

# State/Local

## Self-help tapes offer advice to students

By Fiona Soltes  
Staff Writer

Everyone needs advice some time or another.

For some, it may concern handling stress. For others, it may concern depression, homosexuality, death, self-awareness and building friendships.

But for all of these problems and many more, help is available through the Counseling Self-Help Tape Program, operated by the Student Counseling Service.

Dr. Maggie Olona, counseling psychologist and assistant director of the student counseling center, said anyone can call the program number, 845-2958, weekdays between 8 a.m. and 5 p.m. to request that a tape be played.

"Sometimes people just want to listen. Sometimes it's good to hear what the tapes have to say to help assess the situation before talking to a coun-

selor. And sometimes counselors suggest the tapes to students."

The subjects of the three- to five-minute tapes include problems in understanding jealousy, dating skills, marital problems, burglary prevention, suicidal crises and also general information, such as how to choose a major and guidelines for Q-dropping courses. There are currently 64 tapes.

Olona said there is a numbering system to the program, but students can call in and request a tape by subject name. Lists of the tape subjects and numbers are available at the center, located on the third floor of the YMCA Building, she said.

She said the program is used constantly.

"Since October began, we've had about 50 callers," Olona said. "Surprisingly, there have been more males than females this month. There hasn't been a particular pattern, but

the most common tape has been 'How to Say No,' which is generally self-assertiveness training," Olona said the tape covers everything from refusing to let friends borrow things to drugs and alcohol.

The callers remain anonymous, but Olona said the date, time of call, gender of caller and tape number are recorded.

"We just like to keep up with which tapes are being used most often and by whom," Olona said. "All tapes aren't used equally, and we need to know when to check if a tape should be replaced because of overuse."

Olona said the cost of the calls is covered by the student services fee, as are all the services at the center.

"The students pay for the system and should have first access to it," Olona said. "If there's a need in the community and there's time left over,

that's fine. But the students are our first priority."

Olona said the program, started about eight years ago, adds tapes as necessary.

"Some of our tapes have been purchased from other counseling centers and some are made here at our center," Olona said. "If this area has a particular concern, we would make the tape ourselves through a committee of the center's psychologists."

Olona stresses that students should not give up if they hear a busy signal.

"Only one phone is used for the system," Olona said. "But we'll help as soon as we can."

"We will expand the program as need warrants. So far, there hasn't been the need for more than one phone. But we want to be sure the students are getting the best service we can give them."

### Help tapes

- Following is a list of some self-help tapes and their numbers. To access the tapes, call 845-2958 weekdays between 8 a.m. and 5 p.m.:
- 1 Friendship Building
  - 9 Understanding Jealousy
  - 10 How To Say "No"
  - 18 Dating Skills
  - 30 Anxiety and Possible Ways To Cope With It
  - 35 Building Self-Esteem And Confidence
  - 38 Coping With Stress
  - 160 Early Signs Of An Alcohol Problem
  - 161 Responsible Decisions About Drinking
  - 432 How To Deal With Depression
  - 491 Suicidal Crisis
  - 550 How To Choose A Major

## U.S., Soviets exchange nuclear plans

DALLAS (AP) — An exchange of design drawings from Texas' first nuclear plant and a plant in the Soviet Union is the first step toward U.S.-Soviet cooperation to improve safety and public confidence in nuclear power, officials said.

The U.S. Nuclear Regulatory Commission is trading information about the South Texas Project, built by Houston Lighting & Power Co., for Soviet plans of its most technologically advanced power plant in the Ukraine.

"We felt very honored," Graham Painter, HL&P spokesman, told the Dallas Morning News. "The NRC could have selected any of the reports on the 110 nuclear plants in the United States now operating, and they selected this one. They have told us they chose the South Texas Project because this one is the newest and it represents the state of the art in American nuclear technology. And so we're pleased to participate."

