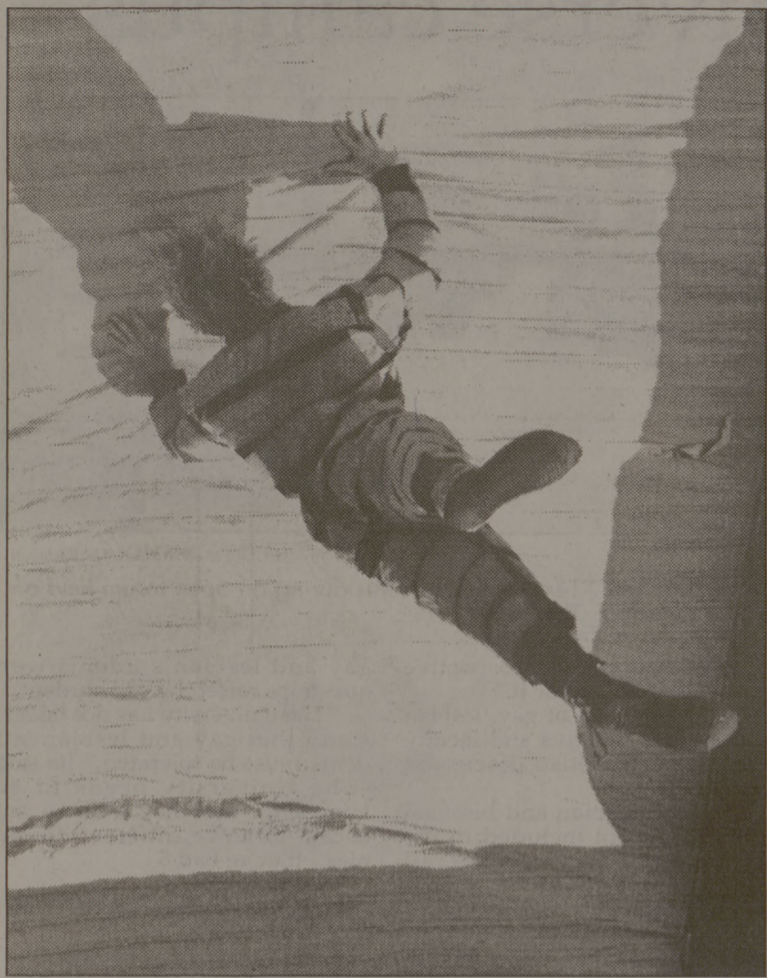


## Up against the wall!



JOSEPH GREENSLADE/The Battalion

Paul Field, a freshman biology major from Waco, leaps head first onto a velcro wall near Rudder Fountain. The wall is part of the Intercollegiate Health and Fitness Fair.

## Sahaj Marg offers meditation: yoga of the mind

By BELINDA BLANCARTE

The Battalion

Reaching complete oneness with God is the goal of people who meditate through Sahaj Marg — yoga of the mind, Rama Devagupta, a chemistry graduate student, said Thursday. Devagupta will discuss Sahaj Marg at 7 p.m. Saturday in Room 145 of the MSC. The free seminar will include an informal discussion of Sahaj Marg and a question and answer session.

Sahaj Marg means "the natural path" and is used to achieve spiritual evolution, Devagupta said. "It utilizes the power of thought to recognize that divinity is within our hearts," she said.

Sahaj Marg includes two periods of half-hour meditation —

the morning and evening. The morning meditation helps one create a sense of peace within themselves, Devagupta said.

"As we practice it more and more, we experience the presence of divinity in the heart and in all human beings," she said. "It leads to the tolerance of all humans and to the breaking down of barriers."

The evening meditation is called cleaning, and its purpose is to release one's self of the day's tension, Devagupta said. "It removes all the unwanted tendencies of the mind," she said.

Sahaj Marg is open to people of any religious denomination and allows for people to have any or no belief in God, Devagupta said.

"The system thinks of God as nameless and shapeless," she said. "It does not come in conflict with any religions and any person

of any religion can do it. We're saying it's natural for human beings to be with God.

"God can be seen as our internal nature," she said. "Essentially we talk of God as infinite love."

Devagupta said that although oneness with God is the ultimate goal, other benefits can come from Sahaj Marg.

"The least benefit it has is less anger, less frustration," she said. "Even under stressful situations, I can feel a sense of peace and harmony within myself. I do believe that I am a better person than I was yesterday."

During the meditation, the people sit in a comfortable position with their eyes shut. They then recite in their minds that the divine light is in their hearts, she said.

"We treat other thoughts like uninvited visitors," Devagupta said. "It helps us concentrate so our minds don't jump around like monkeys."

Devagupta said people beginning Sahaj Marg must continue meditation for three or four months to notice any changes. Though, she said, people are not pressured into continuing Sahaj Marg and can stop at any time.

"It's like going to aerobics to lose weight; if I go just two days, nothing happens," she said. "One has to practice only because they want to do it. They can leave any time. There are no fears. We never try to force anybody."

Sahaj Marg was founded in 1945 by Shri Ram Chandra in India.

## Aggie Moms' Club to inaugurate 51st leader

By CHERYL HELLER

The Battalion

Margaret Freeman, a member of the Kerrville and Brazos County Aggie Moms Clubs since 1971, will be inaugurated Saturday as the 51st president of the Federation of Texas A&M University Mothers' Clubs.

Freeman, a six-year federation member, will hold the office for one year.

