

REC SPORTS HILITES

TEXAS A&M UNIVERSITY

Wednesday, January 20, 1993

- ❖ Rec Facility Hotline 845-0737
- ❖ Read Court Reservations 845-2624
- ❖ Intramural Rain Out Info 845-2625
- ❖ Outdoor Equipment Rental 845-4511
- ❖ Rec Sports Office 845-7826

EXERCISE CLASSES * INFORMAL RECREATION * INTRAMURALS * SPORT CLUBS * TAMU OUTDOORS

WELCOME BACK!

THE DEPARTMENT OF RECREATIONAL SPORTS

The purpose of the Department of Recreational Sports is to provide a recreation program to meet the needs of the university community. This includes an outdoor recreation program, exercise classes, a sport club program, employment opportunities for students, informal recreation, a comprehensive intramural sports program, and recreation facility management and reservations. The activities, classes, and programs the department offers are all non-credit.

TAMU OUTDOORS

TAMU Outdoors is the Rec Sports' outdoor program. It includes outdoor equipment rental, resource info, basic skill development, and adventure trips. All of these areas form a program that is designed to provide outdoor experiences for Texas A&M and the Bryan/College Station community emphasizing adventure, environmental awareness, challenge, education, personal development, safety and FUN! Read the Rec Sports Hi-Lites for upcoming TAMU Outdoors events and activities.

EXERCISE CLASSES

Rec Sports presents the ultimate in adult fitness classes. You can adjust your exercise classes around your work and class schedule. What a concept! We feature noon-hour and evening classes. You choose the days and times that fit your schedule! Classes include bench stepping, light weights, interval circuit training, abdominal workout, and aerobic walking and jogging. Register in 159 Read.

Class	Day	Time	Fee*	Dates**
Light Weights, Abdominal Workout	Mon.	12:30-1:30	\$20.00	Feb. 1-May 3
Aerobic Walking/Jogging, Interval Training	Tue.	12:30-1:30	\$20.00	Feb. 2-May 4
Light Weights, Abdominal Workout	Wed.	12:30-1:30	\$20.00	Feb. 3-May 5
Aerobic Walking/Jogging, Interval Training	Thu.	12:30-1:30	\$20.00	Feb. 4-May 6
All Step	Mon.	5-6 p.m.	\$20.00	Feb. 1-Apr. 26
Step Sculpt	Mon.	6-7 p.m.	\$20.00	Feb. 1-Apr. 26
Combo Workout (Aerobic & Step)	Tue.	5-6 p.m.	\$20.00	Feb. 2-Apr. 27
All Step	Tue.	6-7 p.m.	\$20.00	Feb. 2-Apr. 27
All Step	Wed.	5-6 p.m.	\$20.00	Feb. 3-Apr. 28
Step Sculpt	Wed.	6-7 p.m.	\$20.00	Feb. 3-Apr. 28
Combo Workout (Aerobic & Step)	Thu.	5-6 p.m.	\$20.00	Feb. 4-Apr. 29
All Step	Thu.	6-7 p.m.	\$20.00	Feb. 4-Apr. 29

* Sign up for two noon-hour or evening classes and get the third noon-hour class for half price OR sign up for three noon-hour or evening classes and get the fourth noon-hour class FREE! Confused? Call us and we'll explain!

** No classes will be held the week of Spring Break, March 15-19.

SPORT CLUBS

Sport Clubs provide opportunities for students to participate in non-traditional intercollegiate competition. Clubs are encouraged to represent the University at local, regional, and national competitions.

All clubs offer skill development and gladly accept novices with a desire to learn. Sport clubs are open to all students. For more information on the Sport Club program, call Paula at 845-3076 to obtain the name and phone number of the club rep.

Archery	Judo	Rugby, Men	Ultimate Frisbee
Badminton	Lacrosse	Rugby, Women	Volleyball, Men
Bowling	Pistol	Sailing	Volleyball, Women
Cycling	Polo	Soccer, Men	Water Polo
Fencing	Racquetball	Soccer, Women	Water Ski
Field Hockey	Road Runners	Trap & Skeet	Weightlifting
Gymnastics	Rodeo	Triathlon	Wrestling
Handball			

GOLF LESSONS

Rec Sports is sponsoring golf lessons. The four session clinic is available to TAMU students and faculty/staff and is taught by Larry Godfrey, Jr., a certified professional golfer. Each class is limited to 15 persons. (A minimum of eight people is required for the class to be held.) Golf balls will be provided, but participants must provide their own clubs. Classes will be held at the Rec Sports Golf Driving Range, located west of Olsen Field. The cost for the clinic is only \$25.00.

Beginners
Mon. & Wed.
6:00 p.m. - 7:00 p.m.
Feb. 15, 17, 22, 24

Intermediates
Tue. & Thur.
6:00 p.m. - 7:00 p.m.
Feb. 16, 18, 23, 25

LOCKER RENTAL

Recreational lockers in the Read Building, G. Rollie White and DeWare are available for rent. Rental fee is \$12.00/semester. Stop in 159 Read to reserve yours today!

NEEDED: FREE AGENTS

Need a team to call your own? Sign up for the Free Agent program. We'll help you get in contact with other students looking for team members in basketball, soccer, etc. Stop in the Rec Sports Office and fill out a Free Agent Form.

