

# Jobs On Campus

## Student Workers Wanted.

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Student Employees are an important part of our work force and are valuable to our efforts of providing the campus community with a quality dining service program.

Employment with the Department of Food Services is not "just a job", but a positive part of your university experience. We are proud of TAMU Food Services and the contribution we make to the university. Come be a part of the team!

- Starting Pay Rate: \$4.70 per hour.
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- Most student employees average 15 hours per week, depending upon individual circumstances.

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•Commons Dining Center	845-1842	•Time Out (Rec Center)	862-1374
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For additional information call the  
Department of Food Services Personnel Office at 845-3005.

Tuesday - Thursday

Apply now at the location of your choice or attend the

### Food Services Job Fair

Friday, January 19, 1996  
MSC Room 201 10 a.m. - 4 p.m.

## Students go N.U.T.S. for nature preparing for 300-mile Eco-Challenge wilderness trek

By Rachel Barry  
THE BATTALION

When a light rain began to fall, Damion Estrada had a moment of inspiration.

His legs sore from a hike and his body tired from the elements, Estrada looked at the mountain lake before him and realized, "this is what it is all about."

Marco Thornton, a junior psychology major was with Estrada, also a junior psychology major, at that lake.

A few months later, it would be the memories of their adventures in Glacier National Park and the idea of spending eight to 10 days on an extreme outdoor expedition that convinced the two to go N.U.T.S.

Thornton and Estrada began with a few fliers around campus in the hope of bringing together students who have a love of nature and the drive to physically challenge themselves in the Natural Ultimate Training Survivalists club.

Their idea was that, in 1997, the club would be prepared to put together a team of five members to participate in the Eco-Challenge, a 300-mile trek through the wilderness, including mountain climbing, white water rafting and hiking.

Thornton's desire to actively enjoy the outdoors is a major part of his motivation in his training for the Eco-Challenge.

"It gives you an appreciation of another side of life that you don't get to see living in a city or in the middle of campus," he said.

Getting members off campus and into shape is one of the main goals of the club.

Thornton said the group will take field trips to areas where it can practice rock climbing and mountain biking.

The setting of a mountainside or a river can provide a better atmosphere for exercise, he said.

"There's something about the time when you get to be alone in nature and see first-hand the things you see in the pictures," Thornton said. "It puts life in perspective. It makes you realize your place in the world."

Julie Sanchez, a member of



Kevin Potts, a junior biology major, takes a fall on a N.U.T.S. trip.

N.U.T.S. and a junior business management major, said she finds exercising outside more appealing than the thought of working out inside on a piece of machinery.

"You are actually looking at different things around you, rather than looking at how far you have gone or how many calories you have burned on a treadmill," she said.

Thornton said the club will focus around four main points, including training for physical fitness and learning about health, nutrition and first aid.

**"It gives you an appreciation of another side of life."**

— Marco Thornton  
cofounder of N.U.T.S.

He said being physically fit is important, but the team must also be prepared in case of an emergency during the Eco-Challenge.

He also said knowing the technical aspects of each event is imperative to successfully complete the course.

"You have to be in awesome shape, but you also have to

know exactly what you have to do," he said. "You can't just canoe, you have to canoe properly for 50 miles when you're already tired."

The key to completing the Eco-Challenge, Estrada said, is finding the drive to keep moving in the most extreme conditions. In last year's Eco-Challenge, only 29 of the 50 teams that began the race finished it.

"You have to have a mental toughness," he said. "That was the reason you were in the Eco-Challenge in the first place. It is an absolute sheer will, and you can't train for something like that."

Thornton said since the club is so new, it gives members the opportunity to determine how the club will run.

Estrada said the club still has many changes in store for the future.

"We're a baby, and we're just looking to grow," he said.

The training needed to prepare for the Eco-Challenge may seem extreme, but Thornton said he wants to be sure to keep members from getting burned out.

"The minute it stops being fun and starts being work," he said, "we'll stop, because that's not what we want."

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