e, Congressman questions nts asylum application policy

head of the House immigration subcommittee Tuesday questioned a policy of detaining rejected political asylum applicants and said Congress should consider allowing more Cenever done this tral Americans to stay in the country. An immigration official, however,

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need to talk said stopping deportations would attract more illegal immigrants to the United States.

"Detention in and of itself is not a solution to a problem, and if we end up with large numbers of people in detention for long periods of time, that is not a successful policy," U.S. Rep. Bruce Morrison, D-Conn., said Tuesday, winding up a 22-hour fact-finding trip to the southern Texas

The Immigration and Naturaliza-tion Service on Feb. 21 began imme-diate detention of political asylum applicants in a new one-day adjudication procedure. It also stopped releasing those apprehended by the Border Patrol on their own recogni-

Since then, the number of people in INS custody in Texas' southern-

most county has swollen from about 450 on Feb. 20 to Tuesday's total of more than 2,600.

Morrison said the Central American immigration crisis will be discussed at a hearing the subcommit-tee will hold Thursday in

Washington. U.S. Rep. Solomon Ortiz, D-Corpus Christi, hosted Morrison in his

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district, where they met with local officials, immigration attorneys and visited a church-sponsored refugee

shelter as well as INS facilities. Ortiz said he was impressed with

the new INS policy.

More than 40,000 people, mostly
Central Americans, who have
crossed near the border city of Brownsville since last spring applied for political asylum.

Asylum is granted to those able to persuade the INS that they are flee-ing persecution, but INS officials maintain that most are here for economic reasons and do not qualify for

political refugee status.

Morrison, who last month became chairman of the House Judiciary Subcommittee on Immigration, Refugees and International Law, said the concept of political asylum was little more than "an afterthought" in the Refugee Act of 1980.

'The current level of applications, in a sense, overwhelmed the system,' said Morrison, noting that there are some 80,000 pending asylum appli-cations in the United States, although not all are from Central

"The prospects of their being adjudicated in a reasonable amount of

time are very slim," Morrison said. "We're talking about people from countries where there are some very severe problems, where there's been a lot of war and violence," Morrison said. "And whether or not these individuals have the requisite facts to be granted asylum, I think we have to look beyond that to other kinds of issues like extended voluntary departure or safe haven, which may apply to some of these populations.

Ex-counselor teaches people value of laughter in cutting down on stress

CORPUS CHRISTI (AP) - Former high-school counselor Mark Towers is making good money teaching folks how to laugh and improve their self-esteem

and personal motivation.

A little humor sprinkled through your daily diet can help you get along better with other people and stimulate productivity on your job, he suggests.

And laughter is an excellent health tonic that can reduce the big killer as tress and let you live longer.

duce the big killer - stress - and let you live longer,

"Laughter is the shortest distance between two peo-ple" is a truism credited to American humorist Will Rogers that Towers frequently urges upon his audi-

And he pops jokes, cracks anecdotes, mixes in some card and sleight-of-hand tricks, and offers witty, funny common-sense phrases and tales that make listeners

"Stress is getting stuck in traffic after drinking two cups of coffee and a bran muffin," is one of his typical

Last July, Towers, 38, gave up 16 years of high-school teaching and counseling, including the past three years at Tuloso-Midway High School, to become a

lecturer for National Seminars Inc., a Kansas-based national workshop promoter. When 1988 ended, Towers had given talks at 70 pub-

lic seminars in 12 states to meetings ranging from 50 to

300 people.

He has spoken to groups in New York City, New Orleans, Atlanta, Los Angeles, Boston, San Francisco, Miami, St. Louis, Baltimore and Washington, D.C.

Other seminars took him to Chicago, Detroit, Denver, Philadelphia, Kansas City, Minneapolis, Albuquerque, Dallas, Houston and other cities.

This year Towers, now a member of the National

This year Towers, now a member of the National Speakers Association, has been booked for 96 seminars — most of them day-long sessions — in 26 weeks, or up to four lecturers per week in more than 30 states.

For NSI, Towers gives workshops dealing with leadership, time management, self-esteem development, sales promotion, using humor in the workplace and coping with change in work and lifestyles. Those going to seminars pay \$49 to \$89 a head to hear him.

Towers works one week and is off the next week. In his free time, he independently conducts local, state and regional seminars. He expects to give another 40 seminars on his own, for a total of about 140 speaking

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