

HEALTH BRIEFS

'Low-fat' food labels may mislead dieters

Does "low-fat" on a food label tempt you to overeat? Selecting foods labeled low-fat should not be interpreted as freedom to eat as much as you want, or to eat more later.

Eating more low-fat foods should apply to ample servings of naturally low-fat, high-nutrient foods like fruits, vegetables and whole-grain products, not processed foods like low-fat cookies and desserts. Overeating anything may result in excess calories and weight gain.

"Low-fat" is defined as having less than 3 grams of fat per serving. "Reduced-fat" items contain at least 25 percent less fat per serving than the original product. "Fat-free" means a product has less than 0.5 grams of fat per serving.

Take advantage of the low-fat versions of high-fat foods when you can, but focus on foods naturally low in fat and high in other nutrients.

If you want to have a nutrition consultation with a dietitian at the A.P. Beutel Health Center, call 845-6111.

— contributed by Jane W. Cohen, Ph.D., R.D.
A.P. Beutel Health Center

Free tests offered for HIV Testing Day

HIV testing will be available to Texas A&M University students and other Bryan-College Station residents tomorrow and Friday as part of National HIV Testing Day.

Tests will be offered Friday at the A.P. Beutel Health Center for \$18, and results should be available in two to three days. Both appointments and walk-ins are welcome.

Pre-test counseling and free HIV testing also will be available today and Friday in Bryan at Planned Parenthood and AIDS Services.

Jacques Cousteau dies at age 87

Undersea pioneer was famous for his explorations, popular TV series

PARIS (AP) — He shared his undersea adventures with millions of TV viewers worldwide, revealing the enchanting, hidden life that lay beneath the waves. Jacques Cousteau died Wednesday at 87, having left his mark on generations.

Cousteau often evoked the heavens to explain his connection to the sea. "When you dive," he once said, "you begin to feel that you're an angel. It's a liberation of your weight."

Cousteau's foundation referred to one of his most noted documentaries in announcing his death. "Jacques-Yves Cousteau has rejoined the Silent World," it said in a statement.

His wife, Francine, said Cousteau died at home in Paris before dawn after suffering a respiratory infection and heart problems. Cousteau reportedly had been ill for months.

"But his voice continues to be heard," Francine Cousteau said, vowing to "continue his struggle" by finishing the Calypso II, the research ship he was building to replace his famous boat, the Calypso, which sank last year.

Cousteau — wiry, bespectacled and often wearing a trademark red wool cap — became a household name primarily through his hugely popular television series, "The Undersea World of Jacques Cousteau," and his many documentaries. He narrated the shows in English with his soothing voice and heavy French accent beloved to generations of viewers.

But Cousteau's 60-year odyssey, much of it on the Calypso, involved more than his life as a filmmaker or great adventurer. He was also an environmentalist and inventor who co-developed the aqualung, created a one-man jet-propelled submarine and helped start the first manned undersea colonies.

Cousteau, said French President Jacques Chirac, was a legend who "represented the defense of nature, modern adventure, invention of the possible."

He won three Academy Awards for best documentary: *The Silent World* (1957), *Le Poisson Rouge* (1959) and *World Without Sun* (1965). *The Silent World*, also won him the Grand Prize at the 1956 Cannes Film Festival.

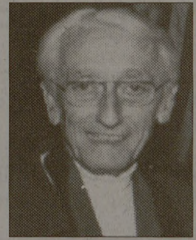
In the past 15 years, Cousteau became an eloquent advocate of environmental protec-

tion and maintaining the delicate balance of the ecosystem.

"The future of civilization depends on taming the sea's tides and temperatures, and receiving one of his many awards. I began to understand this."

Ever the innovator, Cousteau dreamed of solving the world's energy crisis by channeling the sea's tides and temperatures, and extracting essential raw materials from the ocean floor. He foresaw a day when billions of people could be fed by plantations hundreds of feet beneath the surface.

