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Universidad Autónoma de Guadalajara
SCHOOL OF MEDICINE

SUMMER '96
Study Abroad in Italy

Informational Meetings
 Oct. 31 (Tue) 4:45 p.m.
 or
 Nov. 1 (Wed) 5:00 p.m.
 in
358 Bizzell Hall West

Pick up an application at the meetings or from
 Dr. J. Robertson
 315D Bolton

Study Abroad Programs, 161 W. Bizzell Hall, 845-0544

SIGMA PHI EPSILON
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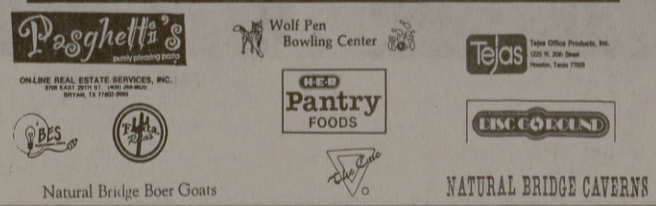
HAUNTED HOUSE

October 27, 28, 29 & 31
 behind the WOLF PEN bowling alleys

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| SCIENCE AND ENGINEERING | | | | |
|----------------------------------|---|-------------------------------------|-------------------------------|------------------------|
| | SUN. OCT. 29 9 PM - 12 AM | MON. OCT. 30 11 PM - 1 AM | TUES. OCT. 31 11 PM - 1 AM | |
| PHYS 201 | PRAC TEST for Dr. Ford, Dr. Clark & Dr. Welch | PRAC TEST for Dr. Clark & Dr. Welch | PRAC TEST for Dr. Ford | |
| | SUN. OCT. 29 | MON. OCT. 30 | TUES. OCT. 31 | WED. NOV. 1 |
| CHEM 102 Dr. Hughbanks | 7 PM-9 PM CH 19 | 9 PM-11 PM CH 20 | 9 - 11 PM CH 28, 29 | 9 - 11 PM PRAC TEST |
| | MON. OCT. 30 | TUES. OCT. 31 | WED. NOV. 1 | THURS. NOV. 2 |
| CHEM 101 5 - 7 PM | CH 9 | CH 10 | CH 11 | CH 12 |
| CHEM 101 7 - 9 PM | CH 9 | CH 10 | CH 11 | CH 12 |
| BUSINESS | | | | |
| | MON. OCT. 30 | TUES. OCT. 31 | WED. NOV. 1 | THUR. NOV. 2 |
| ACCT 230 5 - 7 PM | PRAC TEST | PRAC TEST | | |
| ACCT 229 7 - 9 PM | CH 9 | CH 10 PART I | CH 10 PART II | CH 11, 12 |
| ACCT 229 9 PM - 11 PM | CH 9 | CH 10 PART I | CH 10 PART II | CH 11, 12 |

Please look for our schedule in the Battalion on Thursday, & Monday.

NEWS BRIEFS

Administrative positions shuffled at Texas A&M

Texas A&M is shuffling administrative positions to fill the holes that will be left when Dr. Charles Lee, interim executive vice president and provost, leaves the University to work for the System office.

Dr. Dale Knobel, Office of Honors Programs and Academic Scholarships executive director, has been named interim associate provost for undergraduate programs and academic services. Knobel takes over for Dr. Sallie Sheppard, who was named as the new interim executive vice president and provost.

Susanna Finnell, honors programs and scholarships associate director, will fill in for Knobel on an interim basis.

Both appointments are effective Nov. 1.

Trial set to begin in suit against implant insurers

DETROIT (AP) — Trial of Dow Corning Corp.'s lawsuit to determine how much its insurers should pay toward its costs of settling and defending against breast-implant litigation is set to begin this week.

Dow Corning, once the largest manufacturer of breast implants, has been the target of hundreds of thousands of lawsuits by women who allege the devices caused a variety of diseases, ailments and disfigurement.

The insurers have maintained that Dow Corning failed to disclose important facts about its silicone breast implants when it bought the contested policies, and that some of its litigation costs have been unreasonable.

The insurers had covered Dow Corning's costs of defending, settling and paying judgments for breast-implant claims until the company was flooded with the liability lawsuits in 1992, company attorney Scott Adams has said.

Separatists make appeal on eve of Quebec vote

MONTREAL (AP) — The two sides in Quebec's bloodless but bitter war of secession made final appeals Sunday to the undecided voters who will cast the crucial ballots in the vote on splitting from Canada.

"We know we have a chance to win — let's grasp it," separatist leader Lucien Bouchard told one of the final rallies before Monday's referendum.

About 82 percent of Quebecers are French-speaking, and a majority are likely to support independence, according to polls. But an overwhelming majority of English-speaking and immigrant Quebecers are expected to vote to stay in Canada.

Electric heart implanted in 64-year-old man

LONDON (AP) — A British-American team has implanted a permanent artificial electric heart into a man given six months to live, doctors announced Sunday, heralding a new advance, particularly for older patients.

Although the device was made in the United States, its use is forbidden there except as a temporary measure.

A 64-year-old retired London film producer received the American-designed device, driven by batteries worn round the waist or in an under-armed holster, in a three-hour operation Oct. 23 at the John Radcliffe Hospital at Oxford.

A cardiac team at the John Radcliffe hospital has been working with the Texas Heart Institute, which helped devise the technology, and Dr. Robert Jarvik, the U.S. biomedical pioneer.

