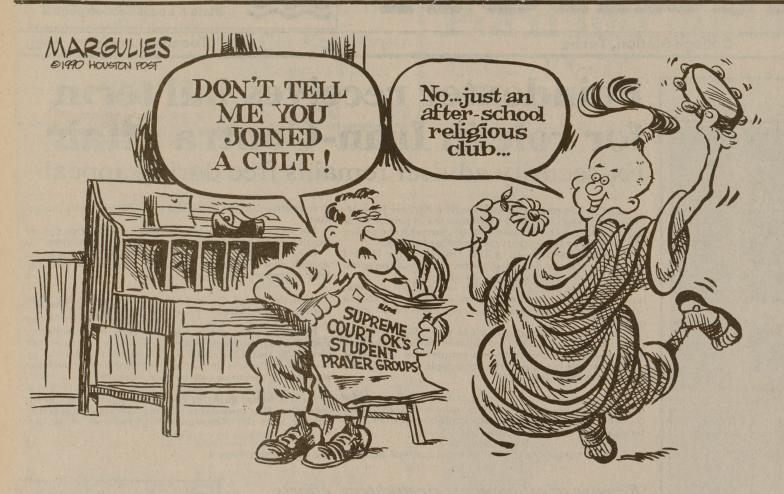
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OPINION



Overexposure to sun can be deadly

It's summer, a time to enjoy the weather, the pool and the sun. But let's be careful. Sun overexposure can have serious consequences.

According to the Skin Cancer Foundation, half a million Americans develop skin cancer every year: That is approximately one of every 128 Americans, a 93 percent increase from 10 years ago. While physicians usually used to see skin cancer in patients over age 40, people in their 20s are now being treated for this disease

The sun's ultraviolet (UV) rays are the main agents of skin cancer. Ozone depletion contributes to the harmful effects of sunbathing by letting UV rays pass unfiltered through the atmosphere.

There are two types of UV rays: UVA which penetrates slowly and deeply in the skin causing premature aging, and UVB which produces tanning and

burning.
The "California" tan look is no longer considered healthy. Over the years, the sun can irreversibly damage the elastin fibers in the skin, causing wrinkles, a weather-beaten look and the real danger: skin cancer. Ninety percent of all skin cancers occur in parts of the

Erika Gonzalez-Lima

Health Columnist

body not usually covered by clothing, such as face, hands and forearms.

There are three types of skin cancer: squamous cell carcinoma, malignant melanoma and the most common of all, basal cell carcinoma. If detected early, skin cancers have a 90 percent cure rate. Attention should be paid to any

change in size, color, shape or thickness of moles and birthmarks, and to any skin region that itches, hurts or bleeds. Methods of treatment include surgery, electrical current, freezing, radiation and chemotherapy.

How can skin cancer be prevented? The American Cancer Society pamphlet entitled Fry Now Pay Later recommends the following:

1) Cover-up: use a hat, sun glasses and clothing.

2) Try to avoid the sun's rays between

11 a.m. and 2 p.m. 3) Use sunscreens, which work by absorbing or reflecting the UV rays, thereby reducing the amount that

reaches the skin. To improve protection, apply sunscreen 30-60 minutes before sun exposure. New sunscreens are manufactured waterproof, hypoallergic, oil free and without PABA (or para-aminobenzoic acid, a sunscreen chemical that may irritate the skin and produce itching and redness).

The Food and Drug Administration has determined the sun protection factor (SPF) of sunscreens. For example, a SPF of 10 protects a person who normally sunburns in 30 minutes to safely sunbathe for five hours or 10 times longer than usual. If a person burns easily, it is better to use a sunscreen with a higher sun protection factor (SPF).

What about an indoor tan? Indoor tanning may be as harmful as outdoor tanning. Sunlamps also irradiate UV rays, thus increasing the chances for skin cancer. In addition, UV radiation can damage the eye's cornea and retina, leading in some cases to loss of vision. Goggles can offer extra protection. Also one should avoid tanning pills.

Have a question on a health issue? Write to the Health Columnist, Dr. Erika Gonzalez-Lima, Student Health Center, Texas A&M University, College Station, TX 77845-1264.

Low-rub ink keep clothes, hands neat

Some of you have been seeing less of The Battalion lately, and that's a good sign. It's not that we want fewer readers, it's just that we want less of The Battalion black ink on your hands and light-colored clothing.

During the spring semester The Battalion switched from standard ink to a low-rub black newsprint ink. Flint Ink Corp., which supplies ink for the Texas A&M University daily newspaper, claims the new ink is the most rubresistant on the market today.

Flint explains that the new ink does not cause those irksome smudges because it contains certain resins that dry to form a cover over the ink pigment.

Although more expensive, the lowrub ink is touted to be less consuming so that a 50-gallon drum should last up to 20 percent longer than conventional

One caution for all of our readers: The Battalion is using low-rub only for black ink, so still be careful of the maroon and other colors which occasionally show up on our pages

Although the low-rub is now available in colors, it would be impractical to order and store a 50-gallon drum with its limited use. Readers, who

used to complain about the black smudges on their hands and clothing, have not made an issue about the ink since the switch. But one of the more

recent concerns of students is in the area of recycling.

Yes, leftover newspapers are recycled by the Printing Center. In fact, The Battalion office has recycling containers for its own consumption of aluminum cans and waste paper.

We would encourage more campus departments and offices to do likewise. The Battalion has talked with its

paper supplier, Champion International Corp., about the use of recycled newsprint. Unfortunately, despite all the rhetoric, recycled newsprint is not as readily available as the industry wishes.