Cousteau was "a giant of a man in promoting development and environmental issues," U.N. General Assembly President Boutros Boutros-Ghali said in opening Wednesday's session of the week-long Earth Summit at U.N. headquarters in New York.



Cousteau

Ruling invalidates religious-freedom law

WASHINGTON (AP) — In a landmark decision that rebuked Congress and enraged religious groups, the Supreme Court on Wednesday struck down a law that made it harder for government to interfere with how Americans practice their faith.

The court voted 6-3 to invalidate the Religious Freedom Restoration Act, making important statements on religious freedom and the competing powers of Congress, federal courts and the states.

The ruling in a dispute between a small Texas city and the local Roman Catholic church left religious groups worrying about government intrusion and promising to revive the protections.

"This decision is a catastrophe for religious liberty in

America, but it is more than that," said Kevin Hasson of the Becket Fund for Religious Liberty. "It is a classic conflict between the courts and Congress over the allocation of power. It sets the stage for a constitutional amendment."

Reaction in Congress was immediate but those opposed to the court's ruling seemed more inclined to seek new legislation than a constitutional amendment.

"Sadly, with this ruling citizens will be forced to choose between their government and their God," Rep. Charles Schumer, D-N.Y., said as he pledged renewed efforts to enhance protection for religious expression.

Sen. Orrin Hatch, R-Utah, added, "The Supreme Court has thrown down the gauntlet, and we intend to pick it up." The justices did not say Congress has no role in protect-

ing religious freedom, but concluded that its sweeping 1993 law went too far and usurped authority from federal courts and the states.

The law required that any federal, state or local law imposing a "substantial burden" on someone's religious beliefs must serve a "compelling" government interest in the least intrusive way.

That standard would let government protect public health and safety but also would give religious minorities far more legal clout.

Marc Stern of the American Jewish Congress said that throwing out the law "means that there's no realistic federal protection for religious believers anymore. States and local governments can intrude, as long as they don't single out any faith."

House, Senate drive toward approving budget-balancing bills

WASHINGTON (AP) — Congress drove Wednesday toward historic legislation that promises the first balanced budget since the Vietnam War by extracting nearly \$140 billion in savings from Medicare recipients, hospitals serving the poor and other federal programs.

At opposite ends of the Capitol, the House and Senate neared approval of bills that broadly mirrored each other yet left battles over details for later. Both versions claim to eliminate deficits by 2002 — which would be a first since 1969 — mostly by targeting federal health care programs, selling slices of the broadcast spectrum and nicking benefits for veterans and others.

But there were key differences between the

chambers, including Senate proposals to charge better-off Medicare recipients higher monthly premiums and to slowly raise the program's eligibility age to 67 from its current 65. The House embraced neither.

Both packages largely track the budget-balancing deal struck by President Clinton and congressional leaders in May, but weeks of bargaining lie ahead for a compromise Clinton will sign. The White House wants the changes in

Medicare eligibility age and premiums removed. It also wants language ensuring that billions of dollars for children's health-care coverage are spent properly and that welfare is provided to legal immigrants who become disabled.

"We certainly understand that we need to improve the legislation further," Clinton wrote Wednesday to House leaders.

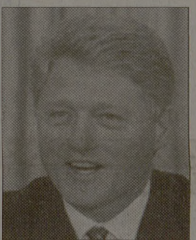
Despite the work ahead, the day was one for many members of both sides to claim victory.

The White House and Democrats claimed credit for expanding health-care coverage for children, increasing job training for welfare recipients and adding money to help poor Medicare recipients pay their monthly premi-

ums. And the legislation marked a major triumph for Republicans, whose budget-balancing agenda has dominated Washington since they captured Congress in 1994.

"Today and tomorrow we are at a historic moment," House Speaker Newt Gingrich told cheering House Republicans, also referring to Thursday's planned votes on a tax-cutting bill.