"I had hoped I would be chosen, and I'm very pleased and proud," she said. "I plan to do



Freeman

everything I can to make this year a success." The installation ceremony will be held in Rudder Theater at 9:30 a.m. Saturday morning, and a coffee for Aggie Moms attending Parents' Weekend will be held in the lobby from 8:30-9:15 a.m.

Mildred May, a San Antonio

Aggie Moms Club member and former Federation president, will conduct the ceremony assisted by Jane Buck of the Kerrville club.

The Aggie Moms provide support for Texas A&M students and the University. Last year, the club raised over \$140,000 for scholarships and campus organizations.

The Aggie Moms Club was founded in February 1922 when Ada Peoples of Dallas and 11 Texas A&M mothers organized the first club.

This year marks the 65th anniversary of the Aggie Moms Federation, which was formed in 1928 by the eight clubs then in existence.

Today, there are 87 Aggie Moms Clubs throughout Texas with a membership of over 6,000 mothers.

The first international Aggie Moms Club, the Koriyama chapter, was installed Wednesday at Texas A&M, and a Pike's Peak chapter for mothers of students from Colorado will be installed Friday at 2 p.m. in Duncan Dining Hall.

## Building needs name: Koldus?

By JULI PHILLIPS

The Battalion

The new Student Services Building should be named after someone who has dedicated his life to students, such as Dr. John Koldus, said the new speaker of the Student Senate on Wednesday.

Russell Langley said since the building has been partially paid for by and dedicated to students, it would be appropriate to name the building for the retiring vice president for student services, he said.

Langley said the administration should see this as a way to honor Koldus.

Last week, the Student Senate passed a resolution asking for the Student Services Building to be renamed after the vice president.

After the resolution passed unanimously, Koldus half-joked to the Senate that naming buildings is a good fund-raiser, and he did not have enough money to have a building named for him.

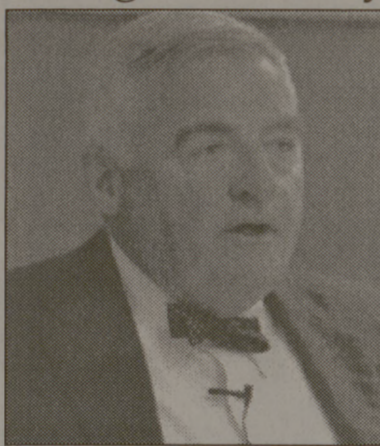
Even though the bill easily passed, senators voiced skepticism that anything would ever be done as a result of the bill.

Brooke Leslie, an off-campus senator and former speaker pro-temp, said, "Dr. Koldus is a great man and we will surely miss him. We know that this will not happen immediately, but we can hope that with the help of Brian Walker (the new student body president) and (University President) Dr. Mobley, something will be done."

So far, no apparent action has been taken by the University to rename the building.

## Factories need humanization, prof says

Former Harvard educator suggests change necessary in manufacturing



Dr. Wickham Skinner

By TODD STONE

The Battalion

The fate of U.S. manufacturing industry rests on the ability of industrial leaders to humanize the factory, said a retired professor from Harvard Business School at Rudder Tower Thursday.

"We have to do a much better job with people in our factories," said Dr. Wickham Skinner. "Somehow our factories have to become more humanistic in the sense of what we value in our society if we're to make them the real strong leverage we so desperately need in our economy."

Skinner said manufacturing in-

dustries, more specifically the factory, have lost value to society.

This is a contradiction because manufacturing jobs create three times more gross national product than a service-related job.

"We have a post industrial society," Skinner said, "but we have a neo-industrial world — where the world is living in industrial terms."

In 1960, 33 percent of the world's manufacturing came from the United States, Skinner said. Today, only that percentage has fallen to 10 percent.

With 75 percent of U.S. jobs in service-related industries, economists and other researchers have said the United States has moved from an industrial to a service economy.

Skinner disagrees because 18 to 25 million service-related jobs are

dependent on the manufacturing sector.

Distributors, sales personnel, telecommunications, consultants, accountants, advertisers all depend on the manufacturing sector at various levels.

"Don't let anyone tell you this is a service economy, and don't let them tell you we don't need to be something about manufacturing," he said.

Because of this dependency, Skinner said a healthy U.S. economy will depend on the success or failure of top leaders in U.S. manufacturing.

These 5000-7000 managers will make the decisions about product quality, research and people that will have "enormous implications" on the

See Factories/Page 4

**AGGIE BASEBALL & SOFTBALL**  
UPCOMING HOME GAMES  
Aggie Baseball home games at Olsen Field

April 17 4 p.m. (2) Baylor	April 20 7 p.m. U.T.A.	April 23 7 p.m. Rice	April 24 2 p.m. (2) Rice
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Aggie Softball home games at Bee Creek

See you on Wednesday!	April 21 5 p.m. (2) U.T.A.	April 24 2 p.m. (2) Tex. Luth.	Thanks for your support!
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Aggie Students use your ALL SPORTS PASS at all home games

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by Friday, April 16, 1993

Memorial Student Center  
L.T. Jordan Institute  
for International Awareness

**Fellows Presentations**

Don Griffiths will present cultural perspectives on the Russia we see today

Byron Cargill will present culture differences in social support networks and their influence on health promoting behavior

Monday, April 19, 1993  
7:00 p.m.  
504 Rudder  
Refreshments Following

For more information, please call 845-8770.

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