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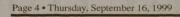
"El Diez y Seis De Septiembre Celebracion"



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JELIFE

Pain showcases battles with panic disord

NEW YORK (AP) — Mysteri-ous, overpowering blitzes of fear: In Kim Basinger's life, there have been so many.

But one stands out. The setting: her fourth-grade classroom at Alps **Road Elementary**

in Athens, Ga. "It's very quiet and kids are raising their hands. the teacher But called on me,' she said.

"I stood up and I was shakand my

ing, mouth wouldn't move, and everybody stared at me, and I thought I was going to faint. "I ran out of the classroom. It

was horrible.

Unbeknownst to her or anyone else, Basinger was gripped by something called panic disorder. She still is.

And however extraordinary her accomplishments as a star and Academy Award-winning actress, in one respect she remains all too common: She shares this affliction with as many as 28 million other Americans.

Basinger provides a compelling case history in a new HBO documentary, simply titled Panic.

Produced and directed by Eames Yates, whose credits in-clude HBO's acclaimed *Dead Blue: Surviving Depression* of two years ago, Panic airs Friday at 8 p.m. EDT.

mittent dizziness, shortness of breath, crying and terror. It travels with a successful

mortgage banker from Syracuse, N.Y., as he attempts to escape his geographic comfort zone for the four-hour drive to see his ailing grandmother in New Jersey.

Another subject: Earl Campbell, the Heisman Trophy-winning running back at the University of Texas who later played with the Houston Oilers, then fell victim to panic disorder after his football career ended.

Thinking back to when he hid in a room with the shades drawn and even contemplated suicide, he said, "It wasn't any more of that tough stuff."

The film hears from experts who offer psychological and physiological theories and try to explain to nonsufferers what the affliction is like.

Dr. David Barlow, director of Boston University's Center for Anxiety & Research Disorders, asks people to imagine themselves subject to lightning striking us two or three times a day, without warning.

"What would happen, of course, is that you could think of nothing else except: When is the next time that I'm going to be hit by this lightning?" he said.

Basinger agreed. "There's a fear of fear, fear that fear will come."

Panic disorder can result in program, panic disorder feelings of isolation, inadequacy, paralysis.

'I remember how lonely I felt, and how in need of help I was, Basinger said.

I don't know if I was more elated over winning or more in pain over knowing that I had to come back.

> - Kim Basinger actress

The breaking point, she recounts in the film, came when as a rising young actress she had a full-blown panic attack in a health-food store.

She managed to get herself out to her car and drive home. She did not leave again for six months. Then aid came from Dr. Ronald Doctor, a clinical psychologist also

seen in the film. "Dr. Doctor — he gave me a new start in this life," Basinger said. "I even had to learn how to drive again. It was quite a process, I'll tell you that.'

The good news: Whether with drugs or a behavior-modification treatable The bad news: Only o

sufferers seeks help. Today Basinger know never be "cured." Shes never be an easy task for Dep

up in front of the public "I think I'm getting it's an inch-by-inch proc laughed. "Not even a wh She recalled the Awards in March 1998,

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Huling won the supporting actr for her performance in l fidential. ance to

"I was just absolutelys rands. Lass death," she said. "And Ikr search in co the next year, I had to h prug Enfo award out to the next wim (D.E.A.), ru "I don't know if I waing and ste

"I don't know if I waing and ste elated over winning or Working pain over knowing that Huling's jo come back! The irony is not lost on nals, condu

terrified little girl from C and worki Lane became an inter Louisiana uisiana 1

"God only knows of came from, and that's the she said. "Here I was, a ki school who never said a then on the night of t Miss Pageant, I stood up ditorium and sang that s My Fair Lady — 'Would Lovely?

what Maybe it was her blen solve and effective treatm on.." Panic is a bracing look ath and others like her can suo

Brooks and Dun,

reflect on succe

as close as country musica a sure thing.

er announced Kix Brook Ronnie Dunn as the bein duo without bothering who the winner's card.

She was right. For seven consecutive posed to a duo of Brooks & Dunn he award, And they are up when the 33rd annual Couplaced in si Association Awards (C ble position broadcast live Sept. 22 on C

we've won duo of the year we've sincerely been emban Dunn said, grinning at thep problem of having so much

tle one-sided.

Continu "The eland said. "I'n back here and Freel The D

RIP OFF THEIR OWN EARS

spite of fear.

when ager NASHVILLE, Tenn. (AP)-1 and I wou going on.' Huling vorking v

In 1997, presenter Tanya

'There've been times KICK it seems unseemly sometime "It can be perceived as be

Since teaming up in 199 urging of Arista Records he DuBois, the two former so rants have fashioned themse is most Texas A an efficient hit machine at more than 16 million alb



OVER AND OVER AGAI

RIFFAGE

1996, they became the only best entertainer.

Dunn, 46, from Texas, has one of the m ful voices in Nashville lead singer on the b Brooks & Dunn hits. from Shreveport, La., is dynamic live performer

For their new albu Rope, longtime Brooks collaborator Don Cook v the songs featuring Broo Dunn brought in Byron ((Tim McGraw, Jo Dee for his numbers.

That would seem to ind team drifting apart. Just the site, they said.

"That freedom, as much ple are ready to latch on to a of a rift with us, actually is namic that keeps us tog Dunn said. "Because you press your individuality a come together and mak Brooks & Dunn record."

Another success strates writers who want to work duo are invited to join them instead of working in Na which is the common practic

"You spend all day sitting those buses a lot of times, wa the show," Dunn said. "So w utilize that time? And if you co-writer out there as motiva lot of times that'll help you get

Brooks added: "Kids and and all that stuff you need to tention to when you're hom it's hard to pay attention to it you've got somebody over the ing to write a song with you.

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One of their first hits was Scootin' Boogie," which ben from the country music line da craze of the early 1990s. Th adept at ballads ("Neon Moon" especially good at cranking of gressive rockers like "Hard W Man" and "Rock My World Country Girl).'