SHOE

by Jeff MacNelly



Children

Study: Income doesn't help eating habits

WASHINGTON — True or false: th kids eat better than poor kids. The answer is false.
A study in Ohio found preschool

hildren from high-income and lowcome families had a strong tendency to consume less milk and fewer fruits and vegetables than they should, said Eva Medved, a professor of foods and nutrition at Kent State University.

However, poor preschoolers were wice as likely to be deficient in these food groups as their better-off

Medved and co-researcher Jane Lee Chung, a dietician, found 60 percent of middle- and upper-mid-

dle-income youngsters didn't drink enough milk and 40 percent skimped too much on fruits and veg-

Among low-income preschoolers, 97 percent had inadequate milk intake and 98 percent not enough fruits and vegetables.

The bread, cereal and meat groups seemed to be consumed in adequate amounts, she said. Sugar intake was too high and fat content of the children's meals was about 50 percent. Thirty percent is considered a good level to help prevent

The study, presented at the annual meeting of the American Dietetic Association, included 100 preschool children in the Akron, Ohio,

The reasons behind the deficiency are various, but a major factor was nutritional awareness and a tendency for parents not to pay enough attention to what their kids were eating, Medved and Chung found.

In higher income groups espe-cially, Medved said, parents appar-ently allow children to choose their

Medved and Chung found most of the children had one or more meals a day from fast-food sources, and their diets were high in processed and convenience foods.

Escaped inmate search called off near El Paso

LAS CRUCES, N.M. - Authorities Monday called off their search for two convicted murders who escaped from the year-old Southern New Mexico Correctional Facility, believing the inmates made it to Mexico, officials said.

The inmates apparently climbed a fence topped with sharp wire and evaded a sensor field Sunday night in making the first escape from the prison, department spokeswoman Helen Gaussoin said.

She said footprints that state police and prison officials had been tracking all day ended near Canutillo, a few miles north of El Paso, and just several miles short of the Mexican

Dozens of searchers, including Border Patrol agents, had been on the ground and helicopters were out most of the day Monday, said state police Capt. Bob Carroll.

The inmates were identified as Juanito Garcia, 29, and Ernesto Gutierrez, 21, both Mexican nationals serving sentences for second-degree

The two men, the first inmates to escape from the medium-security facility since it opened last year, were discovered missing about 9 p.m. Sunday, Gaussoin said.

"The investigation indicates they went over the top of the fence and bypassed the sensor field around the prison," she said. "We found footprints and blood, indicating that one or both got cut up on the razor wire on top of the fence."

Sniper in stadium kills one, injures another in Oregon

United Press International

EUGENE, Ore. - A teenage sniper dressed in combat gear opened fire at the University of Oregon's football stadium Monday, killing a former Olympic sprinter and wounding a college wrestler, then apparently committed suicide, officials said.

The sniper, identified as Michael Evan Feher, 19, from Everett, Wash., a former student re-enrolling at the university, was found dead in-Autzen Stadium by a police SWAT team about noon, some 3 1/2

hours after the shooting began.
"He was still inside the stadium when we found him. It appears at this time he took his own life," said Police Sgt. Tim McCarthy.

The sniper, who had blackened his face and equipped himself with two high-powered rifles, appeared "ready to go to war" as he roamed through the athletic complex, Mc-Carthy said. Police found 60 spent

The slain victim was identified as Christopher Brathwaite, 35, of Eua former UO student and

Trinidad native who was a member of Trinidad's 1976 and 1980 Olympic track teams, school officials said. Brathwaite also competed for the University of Oregon track team. The wounded student was identified

as Rick L. O'Shea, 22, of Harrisburg, Ore., a top wrestler for the university. Shot in the neck and buttocks, he managed to take refuge with nine others in a weight room inside the stadium.

Police said the sniper apparently had two weapons, probably a shot-gun and a rifle.

A police tactical team entered the weight room and evacuated the 10 people about 2 ½ hours after the shooting began, said Sgt. Tim Mc-

'We have removed the victim and the unwounded people at this time,"

Police had remained in contact with the weight room occupants throughout the ordeal by means of a

telephone in the weight room.

Most of the people in the weight room were thought to be members of the university's wrestling team and a few gymnasts, said Paul Brown, assistant wrestling coach.

The gunman shot the student at and fired randomly for about an hour, at one point shooting at a policeman in a parking lot adjacent to the stadium, authorities said. The officer was not injured.

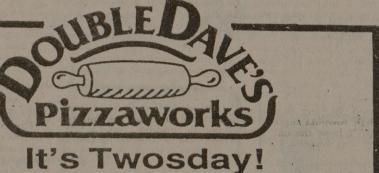
After a lull of 50 minutes, two more shots were fired at 10:20 a.m. from the stadium's east tunnel, near the weight room, officials said.

Jeri Brown, the coach's wife who left the weight room with her husband before the shooting began, said, "I don't remember seeing anybody outside. I just looked to see if it was raining.'

Authorities said the rifle had a

range of one mile.

Police closed off streets, jogging trails and bicycle paths. They advised occupants of nearby businesses to stay indoors away from windows and for people to stay away from the



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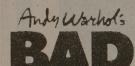


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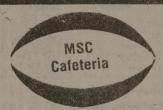
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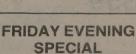
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