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What's Up

Tuesday

OFF CAMPUS AGGIES/OFF CAMPUS CENTER: will have an off-campus roommate session at 5 p.m. at the off-campus center.
STUDENT Y: will meet at 7 p.m. in 601 Rudder.
CATHOLIC STUDENT ASSOCIATION: will have a discussion about the Bible and how it was written at 7 p.m. at St. Mary's Student Center.
ON CAMPUS CATHOLICS: will meet at 9 p.m. at All Faiths Chapel.

Wednesday

HELLENIC STUDENT ASSOCIATION: will meet at 7 p.m. at Mr. Gatti's on Northgate.
RIO BRAZOS AUDUBON SOCIETY: will show the film "Sand County Almanac" at 7:30 p.m. at the Brazos Valley Museum. There will also be an officer and board meeting at 7 p.m.
NARCOTICS ANONYMOUS: Call the Center for Drug Prevention and Education at 845-0280 for details on today's meeting.
ALCOHOLICS ANONYMOUS: Call the Center for Drug Prevention and Education at 845-0280 for details on today's meeting.
CATHOLICS ON THE QUAD: will meet at 9 p.m. in Lounge B on the quad.
NEWMAN: will have an activity to set the pace for the spring semester at 7:30 p.m. at the student center.
CLASS OF '89: is accepting pictures and negatives for the senior banquet slide show in the Student Programs Office.
STUDENT Y/ T-CAMP: applications for counselor and T-Team are available in 211 Pavilion.

Items for What's Up should be submitted to The Battalion, 216 Reed McDonald, no later than three business days before the desired run date. We only publish the name and phone number of the contact if you ask us to do so. What's Up is a Battalion service that lists non-profit events and activities. Submissions are run on a first-come, first-served basis. There is no guarantee an entry will run. If you have questions, call the newsroom at 845-3315.

Researchers link anger, heart attacks

MONTEREY, Calif. (AP) — A search into the link between Type A behavior and heart disease suggests that the real killer is anger, not just aggression.

For many years, experts believed aggressive, always-in-a-hurry people — the classic Type A's — were working themselves toward heart attacks. However, new evidence is emerging that being distrustful and quick to reach the boiling point are the real culprits.

"Being a workaholic, being in a hurry, interrupting people, are not necessarily bad for your heart," Dr. Redford B. Williams Jr. of the University Medical Center said Monday.

"What is bad," he said, "is if you have high levels of hostility and anger and you don't bother to hide when dealing with other people."

Williams, speaking at a meeting of the American Heart Association, said the term "Type A" has probably outlived its usefulness, and people should concentrate on understanding the poisonous effects of anger on the heart.

"Many of us had thought that the definition of Type A was too broad," Dr. Wayne J. Katon of the University of Washington said. "Dr. Williams is narrowing it down."

In a study scheduled to be published soon in Psychosomatic Medicine, Williams and colleagues described a follow-up study of 1,000 students who took a personality test during law school. Twenty-five years later, 20 percent of those who scored in the highest quarter on the hostility scale had died, compared with 5 percent of those who had scored lowest.

The research showed that being paranoid or neurotic or avoiding social contact were not associated with heart attacks. Instead, those at high risk tend to harbor a cynical mistrust of other people's motives. They get angry often and openly express their displeasure, rather than holding it in.

Such people tend to get furious for instance, in slow-moving bus lines. They complain to themselves about why other customers haven't filled out their deposit slips ahead of time and may show their unhappiness by making sour faces or cursing comments to those ahead of them.

"I'm not talking about anxious waiting in line," Williams said. "I'm talking about anger."

He said this makeup could be a problem for perhaps 20 percent of the population, and they probably have these tendencies from birth.

Whether people can help themselves by trying to control their feelings of rage is still not clear, but Williams said that such attempts at behavior change are harmless and may help.

Israelis harbor doubts about PLO ceasefire

JERUSALEM (AP) — Yasser Arafat's guerrillas have refrained from attacking Israeli targets for the past two months, observing an undeclared cease-fire that could give credibility to the PLO's peace initiative if it endures.

Some Israeli officials have called attention to the lack of Fatah operations but have expressed doubt about Arafat's ability or even desire to make it last.

