

REC SPORTS HI-LITES

TEXAS A&M UNIVERSITY

Tuesday, January 17, 1995

- ★ Rec Facility Hotline845-0737
- ★ Read Court Reservations 845-2624
- ★ Intramural Rain Out Info 845-2625
- ★ Outdoor Equipment Rental 845-4511
- ★ Rec Sports Office 845-7826

EXERCISE CLASSES * INFORMAL RECREATION * INSTRUCTIONAL CLINICS * INTRAMURALS * SPORT CLUBS * TAMU OUTDOORS

WELCOME BACK!

THE DEPARTMENT OF RECREATIONAL SPORTS

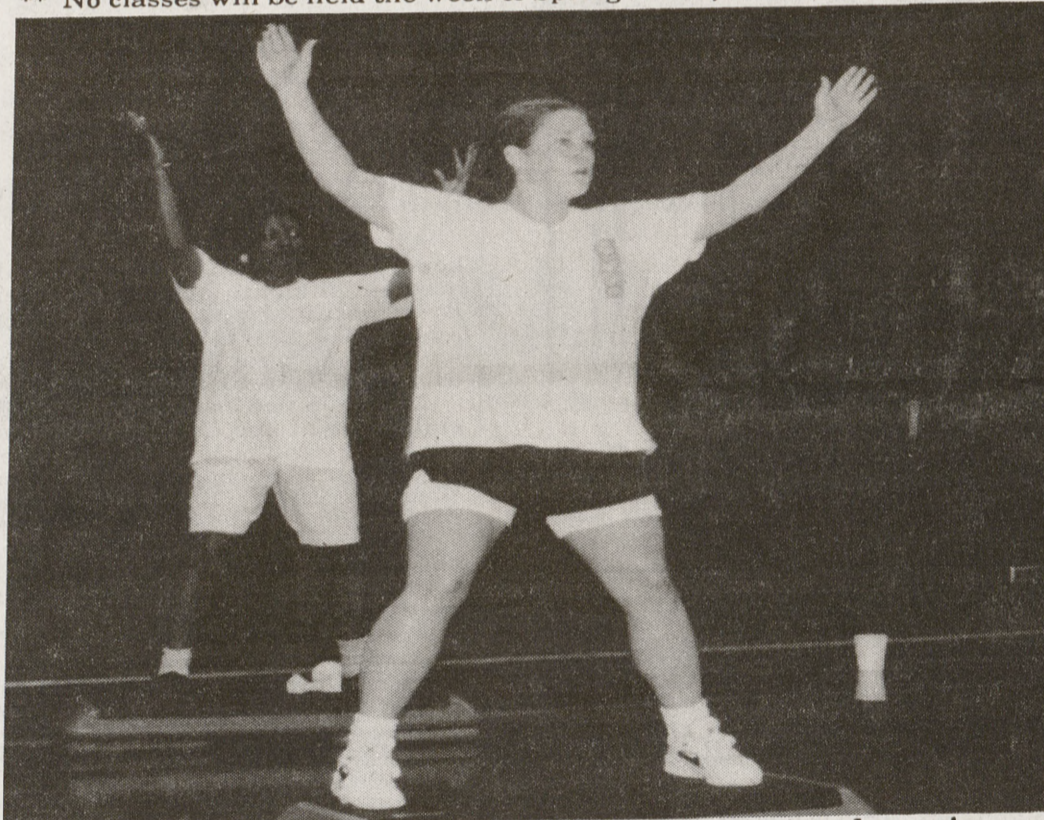
The purpose of the Department of Recreational Sports is to provide a recreational program to meet the needs of the University community. This includes exercise classes, an outdoor recreation program, a sport club program, employment opportunities for students, informal recreation, a comprehensive intramural sports program, recreation facility management and reservations. The activities, classes, and programs the Department offers are all non-credit.

EXERCISE CLASSES

Exercise classes are open to all students, faculty/staff, and their spouses. A rec membership or student ID is required to participate. All classes must have 15 people in order to be offered. Register in 159 Read or, by phone with credit card payment. Visa, MasterCard, Discover, and American Express accepted. Class size is restricted, but late registration will be offered if there are openings in any of the classes. For more information, please call 845-7826.

