Chewing bark is good for you?

Prof spends three years studying Yugoslavian folk medicine

By Julie Myers

Of The Battalion Staff

Chewing willow bark may help relieve head-aches, according to a three-year study of Yugoslavian folk medicine by a Texas A&M

Dr. Clarissa Kimber, a plant geography pro-essor, returned to campus in August from a Ful-right-Hays-sponsored study tour of Yugoslavia, here she investigated the impact of modernizaon and industrialization on the use of folk med-

There is a dependence in Yugoslavia on herbal edicines, such as willow bark, in virtually every busehold — from top party leaders to the poort peasants in the countryside, she said.

This reliance on folk medicines can be traced ack to Greco-Roman times and to the Muslim upation during the Ottoman Empire, Kimber id. Yugoslavia has been in the migration reams of people from the Near East and Euope, resulting in the accumulation of customs and practices from many cultures. Kimber said ese characteristics make Yugoslavia an ideal ace to conduct the research.

By studying folk medicine use in selected ouseholds of six Yugoslavian republics, Kimber opes to provide a more in-depth analysis of how dividual families organize their medical sys-

"We looked for something besides a mere listg of what it is people use and how they use it," imber said. "We wanted to get away from the ee whiz' angle of folk medicine."
Although pharmaceutical companies in the United States have not expressed an interest in Kimber's research, two large Yugoslavian companies, Lek and Alkaloid, are interested in the process for its pharmaceutical value.

Kimber said the science attache in the U.S. Embassy also was anxious for the project to begin because it is the first one with a human compo-

nent rather than simply technology.

Kimber said that because the same six republics and villages were studied by a team of re-

We looked for something besides a mere listing of what (folk medicine)people use and how they use it. We wanted to get away from the 'gee whiz' angle of folk

> - Dr. Clarissa Kimber, plant geography professor

searchers 10 years ago, there was little opposition to the interviews. Medical doctors of the middle generation, however, had a negative attitude because of their insistence on a scientific approach, Kimber said.

In addition, Kimber said that while most families shared their remedies, some folk medicine practitioners kept them secret.

"There are reasons for being an expert," Kimber said. "If you can control information, you enhance your own role as an expert.

The language barrier is the greatest obstacle to the research. Although most of the population can manage some words in English, French or German, Kimber said the actual interviews are conducted by Yugoslavians conversant in many of the languages. Kimber does not speak any of the native Yugoslavian languages, so she acts primarily as the adviser to the team of investigators and field people, which includes a medical doctor, pharmocologist, botanist, medical agronomist, sociologist and anthropologist.

The team will be responsible for the recommendations and substance of the report, which will be submitted to the newly appointed Committee on Folk Medicine of the federal goverment of Yugoslavia. Kimber said the report also will be published in international scientific jour-

Kimber said she ultimately wants to encourage third world countries to utilize effective folk medicines to reduce the cost of importing manufactured medicines.

In the near future, Kimber said she hopes to improve medicinal conditions in Yugoslavia.
"We hope it will have a significant impact in

Yugoslavia on central planning in terms of developing access for medical treatment for all Yugo-

slavian people," Kimber said. Kimber's personal motives for researching folk medicine come from a sense of obligation as well as professional achievement, she said.

"Because it's time I gave something back is perhaps motivating some of the ways in which I am going about my work," she said.

Store holds rally to protest dolphin killings

ed grocery chain is organizing and environmental issues. nvironmental groups such as reenpeace and Earth Island for a art of its emphasis on environmen-

Whole Foods Market Inc. said the ntion to the killing of dolphins by mmercial tuna fishermen.

ishing boats since 1959. Another fairly hard-hitting."

The campaign will include direct mail, radio and newspaper ads and post," a statement issued by the

"Whole Foods Market is boycot-on its paper grocery bags."
"As far as I know, this is a real pi-ands guaranteed not to have re-oneering effort," Sherry Matthews, "Whole Foods Market is boycotng all canned tuna except (two) ted in harm to dolphins.

The dolphin rally follows a decidvertising campaign drawing con- environmentally sensitive issues be-

ms-export violations and agreed to

osécutors say masterminded a

neme to illegally export aircraft

ednesday to one count of conspir-

y to violate the Arms Export Con-

ol Act and one count of money

Nissen, who is accused of send-

Nissen and the Arabs were ar-

ted after an 18-month investiga-

nter jets to Iran.

sed as arms suppliers.

Canadian conspirators

plead guilty to planning

arms shipment to Iran

CORPUS CHRISTI (AP) — Two faces a maximum of 15 years impris-

stify against a Swedish man who the Arabs' plea comes as no surprise,

Ronald Hilton Arab, 52, and his agreements to testify against people not so clearly guilty so they can get off," May said. "I think that's what

They were arrested on May 25, in an illegal activity and did not intended to violate U.S. laws. After en-

prrkoping, Sweden. All were countering problems with paper-arged with scheming to ship mil-work, Nissen had backed out of the

ons of dollars in aircraft parts and arms deal with the Arabs and was

13 heating tubes from F4C for Stockholm, where he will take

on by Customs Service agents, who Nissen's Swedish transportation cor-

Sentencing for the Arabs has been rate Nissen's statements that he un-

t for Dec. 18. Each of the Arabs knowingly broke U.S. laws, he said.

