

Marriage saves big on tuition

Associated Press
DENTON — It cost her \$7 to wed and will cost \$51 to get a divorce, but a North Texas State University student still will save about \$1,000 by marrying to avoid paying out-of-state tuition.

The marriage of convenience entitles the 22-year-old woman from a northern state to pay just more than \$300 to complete her studies, compared with \$1,300 if she had not married a Texas resident.

The North Texas Daily student newspaper told the story of the couple, given the pseudonyms Kelly and Samuel to protect their identities.

Kelly expected to graduate in December but learned she lacked 18 hours to complete her degree.

"I didn't apply for a student loan because I wasn't planning on being in school another semester," Kelly said. "By the time I found all this out it was too late."

Kelly and Samuel had been friends for two or three years, she said.

"One day he just offered to marry me so I would be a legal Texas resident," she said. "I thought he was crazy."

"But the more I thought about it, the more sense it made."

The couple were married late last year by a Denton County justice of the peace. They do not live together, the North Texas Daily said, and they intend to divorce once the time is right.

Divorce papers through the university's legal aid office cost just \$51, student legal adviser Robin Ramsey said.

NTSU Registrar Joneel Harris said she doesn't believe many people marry to avoid tuition. But if the Legislature follows through with raising out-of-state tuition, the practice could increase, she said.

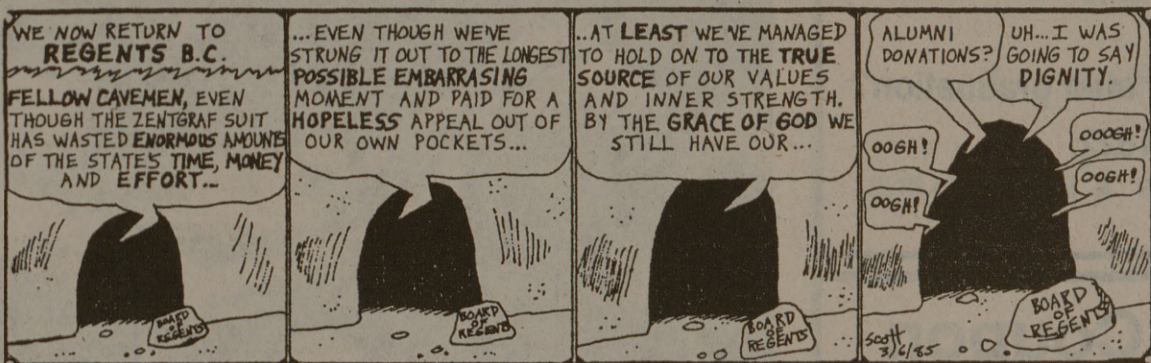
University attorney Richard Rafes said he believed the couple "bit off more than they can chew."

"If it can be proved they tried to willfully defraud the state of Texas, we may have grounds to file criminal charges against them," Rafes said.

Kelly will graduate in May. Samuel said he enjoys being married "and still being able to play dominoes with the guys four times a week."

Warped

by Scott McCullar



Eustress

A&M prof studying effects of positive stress

By REBECCA ADAIR
Staff Writer

The physiological effects of positive stress from activities such as skiing, rappelling or rock climbing are the topic of a study by a Texas A&M professor.

Dr. Camille Bunting, assistant professor of health and physical education, is conducting a study titled "The Influence of Aerobic Fitness on Catecholamine Responses During Eustress."

Catecholamine responses involve stress hormones such as epinephrine.

Eustress is the exciting and invigorating feeling one gets from positive stress activities, Bunting said.

"A lot of people are getting into outdoor adventure," Bunting said, "and these activities elicit eustress responses."

She said active people need to be aware of the possible effects of positive stress.

Volunteers working with the study are classified as either type A or B, Bunting said.

"The type A is the go-getter, someone on the fast track, who actually talks, walks and even drives fast," she said. "These people are always in a hurry. The type B person is relaxed, laid back and easy-come, easy-go."

The study uses both subjects who are physically fit (those who can run a mile easily) and subjects who are not. The only absolute qualification for Bunting's study is gender. All

subjects must be male.

Bunting said she limited the study to a male control group to simplify her research. Sometimes samples can be taken easier from males, she said, and including females would add more variables.

Bunting's five-step procedure begins with a treadmill stress test. The subjects also are given a test to determine their personality types. Bunting said very few people are clearly A or B.

The positive stress studied is created on A&M's rope course. During the test, subjects are double-harnessed with a nationally-accepted safety system and then they must jump from a 17-foot pole and catch a trapeze.

"With the jump we try to elicit an exciting type of stress," Bunting said. "The subject needs to be afraid, but after he completes the jump he will feel good about himself. He will have overcome his fears about it."

During the test, Bunting said, the subject's heart rate is monitored and blood samples are taken with an intravenous catheter inserted into a vein above the wrist.

Blood samples are taken twice before the test, Bunting said. Before the first sample, the subject rests for 20 minutes and is lying down. The next sample, the anticipatory sample, is done immediately before the subject starts up the pole.

"The anticipatory sample should show the catecholamine (stress hormone) level going up," Bunting said. Immediately after the pole jump,

another sample is taken. After that, two more are taken at five-minute intervals. While the samples are being taken, the subject takes a 10-question anxiety test.