Class	Day	Time	Fee	Fee*	Dates**
Step & Weights	MW	12:15-1:15 p.m.	\$35	\$25	Jan. 23-Apr. 26
Combo Aerobics	MW	5:15-6:15 p.m.	\$35	\$25	Jan. 23-Apr. 26
All Step & Abs	MW	6:20-7:20 p.m.	\$35	\$25	Jan. 23-Apr. 26
Step & Weights	MW	7:25-8:25 p.m.	\$35	\$25	Jan. 23-Apr. 26
All Atep & Abs	TR	12:00 - 1:00 p.m.	\$35	\$25	Jan. 24-Apr. 27
Step & Weights	TR	5:15-6:15 p.m.	\$35	\$25	Jan. 24-Apr. 27
Combo Aerobics	TR	6:20-7:20 p.m.	\$35	\$25	Jan. 24-Apr. 27

* BRING YOUR OWN STEP AND HAND WEIGHTS AND SAVE \$10!
 ** No classes will be held the week of Spring Break, March 13-17.



Registrations are now being taken for exercise classes!

TAMU OUTDOORS

TAMU Outdoors is Rec Sports' outdoor program. It includes outdoor equipment rental, resource info, basic skill development, and adventure trips. All of these areas form a program that is designed to provide outdoor experiences for Texas A&M and the Bryan/College Station community emphasizing adventure, environmental awareness, challenge, education, personal development, safety and FUN! Come see us if you are interested in the following activities this spring:

- | | |
|------------------|--------------------|
| Backpacking | Rock Climbing |
| Canoeing | Sailing |
| Caving | SCUBA Diving |
| Hang Gliding | Sea Kayaking |
| Hiking | Windsurfing |
| Horseback Riding | Spring Break Trips |
| Kayaking | May Break Trips |
| Mountain Biking | |

Join us
for an
outdoor
adventure!

SPORT CLUBS

Sport clubs provide opportunities for students to participate in non-traditional intercollegiate competition. Clubs are encouraged to represent the University at local, regional, and national competitions.

All clubs offer skill development and gladly accept novices with a desire to participate. Sport clubs are open to all students. Listed below are the sport clubs that are currently active. For more information on the Sport Club program, call Paula at 845-3076 to obtain the name and phone number of the current club officers.

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|--------------|-----------------|---------------|-------------------|
| Archery | Judo | Rodeo | Triathlon |
| Badminton | Lacrosse, Men | Rugby, Men | Ultimate Frisbee |
| Bowling | Lacrosse, Women | Rugby, Women | Volleyball, Men |
| Cycling | Pistol | Sailing | Volleyball, Women |
| Fencing | Polo | Soccer, Men | Water Polo |
| Field Hockey | Racquetball | Soccer, Women | Water Ski |
| Gymnastics | Roadrunners | Trap & Skeet | Weightlifting |
| Handball | | | Wrestling |

"A STUDENT JOB WITH AN OFFICIAL TITLE"

So, you want to be an official!
Have we got the training and job for you!

Rec Sports sets a high standard for the intramural official. We only work with and for the best—the students of Texas A&M.

Individuals are instructed in the proper rules and techniques. It's on-the-job training. Officials learn to adjust to and cope with peers and work as a team. Hours are flexible and you get paid, too!

If you are interested in becoming a basketball or indoor soccer official, please attend the orientation meeting tonight. If you'd like to officiate other Spring semester sports, the meeting time and dates are listed below.

So... get involved... get officiating!

Sport	Date	Time	Where
Basketball	TONIGHT	7 p.m.	267 GRW
Indoor Soccer	TONIGHT	7 p.m.	267 GRW
Wallyball	Jan. 23	7 p.m.	164 Read
Slowpitch Softball	Jan. 30	7 p.m.	267 GRW

LOCKER RENTAL

Recreational lockers in the Read Building, G. Rollie White and DeWare are available for rent. Rental fee is \$14/spring & summer semester or \$8/semester. Stop in 159 Read to reserve yours today!