"A STUDENT JOB WITH AN OFFICIAL TITLE"

So, you want to be an official!
Have we got the training and job for you!

Rec Sports sets a high standard for the intramural official. And we should. We only work with and for the best—the students of Texas A&M.

Individuals are instructed in the proper rules and techniques of the sport you choose. You get on-the-job training. The program helps you learn how to adjust to and cope with your peers and work as a team with other officials. Oh! Hours are flexible and you get paid, too!

If you are interested in becoming a basketball or indoor soccer official, please call 845-7826. If you'd like to officiate other spring semester sports, the meeting time and dates are listed below.

So... get involved... get officiating!

Sport	Date	Time	Where
Wallyball	Jan. 25	6:00 p.m.	164 Read
Slowpitch Softball	Feb. 1	6:00 p.m.	267 GRW
Innertube Water Basketball	Mar. 1	6:00 p.m.	164 Read
Volleyball Triples	Mar. 1	6:00 p.m.	164 Read

INFORMAL RECREATION

Feel like playing racquetball, handball or squash? Call Court Reservations, 845-2624, to reserve a court. (Reservations may be made 24 hours in advance.) How about shooting a few hoops? Call the Rec Facility Hotline, 845-0737, to see which gyms are available for you to use.

INTRAMURAL REGISTRATION SCHEDULE

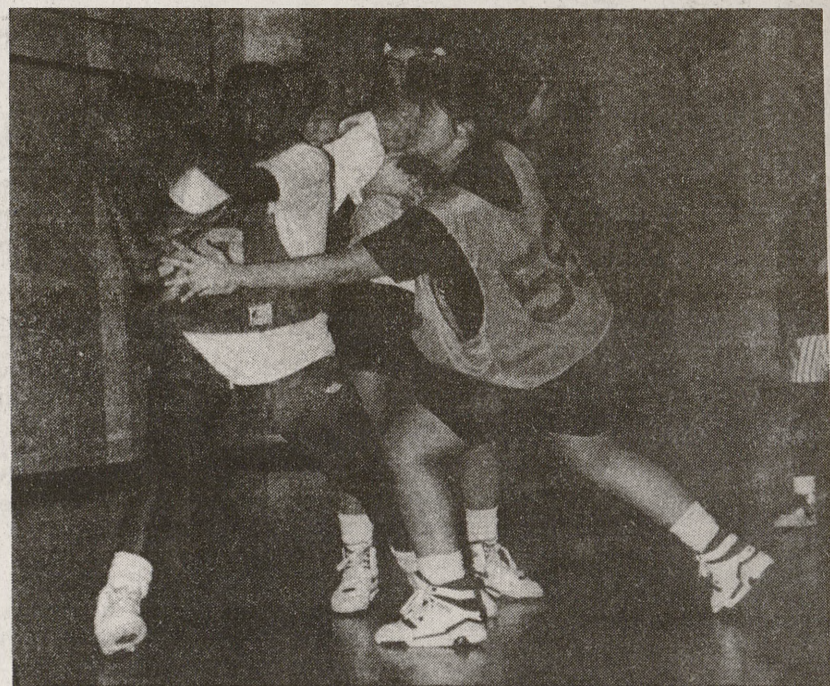
The following schedule is for the first few weeks of the 1993 spring semester. Read the Rec Sports Hi-Lites Mondays for more details.

Registration Dates

Sport	Open	Close	Fee
Pre-Season Basketball	NOW	Jan. 26	\$10.00
Basketball	NOW	Jan. 26	\$30.00
Indoor Soccer	NOW	Jan. 26	\$30.00
3 Point Shootout	NOW	Jan. 26	Free!
Table Tennis Doubles	Jan. 25	Feb. 2	Free!
Team Bowling	Jan. 25	Feb. 2	\$24.00
Wallyball	Jan. 25	Feb. 2	\$15.00
Pre-Season Softball	Feb. 1	Feb. 9	\$10.00
Slowpitch Softball	Feb. 1	Feb. 9	\$30.00
Sweetheart Run	Feb. 1	Feb. 11	Free!*
Free Throw	Feb. 8	Feb. 16	Free!
Slam Dunk	Feb. 8	Feb. 16	Free!
Squash Singles	Feb. 8	Feb. 16	Free!
8-Ball Doubles	Feb. 15	Feb. 23	TBA
Racquetball Singles	Feb. 15	Feb. 23	Free!

* Race T-Shirts are available to runners for \$6.00.

For a complete set of rules and regulations, please stop in the Rec Sports Office, 159 Read. Registration and fees are taken in 159 Read, Monday-Thursday, 8:00 a.m. to 5:30 p.m., Friday from 8:00 a.m. to 5:00 p.m. Visa, MasterCard and Discover accepted.



Basketball entries are NOW OPEN!
Sign up today!

FOR MORE INFORMATION ON ANY REC SPORTS PROGRAM,
STOP IN THE REC SPORTS OFFICE, 159 READ, OR CALL 845-7826.

THE DEPARTMENT OF RECREATIONAL SPORTS IS A PART OF THE DIVISION OF STUDENT SERVICES.

VISA, MASTERCARD, AND DISCOVER ACCEPTED.