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HELP WANTED

ATHLETE'S FOOT STUDY
PATIENT VOLUNTEERS NEEDED FOR RESEARCH STUDY OF NEW INVESTIGATIONAL MEDICINE FOR ATHLETE'S FOOT
* Free physical exam, treatments, study medications and lab tests available for qualified participants
* Patient stipend available for qualified participants
* Ages 12 years and above
* No topical (prescription or over-the-counter) treatment in the last 2 weeks
For Details, call:
G&S Studies, Inc.
846-5933

2bdrm-1bth duplex. Large backyard. Pets accepted. 10 minutes from campus. \$455/mo. 778-8698.
Available in August. Fourplexes, Southwood Valley Duplex, Bryan. \$410-550. 846-3391.
Charming 1 bedroom cottage in Heame. Furnished \$350/mo., unfurnished \$300/mo. (409) 279-2355.
WASHER/DRYER, 2bdrm-1 1/2bth, new carpet, \$525/mo. Manuel Drive Fourplexes. 693-0551, 764-8051.
NEW DUPLEX! 3bdrm-2bth, W/D, microwave, grounds maintenance. 105 Winter Park Dr., 1 mile from campus. Univ. Dr. to Tarrow Dr., right to Autumn Cir., left to Winter Park Dr. \$897/mo. 1-800-906-1489.
2bdrm-2bth apartment. New carpet/vinyl, on bus-route, W/D, available August 1st. Get a headstart! Only \$560/mo. 693-3900.
Subleasing Apartment. Call 1-800-261-3418 after 6:45pm, Mon-Fri. Deposit waived. 1 yr. lease.
2bdrm-1bth, pool, laundry mat, patio/balcony, water & sewer paid, \$475/mo. Monterey Apartments. 268-0840.
WILL PAY \$100 Cash to someone who will rent Huntington Apartment. 1bdrm-1bth, available August 19th. Call Anne or Troy at 693-7072 for details.
Sublease '95-'96 at Forum. For more info, call Lisa 268-4533 after 1:30.
The Enclave, 2bdrm-2bth, 1 yr. old, lease through May for school term. 764-2879, 696-6883.
2bdrm-2bth apartment for sublease, Aug-Dec, Enclave. Ask for Hollie 694-3931.
GREAT APARTMENT! Full-size Wash/Dr., 2bdrm-1bth, intrusion alarm, shuttle. \$479/mo. 846-7454.
Finders Keepers Apartments, Duplexes, Houses, 4-Plexes. 696-home.
Apartment available for Summer Only! 2bdrm-1bth, \$186.25/mo. + bills. Call (713) 781-9576.
WILLOWICK APARTMENTS - AUGUST RENT FREE!! Sign by July 15th. Great rates on our spacious efficiency, 1 & 2 bdrm apartments. Features plush carpet, wall-paper, ceiling fans, walk-in closets, most utilities paid. Great community with lots of amenities. Pre-leasing now. Only a few left. NOW OPEN 8AM-8PM MON-FRI, 10AM-5PM SATURDAY & 1PM-4PM SUNDAY. 693-1325.
Duplex-Wolfpen Creek area. 3bdrm-2bth brand new. Beautiful all brick, facing amphitheater. Ready for fall term. \$900/mo. for 12 mos. All amenities including pool, hot tub, lawn care and sprinkler. (512) 327-1970 (Jay).
For rent in August. Suiters Mill 2bdrm-2 1/2bth, W/D, 1 yr. lease, \$850/mo. 764-9570.

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* FREE Local phone & cable
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1bdrm-1bth, W/D, microwave, dishwasher. New complex, security guards. 1800 Holleman Drive. Available Aug. 15th. \$560/mo. 696-6806.
Aggie Owned & Managed! Large 2 bedroom, great location, shuttle, microwave, intrusion alarm, laundry & swimming - \$459/mo. College Court 823-7039, Sonnenblck 691-2062.
Save \$200 1995-96 Forum lease. Call Travis (806) 585-6512 after 3:00pm.