"We have not identified any flagrant act on the part of the PLO against the security zone or Israel since Arafat committed himself to end terrorism," Uri Lubrani, a senior Defense Ministry official responsible for Lebanon policy, said.

It is too early to judge if the truce would be lasting, Lubrani said on Israel radio.

Foreign Ministry Spokesman Alon Liel said in an interview it was "not 100 percent clear" whether the cease-fire encompassed only Arafat's own Fatah guerrillas or all Palestine Liberation Organization factions.

There have been two recent infiltration attempts by Syrian-based groups, one headed by Abu Nidal which is outside the PLO umbrella and the other, the Palestine Liberation Front, which is part of the PLO. Israeli soldiers killed six of the guerrillas.

The last attack by Arafat's Fatah came on the eve of the PLO's declaration of statehood in mid-November when a five-member Fatah squad took U.N. soldiers and Lebanese civilians hostage for 18 hours. The guerrillas shot to death one Lebanese man before surrendering.

Anat Kurz, a terrorism expert at Tel Aviv University's Jaffee Center for Strategic Studies, said in an interview that a cease-fire would have to be more enduring to overcome Israeli suspicion about the PLO.

Kurz noted Arafat had never renounced armed struggle or the right to attack targets in Israel but said it was in Arafat's interest to suspend anti-Israeli attacks to give his initiative credibility, especially with Western countries.

However, she said there were serious doubts among Israeli policymakers about whether Fatah could tolerate a long period of inaction without clear political gains.

The center estimates Fatah has about 8,000 guerrillas, or half the total number of Palestinians under arms. Most are based in Lebanon.

Many Israelis, especially those on the political right, view the 13-month Palestinian uprising in the occupied territories as a form of terrorism aimed at destroying Israel.

Soviet press hails Reagan, Shultz for helping relations

MOSCOW (AP) — Soviet media once fumed at President Reagan, but its two most prestigious newspapers bid respectful and even fond farewells Monday to Reagan and his secretary of state, George Shultz, for helping U.S.-Soviet relations.

"Of course, Reagan has remained Reagan, the anticommunist and the troubadour of Western society," the government newspaper *Izvestia* said in a front-page article. "But the restructuring of international relations could not bypass the White House."

In 1984, Reagan quipped into an open microphone that he would begin bombing the Soviet Union in five minutes. In the last days of his presidency, however, Soviets recall not those "five minutes" but his five summit meetings with Mikhail S. Gorbachev, *Izvestia* said.

"And this is not because we have short memories, but because a long road lies ahead of us, which we can only overcome together," wrote the newspaper's commentator, former

U.S.-based correspondent Meteor Sturua.

Pravda, the Communist Party daily, painted an extraordinarily intimate portrait of Shultz, Reagan's secretary of state since July 1982, and declared: "It will be just to note that Shultz was one of the architects of the turning-point in Soviet-U.S. relations."

In the recent warming between the superpowers, *Pravda* said, "Shultz's realism had a telling effect, as well as his sober recognition of the fact that in the nuclear age, the self-preservation of our two countries can be guaranteed only by the avenues of dialogue."

The U.S. secretary of state is also the father of five children, an experienced gourmet cook, an ardent golfer and tennis player and an avid devotee of ballroom dancing, *Pravda* told its readers — surprising revelations in a country where most citizens know virtually nothing about

the lives of their own leaders.

Pravda did make one criticism of Shultz in its profile of him, saying he had been keener than former U.S. Defense Secretary Caspar Weinberger to send U.S. troops to defend American interests.

"It's well-known what blood-letting was caused by the feverish forced march of Marines to Grenada, to Lebanon, and by the bombing of Libya," *Pravda* said.

It also said his Middle East policy had been a flop, but that it was necessary to pay Shultz "his due" for recognizing in the 11th hour of the Reagan presidency that it was time to begin a dialogue with the Palestine Liberation Organization.

"Shultz is one of the few members of the Reagan administration whose name has practically not been in the background of the financial, political and ethical scandals that have increasingly rocked Washington in recent years," *Pravda* said.

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THE HOUSTON CHRONICLE is taking applications for immediate route openings. Pay is based on per paper rate & gas allowance is provided. The route requires working 3 hours per day. Earn \$500-\$700 per month. If interested call: James at 693-7815 or Julian at 693-2323 for an appt. 4911/07

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