

Wellness Network seeks members

By **BETTY SCHULTZ**
Reporter

The Student Wellness Network will have a general meeting today to interest students in wellness-related activities and get them involved in the service.

The Wellness Network is a student organization designed to inform students of information and services available on campus, said Charlotte Gibbons, a student activities adviser.

Wellness isn't just related to health; it's a general term describing the five areas that affect people daily, Gibbons said. Academic, intellectual, social,

spiritual and health-related attitudes are part of every day life, she said.

If a positive approach is taken to these areas, students can start to live and think in terms of how well they are, rather than what is wrong with themselves, she said.

The Wellness Network is made up of a committee of 18 students and university staff and faculty members representing various departments, Gibbons said. Most of these 18 will become advisers for the Wellness Network when enough students get involved to run the Wellness Network as a club.

"The Wellness Network is just like other student clubs and organizations because students are in charge," Gibbons said. "They become trained to teach different facets of wellness and promote wellness on campus by providing activities like fun-runs, food and nutrition workshops, and presentations on stress and other wellness related topics."

One way the Wellness Network tries to promote wellness is through the Well-Line (845-WELL). During regular office hours the Well-Line is staffed by trained personnel to help students identify and choose

the campus service they may be interested in using, Gibbons said. Well-Line serves as an information referral service, not a counseling service, she said. The Well-Line staff refers students to the appropriate University department or counseling service needed, she said.

The Wellness Network also offers a "Lifestyle Assessment Inventory." It is a questionnaire that evaluates wellness and identifies areas of weakness, she said. A staff member is available to discuss and interpret the results. There is a \$10 charge for the processing of the questionnaire, which can be obtained

from Gibbons in the Pavilion. This program is administered through the Division of Health Education in the Department of Health and Physical Education. It is under the direction of Dr. John Koldus, vice president for student services and is funded by student services.

The University of Wisconsin at Stevenspoint and the University of South Carolina have similar wellness-promoting programs that are successful, said Dr. Robert Hurley, chairman of the Department of Health Education and committee member.

Proposal may save millions for taxpayers

United Press International

HUNTSVILLE — The state Board of Corrections Monday voted to adopt proposals by an auditing firm that could save taxpayers millions of dollars through tighter accounting and inventory procedures in the state's sprawling prison system.

The board, following almost five hours in executive session, also voted 7-1 to pay the firm of Coopers & Lybrand \$295,000 to implement the changes recommended by the company.

Harry Whittington, a board member and lawyer from Austin, said the fee to be paid to Coopers & Lybrand would be money well spent.

"The advantage would be to install a management system that could lead to a 5 percent reduction in operating costs," Whittington said. "For \$295,000 now, we could see a

savings of \$1.2 to \$2 million per year."

The vote on the Coopers & Lybrand study came after consultants told the board the TDC needs a complete managerial overhaul to make it accountable to taxpayers.

In an unexpected move, Board Chairman Robert Gunn opened what was to be a closed meeting to allow consultants to present their findings to the public.

George Norsig, with the consulting firm McKinsey & Co., told the board TDC is out of control and its management must be reorganized.

"A new organization design is necessary in TDC as opposed to making the old design work better," Norsig said.

The \$225,000 study recommended establishing two management positions to replace

the one currently held by the TDC director. One would serve as chief operations officer in charge of daily prison workings, while a chief executive officer would concentrate on policy matters.

"The current director's position is unmanageable," Norsig said.

The study further recommended TDC establish its own controller to keep a tighter rein on budget matters, and a planning group to anticipate problems such as growth and political changes which in part have led to TDC's current disorganized status.

"I think it was a very positive report. I was encouraged by it," said Gunn. "Thank goodness we at least have direction now and we're moving towards finding the type of people to fill out our structural requirements."

Gunn said the board would begin the process of selecting new top TDC management officials within the next month.

TDC interim director R.V. "Red" McKaskle said the McKinsey report included "a lot more pluses than minuses."

Tom McDade, a Houston attorney and board member, said the study presented a "radical departure" from the past.

State Rep. Ray Keller, R-Duncanville, one of TDC's most vocal critics, lauded the report.

"What they're saying is what I've been saying all along—that management at TDC is no management at all. I'm elated with their work. It's a clear mandate for change," Keller said.

Keller vowed to seek money from the Texas Legislature to implement changes if the board

Vet takes hostage, may be charged

United Press International

AUSTIN — Travis County authorities said Monday they were considering criminal charges against a machine gun-toting Vietnam veteran who took a doctor hostage at an Air Force hospital, then held law officers at bay for nearly seven hours.

Air Force authorities said Robert E. Terry, a formal mental patient at several area veterans' hospitals, entered an emergency room at the Bergstrom Air Force Hospital around 2 a.m. Sunday carrying an Israeli-made machine gun.

Public Affairs Officer Maj. John Smalley said Terry, 36, ordered the emergency room cleared and then took Dr. Colin Manson-Hing, a civilian employed by the hospital, hostage.

