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WEATHER

FORECAST for FRIDAY: Continued partly cloudy with noticeably higher temperatures, especially at night.

HIGH:73 LOW:52

Thursday, March 9, 1989

Vol. 88 No. 112 USPS 045360 12 pages

College Station, Texas

Dole proposes 6-month trial period for Tower

WASHINGTON (AP) — Senate Republican Leader Bob Dole, struggling to stave off rejection of John Tower's nomination as defense secretary, proposed Wednesday night an extraordinary six-month trial con-firmation period so senators could judge whether Tower lived up to his no-drinking

Senate Democratic Leader George Mitchell expressed "immediate serious concerns" over the proposal, but promised to consider it overnight.

Dole made his dramatic bid to salvage the nomination at the end of the fifth day of a draining Senate debate, and after conceding it would "take a miracle to win confir-

Under Dole's proposal, Tower would be confirmed, but would submit a letter of res-

ignation to President Bush dated Oct. 1, 1989. If Tower's performance were satis-factory, there "probably" would be no need to reconfirm him, Dole said. Otherwise, "he probably wouldn't be the nominee."

Dole said he offered his proposal after discussing it with Tower. It came as the Senate neared a climax in its bitter struggle over the nomination. Lloyd Bentsen of Texas became the third

Democrat to endorse Tower's confirmation, but his speech was bracketed by declarations of opposition from Claiborne Pell of Rhode Island, Bennett Johnston of Louisiana, Joseph Lieberman of Connecticut and Charles Robb of Virginia - Democrats who had been lobbied hard by the Bush administration as potential pro-Tower votes. An Associated Press survey found 51

Democrats and Republican Sen. Larry Pressler of South Dakota either solidly opposed or leaning against confirmation with 41 Republicans and three Democrats either supporting or leaning in favor of the nomination.

Democrats hold a 55-45 edge in the Senate

Dole made his extraordinary proposal to deal with Senate concerns over Tower's history of drinking. "I think we ought to give him a second chance that many of us have had," said Dole, who was seriously wounded during World War II but has risen to a position of power and promi-nence in the Senate.

"It gives this Senate a second opportu-ty," Dole said. "It addresses the concerns nity,' raised by the chairman and the majority leader and by others at the same time it gives President Bush his choice for secretary of defense

Earlier, Dole suggested Tower be per-mitted to come to the Senate and answer the allegations against him, but did not im-mediately press the issue when Mitchell objected

There was little doubt that Dole's maneuverings were his final bid to save the nomination. Earlier, he conceded it would "take a miracle" to do so, and Johnston's speech seemed to deflate Republican hopes.

"In the nuclear age we can't afford to take a chance on the man who holds the fu-ture in his hands," Johnston said on the Senate floor.

The Louisiana Democrat said he was troubled by Tower's drinking habits and that alcohol altered the former senator's judgment. "There seems to be a personality change that occurs in Senator Tower,' Johnston said.

Earlier, Bentsen became the third Democrat to support the embattled nomination, saying, "I hope that when I get the next chance to talk with John Tower about the tough job of keeping this country strong, it will be while he's in his new office at the Pentagon.'

Tower said, "I'm both honored to have his prestigious support, and grateful for his humane understanding of what my family has endured

Despite Bentsen's decision, Mitchell repeated his claim the Senate will reject the nomination, and he led a chorus of Demo-crats who called for a quick vote.

Witness says North pleas gained money for Contras

BREAK SPRING BREAK 1989 Student Body

U. THE NATIONAL COLLEGE NEWSPAPER 23

New awareness gives defense class a lift

Continued From Page 22

Body

ics classes each week, and as a result, eloped patella femural syndrome, a indition in which the kneecap does not we correctly. Since developing the order, Foti hasn't been able to do obics regularly.

"Ill get better, but your knees are ow to heal," Foti said. "I'll probably ever do fitness dancing again."

Fitness dancing often places a greater tress on the knees than other aerobic ctivities since it involves many lateral rements as well as landing on the e, rather than the heel.

"It's a little more unnatural than runing." Foti said.

"Every time you come down, you're erting a force of two to three times wurbody weight," said Lisa Derkits, an exercise physiology major who is taking er some of Foti's classes while trainng for her aerobic certification.

Derkits recommended weight traingfor toning on days between vigorous robic workouts.

But weight training cannot be used as substitute for aerobic work, Jackson utioned.

Men, in particular, tend to emphasize eightlifting and neglect aerobic work. it adds muscle and slightly in

By Alison Barth Brown Daily Herald Brown U., RI

Thirteen women sit in couches along the edge of the room, waiting for Jan Wilson to begin her course on self-defense. Wearing her blackbelt and grey sweats, she sits on her knees in the middle of the floor. She looks strong, aware and very cap-

"To be a woman around here, you gotta carry an Uzi to work or something," she says, half-joking, halfserious, as she describes how the third Brown U. rape victim was

assaulted.

Approximately 150 women have taken her two-hour evening course on self-defense over the past month in response to those rapes.

Common sense things first, she begins. The most important part about self-defense is not getting into a situation where you have to use it. She stresses things like looking behind the front seat of the car when you get in, and walking in well-lit areas and making eye contact with a potential assailant.