Though conservative and moderate Republicans alike strongly supported the measure, Democratic support for the spending reduction was mixed. It was especially weak in the House, where opposition was led by Minority Leader Dick Gephardt, D-Mo., a possible presidential contender in 2000.



Clinton

Former executive sues after being fired for discussing 'Seinfeld' episode

MILWAUKEE (AP) — A former Miller Brewing executive is suing after being fired for telling a woman co-worker about a "Seinfeld" episode in which Jerry tries to remember a girlfriend's name that rhymes with a female body part.

The beer company says the conversation Jerold Mackenzie had was the last straw in a pattern of inappropriate conduct. Mackenzie contends he never actually uttered the word for the body part that rhymes with Dolores but pointed it out to her from a page in the dictionary.

"Did you ever use the word clitoris?" his attorney Gerald Boyle asked him Wednesday.

"No," Mackenzie replied, explaining, "I looked the word up in the dictionary and made a copy of it so I wouldn't have to say the word."

Mackenzie said he discussed the show with several co-workers the morning after the March 1993 broadcast, not to titillate, but because "I was surprised that passed through the censors. How could they do that?"

After a brief discussion about the show with co-worker Patricia Best, he made the copy of the dictionary page and showed it to her. "Patty, look at this. This is the word in question," he recalled telling her.

"She said, 'I don't want to talk about it,' and turned

around and walked out of my office," Mackenzie said. Best said she was uncomfortable with the discussion and told Mackenzie he had crossed the line. She also told a superior, and within a week Mackenzie was fired.

In the episode of the NBC sitcom, Jerry Seinfeld's character is dating a woman but can't remember her name and is too embarrassed to ask. She hints that it rhymes with a female body part, and Jerry wracks his brain, coming up with such possibilities as Mulva. Only after the woman realizes Jerry doesn't know her name and runs off does he remember and screams out "Dolores!"

Mackenzie, who was 51 when he was fired, was making about \$95,000 a year as a distributor information manager for the brewer and said he has been unable to find a job since.

Miller attorney Mary Pat Ninneman testified that Mackenzie had been lectured about inappropriate behavior after his secretary accused him in 1989 of sexually harassing her.

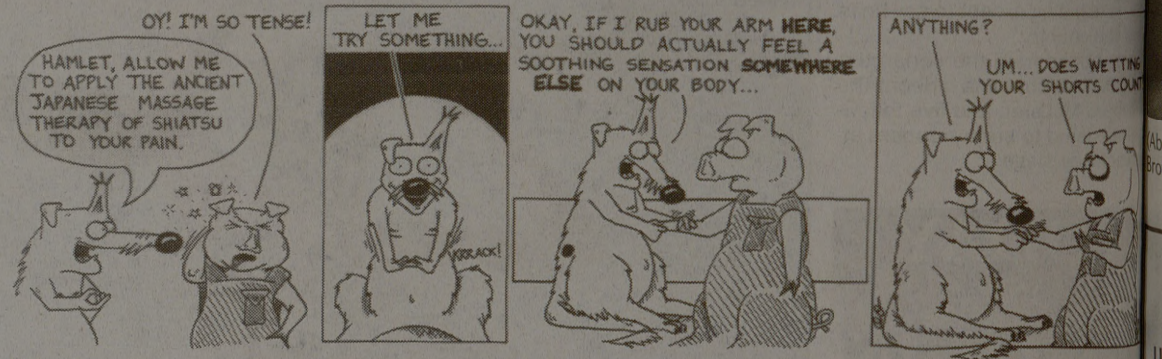
Mackenzie testified that the lawsuit was settled out of court, and he denied harassing the secretary.

Ninneman testified that Mackenzie acknowledged that his actions toward his secretary were inappropriate, cried and promised never to behave that way again.

