

THE NAIL STATION
...for the ultimate in acrylic & natural nails

SPECIALS

- Full Set \$25.00
- Fills \$15.00

(409) 696-6016

315-B Dominik in Culpepper Plaza II
Offer good with coupon only
Ask for Angie or Shannon

CD WAREHOUSE
Buy - Sell - Trade

WE BUY USED CD'S FOR \$4.00 or trade 2 for 1

USED CD'S \$8.99 or LESS

268-0154 (At Northgate)

Cinema 3
915 COLLEGE AVE. 693-2796

BLOWN AWAY (R)
1:30 4:00 7:15 9:45

THE SHADOW (PG-13)
1:00 3:30 7:30 9:40

JURASSIC PARK (PG-13)
2:00 4:30 7:00 9:20

Post Oak 3
1500 HARVEY RD. 693-2796

WYATT EARP (PG-13)
12:00 3:45 7:45

WOLF (R)
1:15 4:15 7:05 9:30

FLINTSTONES (PG)
1:00 3:00 5:00 7:00 9:00

Yes! We Have Student Airfares

London	\$339*
Brussels	\$365*
Frankfurt	\$399*
Madrid	\$388*
Tokyo	\$455*
Costa Rica	\$165*

*Fares are each way from Houston based on a roundtrip purchase. Restrictions apply and taxes not included. Call for other worldwide destinations.

Council Travel
2000 Guadalupe St. • Austin, TX 78705
512-472-4931

Place Your Ad In
THE BATTALION
Call 845-2696

HEALTHY MALES WANTED AS SEMEN DONORS

Help infertile couples; confidentially ensured. Ethnic diversity desirable, ages 18 to 35, excellent compensation.


Fairfax Cryobank
1121 Briarcrest Dr., Suite 101 Bryan
776-4453

FAIRFAX Cryobank a division of the Genetics & IVF Institute

STRESSED OUT?

Relax with Harvest Nights at Messina Hof!

July 23 & 30 - Sunset Music & Moonlight Hayrides
August 6 - StageCenter Et Cetera's "Frankly Sinatra"
August 13 - Eugene Eugene
Call 778-WINE for reservations



ATM LOUPOT'S ATM BOOKSTORES
"Serving Aggies Since 1932"

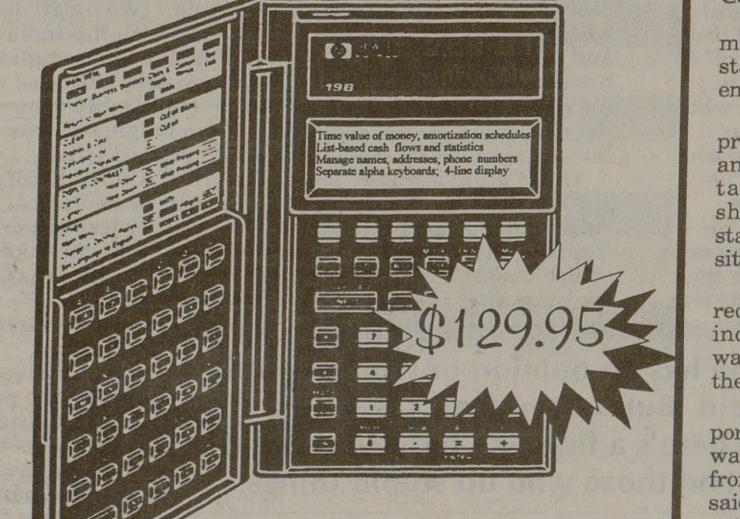
INCOMING FRESHMEN
Reserve your Fall books NOW!

- Lowest prices guaranteed
- Save money on used books
- Avoid hassle of lines

Refundable deposit required

Redmond Terrace 1422 Texas Next to Academy 693-0838	Northgate 335 University Across from Post Office 846-6312	Southgate 308 George Bush Close to Wellborn 693-2278
---	---	--

HP 19BII Calculator



HP Business Consultant II

Professional Computing
505 Church Street
College Station, TX
(409) 846-5332

HEWLETT PACKARD Authorized Dealer

Bad way to start off the week

Study shows heart attacks most likely to occur on Mondays

DALLAS (AP) — If you thought Mondays couldn't get any worse, consider this: a researcher has determined that working people are more likely to have a heart attack on Monday morning than any other day of the week.

