they slept afterward. But the human brain is more complex.

'It is wonderful to see such results demonstrated in humans for the first time," said David Silbersweig, co-director of the functional neuroimaging research laboratory at the New York-Cornell Medical Center.

asleep, but sleep's purpose is poorly understood. Among other things, scientists believe

Humans spend one-third of their lives asleep, but sleep's purpose is poorly understood.

Humans spend one-third of their lives dreaming may help sort out emotions, impressions and other ideas

> In the study, 18 volunteers ages 18 to 25 spent several hours learning how to quickly recognize symbols as they flashed on a computer screen and press the same symbol on a keyboard

During the test, the activity in several regions of their brains was monitored by PET scans, which reveal how the brain is functioning by watching its use of glucose and oxygen, the fuels of brain cells.

Groups of volunteers were tested in several ways. Those who took the computer test for several hours, slept and retook the test when they woke up scored the highest, with even faster reaction times after they slept.

PET scans showed that during REM sleep their brain activity and blood flow were similar to when they were taking the test.

Researchers said the volunteers might have been practicing the test in a REM dream and storing what they learned.

However, Maquet's team could not identify the precise cellular mechanisms involved. Nor are all memories consolidated only during REM sleep, the researchers said.

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