

Four A&M students released on bond after surrendering

By DAINAH BULLARD
Staff Writer

Four Texas A&M students who were indicted Friday in connection with the death of a cadet were released on personal recognizance bonds Monday after surrendering to authorities.

The students were indicted after a two-day grand jury investigation into the Aug. 30 death of Bruce Ward Goodrich, 20, a transfer student from Webster, N.Y. Police reports state that Goodrich collapsed and later died after participating in a 2:30 a.m. exercise session conducted by three junior members of his outfit, Company F-1.

Junior cadets Anthony D'Alessandro and Jason Miles, both of Houston, and Louis Fancher III of San Antonio were indicted by a Brazos County Grand Jury on misdemeanor charges of criminally negligent homicide and hazing.

Senior Gabriel Cuadra, of Houston, was indicted on misdemeanor charges of tampering with evidence and hazing. Cuadra, former personnel officer of Company F-1, reportedly gave the three junior cadets permission to conduct the early-morning run. Cuadra resigned from the Corps of Cadets after Goodrich's death.

Cuadra was booked into the Bra-

zos County Jail Monday morning and released a short time later. D'Alessandro, Miles and Fancher were booked into the jail Monday afternoon, and also were released.

Deputy Rick Hernandez said Tuesday that the students were released on two \$125 personal recognizance bonds each.

"The judge is letting them out on their own personal recognizance ... on their word that they'll appear in court," Hernandez said.

A court date has not yet been determined for the Goodrich case. However, District Attorney Bill Turner said last week that a trial for misdemeanor charges against the students probably would be scheduled for sometime in the next three months.

County Attorney Jeff Brown will prosecute the students on the misdemeanor charges, Turner said.

Meanwhile, University disciplinary hearings continue this week for the junior and senior cadets who were members of Company F-1 at the time of Goodrich's death. Bill Kibler, assistant director of student affairs, said he hopes to conclude the hearings this week.

Kibler said the indictments of the four students does not affect the students' standing with the University.

Old-fashioned baker uses family recipes

By KARLA K. MARTIN
Staff Writer

Every morning at 5 a.m. she's there, huddling over her mounds of fresh dough, squeezing, rolling and patting them into dozens of little round circles.

By 7 a.m. her morning crowd arrives, lured by the sweet smell of cinnamon and warm butter, and Lydia Faust greets them by name.

Lydia began working at the Snook bakery when it opened in 1968, and in 1983 she bought it for herself.

"Sometimes I think I need my head examined," she said, "but I must enjoy it. It's a lot of hours, but I just hate bookkeeping."

Lydia was born in Rogers in 1933. Later, Lydia moved to Snook and married. She has two sons, a daughter and a grandson.

"All my recipes have been in our family for years," Lydia said. "we just change the recipe with the times."

With her mother's guidance (and her mother's recipes), Lydia's baking became famous, and as the home of her tasty baked goods, the city of Snook earned a reputation.

"It's good for the community," she said as she darted from the dough to the ringing phone and then to the waiting customers. "And to build the community up, you have to work with young and old people together. I like young

people best, because I can't talk back to the old ones."

Lydia said that spending time with the public is something everybody should do to learn how to treat people.

"Always tell your labor they did a good job, even if you don't mean it," she said, wiping flour dust off her cheek and pushing up her glasses.

"Let them know you appreciate their work."

Lydia is popular with her six part-time employees, and with the rest of the population of Snook as well. She teaches a Sunday school class and a confirmation class at the Snook Brethren Church, and is president of the Extension Homemakers Club.

Though she loves people, Lydia prefers baking in the back room to waiting on customers.

The Snook bakery, which is about a 20-minute drive from the Texas A&M campus, is open Monday through Friday, 7 a.m. to 5 p.m., and Saturday 7 a.m. to 3 p.m. It's best known for its kolaches, cinnamon rolls, sausage rolls and of course its doughnuts.

"Our prices haven't changed in the last seven or eight years," Lydia said. She stopped for a moment as she reached for a cake pan from her flour-dusted shelves. "I would sell this place if I could get double price for it. One day, I'll just write down my recipes and sell them."