An Oct. 23 hearing has been set at the time of his arrest, May said.

anadians have pleaded guilty to onment and \$1.5 million in fines.

AUSTIN (AP) - An Austin- sumer attention to certain health

medicine."

The \$500,000 campaign started in September with the anti-tuna effort. dolphin day" rally this weekend as Other issues will include additives in poultry, pesticides in food, irradiation of food, recycling and water.

'In the past, we have not wanted aurday rally is designed to call at- to be negative because, after all, we are in business," Makey said. "But we are saying now that there are im-More than 6.5 million dolphins portant issues out there and people we been deliberately killed by tuna need to be aware of them. We will be

position on issues also will be printed

whose advertising and public relations agency was hired to work on on by Whole Foods chief executive the campaign, said. "We have seen companies deal with politically or

Nissen's attorney, Bill May, said

"It's frequently the case that peo-

but that his client will still go to trial.

ple who are clearly guilty make

you see happening."
May told the Corpus Christi

Caller-Times that evidence will show

reparing to leave the United States

May is scheduled to leave today

sworn statements from witnesses he

says are key to Nissen's defense.

These are primarily co-workers in

poration, who say they can corrobo-

fore, but this goes a lot further.'

stores in Austin, plus stores in Hous-ton, Dallas and Richardson, New Or-keley, Calif. leans, and Palo Alto, Calif.

by a group of young entrepreneurs interested in nutritious and quality natural foods. Whole Foods grew out of a merger of two small businesses selling natural foods in Aus-

The stores feature such items as whole grains, fresh chemical-free meat and fruits, and organically grown vegetables.

re, but this goes a lot further." Company officials estimate sales Whole Foods operates three could hit \$80 million next year with the opening of a ninth store, in Ber-

The activist campaign began last month with publication of the company was started in 1980 month with publication of the company's newsletter, the "Whole terested in putritious and quality Story," which was distributed to which was distributed to about 25,000 people, Mackey said.

The newsletter explains how dol-phins are killed in harvesting of tuna and why the tongol tuna Whole Foods sells — smaller than the more common yellowfin tuna and caught in the Gulf of Siam — doesn't harm

In Advance

Alpha Phi Omega offers free babysitting tonight

Parents, if you're trying to find a babysitter for this evening, look no further.

Alpha Phi Omega, a volunteer service fraternity, will open the doors in Lounge B on the quadrangle tonight from 6:30 10:30 to sit for children of all ages and one of the best things

about the offer is that it's free. Carolyn Takacs, a sen speech communication major and co-fellowship chairman, said plenty of activities are scheduled for the children, including games, movies, reading, coloring and Twister. A room for sleepy-heads also will be available. Takacs said APO has a "free

babysitting night" once a month and in the past turnout has been

"Usually there's 30 or more volunteers to watch the kids," Ta-kacs said. "They're well taken care of and each child is kept

Ouestions about the babysitting program can be directed to Amy Wilson, who is in charge of the evening, or any other APO member at 845-1515.

Singing Cadets plan rehearsal today in MSC

The Singing Cadets will have an open rehearsal today at 5 p.m. in the flagroom of the MSC.

The 65-member choral group holds open rehearsal every Fri-day before home football games.

Rape Crisis Center begins classes for volunteers

The Brazos County Rape Crisis Center will begin its 19th training class for new volunteers Monday. Training sessions will run Monday through Thursday evenings and 9 a.m. to 5 p.m. Saturday for two weeks, for a total of 36 hours.

Volunteer trainees will visit local hospitals and the Brazos County Courthouse to gain a better understanding of the medical and legal aspects of a rape situa-

tion, volunteer Pain Dillard said. Trainees also will attend films and lectures.

Volunteers may train to become hotline advocates, escort advocates or Friends of the Family advocates. Those interested may call Betsy Cozart, the center's volunteer coordinator, weekdays between 8 a.m. and 5 p.m. at 268-7273 to receive an application and a copy of the training class

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muscle spasms, or painful muscular sport injury to participate in a one week research study. \$50 incentive for those chosen to participate. \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50

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\$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 FEVER STUDY \$50 Short at home study to evaluate individuals 17 years and older who have a temperature over 100° f. \$50, incentive for those chosen to participate. Nights and weekends call 361-\$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50

\$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 Cold Study

\$50 \$50 \$50 \$50 Individual 18 years & older who suffer from recent onset of the common cold. \$50 incentive for those chosen to partici-\$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50 \$50

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Saturday, October 14

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