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Youth questioned for police deaths

DALLAS (AP) — Just as police and their loved ones gathered Sunday to mourn the deaths of two officers, a Dallas mother turned in her 16-year-old son who is suspected of leading a high-speed chase that preceded the officers' fatal crash.

The boy was undergoing questioning Sunday night in connection with a stolen car and the chase that led to the deaths of officers Lisa Sandel, 26, and Mark Fleming, 24, said Sgt. Joe Murdock of the department's youth section.

Sandel and Fleming died of injuries suffered when their patrol car rammed into a pickup Friday night during the pursuit on rain-slick Loop 12.

Murdock said he was told that the boy's mother brought him to the department's hit-and-run division, which is investigating the wreck.

"She got word, I understand... that he was a suspect and she brought him down," Murdock said.

He said the teen-ager, whose name is being withheld, would be held at Dallas County Juvenile Detention Center Sunday night.

The juvenile was arrested in connection with the investigation of two counts of capital murder, one count of attempted capital murder and two counts of automobile theft, Murdock said. He added that no charges had been filed against the boy.

Word that the arrest was made came as about 200 police officers, their families and city officials gathered for a 6 p.m. candlelight vigil honoring Sandel and Fleming, who worked in the Southwest Patrol Division.

Many in the group let out an audible sigh when Deputy Chief Terrell Bolton, head of the Southwest Patrol Division, announced at the start of the vigil that the person the officers were chasing had been arrested.

Bolton said he thought Sandel and Fleming would like fellow officers to remember them for their hard work and would like the police force to continue doing the best job possible, despite the risks.

"We don't know if we're going to make it home or not," Bolton said. "But we accept that challenge."

Sgt. G. Toliver, who was basic training sergeant for Sandel and Fleming in their police academy training, also spoke to the tearful crowd.

"I know we all wish that we could have been there in their time of need to hold their hand and make everything OK," Toliver said, fighting back tears. "I just hope that when our time comes that we can leave doing such a good deed in the eyes of God."

In her remarks, Mayor Annette Strauss praised the police department and asked the crowd pray for the hospitalized recruit injured in the wreck.

Nathaniel White, 25, a recruit riding with the officers, was in serious condition Sunday in the intensive care unit at Baylor University Medical Center, officials said. White was heavily sedated and was expected to remain so for two to three days, police said.

Willie Earl Henderson, 62, driver of the pickup, was upgraded from fair to stable condition Sunday at Charlton Methodist Hospital in Duncanville, nursing supervisor Kay Anderson said.

Officers with the Southwest Patrol Division, where Sandel and Fleming had worked less than two years, seemed upset by the deaths, but were looking ahead, said Sgt. James Aylor of the division.



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Studies: Attitude may affect AIDS

SAN FRANCISCO (AP) — People infected with AIDS may be able to slow the progression of the deadly disease by positive thinking, exercise, support from friends and other ways of reducing stress, studies presented Sunday suggest.

But some AIDS researchers at the annual meeting of the American Association for the Advancement of Science cast doubt on the theory and others cautioned that such improvements often are small.

"The jury is still out" on whether positive thinking and other ways of coping with stress might delay development of AIDS in infected people or postpone death in those who have the disease, said Janice Kiecolt-Glaser, a clinical psychologist at the Ohio State University College of Medicine.

"We encourage people (infected with the AIDS virus) to do things that may be helpful and certainly can't be harmful," such as exercising, getting adequate sleep and nutrition and avoiding drugs and alcohol, said Dr. Karl Goodkin, a psychiatrist at the University of Texas Southwestern Medical Center in Dallas.

But he said undue optimism might slow progression of AIDS and could spur people infected by acquired immune deficiency syndrome to blame themselves wrongly when their condition worsens.

Within the last decade, studies have shown stress can affect the development and course of upper respiratory infections, mononucleosis, herpes simplex, rheumatoid arthritis and skin, breast and cervical cancer.

In that light, Dr. Ronald Glaser, chairman of immunology at the Ohio State medical college, said it's not surprising to theorize that psychological factors may play a role in the progression of symptom-free AIDS infection to AIDS-related complex to fully developed AIDS.

Blood and psychological tests on 18 AIDS patients found that those who exercised, were assertive and had lower levels of tension, depression, fatigue, stress and anger also tended to have higher numbers of

disease-fighting immune system cells, according to a study by Lydia Temoshok, a psychologist at the University of California, San Francisco, and George Solomon, a UCLA psychiatry professor.

AIDS cripples the immune system, leaving people susceptible to fatal infections and cancer.

University of Miami psychologist Michael Antoni measured various signs of psychological and immune system functioning among 39 symptom-free gay men at various times before and after tests revealed if they were infected by the AIDS virus. Some of the men had been participating in a 10-week aerobic exercise program while others had not.

