#### ctober 9, hursday • October 9, 1997

# find seminar offered for sufferers of depression

## BY JENARA KOCKS with the employee assistance ioral science and humanities in med-By JENARA KOCKS with the employee assistance ioral science and humanities in med-She said symptoms of depression

Staff writer

ison or National Depression Screen-P) — Bum 1g Day, the Texas A&M Human Rewithin the ources Department will sponsor a ne symptotepression seminar for University ease for a aculty and staff from 9 a.m. to 11 dy found .m. today in 410 Rudder Tower. h, called pa According to the National Instived considente of Mental Health (NIMH), 17.6 ent years. Inillion American adults or 10 perong the largent of the population have a detion. ressive illness

relieves so Dr. Anna Jenkins, counselor

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#### medicine continued from Page 1

Leslie Polak, a freshman general studies major, said study, do he has signed up to play on College Jeopardy Online. nts and foll ihe says she enjoys Jeopardy on television and can o two yezinswer most of the questions given.

"IthinkI can hold my own," she said. "I just hope more A&M ovement tudents get involved for our school. It's too fun not to play." edication Polak said her goal is to make the Top 10 at least one ek. She said she will try to not let the online game get ound that n the way of her studies.

Polak already has recruited another student to play. Dustin Willis, a freshmen civil engineering major, d clearing oined the online game this week because Polak asked m to. He said he likes Jeopardy, but he does not think he he surgery will be any good at the game.

e-size struce "I am not as smart as most people," he said. rain callet But the game is still fun, and there are some cat-This partagories that I can answer.

City Manager Skip Noe said at the ast city workshop, that the grant to

Brazos Beautiful would help beautify

the city. He said the city wants to make

sure the expected 300,000 tourists en-

oy their visit to the library and want

said, "and we want everyone to enjoy

everything about it, including the

landscape, which says a lot about how

Brazos Beautiful, Inc. is an on-going

project with the goal of cleaning up and

Katie Gibson, recycling coordinator for Brazos Beautiful, handles the recy-

cling for the city. She said Brazos Beau-

mproving the landscape.

"We are proud of this city," Noe

#### program and a licensed psychologist, said human resources is sponsoring the event to address concerns A&M employees have about depression.

She said participants can take a 10-minute test which will tell them if they have depression or not. She said mental health professionals will be at the seminar to tell people who to contact if they need help.

Dr. David Rosen, a McMillan professor of analytical psychology and a professor of psychiatry and behav-

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gy and oceanography.

Haus was brought to Texas A&M

The camp at Hearne was disman-

tled at the end of the war, and Waters

began excavating the camp a year

ago with the help of A&M students.

Hundreds of artifacts, such as Ger-

man buttons, canteens and coins,

cult times in his life because it has

completed him as a person.

Haus said he appreciates the diffi-

"At the end of my life, I can say I've

have been recovered from the site.

by Dr. Michael Waters, a Texas A&M

professor of archeology, anthropolo-

icine, said he will give an overview of the problem and will talk about how to understand depression and what to do about it. A video about depression also will be shown

CAMPUS & STATE

Jenkins said having depression is different from "having the blues." "Depression is diagnosed if cer-

tain symptoms persist more than two weeks," she said. Jenkins said getting the blues is a normal reaction to events that up-

set people such as making a bad grade on a test.

She said symptoms of depression include a depressed mood, loss of interest in activities that a person usually found pleasure in, change in weight or appetite, fatigue or loss of concentration.

Jenkins said a person who is diagnosed with depression should talk to a doctor or mental health professional about their symptoms. She said the illness can be treated by medication and counseling.

The NIMH said that more than 80 percent of those who have depression can be treated successfully.

### Truan to run for another term

CORPUS CHRISTI (AP) — Carlos Truan, dean of the Texas Senate, ended rumors that his tenure was near an end Wednesday night by announcing that he'll run for re-election again next year.

The Corpus Christi Democrat, in a tearful speech to about 2,000 supporters, said "there is more that we can accomplish together."

This is all very emotional for me," Truan said. The announcement was particularly significant because the 28-year legislative veteran had declined to discuss his political plans in recent months. Even Democratic Party officials didn't know what he would do.

Truan, 62, has served 20 years in the Texas Senate, longer than any other lawmaker. He earlier served eight years in the state House. His tenure earned him the title of dean of the Senate in 1995.

### Continued from Page 1

"We are proud of this city and. we want everyone to enjoy everything about it, including the landscape, which says a lot about how much we care." SKIP NOE

**CITY MANAGER** 

roadways clean and improve the environment.

The Bush Foundation will help the project if approved by the City Council.

