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Cathy Bonner and Lillian Murray will share information about the newest museum that is dedicated to the history of women in the 20th Century.

The museum is located in the Dallas FairPark area.

Monday, March 27, 2000
2:30 - 4:30 p.m.
206 MSC

For more information, contact Diane K. Carr at 845-4016.

To learn about The Women's Museum: An Institute for the Future, check the web site at: www.thewomensmuseum.org



To learn more about Women's Week, check the web site: womensweek.tamu.edu

Free FOOD!

100 Lucky Students Will Be Selected To Have Free BBQ At The President's Home With

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Students sign up at:
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Bowen BBQ

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ELIZABETH O'FARRELL/THE BATTALION

Eileen Yu, a sophomore marketing major, works on her Naturalistic Design Project in her floral design class.

Genetics, diet cause high diabetes rate in Hispanics

MIDLAND (AP) — Dinner at grandma's may be the highlight of the week, but the combination of fatty preparation and high-calorie foods can make the weekly feast a truck stop on the road to trouble. And new studies reveal that Hispanics are at a greater risk of falling victim to diabetes. Genetics and diet may be to blame.

Diabetes is a disease that the American Diabetes Association defines as one that, "affects the body's ability to produce or respond to insulin, a hormone that allows blood glucose [blood sugar] to enter the cells of the body and be used for energy."

Diabetes falls into two main categories: Type 1, which usually occurs during childhood or adolescence, and Type 2, which is the most common and generally occurs after age 45.

The ADA says all people should be aware of the warning signs, but ADA research has shown that Hispanics seem to have the disease in larger numbers.

Midland physician John Worrell Jr. thinks that diet and genetic disposition are the two key factors in Hispanics having diabetes.

Worrell recommends a diet low in fat and carbohydrates.

Dietitian Rhonda K. Carr agrees. Carr, dietitian for Westwood Medical Center, said that diet plays an important part in the treating and prevention of diabetes.

Carr said the common belief about diabetes is controlling sugar intake, but, she added, there is more to the story. Fat, carbohydrates and protein are on the diet-control list, too.

"People with diabetes run a higher risk of heart disease, and that is why we really work on getting their fat down," Carr said. "With Type 2, our goal is

to help a person have a normal glucose and lipid levels. It's not really a diet. The person has to see it as a change in lifestyle."

Foods normally associated with Hispanic cooking are generally higher in fat and cholesterol ... lard and cheeses, for example. Carr cautioned against a high-fat diet because cells become more resistant to insulin as weight increases.

She recommends an increase of fruits and vegetables. "They are high in fiber and vitamins and minerals, lower in calories. Stay away from high-calorie drinks like juice and soda and have more tea and water."

Carr also suggested that people look for hidden fat in foods like chips or processed foods.

The ADA's research reveals the following results of diabetes in the Hispanic community over the years:

Type 2 diabetes is twice as high in Hispanics than in non-Hispanic whites; 1.2 million, or 10.6 percent of all Mexican-Americans have diabetes; about 24 percent of Mexican-Americans and 26 percent of Puerto Ricans between the age of 45 and 74 have diabetes; and nearly 16 percent of Cuban-Americans between the ages of 45 and 74 have diabetes.

In 1995, 27,900 people initiated treatment for the end-stage renal disease (or kidney failure) because of diabetes. Among people with diabetes, Mexican-Americans are 4.5 to 6.6 times more likely to suffer from end-stage renal disease.

The ADA says that diabetics can control their disease and the risk of complications by being educated about diabetes, set a realistic goal for controlling blood glucose levels and receive regular checkups by health-care providers trained in the care of diabetes.

Murder suspect leads police to missing body

IRVING, (AP) — Police found a body Wednesday morning — possibly that of a woman reported missing last November — after questioning the man suspected of killing the car wash employees earlier this week.

Police received information from Robert Wayne Harris "that helped to lead [detectives] to the discovery of this body," said David Tull, spokesperson for the Irving Police Department.

The body was found in a grass-covered area near Lone Star Park in southwest Irving, Tull said.

Sandra Gaye Scott was reported missing Nov. 29 and her pickup truck was found Dec. 1. Harris was linked to her disappearance because his phone number was the last number on the pager, police said.

However, police have not made a positive identification on the body because of the advanced state of decomposition, Tull said. But members of Scott's family were seen at the Irving Police Department and at the scene where the body was found.

Harris has been arraigned on a capital murder charge in connection with the deaths of the car wash employees early Monday morning. A sixth victim remains in critical condition at Parkland Memorial Hospital in Dallas.

The assailant was still standing over three bloody bodies when a witness entered the business, court documents show.

Harris, who was fired from the Mi-T-Fine Car Wash, has reportedly confessed to the attack in which robbery may have been a motive.

Investigators found the office safe open and empty "including paperwork and U.S. currency," according to an affidavit.

Harris, 28, remained in custody today after his arrest Tuesday by Dallas and Irving police tactical officers who had monitored his overnight stay in a northeast-side home.

He was fired from the car wash Friday after being arrested for exposing himself to two women at the business. He had been freed Sunday on \$500 bail.

Jason Shields said three fellow employees had watched minutes before walking across the car wash parking lot were lying in pools of blood Monday morning. He said Harris told him "there's three more back here in the office," according to an affidavit from police Detective R.E. Johnson.

After Shields passed behind a counter and saw three other victims, the 21-year-old employee then called 911 from an adjacent parking lot.

Killed were Dennis Lee, 48; Rhoda Wheeler, 45; Augustin Villaseñor, 36; Villaseñor's brother, Benjamin, 32; and Roberto Jimenez Jr., 15. Octavio Ramos, 36, remained in critical condition Wednesday at Parkland Memorial Hospital.

Funeral services were set Thursday for Lee and Wheeler, and on Saturday for the Villaseñor brothers. Relatives and friends of the victims, along with co-workers and customers, left flowers and notes of sympathy at the car wash Tuesday.

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INFORMATIONAL MEETINGS:
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Thursday, March 30, Rudder 504, 9-10 p.m.

ATTENDANCE TO ONE OF THESE MEETINGS IS MANDATORY TO TRYOUT!

TRYOUTS WILL BE APRIL 30

— COME EVEN IF YOU'RE JUST THINKING ABOUT TRYING OUT!

www.tamu.edu/aggie_wranglers