"This test is designed to measure the subject's own perception of what's going on with his body," Bunting said. "Some people have no perception of what's going on."

Bunting said a person should be aware of his body's reactions to learn stress management and relaxation techniques.

The profile also includes personality type and awareness level.

"At the end of the test they'll know how closely they can be aware of what their bodies are doing physiologically as far as anxiety," Bunting said.

Bunting is still testing for subjects, she said, and prefers men under 30 to 35 years old. The study requires eight low-fitness men and eight high-fitness men.

Those subjects who complete the entire test will receive \$25, Bunting said.

The volunteers who get involved in the study are either interested in discovering how they handle stress, finding out their fitness level or losing weight, she said.

"We are not a weight-loss center," Bunting said.

The study is funded by the Texas Engineering Experiment Station and will continue throughout the semester, she said.

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Class	Instructor	Time	Day	Fee
Aerobic Exercise	Nancy L. Ruggiero	7:30-8:30	Tues. Thur.	\$17.00
Aerobic Dance	Angelique Gammon	9:30-10:30	Tues. Thur.	17.00
Aerobic Dance	Angelique Gammon	8:30-9:30	Tues. Thur.	17.00
Intermediate	Julie A. Laub	5:30-6:30	Mon. Wed.	17.00
Aerobics	McCasland	5:30-6:30	Mon. Wed. Thur.	23.00
Aerobic Exercise		10:00-11:00	Sat. Morning	11.00
Aerobic Exercise	Gwen Leigh Knebel	6:30-7:30	Tues. Thur.	17.00
Intermediate	Jenny Morse	5:30-6:30	Tues. Thur.	17.00
Aerobics	Paula Blakely	6:30-7:30	Tues. Thur.	17.00
Aerobic Advanced	Paula Blakely	7:30-8:30	Tues. Thur.	17.00
Aerobic Beginner				
Complete Personal Style Workshop	Saralyn Morris	7:00-9:00	Mon.	17.00
Standard First Aid-American Red Cross	Andrew Flisk	6:00-8:00	Tues. Thur.	29.00
Psychology For The Athlete	Dr. Kenneth Poenisch	6:00-7:15	Mon.	13.00
CPR - Basic Life Support	Kevin Mifflin & Andrew Flisk & Michale Pace	8:00-10:00	Tues. Thur.	13.00
Basic 35 mm SLR Photography	Roy Nierdieck	6:30-8:30	Mon.	17.00
Automobile Repair	Eugene O. Graham	7:30-9:30	Mon. Wed.	17.00
Power Puff Mechanics	Stephen Brown	7:00-8:30	Mon. Wed.	14.00
Theory and Practice of Good Cooking	Dean Howard Smith	6:00-8:00	Tues.	17.00
Bartending	Mike T. Ferguson	7:00-9:00	Thur.	12.00
Wine Appreciation	Ira Held	6:30-7:30	Wed.	17.00
Beginning French	Denise Buffins	7:30-8:30	Wed.	11.00
Beginning Mandarin	Yong Chan	7:30-8:30	Thur.	11.00
Beginning Chinese	Chang-Ding Hsiao	6:30-7:30	Sun.	11.00
Travel Planning	Judy Basco	7:30-8:30	Thur.	5.00
College Study Skills	Therese Kimberly	7:00-8:00	Tues.	11.00
Greek Language	Fissekidou Vassiliki	6:00-7:00	Mon. Wed.	17.00
Beginning Guitar	J. Scott Humphrey	6:00-7:00	Wed.	11.00
Intermediate Guitar	J. Scott Humphrey	7:00-8:00	Wed.	11.00
Advanced Guitar	J. Scott Humphrey	8:00-9:00	Wed.	11.00
Using The TI Business Analyst Financial Calculator	Steve Mooney	6:30-9:30	Tues. March 26 only	8.00
Sign Language For Beginners	Rachel Woodroof	8:00-9:30	Tues.	1.00
Ballroom Dancing	Brenda Bradt	6:00-7:00	Thur.	14.00
Taylor's Country and Western Dance Beginning	Ford & Sandra Taylor	6:15-7:30	Wed.	11.00
Taylor's Country and Western Dance Beginning	Ford & Sandra Taylor	6:15-7:30	Thur.	15.00
Jitter Bug at the Hall	James & Helen Curry	6:15-7:30	Fri.	15.00
Self Defense I	Jongsoo Park & Jack Simpson	5:00-6:30	Mon. Wed.	14.00
Self Defense II	Jongsoo Park	6:30-8:00	Mon. Wed.	14.00
Rape Defense	Jongsoo Park & Wayne Leonard	6:30-8:00	Fri.	14.00
Korean Academy of TAC Kwon-Do	Gee Bong, Cho	5:30-7:00	Mon. Wed.	25.00
			In Class Fee	5.00

ADDITIONAL CLASSES NOT LISTED IN BROCHURE

Class	Instructor	Time	Day	Fee
Aerobics with Body Dynamics		8:30-9:30	Mon. Wed.	17.00
Aerobics with Body Dynamics		8:30-9:30	Tues. Thur.	17.00
Beginning Aerobics	Fran Findall	7:30-8:30	Wed.	11.00



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