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Aggie Bucks accepted

LUNCH & DINNER	
7 days a week	
Lunch: Mon - Fri	\$4.95
Sat - Sun	\$5.95
Dinner:	\$6.95

Using the World Wide Web for Research

Texas A&M University General Libraries is offering a class to assist Texas A&M University students and faculty in effectively using the World Wide Web for research.

This session uses Netscape Navigator or Internet Explorer to search the World Wide Web. It surveys WWW search services, illustrates advanced search strategies, teaches how to store sites useful for your class work or research and provides criteria for evaluating and citing web information. Web access to library databases is demonstrated, with guidelines for choosing the appropriate databases for the subject or type of information needed.

Prerequisite: This class meets for an hour and a half in a CIS Open Access Computing Lab. You must CLAIM A LABS ACCOUNT from the Block ATM screen or a CIS help desk (call 845-8300 for assistance) prior to the class in order to use a computer in an Open Access Computing Lab.

Day	Date	Time	Location
Monday	January 24	5:45 - 7:15 pm	Student Computing Center, 114
Tuesday	January 25	5:30 - 7:00 pm	West Campus Library, Rm. 126
Wednesday	January 26	5:45 - 7:15 pm	Student Computing Center, 114
Thursday	January 27	5:30 - 7:00 pm	Student Computing Center, 114

Bring a formatted high density disk if you want to save information. There is no charge and no sign-up is necessary. All are welcome.

HOST A COMPANY

Spring 2000 Business Career Fair February 8-10

Wondering What a Host Does?

Host Informational's (Optional)

Monday	Jan 24 th	8:00-8:30	Wehner 159
Tuesday	Jan 25 th	8:00-8:30	Wehner 159

SIGN-UPS TO HOST

SUNDAY JAN. 30th 1:00 p.m. @ WEHNER 116

Host Mandatory Meeting

Must attend one!!!

Tuesday	Feb 1 st	7:30-8:00	Wehner 159
Wednesday	Feb 2 nd	7:30-8:00	Wehner 159

Check out the company list at <http://wehner.tamu.edu/bsc> Any Questions, email chase00@tamu.edu or n-lee@tamu.edu

Stress, anxiety, depression plague college students

BY JORDAN DAVIS The Battalion

A survey recently released by International Communications Research only confirms what millions of students may already know — in college, anxiety is a fact of life.

The survey, which polled American college students about the stresses of university life, found that a large number of students are suffering from the detrimental effects of anxiety, and few are seeking the necessary treatments.

According to the study, anxiety is more than just pre-test stress. It is a serious medical condition, the symptoms of which can have devastating effects on students' lives.

The survey found that sleep disturbances, irritability and an inability to relax and enjoy time with friends occurred in roughly three-fourths of college students.

Seventy-nine percent of students polled were found to have difficulty concentrating, which one student said may be a major hindrance to a student whose life revolves around paying attention to lectures and studying long hours every day.

"I think that students are under an undue amount of stress," Robert Davis, a sophomore political science major who said he has experienced trouble managing stress, said. "And it is a common problem, but one I think that

most people will not think is a problem that needs to be — or even can be — treated."

But school-related stress and anxiety can be treated and are issues students don't have to live with, Dr. Wade Birch, director of Student Counseling Service (SCS), said.

"People will resolve their issues on their own," Birch said. "But the advantage of counseling is that people will usually resolve their issues quicker and come to a solution that is of a better quality."

Two additional campus facilities offer students counselling services.

