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THE BATTALION

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Swastikas smeared on Army barracks

any place, any time." Special Forces commander

Brig. Gen. Kenneth Bowra,

saying he wanted to re-em-

the 950-man unit containing

Special Forces in a support role.

The 80-room barracks are

similar to a college dormitory,

with each room housing a single soldier. Officials said six of the

rooms smeared with the two-

foot-square swastikas were occu-

pied by black soldiers and the

other two rooms were empty at the time of the incident, which

Most of the soldiers housed in

FORT BRAGG, N.C. (AP) — Fort Bragg, Pentagon spokesman Eight doors in an Army barracks housing Special Forces soldiers room for it in the U.S. military, were smeared with red swastikas early Tuesday. Black soldiers lived in six of the vandalized rooms.

About 350 soldiers were tem-porarily restricted to their twophasize the Army's "zero tol-erance of racism," met Tues-day with the 1st Battalion, 7th Special Forces Group building compound while military authorities investigated. Soldiers were only allowed to leave the barracks area after the restricted soldiers. they spoke with investigators.

"The chain of command is the two L-shaped buildings are very serious about this," said base spokesman Walter Sokals-ki. "Something like this will not younger men assigned to the Most are in training to reach the be tolerated. rank of sergeant, a process that takes at least three years.

Three white Fort Bragg-based soldiers of the 82nd Airborne Division were charged last December in the racially motivated mur-ders of a black man and woman in nearby Fayetteville. Two were said to have ties with neo-Nazi skinheads. The slayings touched off an Army-wide investigation of extremist activity.

Asked about hate crimes at

Study: Fitness helps compensate for smoking

happened around 5 a.m.

CHICAGO (AP) — Being physically fit is such a powerful force for health that even smokers with high blood pressure and high cholesterol who are in good aerobic shape tend to live longer than nonsmoking couch potatoes who are otherwise

healthy, a study found. "Low fitness, which of course is caused primarily by a sedentary way of life, is really a very im-portant risk factor" for early death, said lead author Steven N. Blair, director of research for the Cooper Institute for Aerobics Research in Dallas.

His team studied 25,341 men and 7,080 women who received physicals at the clinic between 1970 and 1989. After an average of 8 1/2 years of follow-

up, 601 men and 89 women had died. The one-fifth of men who were least fit, as mea-sured in a treadmill test, were found to be 52 per-cent more likely to die over the study period than the two-fifths of men who were most fit, the researchers found.

That figure was derived from a statist analysis that controlled for differences in o traits that affect death risk, such as

weight, researchers said. Men who were most fit and who smoked high blood pressure and high cholesterol still a 15 percent survival advantage over the leas who didn't smoke or have high blood pressur high cholesterol, Blair said

Similar trends were found among the wo Subjects in the study who were most fit got exercise than the minimum recommended b geon general — 30 minutes of accumulated mo activity daily. That could be by adding jogg swimming two or three times a week, Blair said. Subjects in the low-fit group did less that

minimum 30 minutes a day, he said. Findings of the study were published in today

issue of The Journal of the American Medical sociation, based in Chicago.

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omeone outside the unit have entered the building. Although the barracks supposed to be locked, people Vol. 102

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peared to come and go f Tuesday afternoon, includ pizza delivery man. Fort Bragg officers

Special Forces spokes Capt. Cabot Gatlin said inv gators were uncertain who

allow reporters to interview of the troops housed in

Some black soldiers of base said they had not denied the Army had a pr with racism

The Special Forces, the Vietnam era as the G Berets, are specially tra enemy lines and to liais

foreign military forces. Fort Bragg also headqu ters the U.S. Army Special erations Command and 82nd Airborne, which is co posed of paratroopers.

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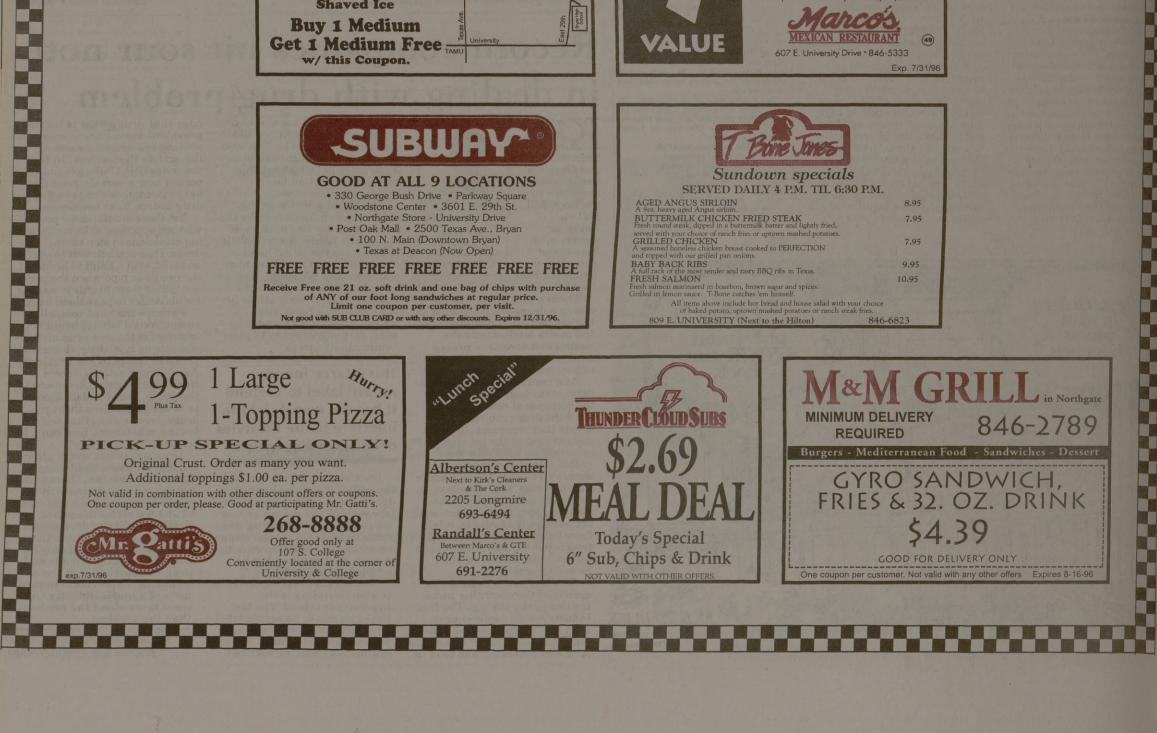
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