beer! It was actually good for vitamins were coming from his A sid to tsom tadt bruot do her diet record on him.

"I had one student who was moderation. wrong with alcohol, in Lupton also sees nothing TOZOTI. vegetables and dinners that are

at the neak and they freeze "They get frozen foods right around for a few days. fresh that have been sitting frozen foods are better than the fact, I think that sometimes the

"The best thing that you can the meal. or an hour after, just not during with a meal containing iron.
You can drink it an hour before

do is drink orange juice with

Mound town

Live Music

If your club has live music that you would like listed, call At Ease at 845-3312.

Brazos Landing

Brazos Landing is at Northgate. Everyone is admitted. Beer and wine are served. For more information call 846-3497. Friday - About Nine Times. Original new wave. \$4 cover. Saturday - I-Tex. Reggae. \$5 cover. Sunday - Brazos Bluegrass. Local Bluegrass. No cover.

Cow Hop Expansion

Next to the restaurant at Northgate. Those 18 and older admitted. Alcohol served to legal drinkers. Call 846-1588 for

Thursday - Collage with Don Overby. \$2 cover.
Friday - Texas Liberty. Country and western. Cover TBA.
Saturday - Fusion. Rock 'n' roll. \$2 cover. Wednesday - Sneaky Pete singalong. No cover.

Eastgate Live

On Texas Avenue across from the east entrance of campus. Under 21 admitted. Legal drinkers can purchase wine or beer. Call 764-2095 for more information.

Thursday - Second Glance. Progressive dance music. \$3 cover. Friday - Hell's Cafe. Rockabilly. \$3 cover.

Saturday - True Believers. EMI recording artists. \$4 cover. Monday - Dru Wilson. Solo Acoustic. \$2 cover Tuesday - Scott McGill Band. Rhythm and Blues. \$3 cover. Wednesday - The Lippman Jam. Open Stage. No cover.

Flying Tomato

At Northgate. All ages admitted. Legal drinkers can purchase beer. Call 846-1616 for more information. Wednesday - Tim Rogers. Acoustic guitar and vocals. No cover.

Hall of Fame

In Bryan on FM 2818 north of Villa Maria. Those 18 to 21 admitted on selected dates. Alcohol served to legal drinkers. Call 822-2222 for more information.
Thursday - The Debonaires. Dance music. \$4 cover. Friday - Fooling. \$4 cover.

Kay's Cabaret

At Post Oak Mall. Those 18 and older are admitted. Beer, wine and liquor are served to legal drinkers. For more information,

Thursday - Greg Rivers. Guitar singalong. No cover. Friday - Sundown. Country and soft rock. No cover. Saturday - TBA.

Morgenstern's

About one-half mile north of campus on College Main. Those 18 and older are admitted. Beer, wine, and setups are served to legal drinkers. For more information call 846-1812. Thursday - The Red Hairs. Original rock 'n' roll. \$3 Cover. Friday - The Lee Roy Parnell Band. Rock, rhythm and blues. \$4

Saturday - Night Island. Reggae and calypso. \$4 Cover. Wednesday - KANM benefit. Local rock bands. \$3 Cover.

Rocco's is at Northgate. Those 18 and older are admitted. Beer, wine and liquor are served to legal drinkers. For more information, call 846-1023. Wednesday - TBA.

Players present "Plowed Under"

by Melisa Hohlt

The Texas A&M Aggie Players opens its 1987 theatrical season at 8 p.m. on Sept. 25 in the Rudder Forum with "Triple-A Plowed Under," which was originally produced as part of the Federal Theatre Project's "living newspaper" series.

Various techniques such as vignettes, slides and films are interspersed with live action to describe the tensions, troubles and hard times experienced by both farmers and consumers during the Great Depression.

The play's writers eloquently describe an economic situation which parallels today's farm crisis. Set in 1936 and juxtaposing the farmer's problem with the consumer's problem, this theatrical form poses only the questions, not the answers.

The play is chronicled by the "voice of the living newspaper." Other characters inclu de three farmers and their wives. six city laborers and four business people who oppose the blue collar occupations.

The production is directed by Roger Schultz, a theater professor at A&M. The scenery. costumes and lighting for the production are designed by three other A&M theater professors.

"Triple-A Plowed Under" will run Sept. 25-26 and Oct. 1-3. All performances will begin at 8 p.m. Tickets are available at Rudder Box Office and are \$4 for students and senior citizens. The general public may purchase tickets for \$5. For reservations, call 845-1234.

Movies

All movies and times are provided by the theaters, and are subject to

Cinema Three

Cinema Three is at 315 College Ave. Call 693-2796 for more information.

The Fourth Protocol. Rated R. Show times are 7:00 and 9:20. Ends today.

Real Men. Rated PG-13. Show times are 7:00 and 9:20. Starts

Hamburger Hill. Rated R. Show times are 7:05 and 9:25. Ends

84 Charring Cross Roads. Rated PG. Show times are 7:05 and 9:25. Starts Friday.

The Principal. Rated R. Show times are 7:10 and 9:30.

Manor East Three

Manor East Three is at Manor East Mall. Call 823-8300 for more information.

Big Town. Rated PG-13. Show times are 7:25 and 9:45. Starts

Hellraiser. Rated R. Show times are 7:00 and 9:00.

Can't Buy Me Love. Rated PG-13. Show times are 7:25 and 9:45. Ends today.

Post Oak Three

Post Oak Three is at Post Oak Mall. Call 693-2796 for more

The Big Easy. Rated R. Show times are 7:05 and 9:15. Disorderlies. Rated PG. Show

times are 7:15 and 9:20. Dirty Dancing. Rated PG-13. Show times are 7:10 and 9:10.

Plaza Three

Plaza Three is at 226 Southwest Parkway. Call 693-2457 for more information.

Pick-up Artist. Rated PG-13. Showtimes are 7:15 and 9:50. Stakeout. Rated R. Showtimes are 7:20 and 9:40.

Fatal Attraction. Rated R. Showtimes are 7:25 and 9:45.

Schulman 6

Schulman 6 is at 2002 E. 29th. For more information, call 775-2463. Back to the Beach. Rated PG. Showtimes are 7:25 and 9:50. Beverly Hills Cop II. Rated R. Showtimes are 7:10 and 9:50. Starts Friday.

Terminal Entry. Rated PG. Showtimes are 7:10 and 9:55. Ends today.

Garbage Pail Kids. Rated PG. Showtimes are 7:20 and 9:55.

Starts Friday.

Nerds II. Rated R. Showtimes are 7:20 and 9:40. Untouchables. Rated R.

Showtimes are 7:10 and 9:50. Ends today. **Dragnet.** Rated R. Showtimes are

7:15 and 9:35.

Roxanne. Rated PG. Showtimes are 7:15 and 9:45. Ends today. La Bamba. Rated PG-13. Showtimes are 7:25 and 9:45. Starts Friday.

MSC Aggie Cinema

MSC Aggie Cinema is a student organization in the MSC Student Programs Office. Films are generally show on Tuesdays, Fridays and Saturdays, usually in Rudder Theater. For more information call 845-1515.

Outrageous Fortune. Rated R. Show times are 7:30 and 9:45 Friday and Saturday only. Body Double. Rated R. Showtimes are midnight Friday

and Saturday only.

The Passenger. Rated R. Show time is 7:30 Tuesday only.