

EXERCISE CLASSES

INFORMAL RECREATION

INSTRUCTIONAL CLINICS

INTRAMURALS

Volleyball

Flickerball

CoRec Two-Pitch Softball

SPORT CLUBS

TAMU OUTDOORS

6 p.m.

6 p.m.

6 p.m.

Monday, August 30, 1993 ❖ Rec Facility Hotline845-0737 Read Court Reservations845-2624 Intramural Rain Out Info845-2625 ❖ Penberthy Golf Range......845-9655 Outdoor Equipment Rental...845-4511

* Rec Sports Office845-7826

The Department of Recreational Sports

Announcing ... Rec Sports Fair Mon., Sept. 6, 10 a.m.- 2 p.m. Rudder Fountain

Join us for the Rec Sports Fair next Monday! We will be hilighting the programs and services that we offer---exercise classes, informal recreation, instructional clinics, intramurals, sport clubs, and TAMU Outdoors. Free Rec Sports calendars and pens, along with other good stuff will be given out.

Also next Monday, Rec Sports will be sponsoring STARTER "Jump Start" Volleyball Jam! It will be held at the Drill Field 10 a.m.- 5 p.m. "Jump Start" is a volleyball marathon in which people can play as individuals or as groups for as long as they have time. Stop and play in-between classes. Emphasis is placed on participation and not competition. Drawings will be held for T-shirts and caps. For registration information, please call James Welford, 845-3074.

Exercise Classes

Exercise classes are open to all students, faculty/staff, and their spouses. A rec membership or student ID is required to participate. All classes must have 15 people in order to be offered. Registration will be held in 159 Read Bldg. today thru Sept. 10. Class size is restricted, but late registration will be offered if there are openings in any of the classes. Classes include bench stepping, light weights, and abdominal workout.

STEP BRAND EQUIPMENT USED IN ALL STEP AND COMBO CLASSES

CLASS	DAY	TIME	ROOM	FEE	CLASS DATES
Light Weights					
and Aerobics	MTR	12:30-1:30 p.m.	266 GRW	\$45	Sept.13-Dec. 2
Combo Aerobics	TR	5:15-6:15 p.m.	266 GRW	\$32	Sept.14-Dec. 2
Light Weights					The state of the s
Aerobics	MW	5:15-6:15 p.m.	266 GRW	\$32	Sept.13-Dec. 1
Combo Aerobics	MW	6:15-7:15 p.m.	266 GRW	\$32	Sept.13-Dec. 1
All Step	TR	6:15-7:15 p.m.	266 GRW	\$32	Sept.14-Dec. 2
The same of the sa					

BRING YOUR OWN STEP AND HAND WEIGHTS AND SAVE \$10!



TAMU Outdoors

TAMU Outdoors is the Rec Sports' outdoor recreation program. It includes outdoor equipment rental, resource info, basic skill development, and adventure trips. Listed below are the trips that are scheduled. Look for upcoming clinics and trips such as mountain biking, kayak roll clinics, rock climbing clinics, and intro to hang gliding to be offered this semester.

Trip	Trip Date	Entries Open	Entries Close	Fee
Canoeing Trip	Sept. 18	Aug. 31	Sept. 13	\$25*/30**
Winsurfing				
FUNdamentals	Sept. 25	Sept. 6	Sept. 20	\$18*/22**
Thanksgiving Break	Outings			
†Backpacking-				
Grand Canyon	Nov. 23-28	Aug. 30	Oct. 4	\$405*/445**
Sea Kayaking-				
Matagorda				
Wildlife Refuge	Nov. 26-28	Sept. 6	Nov. 8	\$193*/210**

*Students & faculty/staff with a rec membership.

**Faculty/staff without a rec membership & the Bryan/College Station community. †Please note: Due to the fluctuations in airline prices, this fee is subject to change. For more specific information about TAMU Outdoors, please call Patsy at 845-3093.

Sport Clubs

Sport clubs provide opportunities for students to participate in non-traditional intercollegiate competition. Clubs are encouraged to represent the University at local, regional, and national competitions.

