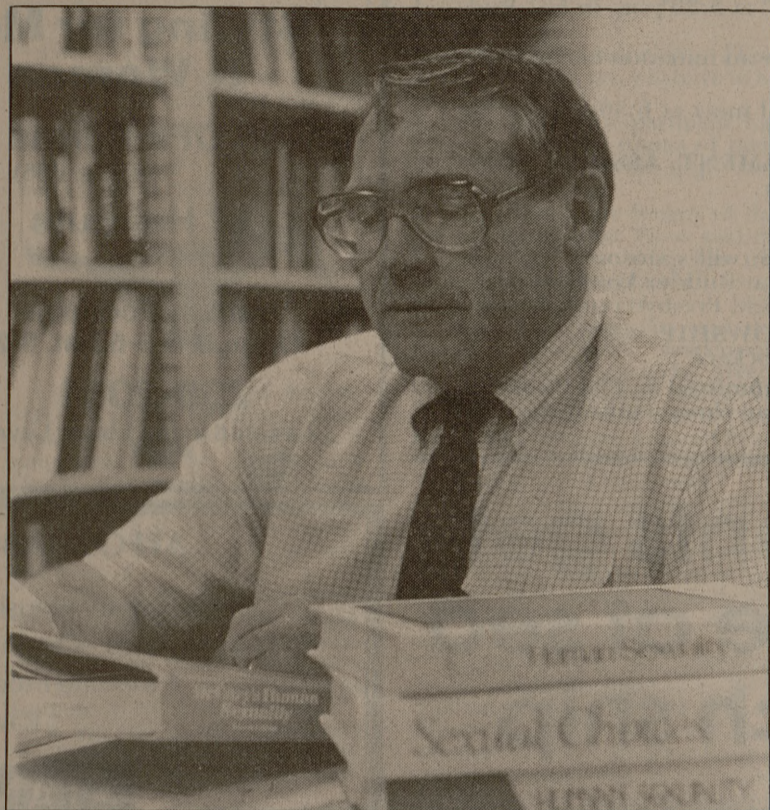


Professor offers skits, projects to heighten interest in lectures

Human sexuality class helps students with sensitive issues

By Melisa Hohlt
Reporter



Dr. Robert Hurley scans a book used in his human sexuality class.

Texas A&M's Health Education 342, Human Sexuality, is no ordinary class — and Dr. Robert Hurley, who teaches it, is no ordinary professor.

While many students are slumbering through their classes, Hurley's students are enjoying an action-packed lecture full of jokes and class participation.

Hurley often initiates class skits and group projects where students depict various parts of the human body or different parts of a single cell. He sometimes gets involved in the skits and has even portrayed a sperm, darting around the room and narrating his every move.

Hurley, a health and physical education professor, says his unorthodox teaching methods help to loosen people up and get them talking about usually awkward issues.

"It's just a different way of emphasizing points," he says. "The audience pays attention, and it helps to take the edge off an embarrassing subject."

Hurley realizes that students may become offended and is aware that people have differing opinions.

"I don't want to offend anyone," he says. "My big objective is to help people communicate in the sexual aspects, because virtually everyone will have a sexual relationship at some time or other."

The office that is Hurley's second home is cluttered with files and books, and his paper-covered desk sports an oversized calendar and numerous notes he has written to himself. The shelves, though brimming with books about sex and sexuality, are not full enough to hide the display of a Hurley family picture.

Hurley says he often is asked about birth control and normality in sexual behavior, and having the answers to these questions is important to him. He stresses the importance of good communication between parent and child and of giving honest answers to honest questions.

"Sex education should begin at birth," he says. "Parents should be available for their children and share their values with them."

"Parents need to always respond honestly to their children's questions, but only as far as the child can understand."

As a father of two sets of twins, Hurley has had plenty of practice answering questions, he says. He even had the rare opportunity of teaching two of his daughters, Katy and Karyn, in one of his A&M classes. Mrs. Hurley says they are 24 and both are married. Katy graduated in 1986 from the University of Texas Medical Branch nursing school in Galveston after leaving A&M and is a registered nurse. Karyn majored in physical education and graduated from A&M in 1985. She teaches girls' track at Navasota High School.

"It didn't bother me to have them in my class, and I didn't try to hide the fact that they were my daughters," Hurley says. "I found myself applying a double standard though. If they missed class I wanted to know why, and I sure didn't want them on the border for a grade," he says with

a chuckle. As it turned out, he says, both of them did well.

Hurley says his other two children, Robert and Margaret, also are twins. Mrs. Hurley says Robert is married and is graduating from Baylor in two weeks with a degree in communications. Margaret is planning an August marriage and is transferring from Baylor to A&M in the fall. She plans to graduate next May.

The Hurleys barely adjusted to Katy and Karyn before Robert and Margaret came along. "They're only 17 months apart," he says.

According to Hurley's wife, Martha, life with two sets of twins is definitely exciting, but was difficult at the beginning.

"It's always been fun because they were all doing the same type things at about the same time and it was never quiet around the house," she says, but mentions that caring for

four infants at the same time was difficult.

"It was physically very hard, and I never had the time to spend with them individually," she says.

She says her husband has done pretty well dealing with the dates his daughters brought home.

"Robert has a good sense of humor, but it's a dry humor and some of those poor boys just didn't catch on," she says. "He'd be talking along and he'd throw in some remark and they wouldn't understand, while we all knew he was kidding around. The ones that are still around also have dry humors, so they get along very well."

With all the marriages in the family in the last year, Hurley says he knows the warning signs.

"One thing I have learned," he says, looking over the top of his glasses, "is that if a girl receives a puppy from a boyfriend, a diamond soon follows."

Whether Hurley demands respect or his sons-in-law are just old-fashioned, they both asked for permission to marry his daughters, he says.