FEVER BLISTER STUDY
Volunteers with a history of recurrent herpes labialis (fever blisters) needed to participate in a research study using an investigational topical preparation. Eligible volunteers may receive up to \$150. Call NOW for information.
G&S Studies, Inc.
(close to campus)
846-5933

Part-time positions available now. Cleaning, general labor, assembly & moving. Call Manpower 846-3535.
Seeking tutor for BANA 303 (statistics) A.S.A.P. Will negotiate price. Leave message for Jennifer at 690-6481.
G.A.C.C. now accepting applications for full-time assistant manager at College Station location. Retail or food experience helpful. Competitive pay and hands on training. Send resume to 308-C Parkdale Mall, Beaumont, TX 77706 or fax to (409) 899-5571, Attn: Jake.
Opportunity available in the College Station area for manager, deli/snack food/bakery type business. Good base pay + incentive bonuses and benefit package. Training, 45-50 hr. week. Send resume to 308-C Parkdale Mall, Beaumont, TX 77706 or fax to (409) 899-5571, Attn: Jake.
S.O.S. Defensive Driving. Now accepting applications for instructors. Must be at least 21 yrs. old & have a great personality. For more information, call 823-4505 (4767).
Free rent, utilities & board for female students. Requires 7-10hrs/wk of work. Call 846-3376.
Prestigious teaching position, we train, must have had Te.D.L. 5 yrs. & college experience, work evenings & Saturdays, \$5/hr. No DWI/P's, etc. 694-2122.
Telemarketers wanted promoting the circus. Work evenings that fit your schedule, 6pm-9pm, Mon-Fri. No weekends. \$5.00/hr. 846-8818.
Healthy people needed to help save lives. Approx. 3hrs/wk. at your convenience. \$130/mo. Donating plasma is so easy! Call 846-8855 for more info.
Healthy males wanted as semen donors. Help infertile couples. Confidentiality ensured. Ethnic diversity desirable. Ages 18-35, excellent compensation. Contact Fairfax Cryobank, 1121 Briarcrest Suite #101, (409) 776-4453.

MISCELLANEOUS
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PETS
AKC Siberian Husky Puppies. Absolutely gorgeous. Four white feet, perfect batman masks, beautiful eyes, sweet loving disposition, \$195. 694-2122.
ADOPT - Dogs, Cats, Puppies & Kittens. Brazos Animal Shelter. 775-5755.

REAL ESTATE
Beautifully maintained large custom home Bryan/ Sul Ross area. Trees, workshop, greenhouse, 4-3-2-2, brick floors, bay windows, shutters, fireplace, \$175,000. Perfect for professional family. 5 minutes from A&M. 3501 Spring Lane. 846-9535.
By Owner 8 1/2% 1 1/2 story 1bdrm-1 1/2bth. Very clean. Many extras. 1 acre off 1179 to Gressburg Rd. to 7997 Shady Ln. (409) 589-3654 or (512) 852-7678.

ROOMMATES
Male roommate needed. 2bdrm-1bth apartment, \$237/mo. + 12 utilities. Call Scott 268-4591.
Female roommate wanted to share 2bdrm, 2bth apartment w/full size W/D, new carpet & tile throughout. \$325/mo. + 1/2 bills. Call Marjorie/Kate at 775-2339.
Female roommate needed ASAP. Share 2bdrm-1 1/2bth apartment - fall 1995 (yr.+) Bus-route, \$262.50/mo. (pre-lease July). 647-6778.
AUSTIN: Aggie needs roommate, 4bdrm-2bth house, 08/15/95, \$340/mo. 693-1851, (512) 459-7849.

COMPUTERS
Summer Student Special - New Macintosh 575's 4/250 - \$799, 5/160/CD - \$899, 8/160/CD - \$999, 8/250/CD - \$1,049. Also refurbished Performa 475's 4/160 w/ 14" monitor - \$799, Apple 15" monitor - \$319, MacResource Computers 775-7703.
Macs & Printers for sale/lease from \$30/mo. Software, repairs, RAM/HD upgrades. MacResource, 775-7703.

DJ Music
STARZ Mobile Entertainment. Professional Sound/Lighting. Church/School Dances, Weddings, Parties. Any Occasion. 1-800-435-6065, 764-9785.
MOBILE DJ. Experienced. Weddings, Parties. Reasonable rates. Will travel. Call The Party Block at 693-6294.

ADOPTION
ADOPTION. Childless professional woman with lots of love and security seeks to adopt white newborn. Attorney involved. Medical/Legal expenses only. Call Patricia 1-800-592-1995.