In trying to keep up with the growing demand, Champion will be building a much-needed newsprint recycling plant near the greater Houston area.

Randy Hines

Reader's Opinion

The Battalion has let Champion know it will be a willing customero the product is available during the

The American Newspaper Publication Association has encouraged all newspapers in this country to use recycled paper for up to 28 percer their consumption by 1992.

Recycled newsprint capacityis expected to double in North Amer between now and then, from 2.3m short tons to an estimated 4.6 miles short tons in 1992. But the demand two years will be approximately the times the potential supply.

Much of this country's recycled newsprint winds up overseas or in making boxes and paper bags.

Meanwhile, The Battalion wou to join other students in voicing and for A&M to develop a campus-wide

recycling pro Small isolate projects (such as our newsroom and the Univers reuse of wooder pallets) are not enough. A&M probab generates enou

paper every we

to build a record

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Items for no later the nam a Battal on a firs

bonfire. Faculty mailboxes are stuffed daily with multi-page documents about a meeting or pro which interests perhaps one percen

the recipients. Even if it is not economically profitable now for the University attempt a massive recycling campa is ethically responsible

Randy Hines is a lecturer in the Department of Journalism and the manager of student publications.

As with all columns, viewpoints expressed in Reader's Opinions are not necessarily those of The Battalion. Persons interested in submitting a Reader's Opinion should contact the Opinion Page Editor at 845-3314. The editorial staff reserves the right to edit Reader's Opinions for style and length, but will make every effort to mission the author's erry effort to maintain the author's intent.

Mail Call

China deserves Most Favored status countries.

The Battalion Opinion Page has recently retitled it's more lengthy submissions from "Guest Columns" to "Reader's Opinion." Irwin Tang's June 5th article was indeed an opinion, but is proved to be a very uninformed one. The "facts" and information presented on Most Favored Nation (MFN) trade status, U.S. support in Cambodia and the U.S. goals of granting to China MFN status are specious, incomplete and often just plain false.

Section 402 of the Trade Act of 1974, the so called "Jackson-Vanik" Amendment gives the president waiver authority to grant MFN status to communist countries. The purpose of this amendment (according to E.J. Derwinski, counselor of the Department of State) is to "create important opportunities for us to work successfully for improvements in other countries' emmigration and human rights performance." It is not to "help the elite bureaucratic class that controls the government make more money." Today there are 60,000 Chinese with approved visas waiting to enter the U.S. because of MFN. Therefore, George Bush has not "defied the MFN laws," but rather, he has worked within the frame and spirit of the law to aid the people of China. This part of the bill was designed specifically to promote freedom in communist

If we halt relations with China, the precious example of democracy provided by our interaction will cease as well. The current power-brokers in China are now in their eighties. The transition forthcoming can go in one of two directions: (1) the way of enlightened reformism, or (2) the dead end road of doctrinaire Marxism. Isolation of China is the only thing that could drive the new leaders down the latter path. A policy of sanctions would punish not the leaders of China but the people. The ideas of inalienable rights and democratic government would remain largely unknown in China today had it not been for the bilateral bond between our nations.

Tang's article also seems to suggest the U.S. supports the genicide committed by the Khmer Rouge from 1975-1978. In actuality, the U.S. supports Prince Norodom Sihanouk and Son Sann, both non-communist leaders who are currently part of an Alliance of Convenience with the Khmer Rouge in order to contest the current Russo-Vietnam backed communist government. Bush supplied arms to the non-communist factions, led by Sihanouk, not to the Khmer Rouge. In fact, Sihanouk's goal is to eventually "neutralize the Khmer Rouge" ("Time," August 14, 1989). China has also been moving toward the U.S. position that the Khmer Rouge be prevented from regaining power in Cambodia thanks, in part, again to

Calling his president ignorant and his vice-president illiterate is very haughty indeed. It seems Tang has reached that rarefied air occupied by himself and most obstreperous 13 year olds — he knows everything. What Tang's article shows, however, is his lack of ability to think through tough, complex issues. We must not, however, let emotion and impulse dis place responsible, considered positions to facilitate resolvence of the China crisis. The Tiananmen Square massacre was a tragedy and is anathema to all Americans. We should applaud George Bush for insuring that the force of democracy which made the world hold it's breath as a lone freedom fighter brought the line of communist tanks to a halt can live ... again.

Andy Keetch '92

Have an opinion? Express it!

Letters to the editor should not exceed 300 words in length. The editorial staff reserv the right to edit letters for style and length, but will make every effort to maintain the author's intent. There is no guarantee that letters submitted will be printed. Each letter must be signed and must include the classification, address and telephone number of the writer. All letters may be brought to 216 Reed McDonald, or sent to Campu

The Battalion

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Opinions expressed in The Battalion are those of the editorial board or the author, and do not necessarily represent the opinions of Texas A&M administrators, faculty or the Board of Regents.

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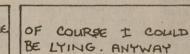
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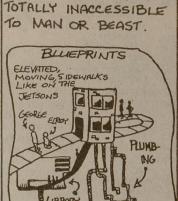
I'D FIRST LIKE TO SAY THANK YOU FOR THIS CHANCE AND UNLIKE THE REST OF THIS CAMPUS I DON'T CURSE YOUR NAME WHEN







IN SHORT MY PLAN CALLS FOR ELEVATING TEXAS A&M



MAKING THIS CAMPUS



by Brett Bridgem SO, WHAT DO