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How to be a winner Classic homes featured in tour

Success doesn't come easy, but a losing situation can be turned around, and a winning one made.

Renowned psychologist and best-selling author, Dr. Irene C. Kassorla has written a book to open the doors of success — "Go For It! How to Win at Love, Work and Play."

Kassorla has combined her observations as a therapist with her treatment of successful people to show that these winners share similar thinking and behavior patterns.

She uses fascinating interviews with some of today's true achievers — Diane Von Furstenberg, Jack Lemmon, Bruce Jenner and Bob Woodward, as well as others who aren't as well-known, but

who have overcome tremendous odds to succeed.

Through these examples, the skills that winners carry to the top are pinpointed. How patterns of thinking are established, maintained and changed also is discussed.

Tests are included at the ends of the chapters to give the reader the chance to evaluate his thinking patterns. Once the readers has found what his thought patterns are, he then has the exercises listed to correct his specific problems, and transform himself into a winning person.

Kassorla also has published several other bestselling books including "Nice Girls Do" and "Putting It All Together."

Blue skating coming

Smurf fans, drag out your little blue snow caps and tiny aqua mittens, and get smurfing ready for a blue blast of some cold spring fun. This year's Ice Capades has been created especially with you in mind.

Those cute, furry blue critters have entered the world of ice, and will be skating away for a special Easter engagement in Austin at the Frank Erwin Center.

Even if you don't get carried away with the thought of skating cartoon characters, or aren't really sure what the difference is between a Smurf

and a Smurfette, the Ice Capades offers something of interest for all ages.

One of the main attractions at the show will be a real character — Olympic medalist Charlie Tickner, who will be demonstrating some of his winning moves on ice.

The show has six performances at varying times, from today through Sunday. Tickets can still be purchased for \$8.50, \$7.50 and \$5.50, with lots of discounts available.

For more information call the Frank Erwin Center, (512) 477-6060.



Galveston is celebrating spring with a touch of true southern charm — a tour of Victorian architecture and classic interior design. Their 10th Annual Historical Homes Tour will be the first two weekends in May.

As a special prelude to the tour, noted architect and author, Howard Barnstone, will discuss Galveston's architectural treasures at the 1894 Grand Opera House. Barnstone is the author of "The Galveston That Was."

Several community events will be held to coincide with the tour, include a Victorian Genteel Junk Sale on May 12 at the Ashton Villa.

The 1839 Williams Home will host a "Little People's Lawn Party," which will feature games, refreshments, crafts and entertainment for children both weekends.

One of the homes on tour is the Walsh Home, a railroad classic that was built in 1893. It features galleries, floor-to-ceiling pocket windows and a collection of fine antiques and porcelain objects from the 18th and 19th century.

The Moser Home, a carpenter Greek cottage, was built in 1859. It has a print room with a major collection of Piranesi engravings, and French, English and American antiques. This home also was featured in the current issue of House Beautiful.

Another home on the tour is the Garnett Home. This Italianate frame home was built in 1878, and has a fireplace in every room, bay windows at every turn and a collection of oriental masks and antiques.

Advance tickets are available by mail through Galveston Historical Foundation, P.O. Drawer 539, Galveston, TX, 77553. For information call (409) 765-7834 or (713) 488-5942.

800-COCAINE

The book that answers all your questions about today's fastest-growing drug problem

800-COCAINE

The toll free drug hotline that gets over 1,000 calls a day

800-COCAINE

How it's used, who's using it, how to stop

800-COCAINE

How to understand or help someone who has become addicted

By Mark S. Gold, M.D.

800-Cocaine helps abusers in quitting

To help people with this serious problem, a cocaine 24-hour hotline was established. 800-Cocaine was started to refer and inform those addicted to the drug. More than 300,000 people have called

One out of every 10 Americans say that they have used cocaine at least once. As many as one million are so dependent that they can't stop using it, despite the loss of their jobs, friends and families.

the number in its first year of operation.

Now there is a book written by Dr. Mark Gold, who works at the Fair Oaks Psychiatric Clinic in New Jersey, where the hotline is based.

The book explains to the user what is happening physically and psychologically. Using case histories, it also discusses addiction, and includes a checklist for the non-user which can determine if

someone else is using cocaine.

The methods described in the book have helped hundreds of thousands deal with the problems created by cocaine addiction. Included in the book is background information on the nature of the drug — everything anyone would want to know about it. Facts about where it is grown; how it is processed and used; how it works; and its history are in the book.

Other important information in the book is a profile of what the typical user is like, what changes he can expect during his increasing dependency and how he ends up when the drug takes over. The profile shown is enough to discourage experimenting.

Another factor that might deter potential drug abusers is the listing of penalties of each state. First offense possession of coke in Texas will get the holder anywhere from 2 to 20 years.