

► OFF CAMPUS CENTER  
 ► OFF CAMPUS AGGIES  
 ► LOUPOT'S CONNECTION

TODAY - TODAY - TODAY  
 Housing Fair '88



helps you  
 Avoid the Mad Dash  
 with information on housing and services for life off campus

10 a.m. to 4 p.m.,  
 Rudder Exhibit Hall  
 April 8-10 Parents' Weekend

- April 8 RHA Casino, 7:30 p.m., MSC  
 Century Singers Spring Concert, 8:00 p.m., Rudder Auditorium  
 MSC Variety Show, 7:30 p.m., Rudder Auditorium
- April 9 OCA Parents' Picnic, 3:00 p.m. off Campus Center  
 Singing Cadets Spring Concert, 8:00 p.m., Rudder Auditorium  
 Air Show, 1:00 - 3:00 p.m., Easterwood Airport
- April 10 Parents' Award Ceremony, 9:00 a.m., Rudder Tower  
 All Faith Chapel Service, 11:00 a.m.  
 Ross Volunteers, 1:00 p.m., Kyle Field  
 Fish Drill Team, 3:15 p.m., Kyle Field  
 Cavalry Performance, 4:30 p.m., Simpson Drill Field

Acknowledgement

Loupot's Bookstore at Northgate (across from the Post Office) and in Redmond Terrace (beside Academy) sponsored the Off Campus Connection.  
 From Mr. Loupot: "We buy back your used books at the best prices in town. Thank you for your patronage of my two stores."  
 Stories and artwork are provided by the Off Campus Center. Editor: Erika Gonzalez-Lima

Advertisement

So... Do You Want Your Security Deposit Back?

Then follow these steps:

1. Write a letter of intent of vacancy at least 30 days prior to the end of the lease.
2. Make sure that all your roommates on the lease sign this letter as well.
3. Give the letter to your manager and keep a copy signed by the manager. If you prefer to send the letter by mail, use certified mail with return receipt requested.
4. Pay all rent owed until the end of the lease.
5. Give your forwarding address in writing to your manager.
6. Vacate the apartment according to your lease agreement.
7. Clean the apartment according to your lease agreement.
8. Inspect the apartment with your manager.
9. Wait 30 days to receive your security deposit back.
10. If you don't receive your security deposit back after 30 days, call or visit the manager to remind him/her of the return of your security deposit.
11. Write a letter to the manager, reminding him/her of your security deposit. Have your manager sign your copy. If you prefer to send the letter by mail, use certified mail with return receipt requested.
12. Wait 30 days more.
13. If you fail to receive your security deposit back, stop by the Off Campus Center, at Puryear Hall (across the street from the YMCA building) or call for an appointment (845-1741).

Hey Off Campus Ags!

If your lease ends in May, be sure to give your apartment manager a 30 day written notice of your intent to vacate the apartment, even if you are renewing your lease for the fall. Come by the Off Campus Center located in Puryear Hall or call 845-1741 if you have any questions.

World briefs

Jury deliberates about sedition case

FORT SMITH, Ark. (AP) — An all-white jury continued deliberations for the second day in a case in which nine men are accused of trying to overthrow the government and set up an all-white nation in the northwest.  
 Lawyers — 10 of whom are court-appointed at \$60 an hour each for several defendants — killed time in the courtroom by dictating memos into tape-recorders, dozing, reading and briefly sitting in the jury box and imitating some of the 192 witnesses in the trial.

Defendant Robert E. ... who is free on \$50,000 bond, he would have come to the trial any event.

Richard G. Butler, also a defendant, said the trial is a mockery of the government to small views that do not meet with government approval.

Butler, Miles and Texas Ku Klux Klan leader Ray Beam Jr. of Houston, also is on trial, are considered three of the top leaders of white-supremacist movement.

Police find skulls in man's home, yard

KANSAS CITY, Mo. (AP) — A man whose business cards said he had "poison" in his head and who organized a community crime watch had torture devices in his house and a human head buried in his yard, police say.  
 Police worked Tuesday to dig up Robert Berdella's back yard, where the head was found.  
 A human skull also was found in Berdella's house, police said, along with another human skull that appeared to be very old and was discarded as evidence.  
 "We're investigating the possibility he may be linked to ... unsolved cases of missing persons," Rick Pilgrim, a police homicide detective, said.

Berdella's secret life came to light Saturday after a man police say was held captive, sexually abused by Berdella, leaped out of a second-story window of Berdella's house. The man, who had lash marks on his back and was wearing only a collar, sought help.

Berdella has been charged with nine felonies. Officials said the 22-year-old victim had been in stable condition Tuesday with injuries to his throat and eyes from an unknown cause.

Police said they found fingerprints in Berdella's house showed people being tortured.

Mayor won't cite reasons for resigning

LAMBERTVILLE, N.J. (AP) — Three months ago, Mayor Mary Sheridan stopped attending council meetings, changed her phone number and refused to explain why she had forsaken her duties.

Sheridan's one-sentence resignation letter.

For the last half-century, Sheridan had helped run the city as city clerk, treasurer and as mayor in a homespun way that endeared her to the townsfolk.

Although Sheridan, 77, said her doctor has told her to "take it easy," the letter does not indicate why she is leaving.

But she has announced that she will resign April 12, just 19 days short of her 51st anniversary in city government.

When asked why she had suddenly dropped her responsibilities, Sheridan said, "I can't because of medical problems."

Council President John McManus said Monday he received

Some thought it was a political rift over whether to rehire Chief Jack Venetotte, who suffered a heart attack last year. Sheridan won't talk and there can only speculate.

