

★ Rec Facility Hotline845-0737 * Read Court Reservations845-2624

Monday, January 17, 1994

★ Intramural Rain Out Info845-2625

* Outdoor Equipment Rental......845-4511

* Rec Sports Office845-7826

EXERCISE CLASSES

INFORMAL RECREATION

INSTRUCTIONAL CLINICS

INTRAMURALS

SPORT CLUBS

TAMU OUTDOORS

THE DEPARTMENT OF RECREATIONAL SPORTS

The purpose of the Department of Recreational Sports is to provide a recreational program to meet the needs of the University community. This includes exercise classes, an outdoor recreation program, a sport club program, employment opportunities for students, informal recreation, a comprehensive intramural sports program, recreation facility management and reservations. The activities, classes, and programs the Department offers are all non-credit.

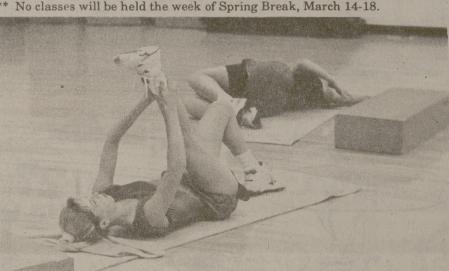
XERCISE CLASSES

Exercise classes are open to all students, faculty/staff, and their spouses. A rec membership or student ID is required to participate. All classes must have 15 people in order to be offered. Register in 159 Read or, by phone with credit card payment. Visa, MasterCard, and Discover accepted. Class size is restricted, but late registration will be offered if there are openings in any of the classes. For more information, please call

Class	Day	Time	Fee	Fee*	Dates**
Light Weights and Aerobics	TR	12 - 1 p.m.	\$35	\$25	Jan. 25-Apr. 28
Combo Aerobics	TR	5:15-6:15 p.m.	*\$35	\$25	Jan. 25-Apr. 28
Light Weights and Aerobics	MW	5:15-6:15 p.m.	\$35	\$25	Jan. 24-Apr. 27
Combo Aerobics	MW	6:15-7:15 p.m.	\$35	\$25	Jan. 24-Apr. 27
All Step	TR	6:15-7:15 p.m.	\$35	\$25	Jan. 25-Apr. 28

* BRING YOUR OWN STEP AND HAND WEIGHTS AND SAVE \$10!

** No classes will be held the week of Spring Break, March 14-18.



Registrations are now being taken for exercise classes!

TDOORS

TAMU Outdoors is the Rec Sports' outdoor program. It includes outdoor equipment rental, resource info, basic skill development, and adventure trips. All of these areas form a program that is designed to provide outdoor experiences for Texas A&M and the Bryan/College Station community emphasizing adventure, environmental awareness, challenge, education, personal development, safety and FUN! Due to varying weather conditions, it is difficult to schedule outdoor trips months in advance. Below are months with the tentatively scheduled trips listed.

February Hiking Rock Climbing Clinic

March Canoeing Backpacking Rock Climbing Mountain Biking Spring Break Outings

April Canoeing Rock Climbing Kayak Roll Clinics Kayak Workshop Windsurfing Clinic Intro to Hang Gliding

May Backpacking/Rafting-**Smoky Mountains** Sea Kayaking-Baja, Mexico

LUBS

Sport clubs provide opportunities for students to participate in nontraditional intercollegiate competition. Clubs are encouraged to represent the University at local, regional, and national competitions.

All clubs offer skill development and gladly accept novices with a desire to learn. Sport clubs are open to all students. Listed below are the sport clubs that are currently active. For more information on the Sport Club program, call Paula at 845-3076 to obtain the name and phone number of the club rep.

Archery Badminton Bowling Cycling Fencing Gymnastics

Handball

Judo Lacrosse, Men Lacrosse, Women Rugby, Women Pistol Polo Racquetball Road Runners

Rodeo Rugby, Men Sailing Soccer, Men Soccer, Women Trap & Skeet

Triathlon Ultimate Frisbee Volleyball, Men Volleyball, Women Water Polo Water Ski Weightlifting Wrestling

Need a team to call your own? Sign up for the Free Agent program. We'll help you get in contact with other students looking for team members in basketball, soccer, etc. Stop in the Rec Sports Office and fill out a Free

"A STUDENT JOB WITH AN OFFICIAL TITLE"

So, you want to be an official! Have we got the training and job for you!