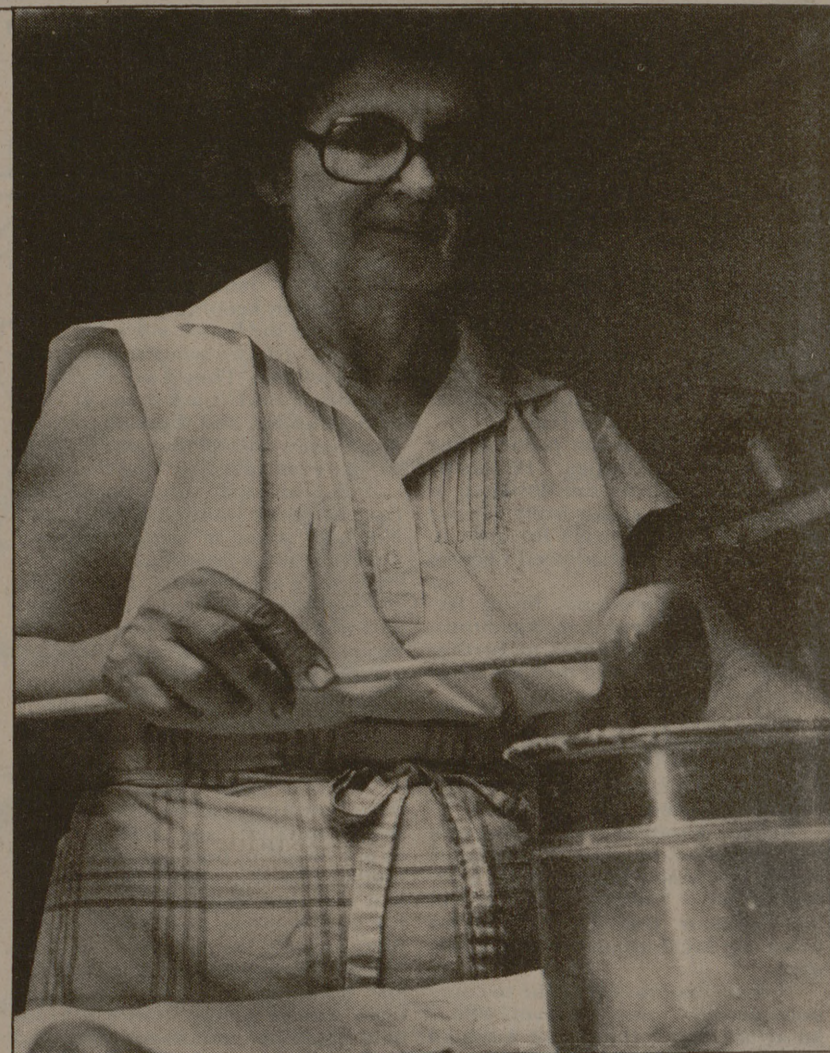


Photo by KARLA K. MARTIN

Owner and chef of the Snook Baking Co., Lydia Faust.

Anorexia nervosa, bulimia common in today's society where 'thin-is-in'

Eating disorders affect both men and women

United Press International

WASHINGTON — Anorexia and bulimia have become increasingly common in our thin-is-in society. Although they are primarily female eating disorders, they also affect males, scientists say.

Major reasons for bingeing, purging and compulsive starvation among men and women appear similar except for one thing: more male victims may be homosexual and uncomfortable about it, according to a team at Massachusetts General Hospital.

"It's not unlike the issues for females. What was novel about this

particular thing was the conflicted homosexuality, which was not noted among females," said Dr. David Herzog, head of the hospital's eating disorders unit and a principal author of the study.

Anorexia, or more precisely, anorexia nervosa, affects an estimated one in 100 to one in 250 teenage girls, but grown women also are victims. Anorexics severely restrict their food intake, many times becoming skeleton-like and risking death.

Some scientists estimate one to three million Americans have bulimia, uncontrolled eating followed by

use of laxatives or self-induced vomiting.

Many victims of both syndromes have intense fear of fatness and an unjustified feeling they are overweight. Since prolonged starvation inhibits sexuality and holds off menstruation in females, psychiatrists who have studied young female victims say the girls may actually fear sexual maturity and adulthood.