"Plug into your anger," she says. "Look at them (as if to say): 'Don't mess with me.' "

"Rape is an issue of power, dominance, control — and violence. It's not so much a sexual issue. They look for someone they can dominate, not someone who's going to give them a scrap," Wilson says.

As she begins to talk about specific methods of defense, Wilson graphically describes what may happen to the assailant. She's going through the body systematically.

"Okay now: groin," she says. She recounts the story of one woman who bit her attacker, and the women

See DEFENSE, Page 27



State senator bids to take Gramm's seat

AUSTIN (AP) — Democratic state Sen. Hugh Parmer launched his bid for the U.S. Senate on Wednesday, charging that incum-bent Republican Phil Gramm talks one way in Texas while he votes a different way in Washington.

Parmer, a two-term senator and former Fort Worth mayor, said Gramm is out of touch with Texas families and their values.

"He talks like an East Texas farmer in Lufkin but votes like a Wall Street banker in Washington," Parmer said of Gramm.

'In Texas, he says he wants to be tough on crime. In Washington, he voted against the appropriations for drug enforcement and even the FBI ... In Texas, he says he wouldn't

hurt senior citizens. In Washington, he voted against funding for Meals on Wheels for shut-in elderly." Parmer, 49, became the first Dem-ocrat in the 1990 Senate race.

Many party officials had expected Agricutlure Commissioner Jim Hightower to take on Gramm, but Hightower decided in January to seek re-election to a third term and concentrate on populist political organizing efforts.

Gramm reportedly has said he can raise \$20 million for a re-election bid. Parmer said he wasn't worried about the size of the Republican's war chest, although he admitted it would be a tough fight.

"Sure, I expect it to be difficult," he said. "One of the good things we don't auction off seats in the U.S. Senate . . . If you could just buy a seat for \$20 million, then I won't have it. But I don't believe that.

ses the metabolic rate, it cannot sigficantly reduce fat, Jackson said. So, regardless of what the scale says, s the amount of body fat that deterines how much a person needs to trim

class: Wilderness

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Continued From Page 22

scale: the times before they leave to "stablish a framework," said DeZure. 1 mus, "It was fabulous," said Laura Scheider, past New York trip member. "I r calo is a samed so much it was mind-boggling. pen he hardest part was keeping the joursince the days were jam-packed."

wer Said Juliet Galonska, also a past time Member of the New York trip. "It was mobably the best thing I've ever done.

very but find out more about yourself than any avhing else." -k," The cost of the trips vary according to y. In that is included, how far it is, etc. But mancial aid is available and the credits istand classes count toward graduation. to Lew York trip aims for "total cultural vensimmersion in the center of art and culurein America," said DeZure. "It isn't a Pat vacation or just a trip."

The major topics of the course include e history of New York art, the media ad human services. Places visited in w York will include the Stock Exange, Metropolitan Museum of Art, useum of Natural History and a showe gof the Phantom of the Opera. Not a both and spring break.

The trip to Puerto Rico will "examine portant tropical environments," said trick Kangas, trip director. "The goal first of all to cover tropical ecology, t I want to go places where the cullure is different."

Visits in Puerto Rico include places th as the beach in San Juan, hikes mugh several tropical forests and a sit to an archeological site. La Parera, which will be among the locaons visited, contains a special algae in ewater that causes the water to glow hen the algae is disturbed by such ings as boats and swimming.

You say there's a brain-busting assignment looming between you and the rest of your life? Don't panic. Well, ok, you can panic. Or pull up to a satisfying bowl of Post® Grape-Nuts® cereal instead.

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tion.

"What I need is an adequate amount of money to get across a message. And the message is: Phil Gramm does not represent the va-lues that Texans believe in, and I do. I'll have enough money to get that message across. And when I get it across, I believe I'll win.

Parmer, who never has run a statewide race, downplayed early public opinion polls that show Gramm running strongly.

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Speaker of the rt was the most as seen on a fi-

nt to Dr. John ent of Student roved by him, William Mobley gents for their

en during the approval of a Iministration to tives pertaining

to syllabi content and distribution. The bill, introduced by senators Beth Ammons and Mark Williams, came amidst concern over the failure of some professors to adequately explain course content or tell stu-dents of books and supplies that would be needed for their course.

Williams said the bill is not trying to restrict the professors at all, but require them to inform students up front how much they're going to have to spend for the class.

Also during the meeting, a resolution was passed encouraging the po-sition of an Advisory Student Regent to enhance communication between students and the Board of Regents.

The bill, which was introduced by Ty Clevenger, a sophomore genetics major, passed unanimously en-dorsing the position, while support-ing the Legislative Study Group's effort to present this viewpoint to the Texas Legislature.

One viewpoint the Senate hopes George Bush will hear, is that A&M wants to be the site for the George **Bush Presidential Library**

Clevenger introduced the resolution from the Academic Affairs Committee. The University of Houston, Rice University and Yale University also are in the running to attract the library.

"We want to stir up enough support to give A&M an advantage in getting the site," Clevenger said.