Rec Sports sets a high standard for the intramural official. And we should. We only work with and for the best—the students of Texas A&M.

Individuals are instructed in the proper rules and techniques. It's on-thejob training. It helps the official learn how to adjust to and cope with peers and work as a team. Oh! Hours are flexible and you get paid, too!

If you are interested in becoming a basketball or indoor soccer official, just show up at the orientation meeting listed below. If you'd like to officiate other spring semester sports, the meeting time and dates are also listed below.

So... get involved... get officiating!

Sport	Date	Time	Where
Basketball	Jan. 17	6 p.m.	267 GRW
Indoor Soccer	Jan. 17	6 p.m.	267 GRW
Wallyball	Jan. 24	6 p.m.	164 Read
Slowpitch Softball	Jan. 31	6 p.m.	267 GRW

OCKER RENTAL

Recreational lockers in the Read Building, G. Rollie White and DeWare are available for rent. Rental fee is \$20/year, \$14/two semesters and \$8/semester. Stop in 159 Read to reserve yours today!

RECREATION INFORMAL

Feellike playing racquetball, handball or squash? Call Court Reservations, 845-2624, to reserve a court. Reservations may be made 24 hours in advance. How about shooting a few hoops? Call the Rec Facility Hotline, 845-0737, to see which facilities are available.

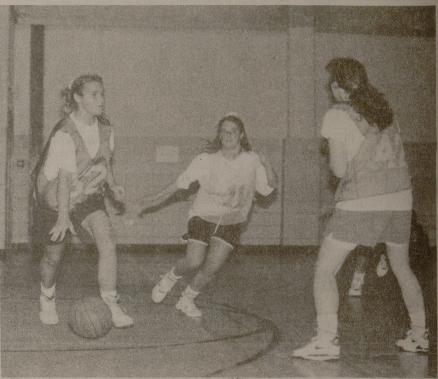
RAMURAL REGISTRATION **CHEDULE**

The following schedule is for the first few weeks of the 1994 Spring semester. Read the REC Sports HI-LITES Mondays for more details.

Registration Dates

Sport	<u>Open</u>	Close	Fee
Preseason Basketball	TODAY	Jan. 25	\$10
Basketball	TODAY	Jan. 25	\$30
Indoor Soccer	TODAY	Jan. 25	\$30
Three Point Shootout	TODAY	Jan. 25	Free!
Table Tennis Doubles	TODAY	Jan. 25	Free!
Team Bowling	TODAY	Jan. 25	\$24
Wallyball	Jan. 24	Feb. 1	\$15
Squash Singles	Jan. 24	Feb. 1	Free!
Preseason Softball	Jan. 31	Feb. 8	\$10
Slowpitch Softball	Jan. 31	Feb. 8	\$30
Sweetheart Run	Jan. 31	Feb. 8	Free!*
Racquetball Singles	Feb. 7	Feb. 15	Free!
Slam Dunk	Feb. 7	Feb. 15	Free!
Free Throw	Feb. 14	Feb. 22	Free!
Eight-Ball Doubles	Feb. 14	Feb. 22	\$4
* Race T-chirte are available	a to minners for	. \$6	

For a complete set of rules and regulations, please stop in the Rec Sports Office, 159 Read. Registration and fees are taken in 159 Read, Monday Thursday, 8 a.m. to 5:30 p.m., Friday, 8 a.m. to 5 p.m. Visa, MasterCard and Discover accepted.



Intramural basketball & indoor soccer entries open today!

FOR MORE INFORMATION ON ANY REC SPORTS PROGRAM, STOP IN THE REC SPORTS OFFICE, 159 READ, OR CALL 845-7826.

THE DEPARTMENT OF RECREATIONAL SPORTS IS A PART OF THE DIVION OF STUDENT SERVICES

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