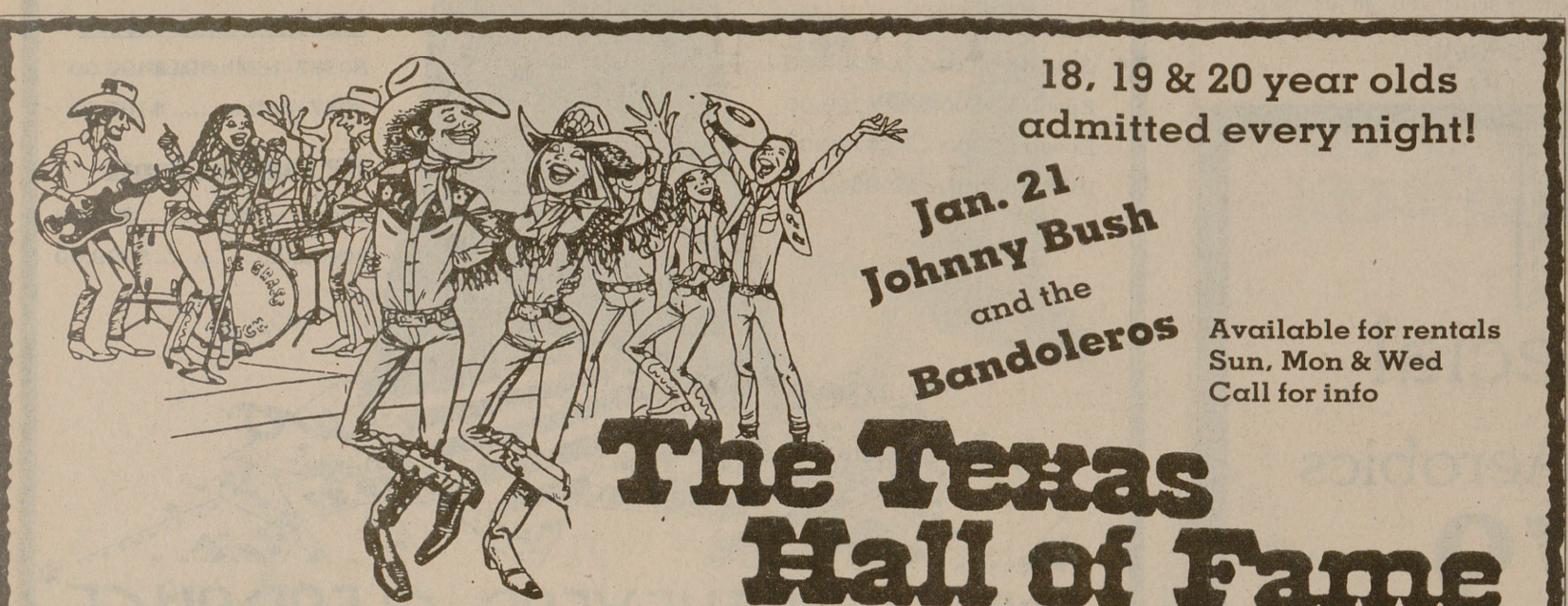
Among those who turned out to be AIDS-infected, the exercisers had higher levels of certain immune system white blood cells. Men who were better at venting their emotions and seeking social support also had better signs of immune system performance, Antoni said.

And compared with non-exercisers, the exercise group also suffered less depression, anxiety, confusion and bewilderment after learning they were infected.

Goodkin studied 40 homosexual men — 13 who were healthy, 10 who were AIDS-infected but symptom-free, four who had AIDS-related complex and 13 who suffered fully developed AIDS.

"The results showed that those who had the virus but had not progressed to AIDS had less stress in their lives, more social support and had a more confident coping style than either the non-infected group or the group that had progressed to AIDS or ARC," the University of Texas said in a news release.

Goodkin said his findings suggest AIDS-infected people might benefit from exercise, relaxation training, participation in support groups, and psychotherapy that emphasizes positive thinking to reduce anxiety and depression.



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Voyager pilot ready for high-flying future

TULSA, Okla. (AP) — Two years after her around-the-world flight in the fragile Voyager aircraft captured the world's attention, pilot Jeana Yeager said she has no shortage of ideas about her own future.

"My problem is I want to do everything," she said.

The 5-foot-4-inch pilot, who was honored in Tulsa by the U.S. Jaycees as one of 10 outstanding Americans for 1989, said she is developing an aviation museum and hands-on educational complex near Mojave, Calif. and completing requirements to become a helicopter pilot. And, there's harness racing.

Yeager, 35, was introduced to harness racing in a celebrity race last

year and has gone on to compete in regular harness races.

She said Friday that she feels no pressure to top the 25,000-mile Voyager flight.

"I'll be busy doing a lot of different things and they won't seem so fantastic," she said. "They'll probably seem mundane in many ways. But they're new and different experiences for me. They'll be just as exciting as the Voyager."

She and Dick Rutan flew the experimental plane Voyager 25,012 miles without refueling in December 1986.