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| MONDAY EVENING | SALISBURY STEAK Mushroom Gravy, Whipped Potatoes, Choice of Vegetable. Roll or Combread, Butter |
| TUESDAY EVENING | MEXICAN FIESTA Two Cheese Enchiladas With Chili, Rice, Beans, Tostadas |
| WEDNESDAY EVENING | CHICKEN FRIED STEAK Cream Gravy, Whipped Potatoes, Choice of Vegetable, Roll or Cornbread, Butter |
| THURSDAY EVENING | ITALIAN DINNER Spaghetti, Meatballs, Sauce, Parmesan Cheese, Tossed Salad, Hot Garlic Bread |
| FRIDAY EVENING | FRIED CATFISH Tartar Sauce, Cole Slaw, Hush Puppies, Choice of Vegetable |
| SATURDAY NOON & EVENING | YANKEE POT ROAST (Texas Style), Tossed Salad, Mashed Potatoes W Gravy, Roll or Cornbread, Butter |
| SUNDAY NOON & EVENING | ROAST TURKEY DINNER Served with Cranberry Sauce, Cornbread Dressing, Roll or Corn- bread, Butter, Giblet Gravy, Choice of Vegetable |
| | TEA OR COFFEE INCLUDED O EXTRA CHARGE ON SPECIALS |

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Presents

SELLING **ON CAMPUS** SEMINAR

Association hopes to educate public on diabetes care

By Ronda Hancock

Reporter

One out of every 20 Texans has diabetes, the third leading killer disease in the country, say representa-tives of the American Diabetes Association.

"But you don't hear of many people dying from diabetes," says Jack Lester Jr. of the local ADA chapter. "They die from heart failure (and) kidney disease. Diabetes is more of a silent killer.

The ADA has designated Novem-ber as National Diabetes Month.

Dr. Gordon A. Pratt Sr., president of the Bryan-College Station ADA chapter, says diabetes and its stresses can lead to heart disease and strokes, kidney failure, blindness, leg and foot amputations, birth defects and other severe problems.

When a person has diabetes, the pancreas either doesn't produce insulin at all, or doesn't produce enough insulin. Insulin is used by the body to convert consumed sugar to a form the body's cells can use for energy

Part of the seriousness of the situation, the representatives say, is that many of the people affected by diabetes aren't aware that they have it.

Anyone is susceptible to diabetes, but people who are over 40, overweight or have a family history of di-abetes are at the highest risk. The cause of the disease is un-

known and no cure has been found.

Some of the warning signs of diabetes are high blood sugar levels, increased urination, excessive thirst, fatigue, weakness and increased appetite.

Pratt says the Bryan-College Sta-tion ADA chapter is trying to reach some 2,000 people this month who are unaware they have diabetes.

'We want citizens to know and recognize the warning signs of something that, if unchecked, could kill them," he says.

An ADA volunteer in Austin says immediately.

some evidence indicates that Mexi-can-Americans, blacks and American Indians may be 300 to 500 times more likely to get diabetes than other people.

Diabetes can be controlled by careful monitoring of diet, control of blood sugar levels with medication, and regular exercise

Damaged nerves and poor circulation in the feet and legs means diabetics have to take special care of their feet, say ADA representatives.

They say special care needs to be taken by diabetics to make sure they don't injure their feet.

Damaged nerves in the feet may mean that injuries could go unnoticed

This also holds true for other injuries such as cuts, scrapes and bruises, which can get infected. These must be watched carefully, because diabetes seems to inhibit normal healing processes, ADA representatives say

Booklets say diabetics should develop skills and knowledge about planning meals, testing blood glucose, testing urine for sugar levels, injecting insulin and handling emergency situations.

Also, ADA representatives say, diabetics should take special precau-tions when they travel.

Representatives say diabetics must make sure they have some kind of food available — often hard candy - in case they have an insulin reac-

importance of diabetics carrying some type of medical alert — a card, tag or bracelet — identifying them as

Diabetics who have insulin reac-tions often resemble drunks, says one ADA representative.

They tend to stagger around and sweat," she says, "and it's important they can receive proper treatment

Exec VP Cook resigns; Senate OKs successor

By Rodney Rather Staff Writer

Mike Cook on Tuesday formally resigned as executive vice president of the student body, President Mike Sims announced at Wednesday's

Student Senate meeting. The senate unanimously ap-proved Sims' request that associate vice president Matt Simmons replace Cook as executive vice president. No plans to fill the office of associate vice president have been made.

Sims said Cook resigned because

mandate in the Texas A&M student body constitution designating the executive vice president to take over as president if the president resigns, is removed from duty or is otherwise unable to fulfill his duties.

In legislative action, the senate passed the Aggie Point Plan bill, which recommends the point plan's minimum initial deposit be lowered from \$250 to \$200 and that its minimum subsequent deposit be lowered from \$100 to \$50.

The initial deposit is the amount

What's up

Thursday

SOCIETY OF AGRICULTURAL MANAGERS, APPRAIS ERS AND CONSULTANTS: Jim and Sloan Williams of 8 Brahman Ranch will speak at 7 p.m. in 115 Kleberg.