### Bush Complex to dedicate statue

"The Day the Wall Came Down," a five-horse statue, will be presented to the George **Bush Presidential Library and** Museum at 10 a.m. Saturday.

The statue commemorates the fall of the Berlin Wall in 1989 during President George Bush's administration.

The statue, which is one and a forth times life-size, is a replica of horses leaping over the broken wall. It was created by Santa Fe artist Veryl Goodnight. The sculpture is 30 feet

It was on temporary display at Georgia's Stone Mountain

Park during the 1996 Olympic Games and was installed at Texas A&M in August.

Speakers at the ceremony include Dr. Ray M. Bowen, the University president; Don Powell, chairman of the Texas

idential Conference Center and the Academic Building-West.

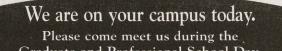
Business Education Fine Arts

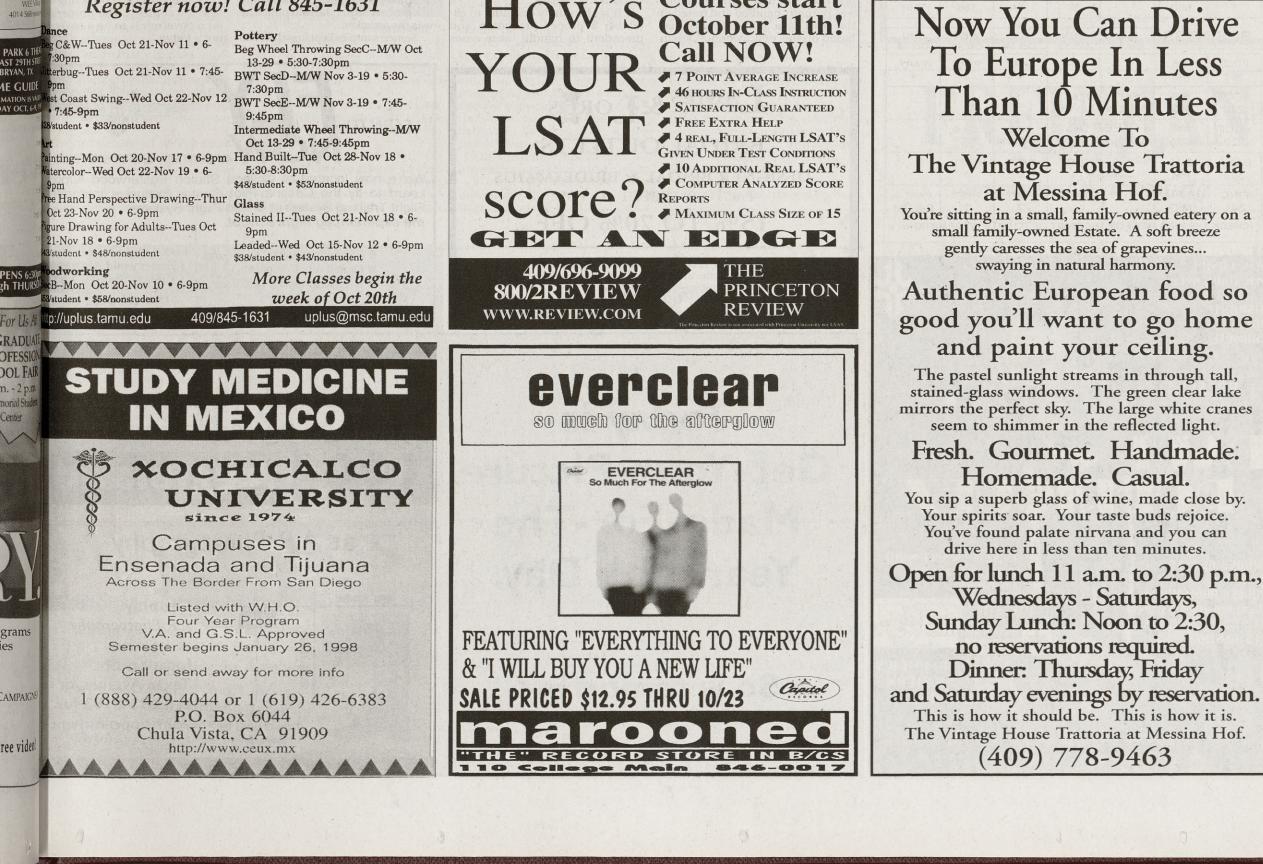
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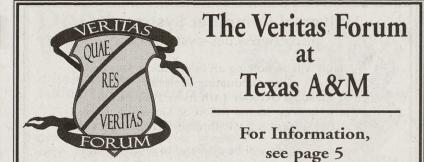
Human Sciences Humanities Law Medicine Natural Resources **Pure Sciences** Social Sciences

Graduate School?

in your future?







