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## Chat & Chew

with Dr. Malon Southerland  
Vice President for Student Affairs  
and special guest - Mr. Don Engleage  
Executive Director, Student Financial Aid

March 4, 1999  
11:30 am-1:30 pm  
Kleberg Atrium



- Voice Concerns
- Ask Questions
- Light Refreshments

# AGGIELFE

# Spice up your life

## International food provides a different flavor

Story by Beth Focht ~ Photos by Sallie Turner

Hamburgers, hot dogs, apple pie and fast food all define the American way. Part of a country's culture and people are embodied in its foods.

Although foods such as Chinese and Italian sometimes seem commonplace, our Americanized versions of these foods are much different from what is actually served in those countries.

As part of the celebration of culture during International Week, the International Student Association is hosting an international buffet on Wednesday.

Students will be able to experience first hand the differences in foods from across the globe.

In Egypt, the food is similar to the Mediterranean food of Greece.

The meat is grilled or barbecued for most dishes and the diets tend to be high in cholesterol.

Tarek Radwan, a junior biochemistry major who has lived in Egypt, said foods found in Egypt are similar to other Middle Eastern countries.

"A lot of spices like cumin, garlic powder and olive oil are main ingredients in Egyptian foods," Radwan said. "A sandwich type of meal of shawarm uses all of these spices in the dish. The sandwich is almost like a burrito stuffed with sliced beef and tomato and these spices."

Dishes from Guatemala use beans as the main staple of food. Fried beans are a regular part of the Guatemalan diet and are normally eaten with corn tortillas and different types of meat. A popular dessert in Guatemala consists of mashed banana-like plantains and sweet beans sprinkled with sugar.

Chinese foods in America are different than those native to the country. The types of foods eat-

in China are split according to the regions of the country.

In the northern areas of China, the diets consist of flour, breads, noodles and other dough products. These main ingredients are commonly made into soups and stews.

The southern area of China uses rice in most of the dishes. This region's food has a stronger taste to it than the foods in the north (due to its seasoning). The sweet and sour and spicy tastes can be found in the southern regions.

Judy Wen, member of the China Student Association and a sophomore business major, said fried rice is her favorite dish.

"Fried rice is one of the easiest dishes you can make," Wen said. "You can put anything you want in it and that is what makes it so good."

Many corporations may be becoming larger, but some of these traditional dishes are not changing. Fast food restaurants are now world wide, but these establishments are not as relied upon in other countries for a quick meal, like they are in the United States.

Marisa Torres, a sophomore food science major from Guatemala, said fast food establishments are in the biggest city in Guatemala, Guatemala City.

"The majority of the people in Guatemala City have tasted french fries or hamburgers," Torres said. "Everywhere else in the country, most people are not familiar with these types of meals."

Junk food, another part of many American diets, is not typical in other countries.

Wen said in China, junk food is becoming popular, but there really is not a Chinese version of

junk food.

"China has a lot of snack type foods," Wen said. "I guess the thing that could really be called Chinese junk food would be candy coated tomatoes."

Tatsuki Ohashi, president of International Student Association and senior international studies and history major, said there will be close to 30 international clubs participating in the international buffet.

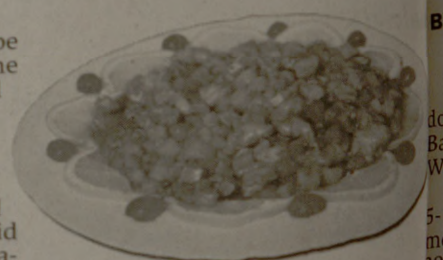
"This event (buffet) is going to be very neat with all these cultures coming together," Ohashi said. "We have this event during International Week because the International Student Association wants students to have a taste of all the diversity on the Texas A&M campus."

Ohashi said everyone involved has been working hard to make the buffet a success.

"The newest numbers released by the University show that Texas A&M now has 2,600 students from 118 countries around the world," he said. "This event is meant to show students the growing diversity on the campus."

Dini Sunardi, director of the international buffet for the international Student Association and a junior industrial engineering major, said the International buffet is a great opportunity for students to taste different foods from different countries.

"Food is an important part of the culture of the individual country," Sunardi said. "By getting the chance to sample the foods, people will have the chance to sample the culture. The buffet is also a great time for international students who have not had food from home in a while."



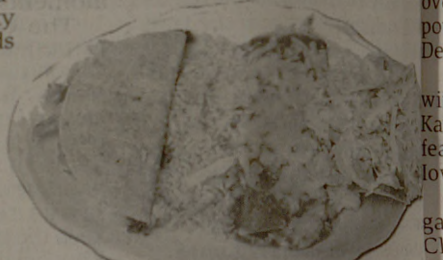
Chinese



Italian



Indian



Mexican

# Loose Diamonds

### Round Cut

Carat	Color	Clarity	Price
1.39	J	SI2	\$4955 <sup>00</sup>
1.03	J	SI2	\$3670 <sup>00</sup>
1.00	E	SI2	\$4950 <sup>00</sup> EGL Cert
.94	F	SI2	\$3600 <sup>00</sup> EGL Cert
.78	F	SI2	\$2900 <sup>00</sup>
.71	F	SI1	\$2675 <sup>00</sup>
.71	E	SI1	\$2530 <sup>00</sup>
.70	E	SI1	\$2650 <sup>00</sup>
.70	E	SI2	\$2490 <sup>00</sup>
.34	G	VVS1	\$850 <sup>00</sup>
.33	H	VVS2	\$790 <sup>00</sup>
.31	H	VVS2	\$790 <sup>00</sup>

### Marquise Cut

Carat	Color	Clarity	Price
1.21	K	SI3	\$4150 <sup>00</sup>
.94	K	SI1	\$2915 <sup>00</sup>
.49	F	SI1	\$1736 <sup>00</sup>
.49	J	SI2	\$1155 <sup>00</sup>

### Emerald Cut

Carat	Color	Clarity	Price
1.53	I	SI1	\$7175 <sup>00</sup>
1.12	H	VS1	\$4900 <sup>00</sup>
.71	F	SI2	\$2200 <sup>00</sup>

### Pear Shape

Carat	Color	Clarity	Price
.92	K	VS2	\$2550 <sup>00</sup>
.82	G	VS1	\$2500 <sup>00</sup>
.79	K	SI1	\$1850 <sup>00</sup>
.72	D	SI3	\$2200 <sup>00</sup>

### Oval

Carat	Color	Clarity	Price
1.25	H	SI2	\$4900 <sup>00</sup> EGL Cert
.66	K	VVS2	\$1439 <sup>00</sup>
.54	H	SI2	\$1050 <sup>00</sup>
.32	H	SI1	\$ 550 <sup>00</sup>

### Princess Cut

Carat	Color	Clarity	Price
1.48	F	SI2	\$7900 <sup>00</sup>
1.08	F	VS2	\$6200 <sup>00</sup> EGL Cert
1.01	I	US2	\$3750 <sup>00</sup>
.72	E	VS2	\$3700 <sup>00</sup> EGL Cert
.52	G	VS1	\$1638 <sup>00</sup> EGL Cert
.51	H	SI2	\$1050 <sup>00</sup>
.49	J	VS2	\$1075 <sup>00</sup>



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