



Jason Oakes, a senior psychology major from Plano, D.J.'s for radio station KANM in the Student Service's Center on Wednesday. Oakes, an alternative D.J., is also a member of the band "Seventy Sevens."

KANM survives another relocation

**By Christi Ray
The Battalion**

KANM 99.9 FM Cable moved their radio station from the Pavilion to the Student Services Building in the University Center Parking Garage across from Rudder Tower.

"This is the first time we have had a room designed specifically for the station," Beth Weissinger, KANM station manager, said. "The department of student activities moved and included KANM and had a three-room studio built for us."

"The station was originally an idea of the Student Government, Weissinger said. The ties were later cut from Student Government and KANM became an independent station."

"The station was operated by students off campus at one time," she said. "There was even one point that it operated out of the back of a barber shop."

"The station was shuffled from building to building for a while until they settled in the Pavilion," she said.

The station is funded by three main sources, Weissinger said. The primary funds are membership dues from the disk jockeys, the alternates and other general members.

It is also funded by program underwriting or sponsorship from local businesses and fundraisers such as T-shirt sales and benefit concerts.

"We're a very low budget station, and all staff members are volunteers, which definitely saves a lot of money," she said. "The biggest expense we have is paying for the phone line to transfer the signal which is about \$200 to \$300 a month."

"The station is run by the students who take the time, effort and energy to get involved," Weissinger said. "Our main staff members are all students, but some community members come in and help with the news."

People who are interested in working go through a training program to be an alternate for the D.J. Most D.J.s have one show a week with a three-hour time slot.

"The first time the station went on the air it was under a different name," Weissinger said. "It has existed in some form since 1973."

A BURNING CONCLUSION

Firefighters complete A&M training school

**By Erin Bradley
The Battalion**

Firefighters from 30 states and five nations fought blazing fires and dealt with 90-degree temperatures at Texas A&M's Brayton Fireman Training Field last week.

Approximately 2500 participants in the 63rd Annual Municipal Texas Firemen's Training School gained experience in all aspects of firefighting.

At 41 projects or practice stations, students combatted fires and practiced rescue techniques as if the situations were real.

"The first thing they've got to learn is not to run," said Midland Fire Chief James Roberts, who is an Assistant Field Safety Supervisor at the field. "But a lot of them look forward to coming."

"I'm having a great time," said O. J. Winston, who has been with the League City Volunteer Fire Department for three years. "I like to travel and meet people, like the different instructors."

Bryan Fletchall, who is also with the League City department enjoys "helping people out and the camaraderie." Fletchall has been training in rescue, pumping, and with other fire equipment, such as aerial ladders.

Professional, volunteer,

veteran and rookie firefighters have been coming to the school from rural departments which do not have the capability to offer in-house training. In turn, the citizens of communities which send their firefighters to training receive reduced fire insurance rates.

Approximately 10 percent of the firefighters who attend the school each year are women, said Brenda Sims, information specialist for the Texas Engineering Extension Service, which started the fireman's training school in 1931.

The camaraderie of the firefighters bridges the gap between male and female and solidifies each firefighter's dedication to serving their communities.

"Not that we're anti-female, but some of this type of work requires upper-body strength, and a small stature can be a real disadvantage," Roberts said. "Of course, this can be a problem with males, too."

Phylis Williams has been a volunteer firefighter in San Antonio for eight months, and "got into it because of the people. My ex-husband was paralyzed in an accident. Now I want to help other people, and so far I really like it."

"I've actually had people die on me and that's been hard, but we're out there to do a job, to save lives and to save people's homes," Williams said. "We have to do the best we can."



DARRIN HILL/ The Battalion

Network links users to world

**By Juli Phillips
The Battalion**

Information about events around Texas A&M and around the world is now just a terminal away.

Due to the addition of a new general information system server, nicknamed Gopher, information about Texas A&M's computer resources, bus schedules, local entertainment and University Plus is readily available.

Student and staff phone listings can also be accessed through this server.

