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Photo by KAREN WATSON

Watch your step

To help sort out heavy traffic at the intersections of Ireland and Ross streets Officer Jane Willman of the University Police directs traffic Tuesday afternoon.

Postmaster gives students tips

Holiday mail made easy

By KIRSTEN DIETZ
Staff Writer

Because of the traditional increase in the Christmas mail flow, students are asked to follow a few simple rules during the holiday season to alleviate some of the potential mailing problems.

College Station Postmaster C.L. Matcek advises students who are returning home during Christmas break not to leave a temporary forwarding address unless it is necessary.

"Temporary addresses are what kills us," Matcek said. "It's hard to stay up with them."

If a student feels he must leave a

temporary forwarding address, Matcek advises turning it in to the post office at least one week in advance. He said it takes about one week to process the forwarding addresses, so students need to allow for lag time.

Matcek also asks students not to request to have second class mail such as magazines and newspapers forwarded.

If no forwarding address is left, all packages and mail, except certified mail, will continue to be placed in the student's mail box or held behind the counter and delivered when the student returns.

Because the forwarding increases the post office's work, Matcek said

mail has a greater chance of getting lost before the student receives it.

To insure that cards and packages reach their destination by Christmas Day, Matcek suggests mailing packages by Dec. 13 and greeting cards by Dec. 17. Postal customers also are encouraged to mail earlier in the day, rather than late in the evening, to take advantage of special early collections that speed up the mail's delivery.

Despite the post office's annual advice to mail early, Matcek said many people still wait until the last minute.

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Passengers released from hijacked plane

United Press International

KUWAIT — Arab-speaking gunmen Tuesday hijacked a Kuwaiti jetliner carrying 161 people, including some Americans, and forced the pilot to land in Iran with threats to blow the aircraft from the sky. One passenger was reported killed and a second injured in a fight on the plane.

Forty-three women and children were freed in two separate groups from the Kuwaiti Airlines Airbus at Tehran's Mehrabad Airport during negotiations between Iranian officials and the hijackers, IRNA, the official Iranian news agency, reported.

In Washington, the State Department said at least three and perhaps more U.S. citizens were aboard the aircraft, and that other passengers were nationals from four other nations. Kuwait, Pakistan, Britain and West Germany. Airline officials said most of the people aboard were Pakistanis.

The aircraft was bound from Kuwait to Pakistan and was seized shortly after a stop in Dubai in the United Arab Emirates.

One of the women released by the hijackers told IRNA the men were heavily armed with "bombs, machine guns and pistols."

"The hijackers said they were Palestinians and they spoke Arabic all the time," said Sajiada Banou Oth-

mani, 40, who was traveling to Pakistan from Chicago. It was not known if she was a U.S. citizen.

"The airliner stands at Mehrabad Airport runway with all its window curtains closed to prevent passengers from looking outside," IRNA reported in a dispatch monitored in Beirut. "More than 20 emergency vehicles are standing by several hundred yards away."

The hijackers' only reported demands were for more fuel and an Arabic-speaking interpreter, who was provided. The Kuwaiti news agency, KUNA, quoting a Tehran radio broadcast, said Iranian authorities also had agreed to refuel the French-made Airbus and link it up with ground power units.

IRNA said two passengers were wounded in a fight aboard the aircraft with the hijackers. The most seriously injured man was released after the plane arrived in Tehran but he died of his injuries.

The hijackers refused to release the second man. Othmani said a doctor among the passengers was treating the passenger. IRNA said medical supplies were sent into the plane.

At least one of them had been shot, Othmani told IRNA, but it was unclear which had been hit by gunfire or whether both had suffered gunshot wounds.

Othmani, describing the takeover,

told IRNA that 15 minutes after the flight left Dubai she heard "a quarrel between some persons and the crew ... and the firing of a gun which injured a male passenger."

After the plane touched down at the Mehrabad airport, two hijackers emerged from a door and talked with Iranian officials who asked for the release of all the women and children aboard.

The hijackers released five women and 14 children 11 hours after the plane landed. IRNA said another 15 women and nine children were allowed to leave three hours later.

The number of hijackers remained in question. Othmani said she saw four, but KUNA said six Arabic-speaking hijackers — four from Beirut and two from Iran — boarded the aircraft early Tuesday when it made the stop in Dubai.

IRNA said the aircraft was carrying 155 passengers, including five hijackers, and a crew of 11 and entered Iranian airspace at about 5:30 a.m. local time.

Iranian officials said they sent a fighter plane to intercept the airliner, but allowed it to land for "humanitarian" reasons. They said the pilot reported he was low on fuel and that the hijackers had threatened to blow up the plane.

A&M students complain of Austin police actions

By DAINAH BULLARD

Staff Writer

A Texas A&M student who was struck in the head by an Austin policeman with his night stick Saturday night said Tuesday he may take action against the Austin Police Department.

"I'm not out for blood, but I'm not going to just let them get away with it," said George Clendinin, a junior environmental design major. "I've called my lawyer and called my home and everything. We're not going to let them get away with it."