All clubs offer skill development and gladly accept novices with a desire to learn. Sport clubs are open to all students. For more information on the sport club program, call the Rec Sports Office after noon on Sept. 1 to obtain the name and phone number of the club rep.

Archery Badminton Bowling Cycling Fencing Field Hockey **Gymnastics** Handball

Judo Lacrosse Pistol Polo Racquetball Road Runners

Rodeo

Rugby, Men Rugby, Women Sailing Soccer, Men Soccer, Women Trap & Skeet Triathlon

Ultimate Frisbee Volleyball, Men Volleyball, Women Water Polo Water Ski Weightlifting Wrestling

"A Student Job With An Official Title

So you want to be an official! Have we got the training and job for you!

If you are interested in becoming an official, the meeting time and dates ar listed below. Sport Time Date Where CoRec Indoor Soccer 267 GRW Sept. 6 p.m. Flag Football 6 p.m. 267 GRW Sept. Innertube Water Polo Sept. 13 164 Read 6 p.m. Outdoor Soccer 267 GRW Sept. 6 p.m.

Sept. 27

Oct.

Oct.

*GRW = G. Rollie White, located adjacent to Read Building



Informal Recreation

Feellike playing racquetball, handball, or squash? Call Court Reservations 845-2624, to reserve a court. Reservations may be made 24 hours in advance How about shooting a few hoops? Call the Rec Facility Hotline, 845-0737, to find out which facilities are available for you to use.

Locker Rental

Rec lockers in the Read Building, G. Rollie White, and DeWare can be rented the entire year or by semesters. Rental fee is \$20/year, \$14/two semesters, and \$8/semester. Stop in 159 Read to reserve yours today! Faculty/staff and spouses of students and faculty / staff must purchase a rec membership inorder to rent lockers.

Intramurals

The following schedule is for the first two months of the 1993 fall semester Read the REC Sports HI-LITES Mondays during the semester for more details

Registration Dates

Sport	Open		Close		<u>Fee</u>
Long Driving	Aug.	30	Sept.	7	Free!
One-on-One Basketball	Aug.	30	Sept.	7	Free!
Table Tennis Singles	Aug.	30	Sept.	7	Free!
CoRec Indoor Soccer	Sept.	6	Sept.	14	\$30
Flag Football	Sept.	6	Sept.	14	\$30
Pre-Season Flag Footbal	Sept.	6	Sept.	14	\$10
Biathlon	Sept.	13	Sept.	21	Free!
Horseshoe Doubles	Sept.	13	Sept.	21	Free!
Innertube Water Polo	Sept.		Sept.	21	\$20
Golf Doubles	Sept.	20	Sept.	28	Varie
Putt-Putt Golf Singles	Sept.	20	Sept.	28	\$2.50
Tennis Singles	Sept.	20	Sept.	28	Free
Cross Country Run	Sept.	27	Oct.	7	Free!
Outdoor Soccer	Sept.	27	Oct.	5	\$30
Pre-Season Outdoor Soccer	Sept.	27	Oct.	5	\$10
Pre-Season Volleyball	Sept.	27	Oct.	5	\$5
Volleyball	Sept.	27	Oct.	5	\$30

For a complete set of rules and regulations, please stop in the Rec Sports Office, 159 Read. Registration and fees are taken in 159 Read, Monday Thursday, 8 a.m. - 5:30 p.m., Friday, 8 a.m. - 5 p.m. Cash, local check, Visa MasterCard, and Discover accepted.

Needed: Free Agents

Need a team to call your own? Sign up for the Free Agent Program. We'll help you get in contact with other students looking for team members in flag football, soccer, etc. Stop in the Rec Sports Office, 159 Read, and fill out a Free Agent Form.



Registration for intramural flag football opens next Tuesday

267 GRW

267 GRW

164 Read

Barry Gill, a ersonal proj

get is too tight

ampus offers center is the main Brands suc enith are car egular Bryan he retail price

1.09 1.03 .77 .71

Weigh 1.47 .75 .71 .62 .61 .58