Panel says fat consumption too high

WASHINGTON (AP) — Americans are eating too much animal fat and government regulations make it difficult for the food industry to market leaner and more healthy meats and dairy products, a scientific panel said Tuesday.

significant, affecting either directly or indirectly nearly every American family."

Although consumption of animal fat has gone down, many Americans still are eating their way to poor health with too much cholesterol, fatty acids and salt, and not enough foods that provide the needed calcium and iron, a report by a committee of the National Research Council said.

Among the diet-related problems cited:

It said, "The incidence of nutrition-related health problems is

- Osteoporosis, a disease caused by leaching of calcium from bone, strikes 15 to 20 million adults.
- Between 8 million and 10 million children are hungry because of inadequate diets.

Comptroller attacks bank legislation

HOUSTON (AP) — The Comptroller of the Currency attacked pending federal banking legislation as a step backward and a product of insurance-industry lobby efforts.

to determine which kinds of insurance are incidental to banking.

"The logic behind this scheme is crazy," Robert L. Clarke said in a speech to the Forum Club of Houston.

"There are problems in many parts of the economy today, but as a result there are problems in certain parts of the banking industry," he said. "This would be the worst possible time for passing the seeds for new problems for the industry."

Under a measure passed last week by the Senate, nationally chartered banks would not enjoy the same freedom to sell insurance as state-chartered banks, Clarke said, whose agency supervises more than 4,900 federally chartered banks.

Clarke, who took over as comptroller in late 1985 after leaving the banking section of a Houston law firm, refused to discuss troubled banking situations in Texas, where record numbers of banks have closed in recent years because of bad real estate and energy loans.

High Court denounces airports bans

WASHINGTON (AP) — The Supreme Court on Monday refused to let airports ban all demonstrations, soliciting and distribution of political and religious literature from their terminals.

precedent and therefore has no direct impact for airports. The action does not preclude the possibility that the justices will study the issue some day.

The justices let rulings stand that the terminal at Lambert Airport, like a city street, is a public forum where free-speech rights must be accommodated.

But to date, every federal appeals court to rule on the issue has said a government airport is a public forum where speakers sometimes may be restricted while others enjoy their freedom of expression.

America's median age surpasses 32

WASHINGTON (AP) — America's population is older than ever, with maturing Baby Boomers and the growing number of elderly pulling the median age past 32 years for the first time, new Census Bureau figures showed Tuesday.

the highest median age in history. Median is the age at which half of all Americans are older than that age and half are younger.

"The 'Graying of America' is documented by its increasing age. The median age was 32.1 years on July 1, 1987," bureau statistician Louisa Miller reported.

Racially, the median age of whites hit 33 for the first time from 32.7 in 1986. Black median age was 27.2 in 1987, up from 26.9 and the first time that had surpassed 27.

Rising from 31.8 in 1986, it is

The help of several factors is driving the growing number of elderly Americans.

Since 1960, hormone levels

Pumping iron has replaced flower power. Pinstripes have replaced paisley. And Wall Street has replaced Woodstock.

But of all the major changes that have taken place since the 60's, one is hardly visible at all: the change that has taken place in the Pill.

In 1960, the Pill contained as much as 150 mcgs. of the hormone estrogen. Today, it's down to 35 mcgs. or less. That's a fraction of the original dosage.

Yet, today's Pill is as effective as yesterday's. In fact, it's still the most effective birth control available other than sterilization.

But is the Pill right for you? You should see your doctor to help you answer that. If the answer is yes, then the ultimate decision is yours. And it's important that you learn all you can about oral contraceptives.

First and foremost, what are the risks? Does the Pill cause cancer? Will it make you less fertile? Do you need to take a rest from it? These are just a few questions that have surrounded the Pill since 1960. Questions which must be addressed by you and your physician.

What about the Pill and breast cancer? Although there are conflicting reports concerning this issue, the Centers for Disease Control reported that women who took the Pill, even for 15 years, ran no higher risk of breast cancer than women who didn't. The CDC also reported that ovarian and uterine cancer are substantially less common among women who use oral contraceptives.

The Pill has been shown to have other health benefits as well. Pill users are less likely to develop pelvic inflammatory disease (tubal infections), benign breast disease, ovarian cysts and iron deficiency anemia, not to mention menstrual cramps.

But if the Pill is so effective at preventing pregnancy, can it later prevent you from having a baby when you're ready to have one? Studies

in the Pill have

indicate that if you were fertile before you took the Pill, taking it will not affect your ability to have children later. Some women may experience a short period of readjustment after discontinuing the Pill. Even so, most women usually become pregnant soon.

One piece of advice you may have heard if you're on the Pill is that you should take an occasional rest from it. Yet there's no medical basis for this advice. Furthermore, a rest could turn out to be anything but restful, since switching to a less effective form of birth control increases your chances for unplanned pregnancy.

Now that you know what the risks aren't, you should know what the risks are. For example, if you are taking the Pill, you should not smoke. Especially if you are over 35. Cigarette smoking is known to increase the risk of serious and possibly life-threatening adverse effects on the heart and blood vessels from Pill use. What's more, women with certain conditions or medical histories should not use the Pill.

Even if you're already on the Pill, you should see your doctor at least once a year. And read the patient information regularly.

Taking the Pill is easy. Deciding whether or not to take it isn't. That's why it's so important for you to make an informed decision. Continue reading everything you can about birth control methods. Seek out reliable sources. Talk to your doctor.

You've already taken a step in the

dropped considerably.

right direction. Just think, since you began reading this, there's a good chance your knowledge level about the Pill has increased. Considerably.