Clendinin said he was clubbed by an unidentified Austin policeman while he was helping to break up a fight between four men. Clendinin said he had just separated two of the men when he was struck from behind.

"I never saw the policeman hit me," Clendinin said. "I have a lot of witnesses who said he (the police officer) came running up and hit the first one there — and that was me."

Though the blow knocked him to the ground, he was not unconscious, Clendinin said. When he asked the name of the officer who had hit him, the officer refused to identify himself, then cursed Clendinin, telling him to "get the hell out of here," Clendinin said.

"He pushed me back into the crowd," Clendinin said. "He was trying to get rid of the evidence."

Several other incidents followed the event, Clendinin said. Another student was arrested for no apparent reason, and policemen rode motorcycles into the crowd, he said.

"I don't know if it's just the area or the region or what — I don't think the whole police station is bad," Clendinin said. "Maybe they're just bad losers."

Clendinin was taken by ambulance to an Austin hospital where he received six stitches in his head for the injury caused by the clubbing.

The attack on Clendinin was confirmed by Jill Swinbank, class of '80, who first reported the incident to The Battalion.

Swinbank said she and some friends were watching Clendinin attempt to break up a fight between four men when the policemen approached.

"The policeman jumped over a car and pulled out his night stick and cracked him (Clendinin) over the head," Swinbank said. "We said, 'You just can't be hitting people like that,' and asked for his badge number."

Swinbank said the policeman, who apparently was wearing his badge on his shirt under his jacket, refused to give witnesses his badge number and cursed at the crowd.

"We continued to ask for his badge number, and he told the crowd to f--- off, which I didn't think

was very professional," she said.

Swinbank said the policeman grabbed, kicked and handcuffed one man who continued to request their badge numbers, and they told the man's girlfriend she would have to bail him out of jail. Swinbank said that when she attempted to file a complaint with the Austin Police Department she was told she was ineligible.

"They told me I couldn't file a complaint because I wasn't arrested," Swinbank said.

A spokesman from the police department told Swinbank that if the offending policeman is identified and found guilty, he may be placed on probation for one or two days. Swinbank said she has contacted the mayor's office in regard to the incident.

Lt. Roger Napier, a spokesman for the Austin Police Department, said several "scuffles" among students were reported Saturday night. Policemen who attempted to break up the scuffles were hampered by spectators, he said.

"When the police tried to make arrests, the crowd attempted to keep them from doing so," he said.

Though several witnesses have filed statements, none of the parties involved in the fights have filed complaints, Napier said.

Psychologist: stress affects health, relationships

Editor's note: This is the first article in a three part series on stress.

By RENEE HARRELL
Reporter

Stress. Something that everyone experiences at one time or another. It can make you — if you know how to handle it — or break you — if you don't.

Relationships in life can bring on added stress or help buffer existing stress, but what is stress to one person may not be stress to another.

Stress is the body's reaction to wear and tear, and it isn't always the villain it's made out to be. Only when it's unduly prolonged or when it

comes too often is it dangerous to your health. In fact, some stress could be good for you.

"Individually, we all need stress to kind of motivate us," Tom H. Edwards, a Bryan psychologist said. "Most of us don't recognize stress or expect it to have an effect on us."

The stress experienced in a relationship is similar to the stress that comes from anything else. Whether it's a boyfriend-girlfriend relationship or a marriage, stress can be a common occurrence.

"Especially for two individuals living together it can be stressful when opinions don't agree," Edwards said. "It's hard to separate relationship

stress from work stress. Few of us can leave problems at work or at school.

"In a relationship, stress has the effect of magnifying our feelings. Sometimes we say things we don't mean and this can lead to arguments. Some people say, 'I'm suppose to live happily ever,' or 'You should be more caring.' Love relationships need to be based on unconditional love.

"Most of the time in a relationship, we place conditions on the relationship. We need to except the limitations of the other person. Hopefully we'll be aware of the limitations when they happen. Most of

us are not willing to accept the amount of influence that stress has on us."

Dr. Lowell Krokoff, a Texas A&M assistant professor of psychology, said stress in a relationship can come from "negative affect." He said this is negative emotions such as, contempt, sadness or depression that can surface during an argument.

"The more negative affect during a fight, the greater stress that comes," Krokoff said. "The more conflict you have, the more health problems you're going to have. When a husband and wife discuss real problems, the more negative affect and, therefore, the more stress.

We have strong data to show we have that relationship."

This all may seem like common sense, but when research was done comparing happy marriages to unhappy ones a new aspect was discovered.

"These are just our first findings," Krokoff said, "but, there is some evidence from recent studies that distress in marriage creates more health problems for men than for women. Of course, a bad marriage or relationship with too much stress takes its toll on everyone. Summarizing all the studies across the board, it's bad for men and women, but it's worse for men.

"For women, conflict in a marriage seems to take its toll on their evaluation of the companionship aspect of their marriage (they are lonely)," he said. "For men the conflict takes its toll on their health. These sex differences in men and women suggest the way they respond to stress in their marriage."

This could be due to two controversial factors. Krokoff said he thinks it's a combination of both.

On the sociological side of the controversy, women are supposedly taught to express their emotions more, so they are more comfortable

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