Dawn Lee, a graduate student working with the Gopher system, said an important aspect of Gopher is that it links Texas A&M to 80 other Gophers located around the world.

"Anyone can get information about A&M, but you can get to many places around the world using the system," she said.

Gopher can reach universities in Canada, Mexico, Israel and Ireland as well as any business in the world with a Gopher system.

"It (the information accessible) is much more comprehensive than just libraries," Lee said. "If we know about it, and we feel it is important enough, then we'll get to it through Gopher and establish a link so users can get the information."

Lee said one of the highlight

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Health Tips

Insulin instability causes problems

**By Amy Lamb
A.P. Beutel Health Center**

One million Americans suffer from an insulin deficiency. Insulin is used by the body to move sugar, obtained from the foods we eat, into the body's cells for energy. If there is no insulin to help the body utilize the sugar, serious health problems can arise.

Here are a few signs and symptoms of diabetes to look for:

- frequent urination
- feeling hungry even after eating
- being weak and fatigued often
- having extreme thirst
- being irritable and moody

Occasionally, complications can arise if your blood sugar level drops too low or rises too high. Hypoglycemia occurs when the blood sugar level is too low and you have enough insulin but not enough sugar. Hyperglycemia or diabetic coma occurs when you have too much sugar and not enough insulin to break down the sugar into glucose.

Signs and Symptoms of Hypoglycemia:

- shakiness and sudden weakness
 - irritability
 - moody
 - pale
 - confused
 - excessive sweating
 - bounding heartbeat
- Signs and Symptoms of Hyperglycemia
- excessive thirst and hunger
 - drowsiness
 - flushed skin
 - heavy breathing, like hyperventilation
 - having fruity or wine-like breath odor
 - appear to be intoxicated

If you see anyone with these symptoms, consider giving them sugar and get them to professional medical attention immediately! Maintain their vital functions, i.e. breathing and pulse. If the individual is unconscious, transport to hospital quickly to ensure proper action.

There are several types of sugar that are appropriate to give the victims. Give only one of the following to treat their condition.

- a packet of table sugar
- 1/2 can of sugar-containing cola (no diet drinks)
- a piece of hard candy
- 1/2 of a candy bar
- a 4 oz. glass of fruit juice with sugar added

If you have diabetes, following the instructions of your health care provider, i.e. physician, is the key to preventing either of these conditions from arising. Take your medications as ordered.

Another key to proper health for diabetics and non-diabetics is sufficient exercise. Diabetics need to facilitate the burning of glucose in the blood.

Help control your weight by burning up extra calories that are present in the glucose. Exercising three to four times a week will improve your overall health and make you feel better and more energetic. Everyone, not just diabetics, needs this type of exercise program.

One more key to keeping healthy is a proper diet, the right balance of carbohydrates, protein and fat. The "ideal" food choices should consist of high complex carbohydrates, for example, grapes, bananas, carrots, rice, pasta and potatoes.

Each meal should include a normal serving of protein that might include beef, chicken, fish or cottage cheese. Limit table sugar and lower the fat intake.

Fat is found most commonly in nuts, salad dressings, butter, chips and whole milk to name a few. Be sure to read labels and watch out for foods with sugar, honey, fructose, dextrose, sucrose or corn syrup that are listed at the beginning of the ingredients list on the label.

If you are diabetic or borderline diabetic, always have identification with you in case of an emergency.

Also, if you need more information on diet, exercise, support groups, or education, come to the Health Education Center located in Room 016 in the A. P. Beutel Health Center for a list of resources in the Bryan-College Station area.

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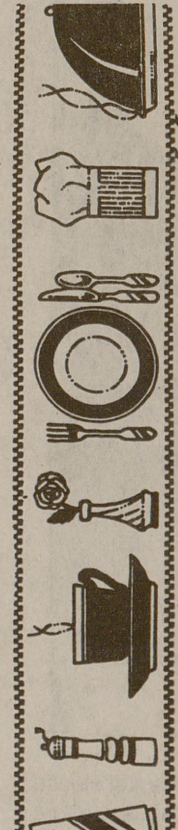
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