The U.S.-Soviet agreement for increased cooperation was signed Aug. 31 by NRC chairman Lando Zech and his Soviet counterpart Alexander Protsenko, chairman of the State Committee on the Utilization of Atomic Energy.

The 20-volume Final Safety Analysis Report for the South Texas Project will be sent to the Soviets after details of the agreement are worked out in the next few days. The report contains a discussion of how the plant is designed and includes drawings of safety systems and how they work, Painter said.

"It does not contain security information related to anything sensitive to the plant," he said.

The Soviets will provide information on Zaporozhye nuclear complex at Energodar, a small Ukrainian village near the Dnieper River, about 300 miles southeast of Kiev. The Chernobyl accident on April 26, 1986, occurred at Pripyat, about 80 miles north of Kiev.

## Construction Report

By Fiona Soltes  
Staff Writer

A utility plant is under construction behind the Military Sciences Building to serve the new residence halls being built on the south side of campus.

Keith Chapman, manager of construction at Texas A&M, said the mid-campus site was chosen from several possible locations for economic and aesthetic reasons.

"We considered many places, including the parking lot between G. Rollie White Coliseum and the television station (KAMU) and the present site of Mount Aggie," Chapman said. "It was quite a controversial issue."

Chapman said the cost of building lines to carry chilled water to the halls was a major factor in the decision, as was the way the plant would fit in with the design of the rest of campus.

"We are putting a lot of effort into making a utility plant that doesn't really look like a utility plant," Chapman said. "It's kind of the same philosophy we used with the parking garage. It will be a brick structure, pleasing to the eye."

Chapman said that construction on the plant is on schedule and will be complete

by Fall 1989. The plant must be completed on time because the residence halls it will serve will be open for occupancy at that time, he said. The plant will hold electrical switches and chillers for air-conditioning the halls, and will have the capacity to hold domestic hot water boilers, which will be added as need arises, Chapman said.

Funding for the plant came from the University's Utility Reserves. About \$5.27 million was allotted for the general contract and \$1.7 million has been set aside for equipment. Chapman said the equipment and the contract funds are separate because of timing concerns.

**"We are putting a lot of effort into making a utility plant that doesn't really look like a utility plant."**

— Keith Chapman

## Accused trucker jailed for interstate rampage

SIERRA BLANCA (AP) — Officials imposed a virtual news blackout Monday in connection with a trucker who went berserk Sunday on Interstate 10 in far West Texas, ramming cars off the road and shooting a sheriff's constable in the face.

Denver Jerome Burrell, 30, of Anderson, S.C., was being held Monday in the Hudspeth County Jail in lieu of \$400,000 bond on charges of attempted capital murder, involuntary manslaughter and driving under the influence of drugs, police said.

The trucker is accused of shooting a Hudspeth County constable in the jaw and running at least nine cars off westbound I-10 between Van Horn and Sierra Blanca. One woman died when her vehicle flipped off the road. The constable, Sonny Hillin, was in critical, but stable condition Monday in El Paso, a spokesman said.

Department of Public Safety Trooper Bob Newman said Sunday that it appeared Burrell was under the influence of drugs when he was arrested after the 70-mile, 50-minute rampage that ended at 11:19 a.m. Sunday.

On Monday, Newman and officials at the Hudspeth County sheriff's office referred questions to Gonzalo Garcia, the 34th judicial district attorney assigned to prosecute the case. Garcia, citing concern that publicity could damage prosecution of the case, would not comment on whether any drugs were found in the truck's cab.

Newman said Monday he was told that some kind of drugs were found in the tractor trailer, but he didn't know the type or

amount recovered. He said no alcohol was found in the cab.

Results of drug and alcohol tests had not been determined by late Monday afternoon, and Garcia said such information would not be made public at least until the case is presented to a grand jury.

Burrell was charged with involuntary manslaughter in connection with the death of Sharon Marie Agutter, 48, of El Paso. The Ysleta High School counselor died after her blue Bronco was forced off the interstate and flipped end-over-end in a field 11 miles west of Sierra Blanca.

