

Seminar offered for sufferers of depression

Human resources department to give free screenings for A&M staff, faculty

By JENARA KOCKS
Staff writer

For National Depression Screening Day, the Texas A&M Human Resources Department will sponsor a depression seminar for University faculty and staff from 9 a.m. to 11 a.m. today in 410 Rudder Tower.

According to the National Institute of Mental Health (NIMH), 17.6 million American adults or 10 percent of the population have a depressive illness.

Dr. Anna Jenkins, counselor

with the employee assistance program and a licensed psychologist, said human resources is sponsoring the event to address concerns A&M employees have about depression.

She said participants can take a 10-minute test which will tell them if they have depression or not. She said mental health professionals will be at the seminar to tell people who to contact if they need help.

Dr. David Rosen, a McMillan professor of analytical psychology and a professor of psychiatry and behav-

ioral science and humanities in medicine, said he will give an overview of the problem and will talk about how to understand depression and what to do about it. A video about depression also will be shown.

Jenkins said having depression is different from "having the blues."


"Depression is diagnosed if certain symptoms persist more than two weeks," she said.

Jenkins said getting the blues is a normal reaction to events that a normal person such as making a bad grade on a test.

She said symptoms of depression include a depressed mood, loss of interest in activities that a person usually found pleasure in, change in weight or appetite, fatigue or loss of concentration.

Jenkins said a person who is diagnosed with depression should talk to a doctor or mental health professional about their symptoms. She said the illness can be treated by medication and counseling.

The NIMH said that more than 80 percent of those who have depression can be treated successfully.



The Veritas Forum
at
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see page 5

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ONLINE

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Leslie Polak, a freshman general studies major, said she has signed up to play on College Jeopardy Online. She says she enjoys Jeopardy on television and can answer most of the questions given.

"I think I can hold my own," she said. "I just hope more A&M students get involved for our school. It's too fun not to play."

Polak said her goal is to make the Top 10 at least one week. She said she will try to not let the online game get the way of her studies.

Polak already has recruited another student to play. Dustin Willis, a freshmen civil engineering major, joined the online game this week because Polak asked him to. He said he likes Jeopardy, but he does not think he will be any good at the game.

"I am not as smart as most people," he said. "But the game is still fun, and there are some categories that I can answer."

POW

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Haus was brought to Texas A&M by Dr. Michael Waters, a Texas A&M professor of archeology, anthropology and oceanography.

The camp at Hearne was dismantled at the end of the war, and Waters began excavating the camp a year ago with the help of A&M students. Hundreds of artifacts, such as German buttons, canteens and coins, have been recovered from the site.

Haus said he appreciates the difficult times in his life because it has completed him as a person.

"At the end of my life, I can say I've seen everything," he said. "I've done everything, I have everything."

Truan to run for another term

CORPUS CHRISTI (AP) — Carlos Truan, dean of the Texas Senate, ended rumors that his tenure was near an end Wednesday night by announcing that he'll run for re-election again next year.

The Corpus Christi Democrat, in a tearful speech to about 2,000 supporters, said "there is more that we can accomplish together."

"This is all very emotional for me," Truan said.

The announcement was particularly significant because the 28-year legislative veteran had declined to discuss his political plans in recent months. Even Democratic Party officials didn't know what he would do.

Truan, 62, has served 20 years in the Texas Senate, longer than any other lawmaker. He earlier served eight years in the state House. His tenure earned him the title of dean of the Senate in 1995.

BUSH

Continued from Page 1

City Manager Skip Noe said at the last city workshop, that the grant to Brazos Beautiful would help beautify the city. He said the city wants to make sure the expected 300,000 tourists enjoy their visit to the library and want to return.

"We are proud of this city," Noe said, "and we want everyone to enjoy everything about it, including the landscape, which says a lot about how much we care."

Brazos Beautiful, Inc. is an on-going project with the goal of cleaning up and improving the landscape.

Katie Gibson, recycling coordinator for Brazos Beautiful, handles the recycling for the city. She said Brazos Beau-

tiful is a necessity to any city to promote a clean environment.

The project encourages the community to recycle, keep highways and

"We are proud of this city and we want everyone to enjoy everything about it, including the landscape, which says a lot about how much we care."

SKIP NOE
CITY MANAGER

Bush Complex to dedicate statue

"The Day the Wall Came Down," a five-horse statue, will be presented to the George Bush Presidential Library and Museum at 10 a.m. Saturday.

The statue commemorates the fall of the Berlin Wall in 1989 during President George Bush's administration.

The statue, which is one and a fourth times life-size, is a replica of horses leaping over the broken wall. It was created by Santa Fe artist Veryl Goodnight.

The sculpture is 30 feet long, 18 feet wide and 12 feet high and is placed in a plaza between the Bush Library and Museum, the Presidential Conference Center and the Academic Building-West.

It was on temporary display at Georgia's Stone Mountain Park during the 1996 Olympic Games and was installed at Texas A&M in August.

Speakers at the ceremony include Dr. Ray M. Bowen, the University president; Don Powell, chairman of the Texas A&M University System Board of Regents; and David Alsbrook, director of the George Bush Presidential Library Center; Bethany Burnam who is representing the Class of '96 and the artist.

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