

## Police seek gas station bandits

Robert's Aggieland Mobil at 901 Texas Avenue in College Station was the site of a hastily planned robbery on Saturday,

March 13 at 10:25 p.m. Evidence indicated that the robber entered the store, had the away from the register and grabbed all of the contents. After getting the money, the robber left the store and fled east on Lincoln Street. store clerk open the register to make change, then shoved the clerk

The suspect was described by witness as black male, approximately 25 years of age, 5 feet 6 inches tall, 135-145 pounds, dark complexion and clean shaven with short hair. The suspect was last seen wearing a dark knit shocking cap, black wraparound style sunglasses, a navy collarless shirt and dark pants.

College Station police detectives believe the suspect may live in the area of the robbery

This week Crime Stoppers and the College Station Police Department need your help to identify the persons responsible for these robberies. If you have information that could be helpful, call Crime Stoppers at 775-TIPS.

When you call, you don't have to give your name. Crime Stoppers will assign you a special coded number that will be used to protect your identity.

If your information leads to an arrest and grand jury indictment Crime Stoppers will pay you up to \$1,000 in cash. Crime Stoppers also pays cash for information on any felony crime or the location

## Conference offers 50 free tickets

The Race and Ethnic Studies Institute at Texas A&M University is offering free admission to the first 50 students from universities who preregister for its national conference on race relations entitled, "Meeting the Challenge: Critical Issues in Education, Health & Employment for Racial Minorities in Texas.

Students from Texas A&M, Prairie View A&M, University of

Houston and Texas State University students are eligible for this offer. The conference runs Wednesday and Thursday at

Participants must pre-register today on the second floor of Rud-

der Tower from 6 p.m. to 8 p.m. The 50 free tickets have been underwritten by the Texas Casualty Insurance Company of Hous-

## Correction

A photo that appeared in Friday's issue of The Battalion identified a woman performing at the Second Annual Aggie Culture Extravaganza, United Colors of A&M as a member of the

Philippine Student Association.

The woman is a member of the Texas A&M Ballet Folklorico

The Battalion regrets the error.

Holiday important political lesson, rabbi says

## Passover celebrates Jewish liberation

By ROBIN ROACH

The Battalion

Passover marks the liberation of the Jews from Egypt and is probably the most important political lesson in history, Rabbi Peter Tarlow said Monday night at the B'nai B'rith Hillel Foundation Passover Seder.

Jews take part in Seder, the symbolic meal eaten during Passover, to recognize the hardships of the Jewish slaves and celebrates their freedom. Passover celebrates the freedom of Jews from Egyptian slavery.

"The Seder meal is a lesson," Tarlow said. 'The theme of the meal is to go from slavery to

The meal teaches that each individual has a right to live their life in freedom and with dignity, he said.

During the traditional Seder meal, Jews recognize their oppressed ancestors through symbolic foods. They eat unleavened bread, or matzos, as a remembrance of the Jewish ancestors who fled Egypt before their bread had time to leaven; bitter herbs symbolize the bitter times; salt water symbolizes their tears; charoses is symbolic of the mortar; and an egg represents new life.

Appeal of Texas A&M University Hillel, sai all of the symbolization is left up interpretation by the Jews.

During the Seder, the lesson is read from the Haggadah, a book explaining the Sede ritual, that tells the story of Passover.

lesson leads the dinner in a traditional order Readings from the Haggadah come before and after the meal is served. The celebration

ends with grace which is sung in Hebrew. The Seder is traditionally recognized with the family during the week-long celebration of

# Health Tips

## Allergy symptoms and causes: part II of a two-part series

By KRISTIN OGRODOWICZ AND DR. JANE COHEN

A.P. Beutel Health Center

The chief trigger of allergies are mast cells, which are present in the mucous membranes of our eyes and nose. When stimulated by allergens such as pollen, house dust mites and pet dander, mast cells disintegrate, releasing histamine. This sets off an allergic reaction, in any or all of these forms: runný nose, sneezing, nasal congestion, headaches and itchy, watery eyes.

Some common allergy triggers are dust mites, tree pollen, ragweed pollen, grass pollen, pet dander and foods.

Dust mites thrive on dandruff, sloughed skin and other causes of common house dust. Their favorite spot is within mattresses, which contains the kind of warm and humid environment they en-

Tree, ragweed, and grass pol-lens travel airborne and are so small that the particles are invisi-

ble to the naked eye. Although est on cool, cloudy days or after they are no bigger than the width of a hair, every grain of pollen has a distinctive shape, depending on the species of the plant, tree, grass, or weed.

Dander, or dandruff, is produced by humans, house pets, and other animals when they shed dead skin cells. In addition to the obvious culprits, such as dogs or cats, the possibility of reaction from horse products in car-pet matting or horse hair stuffing antique furniture should not be overlooked.

Allergies are caused mostly by light, wind-born pollen from trees, grasses and weeds. Colorful, scented flowers such as gold-enrod, whose pollen is too heavy and sticky to be carried in the wind, should not be a concern.

Ragweed pollen causes the most allergies, followed by various grass and tree pollens. As a general rule, trees pollinate in the spring, grasses in the summer and ragweed from August to October. Pollen counts are higher after warm, sunny days and low-

Most radio stations warn of high pollen count days. Pollen counts are highest in the morning between 5 a.m. and 10 a.m. and gradually decrease throughout

Frost does kill outdoor pollen-producing plants; however, allergies may continue to be triggered by indoor allergens and irritants such as mold, animal dander and dust.

To reduce allergy problems, keep the household as clean and dust free as possible. Change bedding sheets once a week and wash them in hot water to kill all of the microscopic dust mites that live on your sloughed off skin

Don't open the windows in your house because the fresh air brings in pollens floating around in he outside and also stirs up pollens all ready in your home. If you are allergic, stay away from pets, they will have you sneezing and tearing in no time. Stay inside if possible between

the hours of 5 a.m. - 10 a.m. when the most pollen is in the air

Do not keep your house plant inside the home, they collect dus rapidly. The same goes for storing books on open bookcases Wood floors are preferred over carpeting because they can b cleaned more thoroughly than

when sleeping do not sleep or pillows stuffed with feathers or they provide down comforters, they provide an ideal setting for the dust mit to flourish. When cutting gras wear a mask so you do not in tate your allergy sensitivities fur

Constant, year-round, water itchy eyes, sneezing, runny nos and headaches are no laughin matter as millions of American suffer from allergies will attest.

If allergy symptoms persis seek an allergy specialist and be tested. Some may need to take prescription medicine and or immunotherapy, which are simply allergy shots that will build you immunity over time to your par ticular allergens.



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