Colonias Program fights isolation in impoverished communities

The community center on the Texas-Mexico border will provide educational opportunities for families and teen-agers.

By Leslie New
 THE BATTALION

Imagine living on a dirt road in substandard conditions near the Texas-Mexico border. There is no running water, no sewage, no transportation and the typical family annual income is \$7,000 to \$11,000.

Information from the Texas A&M College of Architecture's Center for Housing and Urban Development said that for the 350,000 residents of the Colonias, a group of rural subdivisions along the border, this is a reality.

Kermit Black, center director, said several isolation factors exist that constrict these communities' efforts to improve. The rural aspect of the communities, limited public transportation, inadequate knowledge of assistance and education programs, and illiteracy affect the communities, he said.

"Two-thirds of the population don't read or write English," Black said, "and one-half of those don't read or write any language."

To combat these isolation factors, Black said, the center has built four community centers along the border that recruit program providers in a shared time/shared space basis.

Ground was broken Saturday for a fifth center, near Laredo, in Colonia Large Vista. The community center is estimated to be completed by April 1996 and will also recruit program providers.

"Two-thirds of the population don't read or write English and one-half of those don't read or write any language."

— Kermit Black
 director, Texas A&M College of Architecture
 Center for Housing and Urban Development

The program providers range from the Boy and Girl Scouts of America and various health programs to income-tax assistance and education programs.

Black said resident involvement is fostered to give residents ownership in the community center and build positive relationships with the program providers.

"When we open the fifth center, we will invite the mothers to bring their children to the center and have the children put their hand prints and initials in the hallway," Black said. "This gives them a sense

of ownership in a non-threatening way."

The residents of the Colonias use the centers frequently, Black said, with some centers having 4,000 clients contacts a month. It is hard to measure success in terms of literacy, health care drop-out levels, but the center is collecting baseline information for future studies.

The Colonias Program was originally created by the 1991 Legislature and has been renewed by the 1993 Legislature and 1995 Legislature. The program has received \$580,000 from the state and \$500,000 from the federal government. The next five planned centers are currently in the planning stage.

"It falls under the program now or pay me a lot more," he said. "If we help them, they'll wind up our payroll in the form of fare or incarceration."

Dr. Walter Wendler, dean of Architecture, said the program had an initial success process that entailed building relationships, getting organized and evolving programs. "I think the program is excellent," Wendler said. "The kind of outreach program has the reputation for."



HEALTH TIPS

Treat Halloween tricksters with healthy, low-fat foods this season

By Heather Korb
 A.P. BEUTEL HEALTH CENTER

Halloween is filled with images of ghouls, goblins and witches, but the main reason people celebrate this holiday is for free candy. After a long night of going door-to-door, it is fun for kids to go home to pour out their bag of goodies and see how much candy they can eat before they get sick.

This Halloween, why not give out healthy treats? A typical Halloween bag might include Hershey bars, Junior Mints and Sweet Tarts. Healthy alternatives include low-fat, low-sugar items such as sugar-free gum or candy, fat-free Cracker Jacks, individually wrapped Rice Crispy treats, raisins, pretzels, animal crackers or peanuts.

Other suggestions are inexpensive plastic toys such as glow-in-the-dark rings or, if you have any extra change laying around, give out money. Instead of trick-or-treating, rent a scary movie or plan a costume party where you serve caramel apples made with fat-free caramel topping.

If you are giving out or enjoying traditional Halloween candy, try smaller sizes for less fat and calories. A regular bag of M&Ms has 250 kilocalories and 13 grams of fat while the fun size has only 106 kilocalories and 6 grams of fat.

A chocolate bar is 260 kilocalories and 17 grams of fat, but a mini-bar has only 50 kilocalories and 3 grams of fat. Instead of chocolate, give out candy corn (1/4 cup) which has 182 kilocalories and 1 gram of fat. Also, six pieces of hard candy

have only 108 kilocalories and .3 grams of fat. The number of overweight children has increased from about 15 percent to 20 percent in the past decade. It is our responsibility to them to appreciate healthy eating so they develop nutrition-related diseases, such as diabetes, diabetes or high blood pressure.

It is OK to have a few sweets once in a while as long as the main part of the diet is nutritionally balanced.

A regular bag of M&Ms has 250 kilocalories and 13 grams of fat, while the fun size has only 106 kilocalories and 6 grams of fat.

Fatty and sugary foods make up too much of the typical American's diet. The bulk of our diet is six to 11 servings, should come from the starch group for energy. A person needs three to five servings of fruit for vitamins, minerals and fiber. Finally, two to three servings of both dairy and the meat/protein groups are needed daily for calcium and iron. Fats, oils and sweets should only be used sparingly.

For more information on healthy eating, students can contact the Health Education Center at 016 A.P. Beutel Health Center.

Want \$500⁰⁰ Easy Money?

Coming Soon from the Graduate Student Council!

2nd Annual Research Poster Contest

November 29th and 30th

First Prize in Each Graduate Category ... \$500.00 min.
 Undergraduate Category First Prize ... \$250.00 min.

Informational Meeting October 30th @ 5:00 p.m.
 in Governance Room of the Koldus Building

Abstracts and Applications Due By November 15th to Graduate Student Council Office, 129 Koldus or to Office of Student Life Programs, 112 Koldus.

For more information call the GSC Office 862-1974

THE BATTALION

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