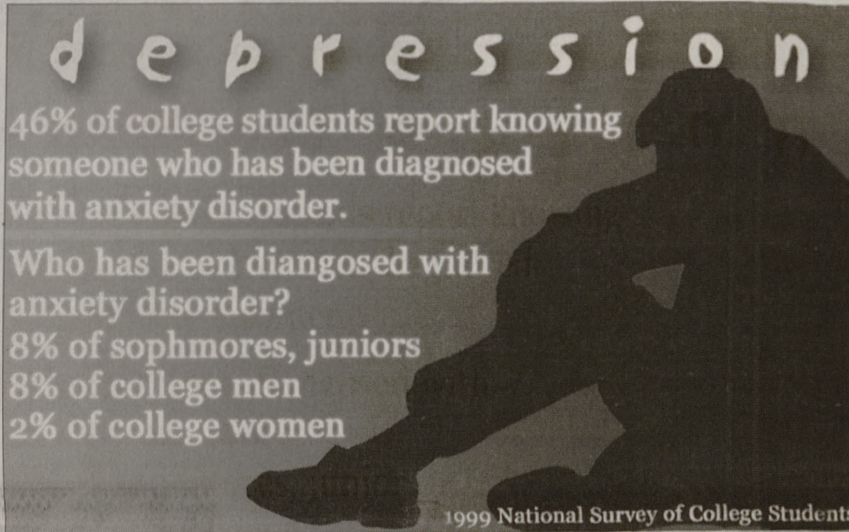
The Counseling and Assessment Clinic is run through the Department of Educational Psychology. The Psychology Clinic is housed in the Department of Psychology.

Birch said both are staffed by qualified graduate students and are available to students as an alternative to the SCS.

"Some stress is helpful, and acts to motivate students," Birch said. "But there comes a point where that stress becomes unhealthy and can make a student nonfunctional."

Birch encourages all students to take advantage of the SCS. The facility is open to all students, is free of charge, and has several on staff psychologists and two psychiatrists.

SCS offers regular anxiety screenings, as well as its annual September event, "Beat the Hell Outta Stress."



Debate continues over confederate flag

COLUMBIA, S.C. (AP) — Gov. Jim Hodges has announced that the Confederate battle flag should be removed from the Capitol dome, his boldest statement yet on the issue and one that drew immediate criticism for its lack of specifics.

In his State of the State address Wednesday, Hodges said it was time to resolve the dispute that has led a national civil rights group to boycott South Carolina amid charges of racial insensitivity.

"Let's resolve this issue," the Democrat said to applause Wednesday night. "We must move the flag from the dome to a place of historical significance on the Statehouse grounds. The debate over the Confederate flag has claimed too much of our time and energy."

GOP leaders appeared lukewarm about the proposal.

"I think we all expected him to come out with a specific plan, to say this is what I think should happen and I'm going to call on both sides to come to that point," Republican house speaker David Wilkins of Greenville said. "We didn't get that. We didn't get anything new."

As a state legislator, Hodges support-

ed previous attempts to remove the flag, and earlier this year said he personally did not think it should fly above the dome.

His address came two days after nearly 50,000 people rallied on the Statehouse lawn, urging the Legislature to bring the flag down.

The question of what to do about the flag is one of South Carolina's thorniest issues. Hodges' predecessor, Republican Gov. David Beasley, has said his public support for removing the flag was partly to blame for his election loss.

The NAACP, which helped organize Monday's Martin Luther King Day rally, has urged tourists to boycott South Carolina because it flies flag, which the group considers a racist symbol.

"The entire nation is watching and listening to us," Hodges said. "Most importantly, South Carolina's children are watching and listening to us."

Hodges also said South Carolina should recognize King Day as an official state holiday. It is currently an optional holiday for state employees, who also can pick several Confederate holidays or a day of their choice.

News in Brief

MSC to host spring open house

Ten thousand students are expected to attend Memorial Student Center's Open House this Saturday, Jan. 23, from 2 p.m. to 6 p.m.

About 250 organizations will be represented at the Open House, which will occupy the first and second floors of the MSC.

"The purpose is to put together University registered student organizations and to get students involved," said Michelle Walker, MSC executive director of marketing and public relations.

"The spring Open House is always a smaller deal than the fall, because a lot of student organizations take members in the spring," Walker said. "But it's comparable in numbers, and is especially significant for freshmen who are looking for organizations."

Netscape chief gives \$100 million to Mississippi school children

JACKSON, Miss. (AP) — Former Netscape chief Bill Barksdale is giving \$100 million to help Mississippi school children learn to read — among the largest private donations made to a college.