Hurley readily calls himself family-oriented. He says he likes to travel and would like to take a trip somewhere, anywhere, with his entire family, if only they could all agree on the location.

He would probably enjoy wherever they chose to visit, he says.

Although he's flexible, he still has pet peeves about some things.

"What I usually say is 'If you open it, shut it. If you take the lid off, put it back on,'" he says. "Basically, leave things the way you find them."

"But my number one peeve is that they (family members) still haven't learned that the car keys go in the basket beside the door. When you go to get them, you end up having to track down the person who had them last."

The Hurleys moved to College Station in 1971 after he accepted A&M's offer to develop and upgrade the health education department, he says. He doesn't plan to move again, he says.

"We're pretty well established here and College Station is an excellent place to raise a family," he says.

"With the economy the way it is you have to be concerned with having a job, but you never can tell what the future holds."

Junior high modifies punishment

THE WOODLANDS (AP) — A controversial discipline policy giving junior high school students the choice of being paddled or crawling was revised so it can be used only as a last resort and with the parents' permission.

Neal Knox Junior High School officials modified their "pops or bear crawl" policy after being criticized last week for using it to discipline some seventh-grade male students.

Principal Thomas Randle said 63 male students in an athletics class were given the option of being paddled or crawling the length of a football field as discipline for poor conduct marks on their six-week report cards.

About 50 students, including the principal's son, chose to take a "pop" rather than crawl.

The new policy will take effect in the fall.

Fitness program improves Texans' health, report says

By Ed Holtgraver
Reporter

The Texas Agricultural Extension Service reported that the fitness and eating habits of more than 3,000 Texans were improved as a result of their participation in a TAES weight-control program.

The 12-week Fit-For-Life program was designed to give permanent weight-control results.

TAES nutrition specialist Alice Hunt says the participants not only keep the weight off through the program, but continue to shed pounds and improve their overall fitness.

Texas A&M fitness expert Stephen Crouse says, "Diet plus exercise equals weight loss. There's just no substitute for that. There are very, very few people who can't lose weight by normal means and need medical intervention."

The report says, "The primary

goal of Fit-For-Life is to challenge the traditional practice of starvation dieting and to teach the winning combination of moderate calorie restriction and exercise to achieve successful lifetime weight control."

According to the report, TAES nutrition experts trained TAES county agents to conduct the Fit-For-Life program statewide.

The impact of the program was evaluated by measuring changes in body weight, body fat percentage, flexibility, muscular strength, endurance and cardiovascular fitness.

The report says participants achieved improvements in all of the categories.

Nutritional information was incorporated into each lesson. The program provided instruction on making nutritionally-balanced, low-calorie food choices, as well as controlling food portions.

Fit-For-Life participants also improved their eating habits by decreasing the amount of fried foods and sweets and increasing the amount of fruits and vegetables consumed.

Hunt completed a follow-up study to determine the success rate of participants one year after they completed the program.

"We were really surprised to find they continued to lose weight," Hunt says. "We were crossing our fingers in hopes that they hadn't regained the weight, but they lost even more."

Another important part of the program, Hunt says, was the emphasis on taking a realistic view of one's appearance.

"Some people are just never going to be Miss America," Hunt says. "But they can have a healthier body and improve their fitness and how they feel."

LOUPO'S At Northgate
Cash For Used Books

cut here
Defensive Driving Course
May 11, 12; May 15, 16 and May 18, 19
College Station Hilton
Pre-register by phone: 693-8178
Ticket deferral and 10% insurance discount

If good quality service is important to you call:
BRYAN DRIVE TRAIN
Rebuilding & parts for:
• Transmissions
• Clutches
• Drive shafts
Service on:
• 4X4 • Import
• FWD • Domestic
3605 South College 268-2886

STAN'S GOLF SHOP
We Carry A Full Pro Line Of Golf Equipment
• Men & Women's Golf Shoes
Nike, Foot-Joy & Dexter
• Shirts & Shorts
• Putters
• Bags
• Balls
We do club repairs!
WE'RE Mon.-Fri. 9 - 6 p.m.
OPEN: Sat. 8 - 5 p.m.
Closed Sun.
505 University Dr.
Suite 303
College Station
846-1553
Visa, American Express & Mastercard Accepted

Congratulations

FREE BUY ONE PIZZA... GET ONE FREE!
Buy any size Original Round pizza at regular price, get identical pizza FREE!
Price varies depending on size and number of toppings ordered. Valid with coupon at participating Little Caesars. Carry Out Only. Expires 5-9-87 9-7h-6-7

Save \$6.18 TWO LARGE PIZZAS "with everything" 10 toppings for only \$11.99
REG. \$18.17
Save \$6.18 Good Mon-Wed Only.
Expires 5-9-87 9-7h-6-7
Toppings include pepperoni, ham, bacon, ground beef, sausage, mushrooms, green peppers, onions, slice peppers and anchovies. Color requests. (NO SUBSTITUTIONS OR SELECTIONS)

696-0191 College Station
Winn Dixie Shopping Center E. 29th & Briarcrest

776-7171 Bryan
College Station E. 29th & Briarcrest

Little Caesars
©1986 Little Caesar Enterprises, Inc. VALUABLE COUPON

Little Caesars
©1986 Little Caesar Enterprises, Inc. VALUABLE COUPON

Little Caesars Pizza

In honor of graduation, we'll be open this Friday at 4 p.m. Celebrate this special occasion with us. Choose from an exciting cargo list of entrees. Delicacies like Hawaiian Chicken, Alaskan King Crab, Teriyaki Beef Kabobs, Mahi Mahi, Australian Lobster, & Prime Rib. All including a visit to our generous salad bar.

pelican's wharf
2500 Texas Ave. 693-5113.