

Attention Poets!

Are you the next Shakespeare?



Enter the MSC Literary Arts Sonnet Contest!

Winners will receive prizes and a chance to read their poetry at Barnes and Noble's as part of the 2nd Annual Texas A&M Shakespeare Festival.

Complete rules available at the College Station Public Library and in the MSC at the Texas A&M Bookstore and the Student Programs Office.

All ages welcome to apply! There will be special categories for our younger poets.

Herbal cures to be focus of lecture

BY CARRIE BENNETT
The Battalion

Herbal remedies and medications are a new trend that claim to relieve various ailments including insomnia, arthritis, pain, fatigue and respiratory problems using all-natural ingredients.

Dr. Jane Cohen, assistant health education coordinator of A.P. Beutel Health Center, will provide information about herbal remedies in order to help students make informed decisions when using natural remedies today at 5:30 p.m. in room 281 of the Student Recreation Center.

Cohen's lecture will be part of the Healthy Living Lecture Series sponsored by the Department of Recreational Sports.

Cohen said people use herbal medications for cultural and religious reasons. Also, people believe an all-natural alternative may be healthier than a prescription drug.

"There are also some people that believe any pill approved by the Federal Drug Administration (FDA) is completely safe," she said.

Cohen will identify herbs used to manufacture over-the-counter remedies. Some of the herbs she will discuss include Mah-gang, Echinacea and St. John's Wort.

Cohen said she will address quality control and safety when taking medications.

"Students need to be aware of possible risks that can occur when medicines interact in the system and also the possibility of allergic reactions," she said.

Cohen will also talk about aromatherapy and natural seasonings. Plants, aromatherapy products and seasonings will be given away as door prizes.

"We will offer recommendations for usage and also information on the side effects of these herbal remedies," Cohen said.

"We also will recommend discussing options with a health care professional before self diagnosing an illness."

Cohen said a handout will be available with Web sites that offer additional information concerning herbal remedies and medications.

"The population is examining their options when it comes to treatment, and we want to give them information so they can make informed decisions," Cohen said.

Bible revival



Christina Cardoza, a senior psychology major, participates in Bible Marathon Reading day in the Academic Plaza. The marathon, which started at 2 p.m. Monday, was created by Lee Nelson, a freshman business administration major, and Jeremiah Taylor a sophomore business administration major.

Leader says Yugoslavia ready to fight to end

BELGRADE, Yugoslavia (AP) — Yugoslav leader Slobodan Milosevic insisted Tuesday that NATO attacks stop before he moves toward peace, declaring his forces ready to fight "to the very end." NATO answered with new resolve to wreck his military with a relentless air assault.

More than six hours of talks with Russia's prime minister yielded a statement by Milosevic that he was willing to rein in a harsh campaign against ethnic Albanians in Kosovo and resume peace talks if the NATO strikes stopped.

His proposal was rejected by NATO leaders including President Clinton, who warned that atrocities against ethnic Al-bani-

ans would weaken Serbia's claim to the separatist province and increase NATO's determination to destroy Milosevic's army.

"We will see that his military will be seriously diminished. ..."

— President Clinton

"We will see that his military will be seriously diminished, key military infrastructure destroyed, the prospect for inter-

national support for his claim to Kosovo increasingly jeopardized," Clinton added that the allies' main steady and deter-

NATO officials said the number of ethnic Albanians who have fled Kosovo in the days has grown to 118,000. Pec, a city of 100,000 in Kosovo, has been "almost totally destroyed."

Kosovo Albanians are their exodus by foot, on cart, pouring across the border and overwhelming Albanians of the world's poorest nations. The cries of babies exhausted, the air, and their parents exhausted. Many were crying.

ATTENTION

All On-Campus Residents

The deadline to cancel your housing contract for Fall 1999 - Spring 2000 academic year and receive a 100% deposit refund is:

April 1, 1999 @ 5:00 p.m.
In the Housing Assignments Office

Cancellation forms are available in 101 YMCA Building

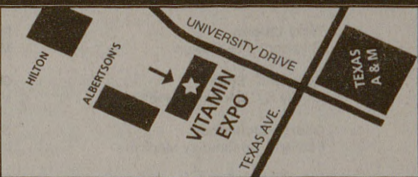
Letters of cancellation can be faxed to: (409) 862-3122 and must be received by April 1, 1999 @ 5:00 p.m. Or mailed to: Housing Assignments Office 101 YMCA Building College Station, TX 77843-1258 (409) 845-4744

Deadlines to receive a portion of your deposit:

April 2-15	(75%)
April 16-May 1	(50%)
May 2-May 15	(25%)
After May 15	Entire Deposit Forfeited

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<p>EAS Myoplex Plus Deluxe 20 pk. All Flavors \$35.99</p>	<p>Optimum Nutrition Creatine 99.9% Pure 600 gram \$18.99</p>	<p>Nature's Plus Source of Life Multiple Vitamin 90 Tabs \$14.99</p>	<p>TwinLab Ripped Fuel 200 Caps \$27.99</p>	<p>Enzymatic Therapy GS-500 30 Packets 1500 mg. \$27.99</p>
<p>ProLab Metabolic Thyrolean 120 Tabs \$19.99</p>	<p>Cytodyne Xenadrine 120 Caps \$26.99</p>	<p>TwinLab Diet Fuel 120 Caps \$16.99</p>	<p>EAS Phosphagen HP 2 lb. 3 Flavors \$16.99</p>	<p>NOW Co Q10 60 Caps 30 mg. \$19.99</p>

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ANNOUNCING
Physician Assistant Workshops

Interested in applying to a Physician Assistant Program for 2000 Admission?

If YES, then you need to attend one of the following PA Workshops to learn the ins and outs about setting up a file in the office.

Thursday, April 8 @ 2:00 p.m.
Friday, April 9 @ 10:00 a.m.

To register, call 847-8938 or go by the Office of Professional School Advising in Room 205 Academic Building. OPSA is partially funded by the Association of Former Students.