Results of the study, led by Dr. Stefan Willich at the Free University in Berlin, were reported in the July issue of Circulation, an American Heart Association scientific journal.

"Assuming that Monday is usually a day of more stress for more people, we may expect a higher occurrence — a higher risk — of heart attacks," Willich said Monday.

Willich, a visiting assistant professor at Harvard University, said the researchers analyzed 2,636 heart attack victims in Augsburg, a mid-sized city in Germany. The victims, 75 percent of them men, were hospitalized between 1985 and 1990.

Among the working population, heart attacks occurred 33 percent more often on Mondays than on other days of the week. The occurrences were evenly distributed throughout the rest of the week, with a slight dip on Sundays.

Previous studies have shown that heart attacks are more likely to occur in the morning.

Willich said he would like to study another culture in which the workday begins on a different day of the week to compare results. In the meantime, he said his findings are merely an "interesting phenomenon."

Stress, affected by a person's moods and thoughts, can cause changes in hormones and adrenaline levels. That, in turn, can affect blood clotting, cause spasms of the coronary arteries and increase blood pressure — all factors in causing heart attacks, Weingarden said.

"It's not a huge leap of faith to see per-

haps Monday morning would be higher than any other morning because of stress," he said.

Dr. Redford Williams, director of behavioral medicine research at Duke University, agreed that Willich's theory appeared sound.

Williams, author of "Anger Kills: 17 Strategies For Controlling the Hostility That Can Harm Your Health," suggested that people at risk for heart disease take an aspirin before they go to bed Sunday night. Aspirin has been shown to thin the blood slightly and reduce the risk of blood clots.

He also recommended that people avoid letting their work pile up Friday afternoons; schedule quiet Monday mornings and take a midmorning relaxation break; and get to bed early Sunday night.

You can take Monday mornings off, "but you may just be postponing it," Williams joked.

U. S. postal service seeks higher rates

At stake is a series of proposed rate increases averaging 10.3 percent, including a three-cent rise in first-class stamp prices, to 32 cents.

WASHINGTON (AP) — When the post office seeks a rate increase, it usually goes toe to toe with some of its biggest customers for months of sparring. But this time around, the two sides are entering the ring hand in hand.

There will still be challenges when the independent Postal Rate Commission considers higher mail charges, expected to take effect early next year.

But for the first time, many of the most powerful commercial mailing groups are lined up on the side of the U.S. Postal Service.

At stake is a series of proposed rate increases averaging 10.3 percent, including a three-cent rise in first-class stamp prices, to 32 cents.

That rate was suggested early in the year by a coalition of major mailers. These groups said that if the post office adopted it as its formal proposal, and imposed it equally on just about everyone, they wouldn't fight the plan.

The Postal Rate Commission must pass on proposed rate increases.

Traditionally, the 10-month review involves extensive legal sparring as various groups try to get lower rates for one class of mail or another and shift costs to other mailers.

Normally about 75 businesses and organizations join in the battles over postal rate increases. This time, 60 have shown interest, with more than half backing the post office, said Arthur Sackler of the Mailer's Council.

The process costs the post office and the groups involved as much as \$100 million, much of which could be saved by if all sides could agree on a rate increase that affected everyone usually trying to knife each other in the back," in postal rate cases.

"The level of support for our general rate proposal in this case is unprecedented," said William J. Henderson, chief marketing officer at the Postal Service.

Both postal officials and Sackler said they expect additional groups to join the agreement.

There is another side, of course.

The proposal calls for a rate increase of about 10.3 percent for first- and second-class regular rate mail, 10.2 percent for third class and 13.2 percent for fourth class.

First class is cards and letters, second is magazines and other periodicals, third class is advertising and fourth class is parcels.

On March 8, the post office accepted the idea suggested by the major mailers and sent a 10.3 percent rate proposal to the commission.

