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CIENCE

Science Briefs

Page 8

Study questions

estrogen effects

the confusion over whether hor-

mones after menopause help or

who already had heart disease,

found that estrogen-progestin

supplements reduced elevated

levels of a type of cholesterol that

has been linked to heart disease.

But in women with low levels of

the cholesterol to begin with, the

hormones seemed to raise the

The researchers said they can-

Coupled with last week's re-

port from a government-funded

study of women and estrogen,

the findings add to recent evi-

dence that hormone supple-

ments might not be as good for

the heart as some earlier re-

Millions of women take estro-

gen supplements to ease hot

flashes and other symptoms of

menopause and to protect them-

selves against osteoporosis. For

the past two decades, doctors

have also believed that estrogen

CHICAGO (AP) - Sleep apnea,

the breathing disorder that af-

fects some 12 million Americans,

may raise the risk of high blood

pressure, researchers reported

today in the Journal of the Amer-

LIVE

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ican Medical Association.

wards off heart attacks.

Apnea linked to

blood pressure

The study, involving women

hurt women's hearts.

risk of a heart attack.

search suggested.

not explain the findings.

ing sleep and is usually accom panied by loud snoring. The disorder is more common in people who are obese.

In the study, researchers mea-CHICAGO (AP) — A new study sured breathing pauses and has found that estrogen suppleblood pressure in 6,132 men and women 40 and older. ments can reduce cholesterol in Those with moderate to secertain cases, but it only adds to

vere apnea - more than 30 breathing pauses per hour were more than twice as likely to have high blood pressure as those without apnea. The risk increased with the severity of the apnea, regardless of weight, age or sex.

Pesticide runoff funding delayed

TOLEDO, Ohio (AP) — A delay in federal funding is keeping farmers from participating in a program designed to block pesticides from seeping into waterways and prevent soil erosion.

The state is waiting for the U.S. Agriculture Department's share of money so it can begin reimbursing farmers who plant trees or strips of grass near streams.

The "buffer strips" would help keep chemicals from reaching northern Ohio's lakes and rivers.

"We're all ready to get this going," Larry Vance, chief of the state's division of soil and water conservation, said Tuesday. "It's disappointing."

The Conservation Reserve En-hancement Program is slated to commit \$201 million over the next 15 years in Ohio.

share would be about \$11.1 million each year. The state's share would be \$33.5 million over 10

State officials say it's crucial that this year's money be available within the next few weeks so that farmers can plant the trees and grass before summer.

Lipsc Frogs vanishingsenter Scientists fear species los councilper pected to a

(AP) — The world's frogs, toads said Michael Lannoo, am and other amphibians are vanishing, anatomy at the Indiana and the decline began decades before The study was initiat lawyers to Houlahan, a Ph.D candidat: Joe Kenda scientists first sounded the alarm in the 1980s, according to the biggest statistical study of the topic.

Researchers reported that overall numbers of amphibians dropped 15 percent a year from 1960 to 1966, and continued to decline about 2 percent a year through 1997.

"This should put the last nail in the can get it and see what it is punishmer Houlahan gleaned studie: client's age coffin for anyone who doesn't think there are some population declines for amphibians," said Andrew Blaustein, a professor of zo-

ology at Oregon "It's just society State University. The findings, doing its thing." published

Because they are more vulnerable

Scientists have yet to zero in the

than many other creatures, amphibians

are considered a "canary in the coal

causes but suspect a combination of fac-

tors: loss of wetlands to development;

use of fertilizers and pesticides; in-

creased ultraviolet light from an ozone

layer thinned by industrial pollutants;

mine" for environmental damage.

Thursday's issue

of the journal Na-

ture, were com-

— Michael Lannoo Indiana University professor of anatomy

> s of a N Amphibian Population Tast ave appoi the World Conservation for the f Species Survival Commission Van Za Data on 936 population oners vo phibians and 157 species came athy Jack 37 countries and eight region Jackson world. "We could not have de he sheriff without the Internet," Houlahz is the firs Trends varied by time and law enforc Western Europe, a sharp declin 1934. Thi

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titatively tried to say is the pneumoni global decline," Houland thought the best way to be Kendall to

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early 1960s leveled off later. h nett was a her husba America, the decline was slow n a car ac steady. There was not enough Former fully analyze trends in SouthAn of cancer I Africa and Australia. vas his adı

Houlahan acknowledged "I felt li phibians traditionally have person fo through periodic booms to our O.D. Hazel regular population declines. But Telegraph a the analyses found overall t booms are not overcoming their

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The federal government's years

Sleep apnea is characterized and the introduction of exotic predators. by brief pauses in breathing dur-"It's just society doing its thing,"



researcher, using Internet contacts with some 200 scientists around the world. Since the late 1980s, scientists have been concerned about catastrophic declines in populations of frogs, toads, salamanders and other amphibian

species, particularly in Australia, South America, Central America and high-altitude regions of the American West.

piled by a University of Ottawa



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