Garcia said he expects the involuntary manslaughter charge to be upgraded to murder after police review statements from witnesses who said Burrell's truck forced Agutter's vehicle off the road.

Police said Burrell ran at least eight other vehicles off the road, including a recreational vehicle driven by Raymond Price of Los Angeles. Price, who was rammed from behind, pulled back on the road and chased the truck, officials said. Price said he saw Agutter's Bronco forced off the highway.

Police said Burrell tried to pin Hillin against his car the first time the constable stopped the truck. The second time Hillin stopped the truck, Burrell stood up inside his cab and shot twice through his own windshield, hitting Hillin in the back of the jaw with the second shot. The bullet exited through his chin.

The Zaporozhye nuclear facility contains four pressurized reactors each producing 1,000 megawatts of energy.

The first reactor was finished in 1984, and another unit was completed in each of the succeeding three years.

A fifth and sixth unit still are under construction.

The South Texas Project contains two Westinghouse-built pressurized water reactors, each producing 1,250 megawatts of energy.

## Howdy Week Oct. 31-Nov.5

Traditions Council thanks the following businesses and individuals for their help in keeping the Howdy tradition alive at A&M!

- Dr. Carolyn Adair
- The Aggie Club
- A&M Steakhouse
- Bennigan's
- Bombay Bicycle Club
- Corn Dog T
- The Cow Hop
- The Curiosity Shop
- Dirty Juan's
- Dixie Chicken
- The Edge
- El Chico
- Emilio's Sub Shop
- Fajita Rita's
- Flying Tomato
- Frank's Bar & Grill
- Hullabalooo T-shirt Shop
- K-Bob's
- Dr. John Koldus

- Lifestyles Fitness Club
- Long John Silver's
- Luby's Cafeteria
- Mazzio's
- Mostly Yougart
- Peanut Shack
- Pet Emporium
- Pro
- Rainbow Store
- Regis Hairstylists
- Schlotzsky's
- Seasame Hut
- Coach Jackie Sherrill
- Shipley's
- Sonic
- Subway
- Texas A&M Bookstore
- 3C Bar-B-Q
- Wagon Wheel

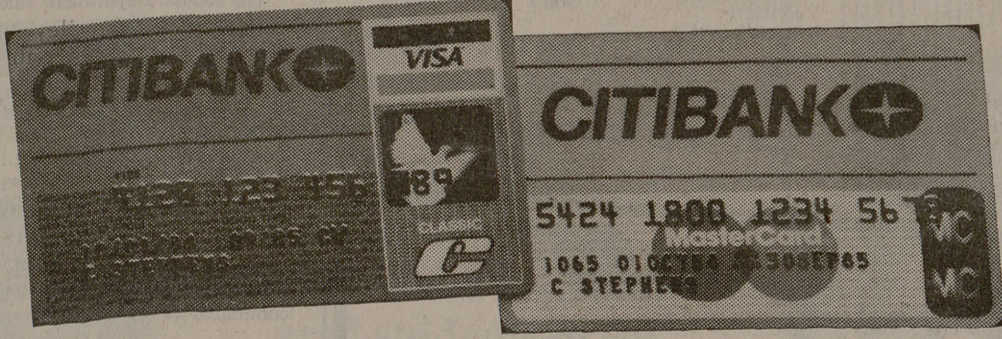
Say Howdy to a Traditions Council member and win free prizes!

Be eligible for grand prizes - drawing will be held Friday, Nov. 4 at 4:30 in front of Sul Ross Statue.

**NOW ACCEPTING SOPHOMORES!**

## Juniors, Seniors & Grads... GIVE YOURSELF SOME CREDIT!

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**APPLY NOW ON CAMPUS!**

**Date:** 10/31 - 11/4  
**Time:** 8:30 - 6:00  
**Place:** MSC; BLOCKER; ZACHARY

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