Now the Postal Service has reached a "stipulation and agreement" with 33 major mailers, who are backing it before the commission.

Sackler said the deal is being supported by people who "are

FAMOUS FACES

NEW YORK (AP) — He's been a New York cop, a New York bank robber, a New York drug dealer and a New York godfather. How about Al Pacino as a New York mayor?

Pacino is close to signing a deal to play the mayor in a political drama called "City Hall," the Daily News reported Sunday. In the movie, the deputy mayor discovers his boss is involved in wrongdoing.

The film will be directed by Harold Becker, who last worked with Pacino in "Sea of Love," the News reported.

HOUSTON (AP) — A former household worker is suing Guess? jeans model Anna Nicole Smith, alleging sexual harassment, sexual assault and false imprisonment.

Ms. Smith is suing the former employee for slander.

Maria Antonia Cerrato worked for Ms. Smith from 1992 until last year as a housekeeper and baby sitter for Ms. Smith's 8-year-old son.

Ms. Smith's lawyer, T. Patrick Freydl,

said in Sunday's Houston Chronicle that Ms. Cerrato's May 27 lawsuit is a \$2 million "celebrity shakedown."

Ms. Smith filed a slander lawsuit May 19 against Ms. Cerrato that also asked for repayment of a \$25,000 loan.

On Thursday, Freydl filed a request to move Ms. Cerrato's lawsuit from state to federal court because Ms. Cerrato lives in Houston while Ms. Smith lives in Los Angeles.

Ms. Smith, a 23-year-old former Playboy Playmate, married 89-year-old oil tycoon J. Howard Marshall on June 27.

NASHVILLE, Tenn. (AP) — Joe Diffie sings about the "Third Rock From the Sun," but he'll be thinking of the moon Wednesday when he helps celebrate the 25th anniversary of the first lunar walk.

Diffie is the honorary host of the celebration at Space Center Houston, a recreation and educational complex next to NASA's Johnson Space Center.

"This is a dream come true for me. I have followed the space program since I was a kid," the 35-year-old country star said.

He will present the first pressing of his "Third Rock From the Sun" album to Space Center Houston. He also is scheduled to help unveil a postage stamp commemorating the

Apollo 11 mission and Neil Armstrong's walk on the moon.

Diffie's hit records include "Prop Me Up Beside the Jukebox" and "John Deere Green."

LOS ANGELES (AP) — Susan Sarandon has never taken home an Academy Award, and she isn't expecting one anytime soon.

"I kind of assume that the Oscar is not going to come my way unless I live to be 120 and they honor me for surviving," Miss Sarandon said in an interview on "Entertainment Tonight." The interview will be broadcast Tuesday.

Miss Sarandon has been nominated three times for an Oscar — "Atlantic City" in 1980, "Thelma & Louise" in 1991 and "Lorenzo's Oil" in 1992.

She said her role as an out-of-her-league lawyer in "The Client," released nationwide on Wednesday, isn't Oscar material.

"I don't know if this is really the kind of movie that people will ever take seriously enough to give them an Oscar," she said.



Pacino



Sarandon

Memo

Continued from Page 1

made the significance of the statement even greater to A&M employees.

Dr. J. Malon Southerland, vice president of student affairs and another employee charged with tampering, said the memo showed a deep level of understanding throughout the University relating to the issue.

Wally Groff, A&M athletic director and one of the employees indicted for tampering, said he was pleased to see the support of the administration.

"I think Dr. Bowen was supportive from the beginning, but it was good to receive the support from all the administration," he said. "I'm glad they have spoken out as a group."

In the memo A&M administrators claimed accountability for University practice.

"We want to make it clear that in our opinion, it is the institution, not its employees, which should be held accountable for any wrongdoing," the memo said. "We deeply regret that these fine employees became caught up in a flawed system We are anxious to move all concerned beyond this issue and to refocus our energies on the missions of Texas A&M University."

Americans lean toward five-meal day

WASHINGTON (AP) — Instead of three squares, the American daily diet of the future may consist of a five-snack routine — "daystart," "pulsebreak," "humpmunch," "holdmeal" and "evesnack," a Chicago food writer suggests.