He surrendered without firing a shot nearly seven hours later and was taken immediately to a Veterans' Administration hospital in Waco.

Travis County Sheriff Doyne Bailey said he was considering criminal charges against Terry, despite his record of mental illness.

"Filing charges may be one way to keep the guy in a hospital, which I think he needs," Bailey said. "Another benefit of filing criminal charges would be that he would never be able to own a gun again."

Terry was a longtime resident of Dripping Springs and had lived the last year near Lake Travis, west of Austin, according to Smalley.

Terry gained access to the base by showing guards a disabled veteran identification card, Smalley said. The hospital also had been contacted by an unidentified "crisis center" and

was told a veteran needed emergency treatment, he said.

The machine gun, which was small enough to be easily concealed, was not detected at the entry gate and Terry entered the emergency room unchallenged through an outside door, authorities said. Terry's weapon had a folding stock, telescopic sights and two full 24-shot ammunition clips, they said.

Base security forces sealed off the second floor of the hospital, where 34 adults and five infants were housed.

Terry asked only for cigarettes and to see his family, Smalley said. Members of his family were brought to the hospital but were not allowed to talk to him in the hope he would surrender.

"He was rather upset and hyper, somewhat incoherent," said Capt. Doug Brown, base security chief. "There is also some indication he had been drinking. After a while, he began to calm down some. Apparently he was upset with the treatment he had been getting from the VA."

Terry gave himself up after seeing his roommate in the hospital parking lot, Smalley said.

Military officials said they doubted the incident would prompt changes in base security.

Authorities at the VA hospital in Waco would not release details of Terry's medical history, but did say he discharged himself from the hospital in January of 1983 against his doctor's advice. He checked into another VA hospital in Temple in March of 1983, but left again a short time later.

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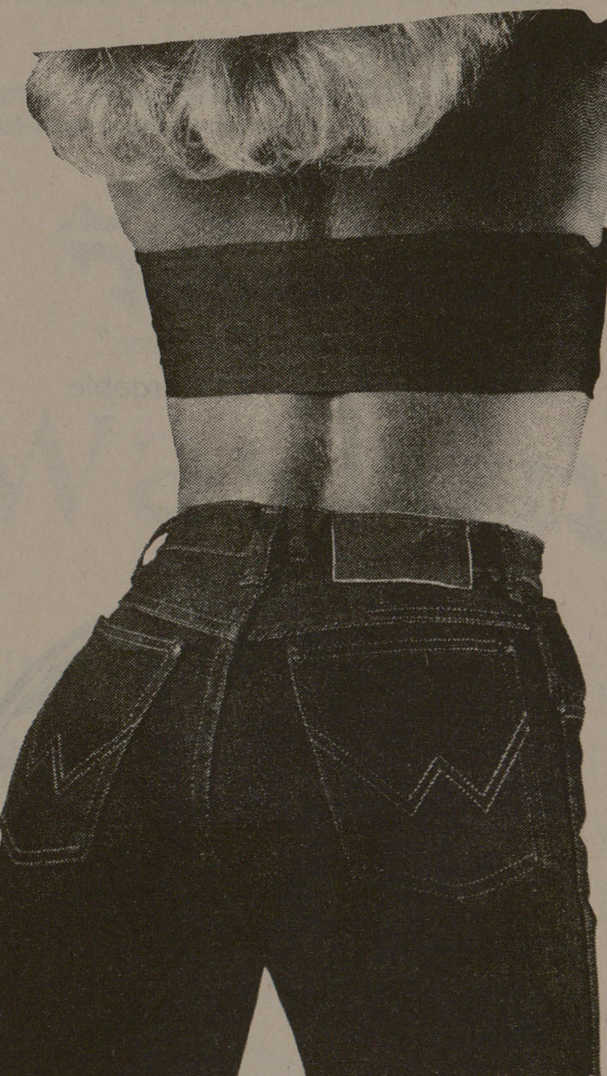
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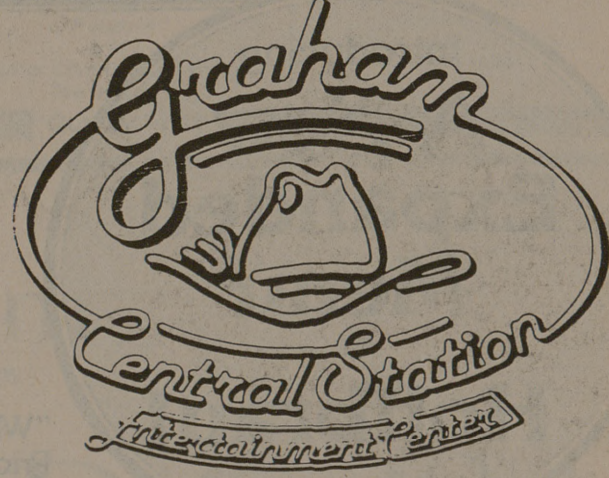
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