

by Paul Dirmeyer

Early out for cons studied

United Press International
CORPUS CHRISTI — A jail consultant is recommending the early release of low-risk prisoners to ease crowded conditions at the Nueces County Jail.

Consultant Norman Cox, who is studying the consolidation of the city and county jails, said reducing the inmates' stay at the jail could cut the proposed expansion costs as much as 50 percent.

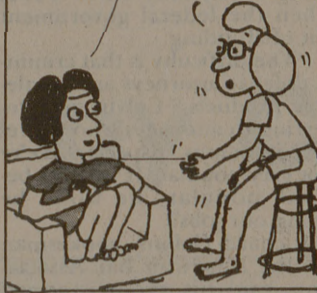
WHAT'S WRONG, LOVERBOY? WHY AREN'T YOU DRESSED? YOU'VE GOT A DATE WITH THE GIRL I LOVE IN 30 MINUTES.



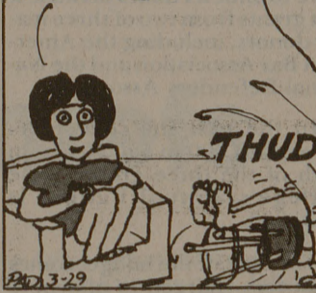
WRONG! YOU'VE GOT A DATE WITH THE GIRL YOU LOVE IN 30 MINUTES! SAY WHAT?



NEVER MIND HOW. JUST GET READY. SHE'LL BE WAITING. YOU... YOU... YOU MEAN...



I'VE GOT A DATE WITH TIMI NEWTON, THAT BEAUTIFUL GIRL? I GUESS MIRACLES CAN HAPPEN.



Crusade against cholesterol

Heart disease link found

United Press International
DALLAS — Medical researchers who discovered the so-called "missing link" between cholesterol and heart disease urged doctors Wednesday to target dietary "offenders" and crusade against fatty foods the way they campaigned against smoking.

Before this report, everybody knew cholesterol was a risk factor," said Dr. Robert Levy, member of the National Heart, Lung and Blood Institute research team. "But we had no smoking firm in humans, only animal tests.

"Now the evidence is in. The missing link has been filled. We feel it's conclusive."

Results of the 10-year study were presented before the 33rd annual scientific session of the American College of Cardiology.

The study examined more than 3,800 men between the ages of 35 and 59, all with high cholesterol levels in the blood, but no clinical evidence of

coronary disease. Half of the men received a cholesterol-lowering drug. The remainder took placebos.

"The overall results," Levy said, "indicated that for every 1 percent drop in serum cholesterol levels, the risk of heart disease dropped 2 percent, an astounding drop."

Dr. Basil Rifkind, chief of the NHLBI's lipid metabolism branch, said low cholesterol intake can cut heart attack risk dramatically.

"Inherited genetic traits we can't control," he said. "But we can do something about an inappropriate life style and bad diet."

Rifkind said Japanese men have a far lower heart disease rate, despite the fact they smoke as much as Americans and are equally hypertensive.

"But they get only 15 percent of their calories compared to 40 percent Americans get from their food," he said.

Rifkind said doctors must mobilize against high fat diets.

"We need a nationwide education campaign to identify target groups of offenders who need special help, and work on strategies to fight fat in the diet," he said.

Levy compared the study to the U.S. Surgeon General's 1963 report, which reduced the number of smokers and aided in fighting heart disease, the nation's No. 1 killer.

"Our report is different from the smoking report," Levy said. "That was a compilation of data. Our information is new. But it's the time the scientific community got ready to move again."

Worker passed up; airline found guilty

United Press International
EL PASO — A federal civil jury found American Airlines guilty of age discrimination for failing to promote Allen B. Gilbert, 62, a 35-year employee. He was awarded \$7,500.

The six-member jury ruled Tuesday that Gilbert was discriminated against by the company because of his age.

Gilbert complained that the airlines promoted a younger man to a position that Gilbert wanted, even though the younger man was less qualified for the position.

During the two-day civil trial, Gilbert's attorney tried to show that Gilbert was an exemplary employee. According to testimony, Gilbert helped foil a hijacking attempt at the El Paso International Airport in 1981.

An El Paso economist and business consultant, Thomas Lee, also testified that the loss of the promotion cost Gilbert at least \$69,000 in salary he would have earned.

forced him to resign after being harassed by company officials. However, the jury found that the company did not force him out, and did not award him any money for that charge.

During the last day of testimony, an American Airlines executive testified that although the company had specified guidelines and policies for promotions, he did not follow the policy in Gilbert's case.

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The official said Gilbert was not considered for the promotion because they wanted a man who could speak Spanish, and they said Gilbert was not bilingual.



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