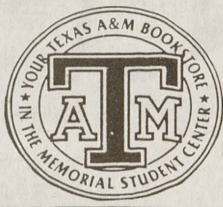


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Off-Campus Corps

Continued from Page 1

younger than they are." Robert Garcia, commanding officer for V-1, said members of the company are grateful they have an opportunity to join the Corps.

"It works well," Garcia said. "A lot of people really like the Corps but are maybe married and working 40 hours a week. There's no way to keep up with everything."

Garcia said V-1's main difference from on-campus companies

Deignan said V-1 ties in well with the Corps' main goal of preparing cadets for service as officers.

He said that to serve as an officer in the military, a person must graduate with a bachelor's degree. He said many people who enter the military after high school return to earn their college degrees so they can serve as officers.

"I was on active duty and served in the National Guard for 12 years," Deignan said. "I would have felt bad if I had the opportunity to serve in a capacity of greater responsibility and didn't take it."

"Guys in the Corps who don't know what we're about think we're a bunch of two-percenters because we don't eat in Duncan or have mandatory Bonfire cuts. They think we're lazy something."

— Robert Garcia, commanding officer of V-1

is that those outfits have formation twice a day, and V-1 holds only a morning formation.

"Guys in the Corps who don't know what we're about think we're a bunch of two-percenters," Garcia said, "because we don't eat in Duncan or have mandatory Bonfire cuts. They think we're lazy or something. If they'd take the time to get to know us, they'd understand. So many are preparing to be officers."

Maj. Gen. Thomas Darling, commandant of the Corps, said he would like to see V-1's current membership of 21 expand.

"The numbers are not uncommon," Darling said. "There aren't that many married students anymore, and there is not the high number of veterans like we used to have. We need to re-examine that and maybe let some other students join."

"It's an advantage when like people can be together. I think it's definitely a plus for them."

Expansion

Continued from Page 1

these institutions join the System would benefit the System and not cause a hardship," he said. "You can get too big and become inefficient."

O'Connor wants each university to have an individual area of specialization. He said he would not want to have more than one university representing each field of specialization.

Currently, eight universities comprise the A&M System.

"We try to encourage the universities to keep their own identities," he said.

O'Connor said that it is not unusual for universities to request to be a part of the System.

"There are always conversations about this," he said, "especially around the legislative session."

O'Connor said he would rather see promises made to other universities fulfilled before the Board considers adding other schools to the System.

"I want to make sure that the promises that previous boards have made can be fulfilled before we make new promises," he said.

West foresees even greater expansion of the A&M System.

She said she would not be surprised if, in the future, all universities in Texas were either a part of the University of Texas System or the Texas A&M University System.

"In light of the financial situation in Texas," she said, "I would not be surprised to see only two university systems in Texas."

HEALTH TIPS
Don't get those finals' headaches

By Arlana Bobo and Trey Dublin
A.P. BEUTEL HEALTH CENTER

The sleigh bells are ringing ... Christmas carolers are singing. The Ho-Ho-Ho's are echoing. The holidays are here, and even if it's bliss. Yikes! I almost forgot ... finals are here again too. The holidays and finals rapidly approaching, don't let the stress and headaches dampen your yuletide spirit.

Headaches are one of those events that just seem to put a damper on what could be an otherwise successful day. To help combat this unwanted event, let's look at headaches in a little more detail.

There are three main types of headaches: tension headaches, migraines and cluster headaches are the three most predominant types diagnosed. Tension headaches, encompassing 90 percent of all headaches, is most common. Migraines are the second most common headaches but are more difficult to distinguish from tension headaches due to similar symptoms. Migraines and cluster headaches differ primarily in the level of pain experienced. Migraines last a shorter time period, they boast a higher level of pain. The highest level of pain is associated with the least common of the three, the cluster headache.

In trying to prevent or find the reason for a headache, headache specialists recommend a healthy, well-balanced diet, consider eliminating foods connected with headache onset. Dr. Radetsky, in American Health magazine, recommends the following:

- Limit caffeine intake. Caffeine, a stimulant causes physical stress and can initiate a headache. Caffeine should be decreased gradually because a sudden stop will cause headaches from withdrawal.
- Limit consumption of aged cheese and wine. These may cause headaches due to a chemical by-product of fermentation.
- Avoid alcohol.
- Be wary of chocolate and salt. In some people, these produce headaches.
- Stop smoking. Nicotine is also a stimulant and may act in the same manner as caffeine.
- Avoid high supplementary doses of Vitamin A, such as green vegetables.
- Vitamin B6 and Niacin supplements may help prevent headaches. However, Niacin, found in leafy green vegetables, produce headaches in some people.

Keep in mind that points are general and do not apply to everyone. Some people may be affected by wine, for example, while others are not. Individuals with problems or questions related to headaches should contact their physicians.

WHAT'S UP

Friday
Catholic Students Association: Graduate Students Group meets at 6 p.m. at the St. Mary's Student Center for our weekly food gathering. For more information call Kelly or Sandra at 693-7974.

Baha'i Club: The Second Awakening, William Miller and the birth of the Baha'i Faith will be held at 6:30 p.m. at 1304 Merry Oaks. A dinner will be served. Please call Christy Busch for directions or more information at 764-3160.

Rio Brazos Audubon: A field trip for Welder Wildlife Refuge. Stay Friday night at a motel on the north beach of Corpus Christi so we can get an early start to the refuge. A refuge biologist guide will be available to guide through the coastal prairie. Call Bert Frenz at 846-9042 or 693-3214 to make reservations or for more information.

Saturday
Aggie Speleological Society: Annual year party will be held from 11 a.m. to 1 p.m. in Research Park. There will be food, fun, games, t-shirts, prizes and more. For more information call Dave at 694-8230.

Sunday
Lutheran Student Fellowship: 5:45 p.m. at the University Lutheran Chapel and Student Center to go to House at the Pastor's. For more information call Rev. Richard Marsden at 846-6687.

If you have any questions, please call the newsroom at 845-3313.

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