WEATHER OUTLOOK

SATURDAY	SUNDAY	MONDAY
Partly Cloudy High: 94° Low: 74°	Thunderstorms High: 95° Low: 75°	Partly Cloudy High: 95° Low: 75°

Sketch



By Quatro

IMPROVE YOUR WEALTH- BY SHARING YOUR HEALTH

Here are 81 good reasons to become a plasma donor at Westgate Plasma Center: \$80 dollars in your first two weeks, and you save lives. If you have any questions about donating Plasma or wish to set up an appointment please call us at 846-8855 or 268-6050.

*** VALUABLE COUPONS ***

NEW DONORS: Receive an extra \$5 on your first donation.	CURRENT DONORS: Receive an extra \$10 when you bring in a friend and they donate four times in their first 2 weeks.	OLD DONORS: Receive an extra \$5 on your next donation if you haven't donated in 2 or more months.
--	---	--

IMPORTS T-SHIRTS POSTERS TEXAS MUSIC BUY & SELL USED CD'S

PUNK ROCK RAP REGGAE BLUES JAZZ COUNTRY CLASSICAL

SPECIAL ORDERS ALWAYS WELCOME

marooned

"THE" RECORD STORE IN B/C'S
110 College Main 846-0017

THE BATTALION

Stew Milne, Editor in Chief

Helen Clancy, Managing Editor
John LeBas, City Editor
April Towery, Lifestyles Editor
Kristina Buffin, Sports Editor
James Francis, Opinion Editor

Jody Holley, Night News Editor
Tim Moog, Photo Editor
Brad Graeber, Graphics Editor
Jacqueline Salinas, Radio Editor
David Friesenhahn, Web Editor

STAFF MEMBERS

CITY: Assistant Editors: Erica Roy & Matt Weber; Reporters: Michelle Newman, Joey Schlueter & Jenara Kocks; Copy Editor: Jennifer Jones
LIFESTYLES: Rhonda Reinhardt, Keith McPhail & Jenny Vrak
SPORTS: Matt Mitchell & Jeremy Furtick
OPINION: John Lemons, Stephen Liano, Robby Ray, Mandy Cater, Leonard Callaway, Chris Brooks, Dan Cone, Jack Harvey & General Franklin
NIGHT NEWS: Assistant Editor: Joshua Miller

PHOTO: Derek Demere, Robert McKay, Ron Angkriwan & Pat James
GRAPHICS: Quatro Oakley, Chad Mallam & Ed Goodwin
RADIO: Tiffany Moore, Will Hodges, Missy Kern
AMY MONTGOMERY, Sunny Pemberton, Joey Schlueter, Michelle Snyder & Karina Trevino
WEB: Craig Paul
OFFICE STAFF: Stacy Labay, Christy Cloudus & Mandy Cater

News: The Battalion news department is managed by students at Texas A&M University in the Division of Student Publications, a unit of the Department of Journalism. News offices are in 013 Reed McDonald Building, Newsroom phone: 845-3313; Fax: 845-2647; E-mail: Batt@tamvm1.tamu.edu; Website: http://bat-web.tamu.edu
Advertising: Publication of advertising does not imply sponsorship or endorsement by The Battalion. For campus, local, and national display advertising, call 845-2696. For classified advertising, call 845-0569. Advertisements are in 015 Reed McDonald, and office hours are 8 a.m. to 5 p.m. Monday through Friday, Fax: 845-2611
Subscriptions: A part of the Student Services Fee entitles each Texas A&M student to pick up a single copy of The Battalion. Mail subscriptions are \$20 per semester, \$40 per school year and \$50 per full year. To change your subscription, call 845-2611.
The Battalion (ISSN #1055-4726) is published daily, Monday through Friday during the fall spring semesters and Monday through Thursday during the summer session (except University holidays and exam periods) at Texas A&M University. Second class postage paid at College Station, TX 77840. Postmaster: Send address changes to The Battalion, 015 Reed McDonald Building, Texas A&M University, College Station, TX 77843-1111.