"Whether you call it grazing, mouth-surfing or refueling, it's evolving as a result of our dual-income, fast-paced lifestyles," Christopher Wolf says in an article in the current issue of The Futurist magazine.

"In the future, this grazing phenomenon will be formalized into a recognized pattern of five meals a day."

Wolf and others attribute the trend in part to the premium people put on leisure time and hassle-free lives and the food industry's success in making it easy to eat at any time.

More women working outside the home means fewer of them making meals from scratch; hence, the popularity of single-serve portions, drive-through lanes at restaurants, take-out food and microwave dinners.

"With two working parents and kids having all kinds of activities and people with different time schedules in the morning ... people eat when they can," said Lawrence Stifler of Health Management Resources in Boston.

Vending machines and side-

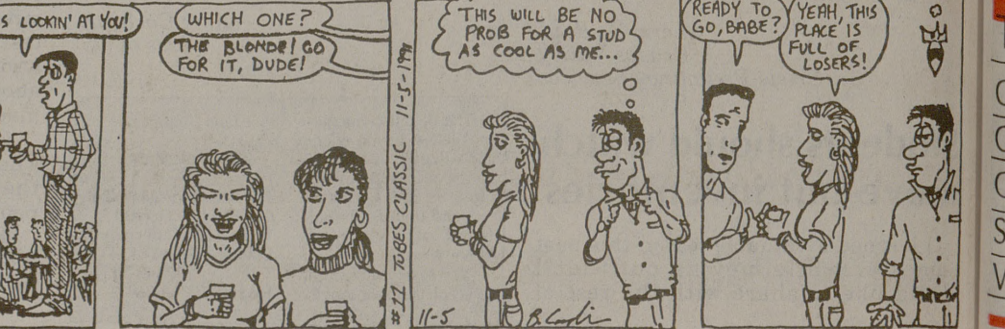
walk food carts also contribute.

"Easy accessibility is at the bottom of this," said Graham Molitor, vice president of the World Future Society and former food company employee. He said grazing originated with cavemen, who picked at food all day because they couldn't get enough edibles in one sitting.

Surveys by the Agriculture Department and the Food and Drug Administration have confirmed that young adults are eating more often during the day, said John Vanderveen, director of the Office of Plant and Dairy Foods and Beverages at the FDA's Center For Food Safety and Applied Nutrition.

Tubularman

By Boomer Cardinale



Foul up of psych
AUSTIN (A... means ne... criminal pen... care provide... the fraudulent... off the books... reports.
"This is... Boswell, Te... Citizens Co... Rights, told th... "It takes all... psychiatric ab... State Sen... Laredo, and... Worth, said... being drafted... it early in t... "It's unfo... problem, b... problem," Mrs...
Senate... into pri...
AUSTIN (C... committee o... delays in a n... while prison... party they ha... completion... facilities.
Lt. Gov. B... emergency Ju... Criminal Jus... into reports t... 2,000-bed fa... ready by a... Bullock als... 14 months s... was approve... program had... Department o... State lead... state jail syst... is a first-tim... and rehabilita... through inte... behavioral pr...
Texas s... foster c...
DALLAS... beating of a c... has prompt... protection ag... regarding fost...
The Tex... Protective an... announced... following a six...
Under the... two children o... licensed as... home."
In addition... move to a ne... in that r... responsibility...
Dallas... 'Cowto...
DALLAS (A... much appe... appearing o...
The city h... interested i... fashion. To... something be... the hoof.
So imagin... when a new... a bronze ca... Dallas' pionee...
Twenty bro... bronze cowp... pony, fill the... Plaza, across... There will be... when it is com...
JUPITER... Update...
WASHING... jolts from cor... Jupiter pocke... of which is n... visual featu... bigger trau... punches ne... within a 20-ch...
Astronome... dark black pa... eye, left by... fragment G... easily seen... nearly 400-ye... the planet.
Jupiter is i... after sunset.

Today
Classifie
Comics
Opinion
Sports
World &