'One thing true Aggies shouldn't be without'
ORDER YOUR COPY of the 1996 AggieLand when you register for fall classes. Don't miss the chance to own the nation's largest yearbook - an 864-page record of the 1995-96 Texas A&M school year. Simply select fee option 16. Just \$30 + tax.



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Class of '94 passing it on to Class of '99
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'90 Chevy Truck - Cheyenne SWB, V6, 5 speed, A/C, am/fm w/cassette, 62K. Very clean, \$7,600. Call Leighton 847-1075.
'83 Chevrolet Cavalier - runs very well, no A/C, \$1,000. Call 764-0983.
Moving, must sell 1980 El Camino. Runs good, \$500. Call 693-2040.
'92 Red Sunbird Convertible - super clean, low mileage, new tires, 10-disc CD changer, extended warranty. \$11,990. 694-2539.
'82 Chevy Pick-up, good condition, 58,000 miles, \$3,000. Call John 693-5846.

EMPLOYMENT OPPORTUNITY
Expert PC Programmer. Full-time only. Call 846-2340 or send resume to Elite Software, P.O. Box 1194, Bryan, TX 77806.
HOW TO GET LUCRATIVE PROFESSIONAL JOBS! GET A JUMP ON THE COMPETITION! LEARN THE SECRETS TO UNCOVERING THE HIDDEN JOB MARKET NOW! SMART TIPS TO SUCCESS. ORDER BOOKLET NOW! ONLY \$2 TO BERNAL PUBLISHING 8491 SUNSET BLVD / SUITE 478 / L.A. CA. 90069

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CRUISE SHIPS HIRING - Travel the world while earning an excellent income in the Cruise Ship & Land-Tour industry. Seasonal & full-time employment available. No experience necessary. For info, call 1-206-634-0488 ext. C58557.

INTERNATIONAL EMPLOYMENT - Earn up to \$25-\$45/hr. teaching basic conversational English in Japan, Taiwan, or S. Korea. No teaching background or Asian languages required. For info., call (206) 632-1146 ext. J58554.

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THE BATTALION

Wade makes All-Star team

The A&M hurdler will run in the Olympic Festival on July 29.

Staff and Wire Reports

Texas A&M's All-American hurdler Larry Wade was selected Tuesday to compete in the 110-meter hurdles for the South Track and Field Team at the 1995 United States Olympic Festival.

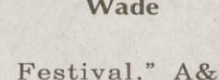
Wade, who will be a junior in the Fall, finished second in the 110-m hurdles at the NCAA Outdoor Championships in June. His time of 13.41 seconds set a school record and tied the Southwest Conference record set by the University of Houston's Cletus Clark in 1984.

Wade's finish broke the track record of 13.54 seconds, despite the fact that he was running with an ankle injury. Wade won the SWC outdoor title in April and also placed third in the 400-meter hurdles.

This performance followed a second-place finish in the 55 at the SWC Indoor Tournament with a time of 7.25 seconds in February. Wade placed third in the 55-meter hurdles at the NCAA Indoor Championships.

In Wade's freshman year, he finished third in the 110 hurdles at the SWC Outdoor Championship with a time of 14.06 seconds.

"We're very pleased that Larry has been chosen to represent the South team the Olympic Festival," A&M Head Track Coach Ted Nelson said. "His selection is a plus for our track program. The Olympic Festival is one of the premier track competitions in the United States, and we know Larry will represent Texas A&M well."



Wade

MOON

and his wife were gone a short time later, Mrs. Moon returned and told police her husband struck her in the head with an open hand saw chocked her to the point of losing consciousness. She told police she broke free. Moon and fled in her car.

Moon apparently followed her, police said, but his wife said she lost him. Mrs. Moon was brought to the police department where her statement was taken. She informed them that she did not wish to personally pursue criminal charges against Moon.

"She alleges she was struck in the head, she choked until she almost passed out," Hank Howell, the Missouri City police chief, said Wednesday. "It still an open investigation."

In Texas, authorities can prosecute crimes when the victim refuses to do so.

Better ways to get fit, beat the summer heat

DeAun Wosley is the Fitness and Recreation Coordinator for Texas A&M's Department of Recreational Sports.