- COLLEGE OF LIBERAL ARTS: will present a workshop Resumes, cover letters and visits to employers" at 5 p.m. 204 Harrington.
- TAU BETA PI: Joe Hudson will speak at 7 p.m. in 110 Har rington
- TAMU EMERGENCY CARE TEAM: will meet at 7 p.m.in 302 Rudder.
- NATIONAL SOCIETY OF BLACK ENGINEERS: will met at 7:30 p.m. in 401 Rudder.
- GREEN EARTH SOCIETY: will meet at 7 p.m. in 510 Rud-
- ALCOHOLICS ANONYMOUS: will meet at noon on campus. For location call Student Affairs at 845-5826.
- HISTORY CLUB: Dr. Krammer will speak at 7 p.m. in 500 Rudder
- MUSLIM STUDENTS ASSOCIATION: Mrs. Khadija Fuat will speak about "Women in Islam" at 7:30 p.m. in 70 Rudder.
- WATERSKI CLUB: will have photos taken for Aggieland % at 4:30 p.m. by Rudder Fountain.
- AGGNOG-PERSONAL COMPUTER USER GROUP: W present a demonstration of graphics software on MS-D0 and CP/M computers at 5:30 p.m. in 503 Blocker.
- DATA PROCESSING MANAGEMENT ASSOCIATION will meet at 7 p.m. in 150 Blocker
- DEPARTMENT OF MODERN LANGUAGES is conductin a foreign language teaching workshop on teaching conversation through texts from 4 p.m. to 5:30 p.m. in 302 Rud der
- STUDENTS FOR SCIENTIFIC CREATIONISM: will mer at 7 p.m. in 206 MSC.
- **INTRAMURAL RECREATIONAL SPORTS:** entries dos for basketball at 6 p.m. in 159 Read.
- STUDENT ACTIVITIES CALENDAR: recognized stude organizations can submit dates to the 1987 Spring Ca endar through today to the Student Activities Office, 2 Pavilion.
- BRAZOS DUPLICATE BRIDGE CLUB: invites students faculty and any beginners to come at 7 p.m. at College Sta tion Community Center.

Friday

- MANAGEMENT 481: Robert Heaton of La Salle Partners Inc. will speak at 10 a.m. in 114 Blocker.
- CHRISTIAN BUSINESS SOCIETY: will hear a former Viet nam POW speak on "Prison and God's Promise" at 7 pm in 115 Kleberg.
- LATTER-DAY SAINT STUDENT ASSOCIATION: I John Hopkins will speak at noon at the Latter-Day Sam Institute Building at 100 E. Dexter.
- STUDENT ACTIVITIES OFFICE: will sponsor a field to to tour Houston businesses. For more information call to Student Activities Office at 845-1133.
- INTERVARSITY CHRISTIAN FELLOWSHIP: will show?
- movie, "The Wait of the World," at 7 p.m. in 301 Rudder. OFF-CAMPUS AGGIES: will meet at 11:45 p.m. at Mour
- Aggie to go to yell practice. UNITED CAMPUS MINISTRY: will have a "peanut but
- fellowship" at 11 a.m. by Rudder Fountain and a Bbk study at 6:30 p.m. in the office of A&M Presbytera Church.
- AFRICAN STUDENTS ASSOCIATION: will meet at 83 p.m. in 401 Rudder.
- FISH CAMP: applications for Fish Camp '87 co-chairmena available in 213 Pavilion. A&M LITERARY ARTS CLUB: is now accepting submis-
- sions for Litmus.

tion. ADA officials also emphasize the

diabetic in the case of an emergency.

that they be recognized as diabetic so

Thurs., Nov. 20 **301 Rudder** 7:00 PM

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in business administration at another school.

Sims expressed regret over Cook's to an account. resignation, saying every administration hates turnover of its positions, but also said he is confident Simmons won't have trouble adjusting to his new office.

Simmons said the executive vice president's job is similar to the post of associate vice president.

"It's more of a lateral move than it is a move up," Simmons said.

the duties of executive vice president and associate vice president is the

plans to pursue a master's degree required to activate a new account, and the subsequent deposit is the minimum amount that can be added

The bill also recommends a serv-ice fee of \$10 be charged if more than three subsequent deposits are added in a semester.

The senate also passed a reappor-tionment bill, which determines how many senate seats each living area and academic college may have.

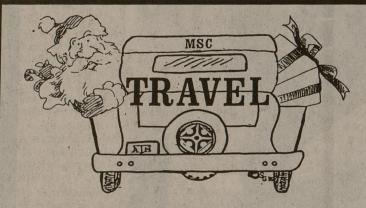
The bill also says any college seat The biggest difference between remaining vacant for two senate e duties of executive vice president meetings will be declared at-large for that college.

WOMEN'S CHORUS: will hold open rehearsals at 10 a.m.i the lounge of the Memorial Student Center as part of Women's Chorus Awareness Week

DEPARTMENT OF MATHEMATICS: students intereste in taking Actuarial Examinations in February should on tact Dr. H. E. Lacey, head of the Department of Mathemat ics, in 102 Milner Hall.

STUDENT ACTIVITIES SPEAKERS SEMINAR: applications for the 1987 Speakers Seminar are available through Wednesday in the Student Activities Office, 208 Pavilion.

Items for What's Up should be submitted to The Battalian, 216 Reed McDonald, no less than three working days prior to desired publication date.



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