Law School Attend the Law School Caravan

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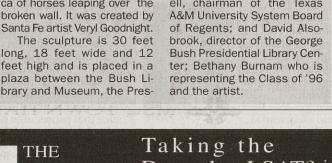
Thursday October 16, 1997 11 am to 3 pm MSC Flag Room

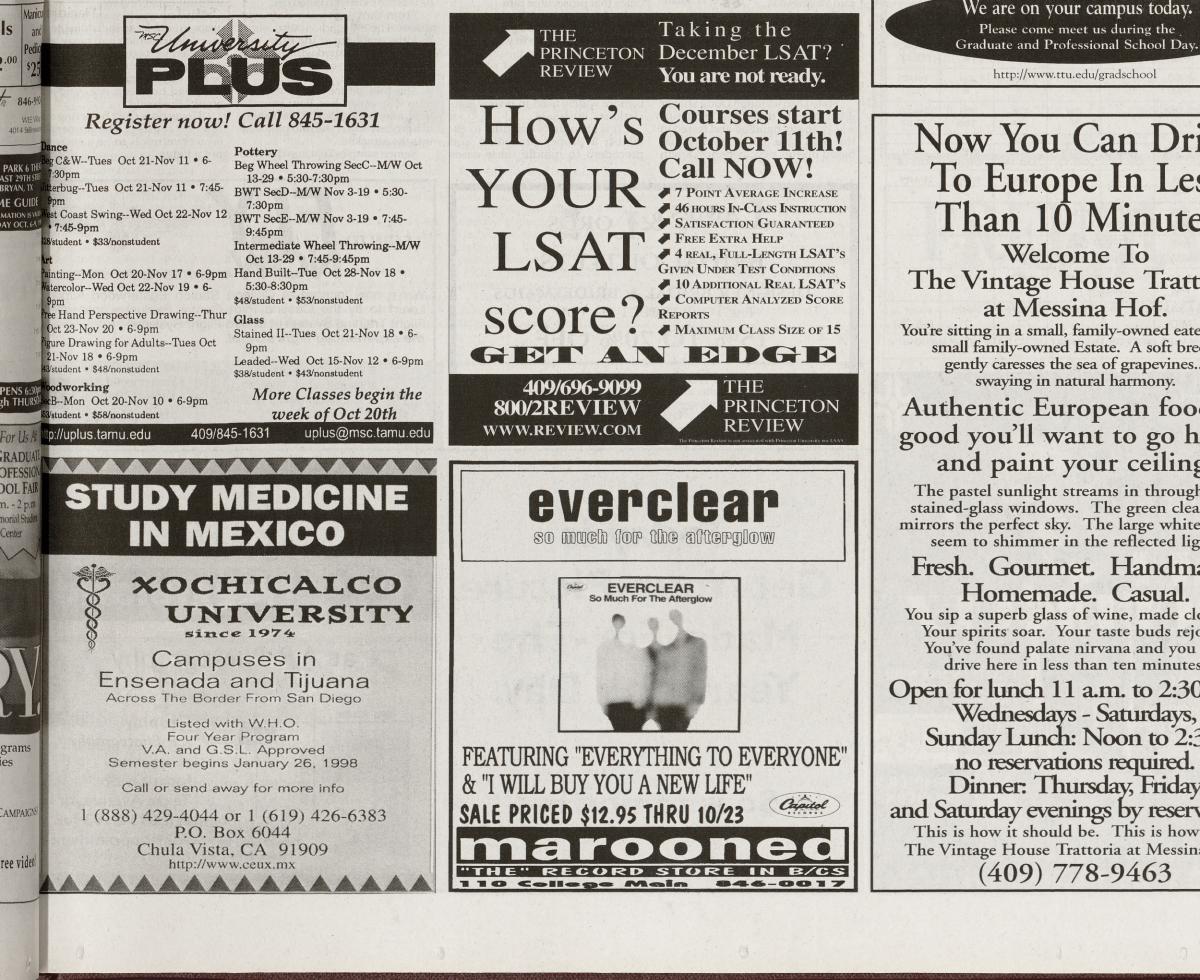
interested in

Speak with representatives from over 70 top law schools from across the U.S. Everyone is invited, from freshman to graduate level

> We have more than 80 Master's and 40 Doctoral programs. VE R

Graduate programs include: Agriculture Architecture Engineering **Health Sciences** 





seen everything," he said. "I've done everything, I have everything.' tiful is a necessity to any city to pro-

> The project encourages the community to recycle, keep highways and

mote a clean environment.