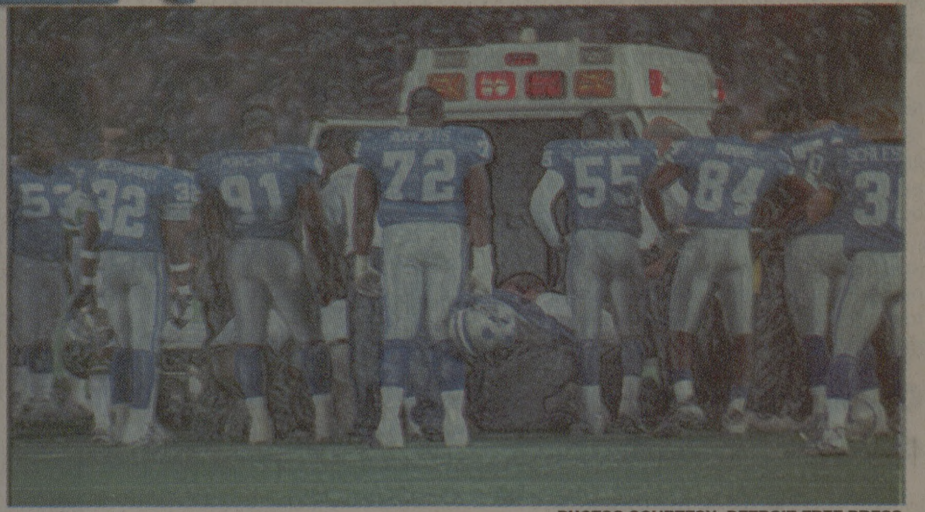


# ONE FROZEN MOMENT



PHOTOS COURTESY: DETROIT FREE PRESS

## Texas A&M's Brown once again defined by his heart

By JEREMY FURTIK  
 Sports Editor

"I remember hitting the running back and a guy falling on top of me. I remember telling my teammates I couldn't breathe, and telling the trainer I couldn't breathe. Probably ten seconds after that, I faded away."

Reggie Brown  
 Detroit Lions linebacker

As millions of stunned viewers, teammates and fans watched Detroit Lions linebacker Reggie Brown lay on the turf during a Dec. 21 game against the New York Jets, these were the last thoughts the injured player had before becoming unconscious; they also were terrifyingly close to being his final thoughts ever.

"He was not breathing. He was turning cyanotic; his lips were turning blue," Dr. Terry Lock, Lions team physician, said. "He was struggling in an attempt to breathe, but really wasn't getting the air. At that time, we started mouth-to-mouth on him."

Brown had suffered a dislocation of the first and second cervical vertebrae, bruising the upper portion of his spinal cord and essentially

causing the complete collapse of his ability to breathe and to move his arms and legs. He was immediately administered CPR, and in a short time was given an IV, stabilized on a spine board and loaded into an ambulance.

Brown remained unconscious until arriving at the hospital. He had no idea at that point what had happened; there had not been any time for tests, so the severity of the injury was still unknown. His thoughts, however, were not focused on his condition.

"I was just feeling lucky I was alive," Brown said. "I was just so happy to see the light."

It seemed the worst was over. The transition from his near-death experience on the field to being conscious under the hospital's care appeared to put Brown in the clear. But that was not the case at all.

"When you have a contusion of the spine, you get associated swelling, you can get bleed-

ing, and all of that can damage the spine further and decrease the function of the spine," Dr. David Collon, Lions team physician, said. "He's still at risk of virtually anything, but again, the odds of serious or worse complications decrease as time goes on."

Brown underwent successful fusion surgery on the dislocated vertebrae the day after the injury. Once again, he had escaped a critical point in his attempted recovery, but again was still facing potentially devastating results.

"An injury (like Brown's) can increase in time, within hours or within days," Dr. Russell Nockels said. "This kind of injury can permanently impair someone. So it's very important that we try to retard or prevent its progression. We'll be making sure he doesn't lose ground neurologically. The fact that he doesn't make great strides is not necessarily a bad thing."

But Brown did make strides, and none more

impressive than the ones he took up to the podium at a Jan. 7 press conference at Detroit's Henry Ford Hospital before traveling to Houston to begin a stay at The Institute for Rehabilitation Research (TIIR).

Brown began his rehab at TIIR already in the upper two percent of the recovery rate of individuals who sustain his type of injury, a feat that excited and impressed his doctors in Houston.

But Brown did not simply go through the motions at TIIR; he used his charisma and caring nature to aid other patients at the institute.

"Reggie was great. He was very motivated to work and did whatever we asked him to," Sherri Barash, Brown's physical therapist, said. "He really motivated the other patients and worked with them. He wasn't like, 'I'm an athlete, leave me alone, I know what I'm doing.'"

PLEASE SEE BROWN ON PAGE 9.

## Celebration remembers life, legacy of Dr. King

By STACEY BECKS  
 Staff writer

Students and community members observed Martin Luther King Day during a birthday celebration last night in Rudder Auditorium.

Dr. Ray M. Bowen, president of Texas A&M University, welcomed the participants and said A&M could resemble King's philosophies.

