

# WHAT'S UP

## THURSDAY

Jason at 846-1270 or Danny at 764-1524.

**AGGIE FISH CLUB:** Meeting from 8:30 p.m. to 10 p.m. in 301 Rudder. Please call Carrie at 268-8240 if you have any questions.

**AGGIELAND:** Sophomore pictures will be taken for the Aggiland Nov.4-Nov. 20 from 9 a.m. to 5 p.m. at AR Photography, located at 707 Texas Ave. next to Taco Cabana.

**CLASS OF '94:** Elephant Walk T-shirts and buttons will be on sale in the MSC from 10 a.m. to 3 p.m. For more information call

**CLASS OF '95:** T-shirts will be on sale this week in the MSC. Class meeting at 8:30 p.m. in 111 Student Services Building.

**COMMUNITY OF SINGLE ADULTS:** Volleyball at 7 p.m. in Copperfield Park in Bryan. Rain location is at St. Joseph's gym in Bryan. For more information call Royce at 776-1693. Also, RSVP for Nov. 16 event by today at 696-8670.

**INSTITUTE FOR THE HEALING OF RACISM:** Come share feelings and thoughts

about the issue of racism at 7:30 p.m. at the Lincoln Recreation Center off of Holleman. For more information call Leslie at 822-3039.

**MANAGING COLLEGE WRITING ASSIGNMENTS:** Discuss strategies for writing effective college papers and essay exams. Workshop is in 242 Blocker from 5 p.m. to 6 p.m. and is free. Register in advance in 243 Blocker. For more information call the Center for Academic Enhancement at 845-2568.

See More What's Up/ Page 6

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**PICK UP  
YOUR COPY.**

TEXAS A&M STUDENTS: If you ordered a 1992-93 Campus Directory, stop by room 230 Reed McDonald Building between 8:15 a.m. and 4:45 p.m. Monday through Friday to pick it up. (Please bring ID)

'92-93 Campus Directory

## Teen obesity causes illness, study says

### THE ASSOCIATED PRESS

BOSTON — Overweight teenagers are more likely than their thin friends to suffer such problems as heart disease, colon cancer, arthritis or gout by age 70, according to a study.

Men who were fat adolescents begin to die at a higher-than-usual rate by age 45.

When they reach their 70s, their risk of death is twice that of those

who were normal size as teenagers.

Women suffer a variety of additional health problems if they were overweight as youngsters.

But at least into their 70s, they appear to live just as long as those who were thinner teen-age girls.

Many studies have shown that being obese during adulthood is unhealthy. But until now, there has been little clear evidence that being overly chubby as a teen-

ager also spells trouble later on.

The new study found that overweight adolescents often have poor health later in life, regardless of whether they became overweight adults.

"It says there is something critical about adolescence that increases the likelihood that obesity will be associated with consequences independent of adult weight," said Dr. William H. Dietz of New England Medical Center, a co-au-

thor of the study.

The study, directed by Dr. Aviva Must of the U.S. Department of Agriculture Human Nutrition Research Center in Boston, was published in Thursday's New England Journal of Medicine.

It was based on a follow-up of 503 youngsters who participated in the Harvard Growth Study, conducted on school children in Boston's suburbs between 1922 and 1935.

### Do You Know If You Have Asthma?? Do You Experience Any of the Following Symptoms:

Wheezing? Shortness of breath? Tightness in your chest when you exercise? If so, you may have asthma. Biologica is offering FREE pulmonary function testing (PFT) to non-smokers age 12-60 who think they might have asthma or who are diagnosed with asthma. In addition, asthma research studies are currently being conducted for which you might qualify and receive compensation. Call Biologica Research Group, Inc. for further information.

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HURRY NOW TO RESERVE YOUR SPACE!!

#### MEETING DATES

Nov. 10, Nov. 17, Dec. 8  
All meetings are in rm. 144 of the Student Services Building at 8:30 p.m.

For more information come by the Snow Ski Club cubicle in the Student Services Building Or Call Jeff 693-9624 Krista 696-8186

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