Males make up an estimated 4 to 14 percent of anorexics, the Massachusetts team wrote in the American Journal of Psychiatry, and have been infrequently studied. Bulimia among men and boys has been explored

even less. In two studies of university students, males made up 0.4 to 5 percent of bulimics.

Herzog and colleagues studied 13 anorectic males age 16 to 32 and 14 bulimic males age 13 to 41, comparing them to the first 142 females evaluated after the unit opened in 1981.

"There were significant differences between the overall male and female samples in sexual behavior," the team wrote. "Males with eating disorders were significantly more likely to have had no sexual relations and to report being homosexual, and were significantly less likely to

be currently involved in an active heterosexual relationship. Not only were the males in our sample extremely limited in their sexual activity both in terms of past and current sexual activity, they were significantly more limited than were their female counterparts."

Twenty-six percent of the males were homosexual, compared with 4 percent of the females. Of the seven homosexual men, five acknowledged they felt conflicted about their sexuality.

Herzog said homosexuals might

be more at risk than other males because of the pressure to be thin and attractive.

The disorders may go undetected among males because they suffer fewer secondary symptoms, the team wrote. Women, when starved, may stop menstruating.

The researchers said males may also be reluctant to seek help for "these stereotypically female disorders" and may also feel ashamed or anxious about acknowledging sexuality-related problems to a professional.

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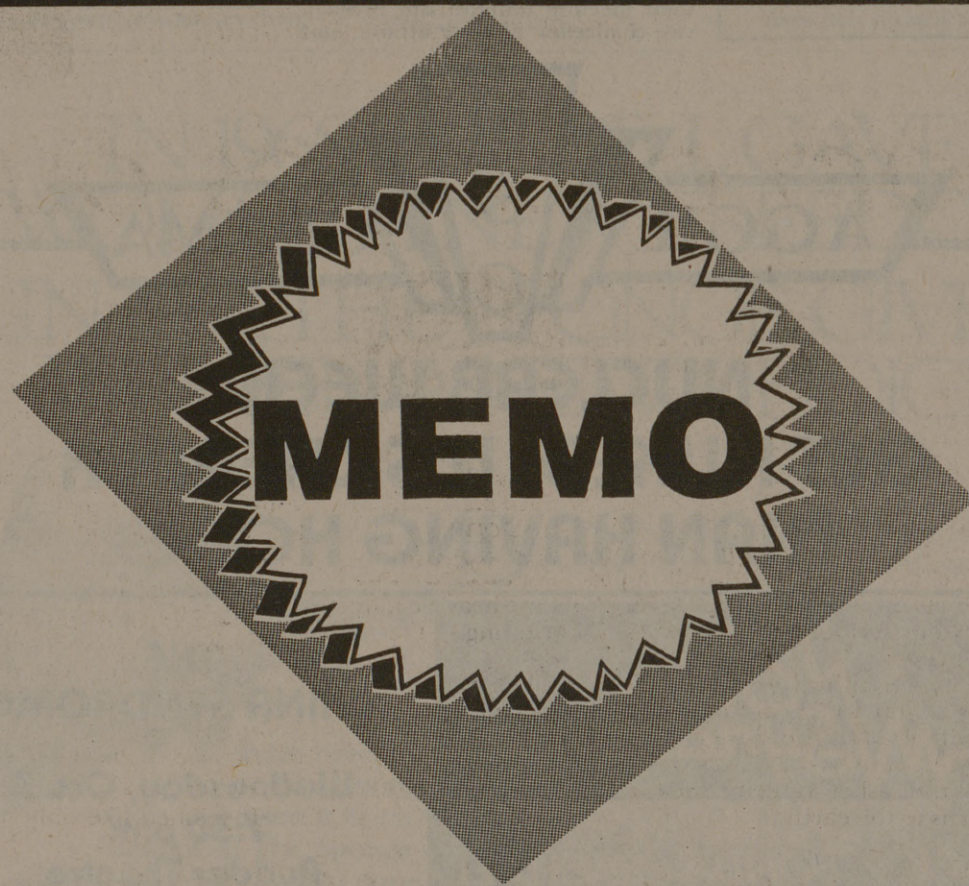
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Subject TAMSEN (Texas A&M
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