DEAUN WOOSLEY
GUEST COLUMNIST



OK, so you're exercising three times a week for 30 minutes, you don't get sick very often and your energy level is above normal. Are you really physically fit? Studies have shown that optimal health is directly related to how physically fit you are.

In a recent study, the cardiovascular fitness of more than 10,000 men was measured using a minimum treadmill exercise test. It was determined that those who were moderate to highly fit lived longer than those with low fitness levels.

So while most of the health benefits of physical activity are gained by moving from a low level of fitness to a moderate one, there is much to be gained from progressing to the highest level of aerobic fitness. So how do you move into a higher level of fitness? Here are some examples:

* Instead of just fast walking 3-4 miles per hour, (which is a 15-18 minute mile) increase your speed to a 12-14 minute mile or walk up a hill, stairs or bleachers.

* Instead of your same old jogging routine, alternate jogging with running or even

sprinting. Intervals of jogging a lap or a block, then running a half lap or block boost your fitness and endurance level a great deal.

* Try adding propulsion in step classes. Propulsion moves are hopping or jumping on the step, not on the floor. Hopping or jumping on the floor is called "high impact." Propulsion, along with increasing your step height, increases your heart rate as well as the number of calories you burn.

* Outdoor cycling at greater than 10 miles per hour is much more vigorous than stationary cycling.

* High impact aerobic classes burn more calories than low impact, but only if your knees and feet are in great shape.

It's summertime and you need to exercise before that big date or exam. You head out at 4 p.m. Before you finish the first mile, you body is on fire, your face feels like it may explode with heat and you are sweating profusely.

It's possible that your temperature could be as high as five degrees Fahrenheit above normal. This is the danger zone, and fatigue and heat illness will take over.

The following tips will help you protect yourself from the onset of heat illness:

* Hydration: Fluid replacement before, during and after exercise is essential to avoid dehydration. Don't wait until you are thirsty; drink 6-8 ounces fluid every 15 to 20 minutes during exercise. Consume more fluids than you think you need before and after exercise.

* Exercise Intensity: Reduce the intensity of your workout particularly the first few times.

* Temperature: When the temperature is above 85 degrees Fahrenheit, schedule your workout early in the morning or in the evening after the sun goes down. High humidity and high temperatures are a dangerous combination.

* Fitness: Physical training and heat acclimation - the process of becoming adjusted to your environment - can increase your blood volume, helping to regulate temperature more effectively. The acclimation process can be completed in seven to 14 days of repeated heat exposure.

* Clothing: Wear minimal clothing to provide a greater skin surface area for heat dissipation. Your clothing should be lightweight, loose fitting, light colored (to reflect the sun's rays) and absorbent (such as cotton).

* Rest: Know when to stop "no" to exercise. Inadequate sleep, lack of food or fluids will make exercising in any conditions, let alone extreme temperatures, difficult. Be sure you had plenty of all three before working out.

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EYE EXAM, FREE ALCON OPTI-FREE CARE KIT, AND TWO PAIR OF STANDARD FLEXIBLE WEAR SOFT CONTACT LENSES.

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VIP RESEARCH

INFECTED WOUND STUDY
VIP Research is seeking individuals with infected cuts, scrapes, or sutured wounds for a 3-week research study of an investigational antibiotic cream. Qualified participants will receive free study medication, study supplies and medical exams. \$100 will be paid to qualified volunteers to enroll and complete this study.

HERPES VACCINE STUDY
VIP Research is seeking couples to participate in a 19 month research study of an investigational herpes vaccine. To be considered for study participation, one partner must have genital herpes while the other partner must not carry the virus which causes genital or oral herpes (cold sores/fever blisters). \$500 will be paid to each qualified couple that enroll and complete this study.

VIP Research, Inc.
For more information call
(409) 776-1417

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• Stepping Stone Parent

I. CENTER ENVIRONMENT
* Are the classrooms designed for small groups of children?
Is the playground divided for different age groups?
Are the classrooms arranged for active involvement and hands-on learning?

II. TEACHER TRAINING AND INVOLVEMENT
* Does the staff have a positive attitude towards you and your child?
Are the children spoken to gently and with respect?
Is the staff enthusiastic about children's learning?

III. PARENT INVOLVEMENT
* Is there some form of planned daily communication between teachers and parents?
Does the center provide support to families through parent education and information about the center's activities?