"He believed people could live in communities brotherly love," he said. "The A&M community needs to be an example of brotherly love."

About 400 people participated in the program remembrance of Dr. Martin Luther King Jr.

The program was sponsored by the Department of Multicultural Services, Department of Student Life and the Office of the Vice President for Student Affairs.

Kevin Carreathers, director of Multicultural Services and a co-coordinator of the program, said the celebration was a remembrance of King's life and philosophy.

"The program is to commemorate the life and legacy of Dr. King," he said. "It's to continue to

share Dr. King's dream."

During the program, Trenton Manley and Milton Lindsay, students at Neal Elementary in Bryan, together presented what King meant to them.

They ended with the statement "Be thyself, young, gifted and black," with a standing ovation from the audience.

Becky Pettit, head of the Office of Diversity Education and co-coordinator of the Martin Luther King Day program, said the program was a way to link Texas A&M to the surrounding community.

"It's a great opportunity to collaborate with the community," she said. "We have always gotten a good response to the program."

Eric Curley, president of Alpha Phi Alpha fraternity, said he thinks so many people show up because of King's contributions to all people.

"The reason it gets such a good response is because of who we are honoring," he said. "Dr. King helped not just black people, but people as a whole."

Curley said the entire Alpha Phi Alpha fraternity attends this program every year because King was a member of Alpha Phi Alpha.



BRANDON BOLLUM/THE BATTALION

Trenton Manley and Milton Lindsay of Neal Elementary in Bryan explain what "Dr. Martin Luther King Means To Me" at a celebration Monday night in Rudder Tower.

## Winter holiday prompts closure, limited hours at some B-CS stores

By KELLY HACKWORTH  
 Staff writer

Some Bryan-College Station businesses experienced a decrease in revenue when the majority of Texas A&M University students left the area during the winter break.

Several businesses decreased their hours, while others closed altogether. Although the owners felt the

"The winter break is the worst because more people leave town for the winter break than any other holiday."

AARON BROWN  
 MANAGER, SWEET EUGENE'S

absence of the students, the permanent residents of Bryan-College Station continued to support the area businesses during the break.

The businesses which suffered the most were those closest to campus and in the Northgate area.

Aaron Brown, manager of Sweet Eugene's in College Station and owner of the Copasetic Cafe, said Eugene's business was cut in half during the break.

"Even though the permanent residents come out more once the students are gone, there is still a significant drop," Brown said. "The winter break is the worst because more people leave town for the winter break than any other holiday."

Double Dave's Pizza in Northgate saw a greater drop in business than their other area locations.

Double Dave's manager Kevin Hartley said the restaurant lost about 50 percent of its business during the break. Hartley said they also closed their doors two hours earlier than usual.

Some businesses opted to cut costs by closing down during the winter break.

Burton Creek Pub closed for the entire break, and Freebird's in Northgate remained open for 10 days before closing for renovations. The Copasetic Cafe in Northgate also closed in anticipation of a slower crowd.

Bullwinkle's Grill and Bar in College Station saw little change in its lunch and dinner crowd, but alcohol sales decreased.

The College Station Chili's business was slower, but activities at the George Bush Presidential Library kept business steady throughout the break, manager Mark Koenig said.

Business at Jason's Deli was "down considerably," manager Audra Larkins said.

She said the lack of A&M students attributed to the decrease.

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 Hook up with state and national news through the Wire, AP's 24-hour line news service.

## Beutel aims to educate students on keeping their New Year's resolutions

By AMANDA SMITH  
 Staff writer

With a number of Texas A&M students making New Year's resolutions, The Beutel Health Center is providing information and programs to help students with goals for good health.

Dr. Jane Cohen, a nutritionist at the health center, said students must have a plan when laying out healthful resolutions for the new year.

"Students need to give specifics when they declare their New Year's resolutions," Cohen said. "(They can be) like running 30 minutes a day or cutting down on their consumption of fatty foods."

Cohen said college students tend to show deficiencies in Vitamins A and C. Vitamin A is found in foods like broccoli, spinach and red cabbage. Vitamin C is found in fruits such as oranges and in many fruit juices, Cohen said.

"University students are smart enough to understand how to eat healthy," Cohen said. "Students may get tired over during the semester with other things."

To increase awareness this semester,

health center will continue to offer programs that include dietary analyses and programs in conjunction with the Student Recreation Center.

"This year, we are going to work on a fruit-and-vegetable emphasis," Cohen said. "Part of the population has varying problems with food issues."

As part of the healthful awareness activities this semester, the health center will offer a week of programs on maintaining a healthy weight at the end of January and a week pro-



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**health factoid**  
 College students tend to show deficiencies in Vitamins A & C, which are found in vegetables and fruits.  
 —Dr. Jane Cohen, Beutel Health Center  
 dribble-a-soribble

grams focused on eating disorders like anorexia and bulimia at the end of February.

Both weeks will be promoted by universities across the nation.

Students on special diets or faced with weight problems may seek help at the health center, Cohen said.

In addition to healthy eating, Cohen said students should get some exercise. National recommendations are 30 minutes a day, four days a week.