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WEEKNITES: 7:30-9:50  
 BILL MURRAY GHOSTBUSTERS

WEEKNITES: 8:00 ONLY  
 AMADEUS

WEEKNITES: 7:15-9:45  
 PLACES IN THE HEART

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**SCHULMAN 6**  
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MISSING IN ACTION R		7:30-9:50
NIGHT PATROL R		7:30-9:50
A SOLDIERS STORY PG		7:25-9:45
AMERICAN DREAMER PG		7:20-9:40
TERMINATOR R		7:20-9:40
MANOR EAST III		823-8300
PHAR LAP PG	DOLBY STEREO	7:20-9:40
PURPLE RAIN R		7:15-9:35
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# Falwell files suit against Hustler

**United Press International**

ROANOKE, Va. — A federal judge refused Wednesday to dismiss evangelist Jerry Falwell's \$45 million libel suit against Hustler magazine publisher Larry Flynt, who attorneys said was too busy to testify.

Falwell, founder of the conservative lobbying group Moral Majority, rested his case, saying the sexually explicit magazine damaged his reputation and defamed the memory of his dead mother by accusing him of drunkenness and incest in a parody of a liquor advertisement.

U.S. District Judge James Turk rejected motions from Flynt's attorneys to throw out the suit because

Hustler's ad parody was labeled fiction and was too "preposterous" for anyone to believe.

The parody — "Jerry Falwell Talks About His First Time" — said Falwell's first sexual act was with his mother in an outhouse.

Falwell called Flynt a "porn king" and said he believed the publisher waged a five-year campaign of hate against him as revenge for his outspoken criticism of pornography and immorality.

Falwell said he turned the other cheek to years of abuse in Flynt's magazine, but decided to sue when Hustler "besmirched the memory of my dear mother."

# Mondale

**(continued from page 1)**

FEC Chairman Lee Ann Elliott and commissioner Joan D. Aikens voted against the agreement while commissioners Thomas Harris, Danny McDonald, John McGarry and Frank Reiche supported it.

He told The Washington Times, "This, in effect, says it is OK to violate the law if you're a union PAC. We are very seriously considering going to court to force the FEC to do their job."

The other major complainant, Sen. Gary Hart, D-Colo., charged during the primaries that Mondale

was using "tainted money" to win the nomination. Mondale rejected the charge, but he agreed during the campaign to disband the delegate committees and refund any donations that exceeded the legal limits.

The complaints charged that the committees set up to finance the campaigns of Mondale delegates for seats at the Democratic National Convention were helping fund the Mondale campaign in violation of the federal campaign finance law.

The Mondale campaign agreed to the settlement without conceding the illegality of the financing arrangement.

# Stress

**(continued from page 1)**

whether or not they'll develop health problems," he said. "We know from research on stress in other jobs that people who feel they have a lot of control over their jobs and who view the stressful aspects of a job as a challenge are less likely to develop health problems."

"This suggests that people who don't feel they have control develop more problems. An example with the firefighter is the fireman who sees his job as a challenge. He is probably more capable of coping with certain aspects of the job than someone who is just there for the benefits."

Two of the benefits of being a fireman include a pension and having to work one of every three days. Working one out of three days might not be the benefit it seems to be, however.

"A lot of firemen think that's great," Krokoff said, "but for the body it's like pulling an all-nighter two or three times a week and then going back to a normal day. People who do shift work are more of a risk for stress-related disorders and sleeping disorders."

The shift factor can create stress in family life too. When the husband is gone 24 hours with the wife left in charge and then he returns for two consecutive days, Krokoff said, there can be a lot of stress imposed on the family.

In the past stress was viewed as a sign of a psychological problem or disorder.

"Now we are more likely to view a lot of stress as being imposed on the individual from the outside," Krokoff said. "In a lot of jobs you can't change the fact that you have stress."

Just as the service professions have their own type of stress, so do executive level jobs. Clark gives some reasons for this.

"Executives required to make important decisions that affect a lot of other people experience a different kind of stress," Clark said. "Executives experience different types of situations. These situations aren't as constant or repetitive because they have a variety of duties. A person in the highest position has stress, but the person in the organization with high job demands and low decision making power has tremendous stress. They're expected to do things, but they don't have the power to."

All of this on-the-job stress has a visible effect on the company, according to the Rev. Rowland Goodwin, a Methodist minister and author of "Stress at Work."

"Almost certainly a company with a stress problem will suffer reduced efficiency, and lost productivity," Rowland writes. "The cost of doing nothing will rapidly begin to exceed the cost of getting somebody in to handle the situation."

This is the reason companies are hiring psychologists like Clark to help employees deal with problems at work or at home. She agrees that stress can reduce efficiency and productivity.

Low productivity, job dissatisfaction and frustration can come with stress, Clark said. These are all reasons that businesses are hiring professional help.

It can help the company too.

"It saves the company money because of higher productivity, less absenteeism and less turnover," Clark said. "Many employees use drugs or alcohol to deal with stress. They begin to interfere with job performance, so companies are using employee assistance programs to help them."

"Stress drivers are lifestyle factors that make us feel tense and anxious," Clark said. "They're based on a belief that we should act and function in certain ways to be well-regarded and receive approval from others. Many attempt to keep themselves in an OK position by using one of the following: I'm OK, I will be perfect (don't make mistakes), I'm OK if I'll be strong (my feeling inside) or I'm OK, please others (ignore self)." Clark says everyone is driven by at least one of these. Some people have all three.

If you fall into the hurry up you should set priorities and plan ahead. Try to relax and think. If you are in the hurry up group, Clark's advice is to make the best mistakes and allow others to make them too. You should also praise and accept it. If you are a strong group, you should express feelings and find ways to take care of those feelings. If you are a "please others" person, you need to put yourself first sometimes. Learn to say no.

These stress reduction techniques aren't only for employees and stress. They can be used for family pressures. They can also be used for students.

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