"It's such a huge start ... and to invest it in his honor would be admired," state College Board member Thomas Bert said of the gift from Barksdale, former chief executive officer of Netscape Communications, and his wife, Sandra.

The donation, announced today, will fund the Reading Institute at the University of Mississippi. The institute will impart new techniques to help teachers improve reading skills of their students.

He and his wife had donated \$5.4 million to Ole Miss in 1996 to create the McDonnell-Barksdale College and last year gave \$2 million for scholarships at the University of Mississippi Medical Center for black students.

Ole Miss Chancellor Robert Khayat, joined by NBC's "Today" show this morning, said the education community was "overwhelmed" by the gift.

He said the Barksdales had "made it clear to me that they intended to use their resources to help the people of Mississippi."

PARKING

Continued from page 1

Texas A&M University System. The committee also included representatives of the A&M student body, Hurd and Dr. Sutherland, vice president for student affairs.

Gen. Wesley Peel, vice chancellor of facilities, plans construction for the A&M system sits on the committee. Pending Bowen's decision, the committee would be exploring options available to it to minimize the inconvenience to staff.

Peel said this could include building additional parking adjacent to the new building.

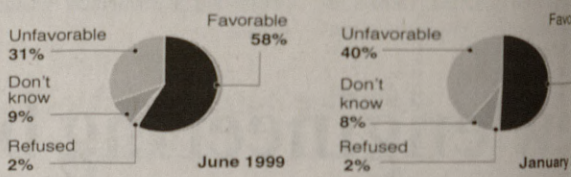
Construction on the proposed chemical engineering building pending the approval next week of the Dr. Bowen, is slated to begin in two years.

Hillary Clinton slips in popularity

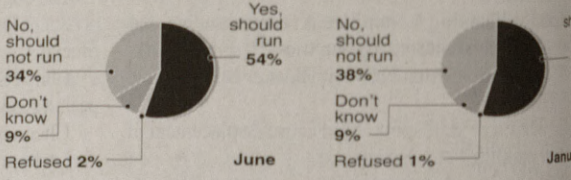
First lady's popularity slips

Americans still say Hillary Rodham Clinton should run for the U.S. Senate, but her popularity has slipped, according to an Associated Press poll. Here are some of the results.

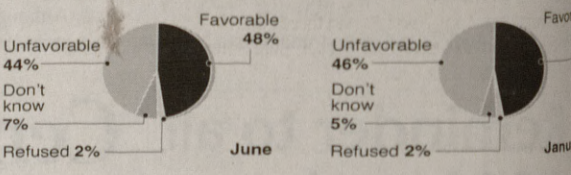
Is your opinion of Hillary Rodham Clinton favorable or unfavorable?



As you may know, Mrs. Clinton has said she plans to run for the U.S. Senate in New York. Do you think she should run or not? (June: Question said "she is deciding whether to run...")



Is your opinion of Bill Clinton favorable or unfavorable?



The latest poll is based on telephone interviews with 1,022 randomly selected adults and was conducted by ICR of Media, Pa. Interviews for the earlier poll of 1,016 people were conducted June 11-12. In the polls, the error margin was plus or minus 3 percentage points. Due to rounding, sum may not total 100 percent.

Phi Beta Lambda

Professional Business Fraternity Spring Rush 2000

- Informational**
Monday, January 24 7:30
Wehner 129
Professional Dress
 - Pool Social**
Wednesday, January 26 7:00-9:00
Yesterday's
Casual Dress
 - Board Game Tournament**
Saturday, January 29 6:00
College Station Conference Center 101
Casual Dress
 - Who Wants To Be a Millionaire?**
Monday, January 31 7:30
Wehner 125
Casual Dress
 - Guest Speaker**
Wednesday, February 2 7:30
Wehner TBA
Professional Dress
- *Three out of five events must be attended to join
Contact Rush Chairmen with Questions:
Julie Kalenda 691-8773
Lauren Alford 691-7400

THE BATTALION

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