COURT RESERVATIONS

Feel like playing racquetball, handball or squash? Call Court Reservations, 845-2624, to reserve a court. Reservations may be made 24 hours in advance.

INTRAMURAL REGISTRATION

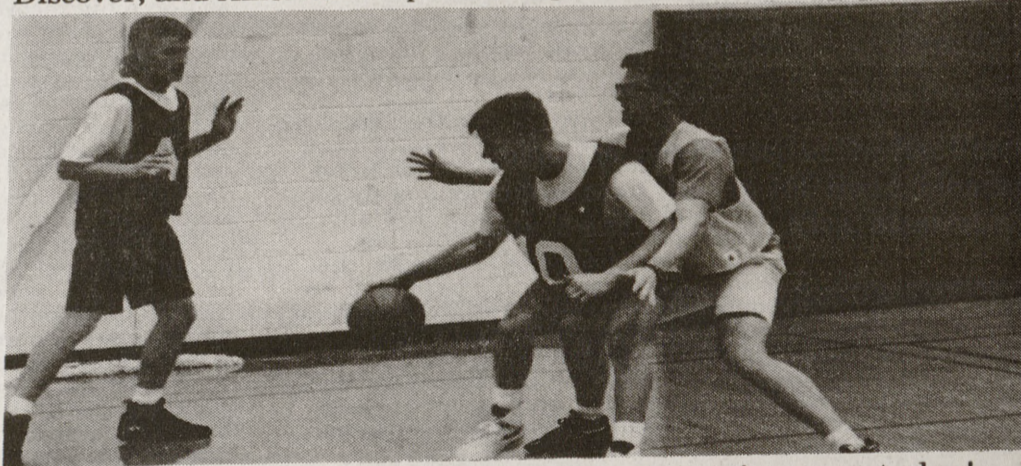
The following schedule is for the first few weeks of the 1995 Spring semester. Read the REC SPORTS HI-LITES on Mondays for more details.

Registration Dates

Sport	Open	Close	Fee
Preseason Basketball	TODAY	Jan. 24	\$10
Basketball	TODAY	Jan. 24	\$30
Indoor Soccer	TODAY	Jan. 24	\$30
Three Point Shootout	TODAY	Jan. 24	Free!
Table Tennis Doubles	TODAY	Jan. 24	Free!
Team Bowling	TODAY	Jan. 24	\$25
Wallyball	Jan. 23	Jan. 31	\$15
Squash Singles	Jan. 23	Jan. 31	Free!
Preseason Softball	Jan. 30	Feb. 8	\$10
Slowpitch Softball	Jan. 30	Feb. 8	\$30
Valentine's Day Run	Jan. 30	Feb. 8	Free!*

* Race T-shirts are available to runners for \$6.

For a complete set of rules and regulations, please stop in the Rec Sports Office, 159 Read. Registration and fees are taken in 159 Read, Monday-Thursday, 8 a.m. to 5:30 p.m., Friday, 8 a.m. to 5 p.m. Visa, MasterCard Discover, and American Express accepted.



Intramural basketball & indoor soccer entries open today!

NEEDED: FREE AGENTS

Need a team to call your own? Sign up for the Free Agent program. We'll help you get in contact with other students looking for team members in basketball, soccer, etc. Stop in the Rec Sports Office and fill out a Free Agent Form.

HEY COMMUTERS!

Start your day with a free meal

Come give us your opinion about University services and programs and have breakfast on us, FREE!

Tomorrow, Wed., Jan. 18, 7:30 - 9:30 am
Governance Room, 144 Koldus Bldg.

FOR MORE INFORMATION ON ANY REC SPORTS PROGRAM,
STOP IN THE REC SPORTS OFFICE, 159 READ, OR CALL 845-7826.

THE DEPARTMENT OF RECREATIONAL SPORTS IS A PART OF THE DIVISION OF STUDENT AFFAIRS

VISA, MASTERCARD, DISCOVER, AND AMERICAN EXPRESS ACCEPTED.